

#### **ADULT PRIMARY CARE**

UNQUER BACH AND NECK PAIN Walk It Off!

Chosen by Leslie Neal-Boylan, PhD, APRN, NP, CRRN, FAAN, FARN, Mansfield Kaseman Health Clinic, Rockville, MD.

1. Portable RN: The All in One Nursing Reference By Denise Linton. 5th edition. Philadelphia, Wolters Kluwer.



his book is a perfect resource for undergrad-L uate students to use during clinical rotations. It offers a great review of how to conduct a basic but thorough patient history and physical examination. The content on common laboratory tests, disorders, and procedures would be invaluable to students and novice nurses. The pain

management section provides several pain assessment tools and guidance about pain management. Dosage calculation, end-of-life care, and documentation guidance are wonderful inclusions, as are the sections on drug hazards, infection control, and wound care. I love the section on electrocardiography interpretation—I wish I'd had it when I was a student.

- Covers topics of relevance to students and new nurses.
- Consolidates comprehensive information into one resource.
- Provides easy-to-follow explanations.

#### 2. Advanced Practice Nursing Procedures

By Margaret R. Colyar. 2nd edition. Philadelphia, F.A. Davis Company.



've been working in urgent care recently-this book arrived at just the right time. The explanations of each procedure are easy to follow, and the clear color illustrations are really helpful. Additionally, the tables and charts allow for quick reference.

- Is an excellent, easy-to-read guide to common procedures.
- Offers helpful step-by-step instructions.
- Includes Current Procedural Terminology codes.

3. Canadian Nursing Health Assessment: A Best Practice Approach By Tracey C. Stephen and D. Lynn Skillen. 2nd edition. Philadelphia, Wolters Kluwer.



've seen and used many health assessment books over the years. I particularly like this one. Each chapter includes a patient case requiring clinical reasoning. The examples of therapeutic communication will help students learn to gather a good history. I especially appreciated the interprofessional team collaboration scenarios and the new

"Pulling It All Together for Nursing Practice" feature. Photos, illustrations, and tables supplement the text, and review questions give readers opportunities to check their knowledge. • Threads case studies throughout each chapter.

- Provides helpful and informative safety alerts.
- Includes timely interdisciplinary collaboration scenarios that add real-life perspective to each case.

#### **ADVANCED PRACTICE NURSING**

Chosen by Margo A. Halm, PhD, RN, NEA-BC, associate chief nurse executive, nursing research and evidence-based practice, VA Portland Health Care System, Portland, OR.

#### 1. Advanced Physiology and Pathophysiology: Essentials for **Clinical Practice**

By Nancy C. Tkacs, Linda L. Herrmann, and Randall L. Johnson. New York City, Springer Publishing Company.



fime to roll out the red carpet for Advanced Physiology and Pathophysiology: Essentials for Clinical Practice. System by system, it masterfully links normal physiology, pathophysiology, and clinical practice. With thought-provoking questions and case studies and "Bridge to Clinical Practice" sections chock-full of key points on

history/physical findings, diagnostic tools, age-specific considerations, and treatment modalities, this new foundational text has advanced practice nurses covered.

- · Connects normal physiologic structures and function with associated pathophysiologic processes.
- Is richly peppered with high-quality illustrations, bringing cellular structure and function and pathophysiologic mechanisms to life.
- Facilitates clinical decision-making in practice.

#### 2. Wound Care Essentials: Practice Principles

Edited by Sharon Baranoski and Elizabeth A. Ayello. 5th edition. Philadelphia, Wolters Kluwer.



his comprehensive resource on wound care I is jam-packed with evidence-based information, from wound assessment and screening tools to best practice treatment recommendations for the full spectrum of wounds. It is visually appealing, with abundant images that help make the content accessible-even for those wounds not

yet seen in one's practice.

- Is enriched by the authors' decades of wound care experience.
- Features a wound photo gallery.
- Includes "Practice Points," case scenarios, and tests.
- 3. Primary Care: Interprofessional Collaborative Practice By Terry Mahan Buttaro, Patricia Polgar-Bailey, Joanne Sandberg-Cook, and JoAnn Trybulski. 6th edition. St. Louis, Elsevier.



This text offers extensive coverage of collabor-**L** ative disease management for conditions seen in primary care across the lifespan. With new content on topics such as health literacy and disparities; cultural responsiveness; human trafficking; caring for lesbian, gay, bisexual, transgender, and queer or questioning (LGBTQ)



patients; coordinated chronic care; and health promotion and wellness, the revised edition goes in-depth on contemporary issues influencing population health.

- Provides a thorough but succinct overview of diseases and conditions.
- Discusses pharmacologic, nonpharmacologic, and complementary and integrative approaches to care, plus indications for referral.

## **CHILD HEALTH**

Chosen by Jessica Spruit, DNP, CPNP-AC, assistant clinical professor and Acute Care Pediatric NP Program coordinator, Wayne State University, Detroit.

#### 1. Advanced Pediatric Assessment

By Ellen M. Chiocca. 3rd edition. New York City, Springer Publishing Company.



