

# BOOK of the YEAR AWARDS 2016



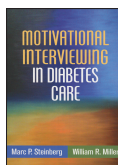
The most valuable texts of 2016, as chosen by AJN's panel of judges.

## ADULT PRIMARY CARE

Chosen by Karen Roush, PhD, RN, FNP, assistant professor, Lehman College, Bronx, NY, and the Graduate Center, City University of New York, New York City.

### 1. Motivational Interviewing in Diabetes Care

By Marc P. Steinberg and William R. Miller. New York City, The Guilford Press.



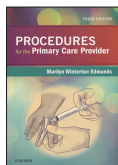
This book about motivational interviewing (MI) focuses on diabetes care, but the techniques and principles it so clearly describes can be applied to any situation in which behavior change is needed to sustain and promote health. Many of the specific topics covered, such as medication use, physical activity and healthy eating, and self-care, are relevant to other chronic conditions or to health promotion in general.

The authors do a great job describing the techniques used in MI. They provide extensive examples of conversations with patients using MI principles, and explain each step of the conversations. What sets this book apart from other books and articles on MI is the authors' emphasis on the importance of the underlying spirit of MI, which positions holistic patient-centered care at the core of their approach.

- Provides an excellent overview of MI, with emphasis on doing it with the right "mindset and heartset."
- Includes extensive examples of patient encounters using MI, which will help readers understand and apply its principles.
- Is written in an engaging style.

### 2. Procedures for the Primary Care Provider

By Marilyn Winterton Edmunds. 3rd edition. St. Louis, Elsevier.



This book is an excellent guide to the clinical procedures an NP might perform in a primary care practice or urgent care or fast track setting. Each procedure is clearly and succinctly described, including information on assessment, patient preparation, treatment alternatives, post-procedure patient education, contraindications, complications, and follow-up. The author also notes the red flags that indicate the need for special attention to some aspect of the procedure or condition, or if the patient should be referred to a specialist. This book stands out from other procedure manuals because of the quality of its illustrations; they are detailed, accurate, and expertly rendered. This book's comprehensive, easy-to-follow format, accompanied by its excellent illustrations, makes it a great reference for NPs at all levels.

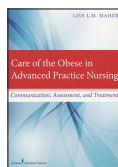
- Offers easy-to-follow instructions for each procedure.
- Includes outstanding illustrations.
- Covers all aspects of the patient encounter, from assessment through postprocedure follow-up.

## ADVANCED PRACTICE NURSING

Chosen by Anne Katz, PhD, RN, FAAN, clinical nurse specialist and certified sexuality counselor, CancerCare Manitoba, Winnipeg, Manitoba, Canada.

### 1. Care of the Obese in Advanced Practice Nursing: Communication, Assessment, and Treatment

By Lisa L. M. Maher. New York City, Springer Publishing Company.

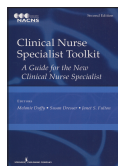


This book provides a comprehensive overview of the assessment and treatment of obesity in both children and adults. It includes useful case studies, appendixes, and resources. The layout facilitates easy reading, and the tables, forms, and illustrations are helpful for practice. The book covers an important topic in health promotion and disease prevention that many advanced practice nurses are not comfortable dealing with, making it a great resource.

- Includes useful treatment plans that may be helpful to novices.
- Offers many text boxes, tables, and bulleted lists, which make this book easy to read.
- Uses a multidisciplinary approach, which is necessary for this important topic.

### 2. Clinical Nurse Specialist Toolkit: A Guide for the New Clinical Nurse Specialist

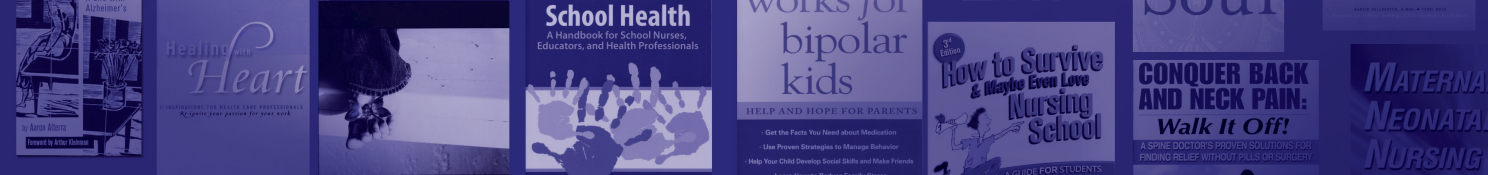
Edited by Melanie Duffy, Susan Dresser, and Janet S. Fulton; copublished with the National Association of Clinical Nurse Specialists. 2nd edition. New York City, Springer Publishing Company.



This spiral-bound manual would make an invaluable aid for clinical nurse specialists who are new to the field. Its chapters cover negotiating a job, creating a job description, finding one's way, becoming a clinical leader, evaluating practice, and working within a multidisciplinary team.

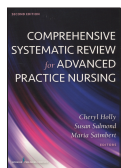
The book is written in a conversational style and should be very helpful for new grads who are paving their way as clinical nurse specialists.

- Offers content on interprofessional practice and education in clinical settings.
- Has an approachable tone, almost like talking with a group of mentors.
- Includes personal anecdotes from the authors as well as case studies.



### 3. Comprehensive Systematic Review for Advanced Practice Nursing

*Edited by Cheryl Holly, Susan Salmond, and Maria Saimbert. 2nd edition. New York City, Springer Publishing Company.*



This revised text highlights the importance of the systematic review as a way of gathering and evaluating studies in order to make evidence-based clinical decisions. It provides a comprehensive overview of the entire process, from developing clinical questions to disseminating results and incorporating findings into clinical practice and policy.

- Includes examples of systematic reviews as well as lists of guidelines and resources.
- Is comprehensive in its coverage of all types of systematic reviews.
- Has useful tables with clear instructions for completing reviews.

### CHILD HEALTH

Chosen by Carol J. Howe, PhD, RN, CDE, assistant professor, Harris College of Nursing and Health Sciences, Texas Christian University, Fort Worth.

### 1. The Activity Kit for Babies and Toddlers at Risk: How to Use Everyday Routines to Build Social and Communication Skills

*By Deborah Fein, Molly Helt, Lynn Brennan, and Marianne Barton. New York City, The Guilford Press.*



This book is for caregivers of babies and toddlers who are at risk for autism spectrum disorder or another developmental delay or disorder. Parents can use it as a resource if they have concerns about their child while they await diagnosis or the start of early intervention.

- As a pediatric clinical nurse specialist, I would suggest this book to the worried, scared parents as an inspirational guide. It offers a paradigm shift from helplessness to empowerment. How wonderful! Parents with a child who shows signs of social or verbal delay often suffer long waits: waiting for a diagnosis, waiting for early intervention to start, waiting when it seems impossible to wait. Although parents need to seek professional help for their child, the authors, all renowned experts in child autism and neurodevelopmental conditions, empower them to try practical, fun activities that encourage social interaction, attachment, and communication.
- Has a readable style. You can “hear” the expert authors describing what you can do as a parent to help your child.
  - Is well organized. The authors provide suggestions for activities based on daily activity (such as folding laundry) and age category (such as six to nine months).
  - Is packed with ideas. The activities can be incorporated into typical family routines—they are not “add-ons” that would overwhelm busy parents.

### 2. Peds Pearls: Tear-Out Tips, Tricks, and Treasures from the Trenches

*By Scott DeBoer. Dyer, IN, Pedi-Ed-Trics Emergency Medical Solutions, LLC.*



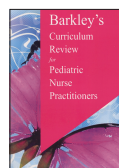
Author Scott DeBoer is an expert pediatric emergency nurse who brings his knowledge and experience alive in this book. Each of its 52 tear-out double pages unfolds into an 11" × 17" miniposter packed with key points and tips to help pediatric practitioners think more critically about common pediatric emergencies. DeBoer's writing is blunt and almost bawdy, using dark humor and jokes that may be initially off-putting—but are ultimately effective.

