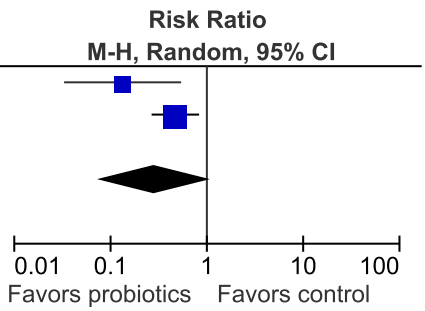
Study or Subgroup	Probiotics Events	Total	Control Events	Total	Weight	Risk Ratio M-H, Random, 95% CI	Year
Koebnick 2003	2	35	15	35	39.5%	0.13 [0.03, 0.54]	2003
Sakai 2011	8	20	17	20	60.5%	0.47 [0.27, 0.83]	2011
Total (95% CI)		**55**		**55**	**100.0%**	**0.29 [0.07, 1.12]**	
Total events	10		32				

Heterogeneity: Tau² = 0.72; Chi² = 3.42, df = 1 (P = 0.06); I² = 71%

Test for overall effect: Z = 1.80 (P = 0.07)