Supplemental Digital Appendix 1

A Meme From the Reddit Forum *r/medicalschool* Laments the Esoteric, Factoid-Heavy Nature of Preclinical Educational Content

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[https://www.reddit.com/r/medicalschool/comments/asr833/meme_me_vs_new_students/](https://www.reddit.com/r/medicalschool/comments/asr833/meme_me_vs_new_students/).

Supplemental Digital Appendix 2

A Meme From the Reddit Forum r/medicalschool Commenting on the High Volume of Flashcards Users Study for the United States Medical Licensing Examination Step 1

![ANKI Meme](imgflip.com)

Source: u/GERDyourloins. r/medicalschool. Reddit.  
https://www.reddit.com/r/medicalschool/comments/ambf4g/shitpost_studying_in_med_school/.  
Supplemental Digital Appendix 3

A Meme From the Reddit Forum r/medicalschool Illustrating the Sentiment that Preclinical Classes Are a Waste of Time Because They Do Not Exclusively Cover Content for the United States Medical Licensing Examination Step 1

Source: u/emzieees. r/medicalschool. Reddit.
https://www.reddit.com/r/medicalschool/comments/aml69a/shitpost_joy_is_too_low_yield/
Supplemental digital content for Ronner L, Linkowski L. Online forums and the “Step 1 climate”: Perspectives from a medical student Reddit user. Acad Med.

Supplemental Digital Appendix 4

A Comic From the Reddit Forum r/medicalschool Illustrating the Sentiment that Wellness Initiatives Are a Stress Inducer Rather Than a Stress Alleviator

![Comic Illustrating Wellness Initiatives as Stress Inducers](https://www.reddit.com/r/medicalschool/comments/9ai5ku/memewellbeing_did_someone_say_wellness/)