Each pearl can be read in less than five minutes. Examples and cases bring to life common pediatric assessments, diagnoses, and interventions in emergency care. This is an excellent resource for busy pediatric emergency practitioners; its tear-out pages could be used for a brief in-service or can simply be pinned to a staff bulletin board.

- Is a brief, fast read. The pearls are one-page wonders that reiterate the important details of common pediatric emergencies in just a few minutes of reading time.
- Offers one pearl for each week of the year.
- Contributors include a wide range of pediatric specialists, including NPs, transport and flight nurses, ED nurses, physicians, and respiratory therapists.

### 3. Barkley's Curriculum Review for Pediatric Nurse Practitioners

*By Thomas W. Barkley Jr. West Hollywood, CA, Barkley and Associates.*



This book is a valuable resource for pediatric NP students, faculty, and those who are actively practicing. It offers a comprehensive review of key pediatric clinical topics. Students can use the curriculum review to study and prepare for national certification, while faculty will find it a useful summary of topics. Practicing pediatric

NPs can use it to quickly refresh their knowledge when seeing a patient with a less-common diagnosis.

The writing is clear, straightforward, and succinct, making it a quick read. Chapters are dedicated to clinical topics organized by body systems; there are also chapters dedicated to specific health issues for different developmental ages. Each chapter is organized into three parts: questions, rationales, and discussion. Active learning is encouraged by questions that test knowledge, application, and analytical skills related to assessment, diagnosis, and treatment. Each rationales section offers an answer key, providing rationales for correct answers as well as explanations for why other answer options were not correct. This format gives readers immediate feedback on what they know and what they need to review, which they can do by reading the discussion sections.

- Question-and-answer format actively engages readers, making them think as they read.
- Organization of conditions by body system as well as by developmental age allows flexibility for use as a resource.

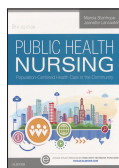


## COMMUNITY/PUBLIC HEALTH/HOME HEALTH

Chosen by Laurie Gottlieb, PhD, RN, professor, Ingram School of Nursing, McGill University, Montreal, Quebec, Canada; nurse scholar in residence, CIUSS du Centre-Ouest-de-l'Île-de-Montréal; and director, International Institute of Strengths-Based Nursing and Health Care.

### 1. Public Health Nursing: Population-Centered Health Care in the Community

By Marcia Stanhope and Jeanette Lancaster. 9th edition. St. Louis, Elsevier.



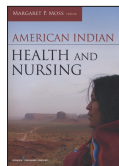
This extremely timely book situates issues affecting public health nursing, community-oriented nursing, and community-based nursing within the larger context of public health and global health agendas. Although written for students, it is a superb resource for all who work in the field: administrators, policymakers, researchers, and so on.

What makes this book outstanding is its comprehensiveness and the depth with which each topic is addressed. It covers a wide range of topics and issues and deals with each from many disciplinary perspectives. A consistent conceptual model is woven through each chapter, tying together three core functions of public health: assessment, policy development, and assurance. The authors include a wide range of activities to engage the reader and many tools to help develop a broad repertoire of skills. This book is highly readable, well written, well organized, and beautifully produced.

- Covers numerous issues, topics, and challenges in great depth, drawing knowledge from many disciplines.
- Uses a theoretical orientation to develop a way of thinking and to provide a structure to guide the decisions and actions of clinicians, administrators, and policymakers.
- Engages the learner with activities that promote the development of critical thinking skills through reflection and critical inquiry, an understanding of the art and science required in public health nursing, and the acquisition of specific skills necessary to function in different roles and situations.

### 2. American Indian Health and Nursing

Edited by Margaret P. Moss. New York City, Springer Publishing Company.



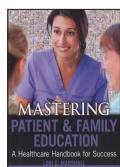
This important book is the first comprehensive text written for nurses about American Indian health. Authored by American Indian nurses, this text presents a valuable perspective: it offers insights into the heterogeneity of the American Indian population, sensitizes readers to history, and contextualizes health care issues and disparities. The authors help readers understand the intersection of historical, social, political, and cultural forces that contributes to the health status of this population, as well as the failures and inadequacies of health care services. They situate the role of nursing within this context and within the context of the health care practices of different tribes. The insights, specific to each tribe, underscore the importance of understanding culture from a multidimensional perspective.

- Provides helpful context that offers insight into the health disparities facing American Indians.

- Emphasizes the importance of understanding the collective experiences of American Indians while at the same time considering the unique experiences of different tribes.
- Is well written, well researched, and engaging.

### 3. Mastering Patient and Family Education: A Healthcare Handbook for Success

By Lori C. Marshall. Indianapolis, IN, Sigma Theta Tau International.



This handbook is timely in light of recent changes in health care, which is moving toward self-management—from a system in which patients and families feel disempowered to one in which they have the knowledge and skills to take charge of their health. The book covers a wide range of educational technologies and tools

to be used with various patient groups with different learning needs. Common threads woven through the chapters include strengthening communication, facilitating engagement, tailoring approaches to ensure active participation, strengthening and developing knowledge, and skill acquisition.

This book underscores the need to help patients and families become informed and educated. Doing so requires a change in the way nurses fulfill their traditional role of educator—a different set of attitudes, behaviors, and interactions.

- Aligns with the values that are driving changes in the current health care system, and provides nurses with the approaches, knowledge, and tools needed to play a leading role in ushering in a new era of health care and promoting patient and family self-management.
- Is very readable; offers practical guidance to enable nurses to expand and rethink their role as educators.
- Draws on the knowledge and expertise of many contributors from different disciplines.

## CONSUMER HEALTH

Chosen by Chasity Burrows Walters, PhD, RN, director, Patient and Caregiver Education, Memorial Sloan Kettering Cancer Center, New York City. The opinions are the judge's and do not represent the opinions of Memorial Sloan Kettering Cancer Center.

### 1. The Weird Things That Happen When Someone You Love Dies: A Book of Lists

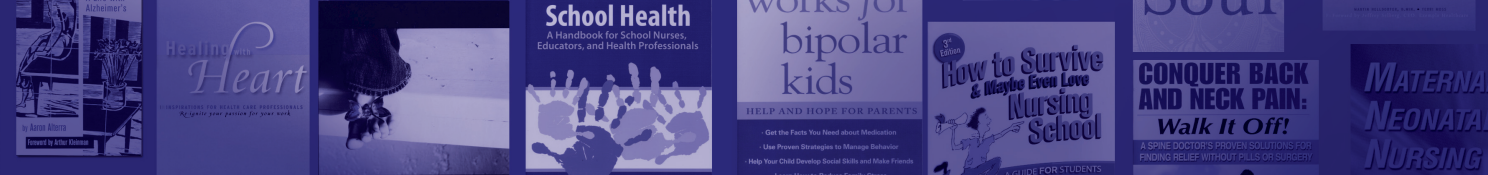
By Rebecca C. Schmidt. Pittsburgh, PA, Oncology Nursing Society.



The *Weird Things That Happen When Someone You Love Dies* offers honest and practical guidance for middle-school-aged children who have experienced the death of a loved one. This book provides frank descriptions of feelings and behaviors they may experience and that others may demonstrate, allowing them to anticipate what to expect in typical situations, such as a funeral. It normalizes confusing feelings in an unthreatening way, like advice from a friend.

- The simple list format does not require concentration to read—a huge plus at a time when a child is probably unable to focus. Readers can open up to any page and easily find something helpful.

