

Supplemental Digital Appendix 1

Year	Summary of work-hour practices at the study institution	
2001		
2004		
2012		
Key:		
	Resident physicians at study sites recommended to work no more than 80 hours/week.	
	The 80 hour/week limit receives increased attention and enforcement. All resident physicians are allowed to work no more than 24 consecutive hours (with 6 additional hours for transfer of care and educational activities), must have at least 24 consecutive hours off per week, must have at least 10 consecutive hours off between shifts, and may take call no more frequently than 1 night in 3.	
	Intern (R1) shifts limited to 16 consecutive hours.	