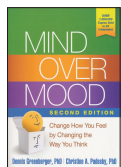




- While written for middle-school-aged kids, this book is an excellent resource for adults who struggle for words to offer a grieving child.
- Brief and simple, but dense in its content and messaging.

## 2. Mind Over Mood: Change How You Feel by Changing the Way You Think

By Dennis Greenberger and Christine A. Padesky. 2nd edition. New York City, The Guilford Press.

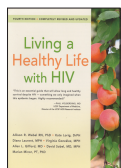


**G**rounded in the evidence-based practice of cognitive behavioral therapy, *Mind Over Mood* provides mood questionnaires to help readers appreciate and name their feelings, ultimately shaping the way they think about self, relationships, and the world around them. While the book addresses a range of psychological problems including depression, anxiety, and shame, it also encourages those who are emotionally healthy to be more introspective, perhaps improving self-esteem and quality of life.

- Although the book may be used in conjunction with therapy, the workbook format prompts readers to work through the cognitive processes within themselves, allowing for self-mastery of skills.
- The pages are standard letter size, making it easy to copy and file the worksheets if desired.
- Offers practical suggestions in plain language; the action-oriented, understandable style accounts for the needs of a diverse audience of readers.

## 3. Living a Healthy Life with HIV

By Allison R. Webel, Kate Lorig, Diana Laurent, Virginia González, Allen L. Gifford, David Sobel, and Marian Minor. 4th edition. Boulder, CO, Bull Publishing Company.



**L**iving a Healthy Life with HIV offers very practical tips and resources for those managing life with HIV. The authors assume the reader isn't already knowledgeable about the topic; they start with the basics and as a result the information does not feel overwhelming. The book discusses HIV as the chronic disease it has become.

- Written in easy-to-understand language, which is further aided by characteristics that enhance readability, such as font size, spacing, and tables and figures. In addition, the book contains flowcharts that guide the reader to take action when it is important.
- The content is clear and concise, allowing the readers to easily explore what is of interest to them.
- Takes on difficult concepts, including communicating with friends and family and facing fears related to disability and death.

## CREATIVE WORKS

Chosen by Julianna Paradisi, RN, OCN, oncology nurse navigator, Legacy Health, Portland, OR.

### 1. The Zipper Club

By Thomas Mannella. Melbourne, Australia, Vine Leaves Press.



**T**he *Zipper Club*, a memoir, tells author Thomas Mannella's story of coming to terms with congenital heart disease as he journeys from childhood through young adulthood. Mannella illuminates how having a chronic condition can influence, often negatively, the thought processes involved in making health and lifestyle choices in an effort to "be like everyone else." As a former pediatric intensive care nurse who worked with children having open-heart surgery, I often wondered how the procedures they underwent affected their lives. The author eloquently answered my questions.

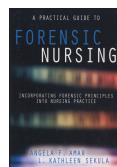
- The topic is original.
- The story is well told.

## CRITICAL CARE—EMERGENCY NURSING

Chosen by Sarah A. Delgado, MSN, RN, ACNP-BC, clinical practice specialist, American Association of Critical-Care Nurses, Aliso Viejo, CA.

### 1. A Practical Guide to Forensic Nursing: Incorporating Forensic Principles into Nursing Practice

By Angela F. Amar and L. Kathleen Sekula. Indianapolis, IN, Sigma Theta Tau International.



**I** chose this book, first, because it is so well written—I lost track of time while reading. The authors clearly present the information using straightforward language and an engaging tone. Second, during the course of my review, I realized how important this subject is. I tended to think of forensic nursing as a niche topic applicable only to ED nurses. As I read through the book, however, I thought back to the patients and families I've worked with and realized that many of them were survivors of traumatic events—and I've never worked in an ED. The text includes information applicable to specific nursing roles on topics such as evidence collection, death investigation, and care in correctional settings, but it also describes how to meet the needs of victims, a population that is much larger than we would like it to be.

The final reason I chose this book is that I found its focus on nursing care of victims and survivors empowering. It reminds us that we, as health providers, can make an incredible difference in helping trauma victims. Our capacity to provide appropriate care, using the tools and knowledge described in this text, is our chance to make that difference.

- The information is didactic but the tone is empowering, giving readers a sense of the importance of their response to traumatic situations.
- The case studies feel authentic. I appreciate that the authors include specific questions and phrases for nurses to use. Because we are human, we may feel overwhelmed by trauma—having a tool kit offering guidance for what to say is a helpful fallback.

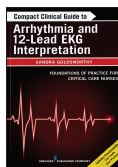




- The organization of information makes it easy to follow and remember. Each chapter opens with key points and ends with a summary.

## 2. Compact Clinical Guide to Arrhythmia and 12-Lead EKG Interpretation: Foundations of Practice for Critical Care Nurses

By Sandra Goldsworthy. New York City, Springer Publishing Company.



I wish I had this book when I was learning to read strips for my first nursing job on a general medical telemetry unit! The author has a real skill for making rhythm strip interpretation accessible, and the text is exceptional in offering interactive exercises, review questions, and cases. Reading the book feels more like taking a class, because

there are so many opportunities to practice and reinforce the content.

I was surprised by how much information this text contains, because, true to its name, it is compact. Its small size makes it a better reference tool than a larger book—rather than having to leaf through many pages to find the answer to a specific question, here it only takes a minute (probably faster than a Google search). Each arrhythmia discussed includes “Tips for Interpretation” and a section on “Treatment” so the nurse can anticipate next steps after identifying an issue.

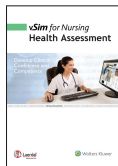
- The practice exercises are the most outstanding characteristic of the book. A nurse cannot learn arrhythmia interpretation without doing it, and this book offers lots of practice. The last chapter provides the answers, so the content is conducive to self-paced learning.
- “Clinical Pearls” in each chapter emphasizes information about the rhythm or concept being discussed.
- The straightforward approach makes advanced concepts like pacemakers and 12-lead interpretation more accessible.

### DIGITAL PRODUCTS

Chosen by Amanda Anderson, MPA, MSN, RN, CCRN, project manager, Patient Care Services, Mount Sinai Beth Israel, New York City.

## 1. vSim for Nursing | Health Assessment

By Lippincott Williams and Wilkins and Laerdal Medical. Philadelphia, Wolters Kluwer.



This digital product’s interactive display of patient assessment is impossible to beat. Its patient charts are true to form, and assessment steps are sequenced, realistic, and interesting to maneuver. Although a large portion of the product relies heavily on this simulation, it is still chock full of information, facts, and guidance for students at any level. I found the exercises challenging, thought provoking, and relevant to many audiences—student and faculty alike.

- Offers lifelike simulation scenarios and case studies for user interaction.
- Uses didactic and evidence-based materials.
- Is engaging, easy to use, and entertaining—makes learning fun and relevant.

## 2. Davis Advantage Pathophysiology

By F.A. Davis Company. Philadelphia, F.A. Davis Company.



I chose this product as a winner because it is visually stimulating, responsive to user need, and multifaceted. Although the e-book is a bit tricky to scroll through and maneuver, its stunning displays, tables, and quality content make up for this. The pre-assessment that tailors a learning plan for each student is fantastic, and the lessons that follow include interesting videos and interactive case studies, not just text. The product also provides a scorecard with graphical data display, as well as the functionality for instructors to assign sections and chapters with deadlines.

Not only does this resource have expert content, it’s dynamic and enjoyable to use. I think it could be an exceptional supplement—one that I would have been happy to have as an interactive reference in lieu of a dusty textbook.

- Offers a strong visual display.
- Includes interactive features that tailor lessons to unique user needs.
- Displays progress in an interactive/graphical format.

## 3. Davis Edge NCLEX-RN

By F.A. Davis Company. Philadelphia, F.A. Davis Company.



When I was studying for my NCLEX exam, I was told to take as many questions as possible. This was back before digital programs dominated the market; I bought book after book of questions in order to learn the content of the exam, and also the format and style of its questions.

What would I have given for a product like *Davis Edge NCLEX-RN*! Simply put, this is a bank of questions. It is easy to jump in and create exams ranging from five to 20 questions, or an entire 75-question test. The program tracks students’ progress and tailors practice exams to their individual needs.

This program also presents incredibly relevant and clear depictions of progress in a graphical format that all nurses will see in the workplace—such as in quality metrics, hospital initiatives, or research. I thought this program (perhaps inadvertently) served as a good primer for display of data by using student scores as data and graphically depicting progress in visually pleasing and interactive ways.

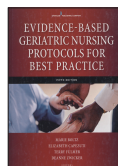
- Offers a strong visual display.
- Includes interactive features that tailor lessons to unique user needs.
- Displays progress in interactive/graphical format.

### GERONTOLOGIC NURSING

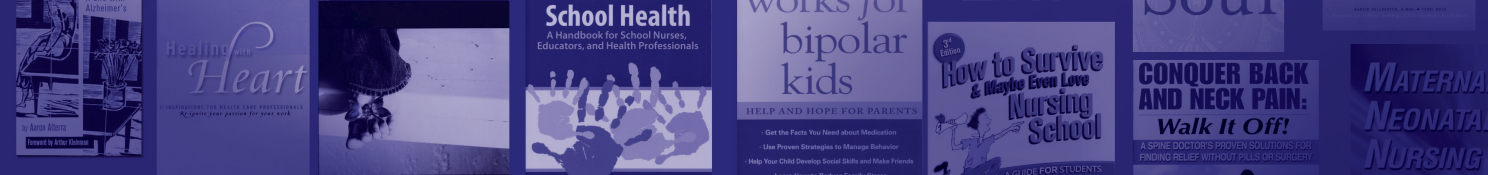
Chosen by Mara Aronson, MS, RN, GCNS-BC, FASCP, CPHQ, consultant, manager, and educator; president, AGE: Association for Gerontologic Education, Exeter, NH.

## 1. Evidence-Based Geriatric Nursing Protocols for Best Practice

Edited by Marie Boltz, Elizabeth Capezuti, Terry Fulmer, and DeAnne Zwicker. 5th edition. New York City, Springer Publishing Company.



This extraordinarily practical book is both an excellent textbook for undergraduate and graduate nursing students and a reference for practicing nurses. Each chapter offers measurable learning objectives that will aid any instructor designing classroom material, test content, or



writing assignments. Each chapter also focuses on common clinical concerns surrounding the care of older adults; for example, managing oral hydration, preventing functional decline, and preventing falls. The authors lay out descriptions of these clinical phenomena, summarize what is known, and offer evidence-based protocols for practice. The protocols will be especially helpful to practicing clinicians.

- Uses evidence-based information.
- Offers practical protocols.
- Is a valuable resource for both students and experienced clinicians.

## 2. Enhancing Staff Retention in Person-Centered Care Environments for Older Adults: How to Create and Implement a Comprehensive Orientation Program

By Janine M. Lange. Baltimore, MD, Health Professions Press, Inc.



This book, written by a former director of nursing who is now a clinical nurse educator, describes how to develop and implement an orientation program for staff in the long-term care setting. The author offers well-reasoned and practical guidance to better support and nurture staff, which can in turn help to better meet the needs of long-term care community residents.

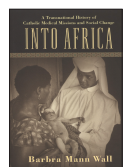
- Provides good information and practical suggestions.
- Includes useful templates for forms, agendas, and checklists.

## HISTORY AND PUBLIC POLICY

Chosen by Sandra B. Lewenson, EdD, RN, FAAN, professor of nursing, Pace University College of Health Professions, Lienhard School of Nursing, Pleasantville, NY.

## 1. Into Africa: A Transnational History of Catholic Medical Missions and Social Change

By Barbra Mann Wall. New Brunswick, NJ, Rutgers University Press.



Wall's scholarly book *Into Africa* offers much-needed insights into transnational nursing in Africa. It uses historical exemplars of Catholic nurse missionaries working in Ghana, Tanzania, Uganda, and Nigeria during the mid-to-latter half of the 20th century. Wall explores nursing's historical engagement with social change, missionary work, leadership, and policy. She describes how nurse missionaries addressed collaboration and conflicts on a regular basis, demonstrating the depth and breadth with which they combined biomedical scientific knowledge and nursing knowledge with religious hierarchy, cultural norms, and national policy. The topic of this book is timely, as the nursing profession examines various aspects of global health.

*Into Africa* offers a complex yet compelling story about nurses from Catholic nursing orders who fit within the context of a country's social, political, and cultural milieu. Readers witness the challenges these nurses faced in finding ways to work with various cultural norms that challenged their ideas about science, religion, race, gender, and health care. The nurses adapted to social and political change in various countries, all the while bringing their ideas about health promotion and disease prevention into rural areas where access to care was limited. Written by a noted historian, *Into Africa* is worth reading, discussing, and reading again.

- Is intellectually stimulating, provocative, and groundbreaking—something I appreciate as an educator. I see this book being useful in a variety of courses, such as leadership, health care policy, global health, and cultural diversity.
- Provides the reader with the context in which transnational nursing is explored. The author weaves together contextual background, case studies, and analysis in relation to women's work, the Catholic Church, nursing orders, culture, policy and politics, and primary health care.
- Includes archival photographs that brilliantly illustrate the ideas presented in the narrative.

## 2. Nurse on Board: Planning Your Path to the Boardroom

By Connie Curran. Indianapolis, IN, Sigma Theta Tau International.



In 1900, public health nurse leader Lillian Wald urged nurses to serve on various municipal boards in order to affect civil service reform. Yet more than 100 years later, nurses remain, for the most part, glaringly absent from most governing boards. In *Nurse on Board*, Curran, like Wald, speaks to the need for nurses to serve on boards and presents the tools to help them do so.

Curran offers a concise and meaningful guide to helping nurses consider the importance of board membership. She includes chapters on how to gain access and how to develop the skills necessary for serving. She also highlights the insufficient numbers of nurses on boards while offering useful insight into the purpose, meaning, and value of board membership. A noted leader in the field, Curran shows how nurses can affect changes in policy by becoming active board members.

This user-friendly book stands out because it illustrates how nurses can position themselves on the boards of all kinds of organizations. It shows the necessity of including nursing voices on boards, whether in the private or public sector or on for-profit or not-for-profit boards. It references the experiences of nurse leaders in order to support readers' understanding of being a board member. The topic itself is unique and valuable to all nurses. This book is a must-read—especially for those seeking to impact policy decisions at all levels.

- Underscores the value of nurses' participation on boards in order to bring a much-needed perspective to policy and decision making.
- Uses clear examples from leaders in nursing who have served on boards, providing a working knowledge to support nurses' efforts to serve.
- Offers a unique look at leadership, linking board membership with policy influence.

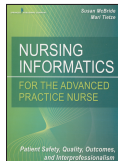


## INFORMATION TECHNOLOGY

Chosen by Amanda Anderson, MPA, MSN, RN, CCRN, project manager, Patient Care Services, Mount Sinai Beth Israel, New York City.

### 1. Nursing Informatics for the Advanced Practice Nurse: Patient Safety, Quality, Outcomes, and Interprofessionalism

By Susan McBride and Mari Tietze. New York City, Springer Publishing Company.



I am a practitioner with a job that constantly changes scope and focus from project to project. Although my area of expertise is nursing administration, much of my work interfaces with information technology (IT), and requires extensive collaboration with my IT colleagues. Corporate health care administration is very often a learn-as-you-go environment, especially in the ever-changing field of IT. With a copy of this book in hand—not only as a comprehensive primer, but as a day-to-day resource—my work with IT has become much easier.

I selected this book as a winner because, although it seems to be intended for a graduate academic audience, it is full of information from leading experts in the field and serves as an everyday tool for advanced practice nurses as well as educators. Covering topics from IT industry lingo to legislative requirements for electronic health records to assessing nursing informatics competencies, this book can be used in part or as a whole, both as a source of evidence and as a resource for practice.

This book covers it all: it offers extensive references; applications for teaching such as case studies; and entire sections devoted to areas like working with IT in interdisciplinary teams, working with social media, and how nurses are responsible for big data in relation to quality and safety. This book catalogs and organizes the seminal information that any advanced practice nurse might need—whether working clinically, in IT, or in administration.

- Includes comprehensive information, resources, and discussion of nursing informatics.
- Tables display resources that could be used in the classroom or in practice as stand-alone sources of evidence or guidance.
- The authors and references offer a collection of leading expert opinions in nursing informatics.

## MATERNAL–CHILD HEALTH

Chosen by Jamille Nagtalon-Ramos, MSN, CRNP, WHNP-BC, IBCLC, associate director, Women's Health Nurse Practitioner Program, University of Pennsylvania School of Nursing, and women's health NP, Department of Obstetrics and Gynecology, Hospital of the University of Pennsylvania, Philadelphia.

### 1. Pharmacology for Women's Health

Edited by Mary C. Brucker and Tekoa L. King. 2nd edition. Burlington, MA, Jones and Bartlett Learning.

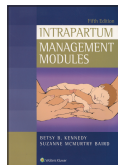


This is the most comprehensive and up-to-date pharmacology text for advanced practice nurses that is specifically geared toward women's health. It stands out because it not only provides a population-specific approach to pharmacology but also focuses on pharmacotherapeutics in women's health across the life span.

- Provides resources in each chapter such as Web sites and smartphone apps.
- Includes numerous tables that help the reader organize information.

### 2. Intrapartum Management Modules

Edited by Betsy B. Kennedy and Suzanne McMurtry Baird. 5th edition. Philadelphia, Wolters Kluwer.

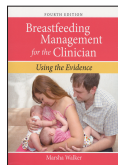


*Intrapartum Management Modules* provides a comprehensive medical and holistic approach to reviewing labor and delivery. The book explains normal and abnormal maternal–fetal pathophysiology with detailed images to accompany the text. Each chapter contains review questions to assess learners' knowledge.

- Offers comprehensive information on intrapartum care.
- Includes many helpful illustrations—I have never seen so many images included in a maternal–child health text.
- Chapters are organized in a meaningful way, and important information is highlighted.

### 3. Breastfeeding Management for the Clinician: Using the Evidence

By Marsha Walker. 4th edition. Burlington, MA, Jones and Bartlett Learning.



This text takes readers through lactation management, from basic nutrition to anomalies, diseases, and disorders that can affect breastfeeding, and everything in between. The author comprehensively discusses how clinicians can support their patients and infants in order to create the best health outcomes. She is

holistic and nonjudgmental in her approach, providing up-to-date information on how to care for both mothers who are breastfeeding exclusively and mothers who are supplementing with formula.

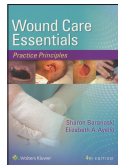
- Thoroughly covers simple and complex topics in lactation.
- Includes easy-to-follow clinical algorithms.
- Focuses strongly on the critical role of clinicians in supporting patients' breastfeeding needs.

## MEDICAL–SURGICAL NURSING

Chosen by Polly Gerber Zimmermann, MBA, MS, RN, CEN, FAEN, associate professor, City Colleges of Chicago School of Nursing–Malcolm X campus.

### 1. Wound Care Essentials: Practice Principles

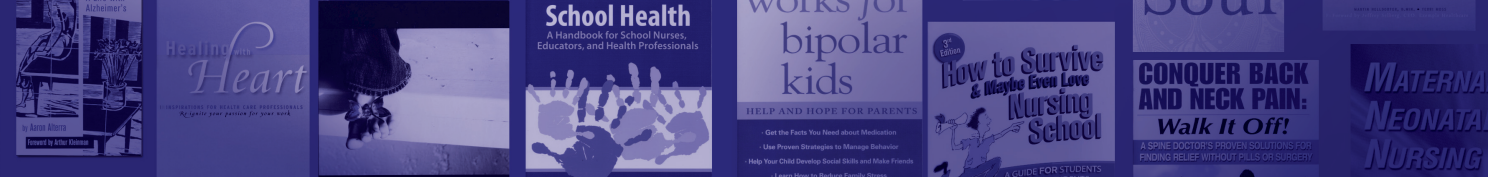
By Sharon Baranoski and Elizabeth A. Ayello. 4th edition. Philadelphia, Wolters Kluwer.



Wounds are an ubiquitous issue in nursing—and wound care involves so much more than staging, the Braden scale, and dressing changes. This book, which covers all aspects of wound care, is a great go-to resource for any nurse. Written by experts in the field, its greatest strength is its unsurpassed depth in covering the

essentials of treating wounds. This dense, complete resource includes discussions of the latest and greatest recommendations, standards, and products. Information on many wound types is provided, such as sickle cell wounds, arterial wounds, wounds in special populations, and palliative wound care.





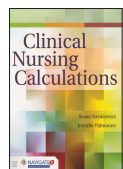
The book's organization aids its usefulness. Accompanying photos throughout the text reinforce understanding and illustrate the content. Concise charts present the information in easy-to-use guides for making decisions, such as preparing the wound bed or picking a dressing type. The best feature, though, is the wound gallery "test" at the end of the book. It includes 39 photos of actual wounds, each with a question.

*Wound Care Essentials* maximizes opportunities for readers to learn and apply knowledge. Chapters include case studies to help pull the information together. Highlighted practice points and patient teaching tips emphasize key content. Each chapter ends with questions for readers to evaluate their comprehension. This is an exemplary training tool and visual resource for gaining and applying new knowledge.

- Highlights practice guidelines and evidence-based guidelines.
- Effectively uses charts and images throughout the book.

## 2. Clinical Nursing Calculations

By Susan Sienkiewicz and Jennifer Palmunen. Burlington, MA, Jones and Bartlett Learning.



As a professor, my wish has come true: I finally found the perfect book for teaching clinical nursing calculations. Having taught this topic for 18 years, I am used to accepting that I will need to supplement any textbook to make it work—but with this text I now have a complete resource. Considering the high incidence of medication errors, finding the right text to teach this essential part of nursing is important.

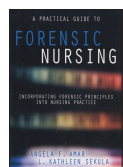
The authors of *Clinical Nursing Calculations* present the math aspect well. I am weary of the battle over which method is best for calculating; students prefer different routes. In this book, each calculation is worked out using three different techniques (ratio–proportion, formula method, and dimensional analysis) side by side in a clear, easy-to-follow, method.

What really excites me about this book is that it goes beyond the calculations to thoroughly include the concepts and principles of medication administration. It integrates appropriate warnings about common errors, case examples, clinical clues, research findings, and both Joint Commission and Institute for Safe Medication Practices guidelines. This well-rounded approach helps students appreciate every facet of clinical nursing calculations. Chapters also include NCLEX-style test questions to help reinforce the principles.

- Features three methods for calculations side by side.
- Includes many clear illustrations of equipment and labels.
- Integrates expanded content beyond the math to enhance student understanding of medication administration.

## 3. A Practical Guide to Forensic Nursing: Incorporating Forensic Principles into Nursing Practice

By Angela F. Amar and L. Kathleen Sekula. Indianapolis, IN, Sigma Theta Tau International.



The premise of this book is that every nurse is a forensic nurse—given that nurses in nearly all settings deal with the effects of violence on patients. It is an evidence-based guide to understanding and applying forensic nursing science to any area of nursing practice.

Starting with an overview of forensic nursing and the theory behind it, the book progresses into topics such

as injury assessment, violence prevention strategies, and relevant legal, ethical, societal, and policy issues. The authors discuss concepts like assault and battery and elder, child, sexual, and domestic violence, expanding beyond the basics. The book also includes practical advice for handling difficult situations, offering resources and tips for what to say to patients. It explains concepts that are often difficult to grasp, such as the neurological response to trauma, the effects of victimization, and navigation of the recovery process. Case studies at the end of chapters enhance application of the subject matter.

This book is a valuable resource for nurses of all levels in any area of clinical practice. After reading it, I gained a new perspective and valuable knowledge that I can use to help promote the best possible outcomes for my patients.

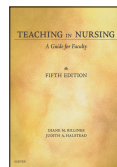
- Offers a broad approach to forensic nursing applicable to all nurses.
- Includes informative, educational photos.
- Dispenses practical and useful advice for nurses in any setting.

## NURSING EDUCATION/CONTINUING EDUCATION/ PROFESSIONAL DEVELOPMENT

Chosen by Michael R. Bleich, PhD, RN, FAAN, president and chief executive officer, NursDynamics, LLC, Chesterfield, MO.

### 1. Teaching in Nursing: A Guide for Faculty

By Diane M. Billings and Judith A. Halstead. 5th edition. St. Louis, Elsevier.

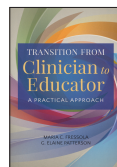


This comprehensive, authoritative, and pragmatic compendium addresses state-of-the-science approaches to teaching and learning. It covers important topics such as course design, teaching strategies, and evaluating learning outcomes, but also addresses other topics that deserve equal attention. For example, it includes chapters on curriculum development, legal aspects of education, and faculty roles in academic environments. Additionally, it discusses teaching diverse students, making the classroom inclusive, and using simulation and technology-driven learning platforms—which can help orient both new and incumbent educators. If there could be but one contemporary reference for all educators, this text would be it.

- The organization and comprehensiveness of this book is far-reaching and timely.
- The authors and contributors are top in the field as educators, researchers, and theorists in building learning science.
- Includes tables and charts of key concepts.

### 2. Transition from Clinician to Educator: A Practical Approach

By Maria C. Fressola and G. Elaine Patterson. Burlington, MA, Jones and Bartlett Learning.



Given the well-documented nursing faculty shortage, this easy-to-comprehend book offers guidance in becoming a master educator for clinicians who may want an academic career or those starting out as novice faculty. In particular, it stands out for its special treatment of clinical teaching and focuses on several areas: preparation; teaching, assignments, and activities; evaluation of students' clinical performance; and legal aspects of clinical instruction. The authors also describe the organizational world of academia, administration and governance,




faculty responsibilities, and admission requirements for nursing schools.

- The authors never lose sight of their audience. They have captured what most newly minted faculty are never told, but should be!
- The special attention given to clinical instruction is very important, as many new faculty begin in these roles.
- Chapters are brief, and the content is well developed and useful to readers.

### 3. Leadership for Evidence-Based Innovation in Nursing and Health Professions

*Edited by Sandra Davidson, Daniel Weberg, Tim Porter-O'Grady, and Kathy Malloch. Burlington, MA, Jones and Bartlett Learning.*

 This book pioneers the framework of an evidence-based innovations curriculum. Further, it beckons nurses and other health care professionals to ascribe to the concept that leaders have a responsibility for innovation, by the very nature of leadership. Each contributor and editor is an innovation expert and accelerator; the writings reflect this expertise.

The book is divided into four sections, each containing several chapters. Section 1 addresses using the known to lead to the unknown, Section 2 describes the use of evidence to drive innovation, Section 3 discusses the importance of measurement in innovation, and Section 4 models examples of innovation as an integrated, iterative process, specifically noting how academic programs must address innovation to confront emerging issues and challenges facing the public.

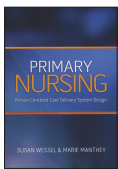
- Addresses the links between leadership, innovation, theory, and evidence, allowing readers to “connect the dots” about the relational dynamics between those dimensions.
- Is a clear, scholarly work that will introduce readers to new ways of thinking.
- Underscores the need for health care professionals to transcend and advance practice through innovation.

## NURSING MANAGEMENT AND LEADERSHIP

Chosen by Kathleen M. Dirschel, PhD, RN, professor, Teachers College, Columbia University, New York City.

### 1. Primary Nursing: Person-Centered Care Delivery System Design

*By Susan Wessel and Marie Manthey. Minneapolis, Creative Health Care Management.*

 This well-written book stands out for its scholarly approach and the scholarly reputation of its authors, particularly Marie Manthey, a pioneer in primary nursing. The authors make a strong case to support the practice of primary nursing as the most direct route to a better health care experience, indicating a commitment to nursing practice shaped by this philosophy. They clearly present the history and evolution of the concept—defined as “a delivery system designed to (1) allocate responsibility for each patient’s care to one individual nurse for the duration of the patient’s stay, visit, or series of visits and (2) to assign to this nurse the actual provision of the patient’s care whenever possible.”

The text is supported by charts, explanation boxes, and quotes from primary nurses across the country that reinforce


and further explain this care delivery system. Questions, answers, and examples help the reader understand the practice concepts and reinforce the important aspects of primary care nursing. The authors explain the practice from a framework that is patient centered and unified within the practice of nursing. Additionally, there are worksheets and guidelines built into the text that make it easier to understand the content.

One of the most interesting points the authors discuss is the strengthening of autonomy and professional practice paradigms within the framework of nursing practice. The book focuses on how to lead lasting change in nursing practice through inspiration, education, infrastructure change, and measurement of outcomes. As we know, these actions are difficult at best, complex, and require much cross-professional support.

- Quotes from primary nurses add rich, personal content on primary care nursing practice.
- Bullet points throughout the book clearly summarize items for consideration.
- Offers appendixes and references that are easy to use and understand.

### 2. No Time to Care: A Leadership Game Plan to Ensure Caregiver Engagement

*By Charles Kunkle. Tampa, FL, Richter Publishing LLC.*

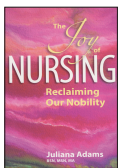
 This upbeat book stands out because it focuses on creating caregiver engagement that will, in turn, improve patient outcomes. Its intent is to empower and motivate practicing nurses to be leaders in improving and enhancing patient experiences.

I found the author’s writing interesting to read and the content exciting. A particular strength is how he guides the reader through a “game plan”: eight approaches to leadership that can result in positive patient outcomes, patient motivation, and staff motivation. The approaches in the “game plan” focus on concepts such as leadership credibility, achieving successful communication skills, and maintaining control over the practice environment. The book is of high quality and is very useful to the nursing profession.

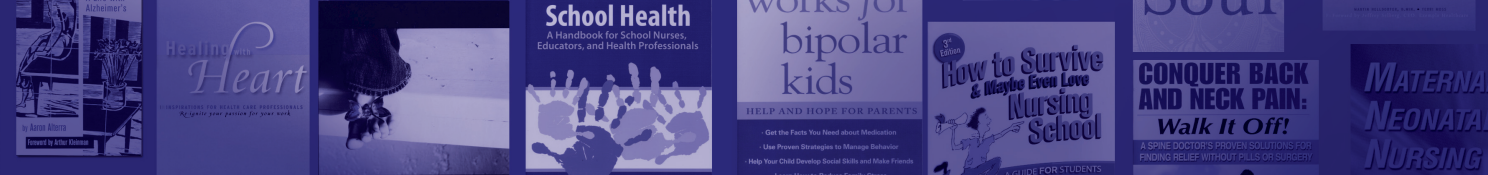
- Presents interesting, practical, and easy-to-understand nursing practice approaches to creating high-quality patient outcomes and high levels of patient satisfaction.
- Uniquely focuses on practical approaches to implementing the leadership role of nursing at the nurse manager/administration level.
- Provides leaders with the necessary knowledge to implement the “game plan” to engage caregivers and improve the patient experience.

### 3. The Joy of Nursing: Reclaiming Our Nobility

*By Juliana Adams. Englewood, CO, Steamboat Springs Publishing.*

 Juliana Adams has written an uplifting, realistic book that highlights the inherent nobility and passion involved in nursing. The book, a history of Adams’s 50-year nursing career, is a joy to read. In the beginning, she speaks of her gravitation toward nursing and goes on to write about toughness, gentleness, and compassion. She discusses the nursing profession with love and warmth. Her personal perspectives are often touching: “For so many patients, the idea of ‘hope’ was a lost or never-realized concept”; “Too





many times to count, we have all seen patients that should be dead from the description of what happened to them, and they make it.”

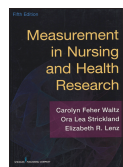
- Focuses on the uplifting characteristics of nursing as a noble and joyful profession, the essence of which is to make things better for the patient.
- Offers a true understanding, supported by examples, that nurses must be both gentle and tough and must work through operational and interpersonal barriers to achieve the best patient outcomes.
- This author is a true advocate for nurses in all situations, especially those in which there is less respect and understanding of the value of the nursing role.

## NURSING RESEARCH

Chosen by Frances Marcus Lewis, PhD, MN, RN, FAAN, University of Washington Medical Center Professor of Nursing Leadership, University of Washington, Seattle.

### 1. Measurement in Nursing and Health Research

*Edited by Carolyn Feher Waltz, Ora Lea Strickland, and Elizabeth R. Lenz. 5th edition. New York City, Springer Publishing Company.*

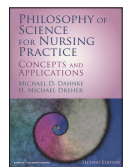


This text is a stellar compendium of major technical information that nurse researchers need in order to carry out serious theory-based measurement in nursing and the health sciences. It cogently captures a large domain of technical content that is required for both master's- and doctoral-level health services researchers. It is a must-read for all PhD students in nursing science, as well as for faculty!

- Delivers technical content cogently.
- Has firm foundations in classical measurement theory and includes sections on exploratory and confirmatory factor analysis as part of validity testing. This is a creative and technically informed approach anchored in theory development in nursing.
- Is not technique focused; rather, it grounds measurement development within theory development.

### 2. Philosophy of Science for Nursing Practice: Concepts and Applications

*By Michael D. Dahnke and H. Michael Dreher. 2nd edition. New York City, Springer Publishing Company.*



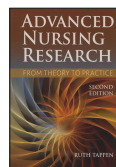
The authors of this text bring readers into the intellectual space of understanding the connection between the philosophy of science and nursing science and practice. It's an essential complement to research courses in both the doctor of nursing practice and PhD curricula.

- The writing style cogently delivers the book's content, which includes both introductory-level and advanced sections; each is self-standing.
- Avoids the typical ponderousness of science texts and publications, making the philosophical underpinnings of the nursing discipline accessible.

- Contains provocative, exciting questions and topics that faculty in doctor of nursing practice and PhD programs should ponder.

### 3. Advanced Nursing Research: From Theory to Practice

*By Ruth Tappen. 2nd edition. Burlington, MA, Jones and Bartlett Learning.*



This text offers the most thorough treatment of advanced nursing research of any book I know. Its scope goes well beyond that of typical nursing research textbooks that underserve the advanced nursing research audience.

- Includes coverage of mixed designs, mixed methods, and meta-analysis.
- Describes research methods in both quantitative and interpretive studies, including evaluation of trustworthiness.
- Devotes entire sections to underserved topics that are essential to advanced nursing research, including implementation and reporting.

## PALLIATIVE CARE AND HOSPICE

Chosen by Amanda Schultz, MSN, APRN, NP-C, ACHPN, senior NP for advanced disease management, Heartland Care Partners, Oklahoma City, OK.

### 1. Perinatal and Pediatric Bereavement in Nursing and Other Health Professions

*Edited by Beth Perry Black, Patricia Moyle Wright, and Rana Limbo. New York City, Springer Publishing Company.*



This book strives to fill a current gap in knowledge of perinatal and pediatric palliative care. Its 18 powerful chapters link theoretical and research knowledge with clinical practice. Each chapter concludes with a case study and focus questions to engage the reader. Written by pioneers in the field, this book provides timely, evidence-based research to help support clinicians who care for those who experience the tragedy of perinatal and pediatric death. Clinicians—and the family members they care for—will benefit from the authors' professional wisdom on guiding the experience of perinatal and pediatric bereavement.

- Presents the newest theoretical frameworks that can be integrated into personal practice and helps develop future research opportunities.
- Provides a solid foundation of knowledge and the necessary tools for providing excellent-quality care to those in need.
- Serves as a valuable resource for students and professionals seeking certification in their area of specialty.

### 2. Advanced Practice Palliative Nursing

*Edited by Constance Dahlin, Patrick J. Coyne, and Betty R. Ferrell. New York City, Oxford University Press.*



Given the evolving role of the advanced practice nurse (APN) in palliative care, this text provides a bridge between APN-specific education and the demand for high-quality advanced palliative care delivery in today's health care setting. It is the first book devoted to advanced practice nursing care of the seriously ill and dying. Written by palliative care nurse leaders, this reference includes topics such as palliative care in various settings, physical and psychological symptom management in adults





and children, communication, and special populations. I can foresee this text deepening the commitment of those APNs who seek to improve the care they provide, and strengthening their understanding of the scope and breadth of advanced practice palliative nursing.

- Authored by pioneers in the field of advanced practice palliative nursing who share their wisdom, successes, and hopes for the future of APN-specific palliative care.
- Is a practical, timely, precise, and well-written resource for APNs in all clinical and nonclinical settings.

### 3. The Bell Lap: Stories for Compassionate Nursing Care

By Muriel A. Murch. Boca Raton, FL, Taylor and Francis Group.



This captivating and well-written collection of short stories offers insight into the delicate lessons of life and death. The author explores the intricacies that occur between nurse and patient, evoking the human aspect of aging and illness.

- Brief stories engage the reader.
- Written by an RN who captures the sense of the human spirit as it enters and maneuvers through the “bell lap”—the final lap of a race.
- Offers a deeper look at what’s hidden beneath the surface of individuals who are experiencing illness.

## PROFESSIONAL ISSUES

Chosen by Pamela J. Haylock, PhD, RN, FAAN, nurse educator, Medina, TX.

### 1. American Indian Health and Nursing

Edited by Margaret P. Moss. New York City, Springer Publishing Company.



This book is the first-ever formalized text written about American Indian health and nursing. All but one of its 13 contributors (historians, anthropologists, and nurses) are themselves American Indians writing about their regions, tribes, and cultural variations. American Indians and Alaska Natives have some of the greatest gaps

in care and health status in the United States, resulting in huge health disparities that have yet to be effectively addressed in an organized and culturally competent manner. The vision of this book is groundbreaking and its publication is, hopefully, a milestone in creating and supporting the delivery of better preventive health services and care to America’s indigenous populations.

- Provides introductory-level insight into the evolution of American Indian confederations and tribes and the resulting diversity among America’s native people.
- Includes fascinating detail on historical and political contexts.
- The lack of attention to the health of indigenous Americans continues to be a disgrace. This book represents an initial attempt to explain indigenous cultures and captivate the interests and passions of native and non-native health care professionals and researchers. The complexities and breadth of so many native cultures render solutions to enormous disparities and underlying problems difficult to achieve. But this book provides a starting place.

### 2. High Reliability Organizations: A Healthcare Handbook for Patient Safety and Quality

By Cynthia A. Oster and Jane S. Braaten. Indianapolis, IN, Sigma Theta Tau International.



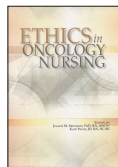
The authors of this handbook contend that “solving patient-safety and quality problems requires a new approach.” I couldn’t agree more. Many patient safety and quality outcomes, in my view, rest with nurses. I appreciate the concepts of “high reliability” made clear in this publication. It’s been my observation that nurses are

as yet unprepared to use mechanisms like root cause analysis to identify and address small problems before they become major problems. Nurses frequently report “close calls,” “near misses,” and sentinel events that never lead to a root cause analysis in their practice settings, and they seem powerless to initiate this systematic approach to affect safety outcomes. Health care facilities’ hierarchies seem to maintain systems that defer to formal authority over expertise. This book details practical considerations and approaches that result in a paradigm shift to create more reliable health care systems.

- Even though the paradigm shift advocated by the contributors of this outstanding book is undoubtedly a challenging prospect, the application of high reliability organization (HRO) theory and principles as presented here detail the case for change. Key resources to guide implementation and inclusive references are provided.
- The sections detailing organizational culture and just culture as necessary components in HROs speak to so many aspects of what’s wrong in health care and nursing. These aspects of organizational culture could be central to eliminating discrimination, harassment, and bullying in the workplace.
- It’s very readable and relates to nurses in all disciplines. This is an invaluable resource—something that can help nurses and other providers fulfill the advocacy component of our professions.

### 3. Ethics in Oncology Nursing

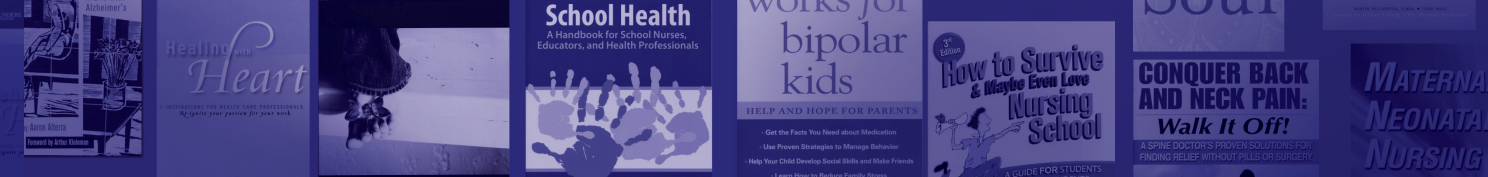
Edited by Jeanne M. Erickson and Kate Payne. Pittsburgh, PA, Oncology Nursing Society.



This publication discusses foundational content on ethics and ethical practice in oncology nursing (but applicable to many other areas of nursing), and uses case studies that exemplify the common complexities that can occur in cancer care settings. Chapter topics include human research and clinical trials, treatment decision

making, communication and difficult discussions (such as giving bad news), and genetics and genomics. There is an excellent review of patient advocacy as it relates to cancer care. Another especially compelling chapter describes the impact of ethical conflict on nurses: given the increasing complexity and emotional, economic, and political dimensions of cancer care, moral uncertainty, dilemmas, distress, and burnout among nurses and other caregivers are especially important to consider. The chapter also includes practical guidance for building the capacity to address moral concerns. As a whole, this resource can help nurses be prepared for situations that may prompt ethical dilemmas—instead of reacting to occurrences after the fact.

- Is brief but rich in content. Though its focus is on oncology nursing, much of the content is relevant to a broader



audience of nurses who care for patients with other chronic and life-threatening conditions.

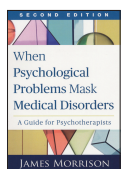
- The 16 contributors are experts in their field. As revealed in the case studies in each chapter, the authors clearly understand ethical dilemmas that nurses who provide cancer care encounter on a daily basis.
- Brings to life the principles and language of ethics.

## PSYCHIATRIC AND MENTAL HEALTH NURSING

Chosen by Donna Sabella, PhD, MEd, MSN, PMHNP-BC, Seedworks Endowed Associate Professor for Social Justice, University of Massachusetts Amherst College of Nursing.

### 1. When Psychological Problems Mask Medical Disorders: A Guide for Psychotherapists

By James Morrison. 2nd edition. New York City, The Guilford Press.



As a psychiatric NP, I often wonder if a client's problem falls squarely in the mental health category or if it could be related to something else, particularly a medical problem. For those working in the medical or mental health fields, this book provides a unique perspective on seeing the big picture. Author James Morrison cautions against thinking only in terms of labeling psychiatric patients' disorders or symptoms as arising from mental health problems. Rather, he urges thinking outside of what he calls the "mental health box" to consider medical reasons for the presenting psychological symptoms. And why should this be the case? As he reminds us, psychological problems can often mask medical disorders, and medical disorders can create mental health problems.

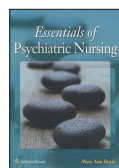
The book is nicely divided into three parts. Part I walks the reader through a mental status assessment using the framework of the standard mental status exam assessment tool, and serves as a guide to symptoms that could indicate a physical or medical problem. Part II provides details about 66 medical disorders: each one includes an overview chart, information about physical and mental symptoms, evaluation measures, and outlook. The main goal of Part II is to highlight how mental health symptoms presented by a patient can possibly reflect a medical disorder. Part III includes numerous tables that summarize symptoms of all 66 medical disorders in a variety of categories, including general and visual, chest and gastrointestinal, and cognitive and personality symptoms.

Morrison provides an important reminder to look both ways before crossing the diagnostic street. The book presents the information in an efficient and engaging manner, and includes interesting case vignettes, useful interviewing pointers, and a list of suggested readings.

- Provides interesting and informative background details about each of the medical disorders covered in the book.
- Written in an engaging, easy-to-understand, and personable manner.
- Is concise and to the point, making it easy to take anywhere as a reference tool.

### 2. Essentials of Psychiatric Nursing

By Mary Ann Boyd. Philadelphia, Wolters Kluwer.



There is no shortage of psychiatric and mental health nursing textbooks on the market—instructors today have many options to choose from, and it is safe to say that most cover the basics. As would be expected from any textbook, Boyd's text does a good job of covering the key content; what makes it outstanding are the pedagogical and special features found between its covers.

Among these features are an expanded table of contents, summaries of key points, critical thinking challenges, and my favorite: movie suggestions related to the chapter topics. The numerous special features found in the text include case studies, NCLEX pointers, "Emergency Care Alerts" that identify situations that can be considered emergencies, and "Research for Best Practice" boxes that focus on evidence-based practice. In addition to the pedagogical and special features, instructors have access to many resources as well as a teaching and learning package. Finally, the book's graphics, figures, and tables are presented in an attractive, easy-to-read format.

- Movie suggestions and discussion questions at the end of each chapter help humanize mental disorders.
- Case studies at the beginning of the chapters in Unit V are strategically threaded throughout the chapters, thereby connecting information and helping students stop and reflect on what they've been reading.
- "Fame and Fortune" features discuss famous individuals who were affected by mental illness but made important contributions to society, demonstrating that success in life is possible despite mental illness. ▼