This textbook is an excellent reference for the pediatric NP student or other nurse clinician working to gain expertise in pediatric assessment. It provides a holistic review of pediatric assessment—more than physical examination of the body systems—and helps equip

readers to obtain complex histories, identify significant findings, and communicate effectively with patients and families. Essential elements of a comprehensive review of systems are presented in each section, and sample write-ups are especially helpful.

- Includes excellent photographs and illustrations to guide the reader's development of physical assessment skills.
- Uses helpful tables to highlight and organize key information.
- Focuses on the holistic assessment of pediatric patients, including family and cultural considerations, safety and risk assessments, and growth and development.

#### 2. Pediatric Nursing: A Case-Based Approach

By Catherine Gannon Tagher and Lisa Marie Knapp. Philadelphia, Wolters Kluwer.



Pediatric Nursing: A Case-Based Approach provides undergraduate students a wellorganized foundation in pediatric nursing. Its first unit offers thoughtfully developed pediatric cases with attention given to the holistic approach needed when caring for this patient

population. The case studies engage readers in learning about developmental milestones, health maintenance requirements, pathophysiologic processes, and treatment implications. The second and third units are devoted to care of the developing child and care of the hospitalized child, respectively.

- Uses case studies to illustrate points in development, health promotion, and common pediatric illnesses.
- Highlights priority care, necessary monitoring, patient teaching, and interprofessional team role considerations in clear tables throughout the text.
- Presents critical pharmacology information, which is especially helpful for students caring for pediatric patients for the first time.

## 3. Pediatric Emergent/Urgent and Ambulatory Care: The Pocket NP

By Sheila Sanning Shea, Karen Sue Hoyt, and Kathleen Sanders Jordan. 2nd edition. New York City, Springer Publishing Company.



This handbook is a concise reference for the busy emergency or urgent care clinician. Organized by system, it guides the reader through history and physical examination considerations, medical decision-making, differential diagnoses, and management strategies for each condition or problem. Clinicians facing a less-familiar patient

complaint can easily reference this text, which can be carried in a lab-coat pocket.

- Provides examples of physical examination documentation and procedure notes.
- "Don't Miss!" sections help the clinician identify red flags and address the most worrisome differential diagnoses.
- Includes illustrations and tables.

## **COMMUNITY/PUBLIC HEALTH**

Chosen by Katherine H. Lawson, DNP, RN, Immunization Action Plan coordinator, Virginia Department of Health, Crater Health District, Petersburg, VA.

1. Public/Community Health and Nursing Practice: Caring for Populations

*By Christine L. Savage. 2nd edition. Philadelphia, F.A. Davis Company.* 



Iselected this book for first place because it is balanced and concise in presenting vital information on public health nursing. Using current, real-life examples, it captures the heart of public health nursing. The value of this book is its inclusion of pertinent topics and interesting

points—which make it a captivating read.

The reader will benefit from the many tools the book presents for the practice of public health nursing. The content on evaluation models is excellent because it provides the knowledge necessary to ascertain the effectiveness of an intervention or program when working with individuals, families, and communities. The book includes important content on how to develop a teaching plan, which is critical knowledge. In addition, it addresses the need to assess health literacy with client education—an imperative to promoting population health. The book is anchored in contemporary public health practices through its adherence to current research literature and initiatives such as the proposed Healthy People 2030 framework and reliable sources such as the Centers for Disease Control and Prevention.

- Eloquently connects the intricacies of public health nursing.Is well rounded.
- Covers essential topics and offers thought-provoking discussion questions, making it a sound foundation to community health nursing practice for undergraduate students.



Edited by Ann L. Cupp Curley. 3rd edition. New York City, Springer Publishing Company.

Walk It Off!



This engaging text teaches critical concepts to prepare nurses to practice public health at the advanced level. It is very well written, and its narrative flows seamlessly. Though comprehensive, it sufficiently covers vital information without overwhelming the reader. It includes practical and real-life application, pertinent theo-

ries, and epidemiological methods. It also promotes the utilization of research evidence—this is vital, as advanced practice can serve a pivotal role in the translation of research into practice and can positively impact individual and population health.

- Presents the essentials of advanced public health nursing practice, focusing on critical knowledge.
- Connects concepts from various disciplines, such as research and epidemiology, to nursing practice.
- Uses tables, exhibits, and case studies to illustrate key concepts and facilitate comprehension.

3. Social Work and Mental Health: Evidence-Based Policy and Practice

By Sylvia I. Mignon. New York City, Springer Publishing Company.



While this book frames mental health care around the social work discipline, its content is applicable and valuable to all health care disciplines. I recommend it for public health nurses to gain insight into mental health care an often underserved area within public health practice and the health care system.

The author of this text offers an excellent presentation of current issues surrounding mental health. The writing is clear and concise and includes practice recommendations. The "Tips for the Field" provide many beneficial takeaways that can positively impact mental health care in individual practice as well as at the population and policy level.

- Uses enlightening real-world case examples.
- Provides a complete overview of mental health issues, including history, current status, and recommendations to promote health.
- Has an inviting writing style.

#### **CONSUMER HEALTH**

Chosen by Carol Levine, MA, senior fellow, United Hospital Fund, New York City.

#### 1. The Caregiver's Companion

By Deborah A. Boyle. Pittsburgh, PA, Oncology Nursing Society.



In this book, Deborah A. Boyle combines her professional experience as a leader in oncology nursing and research and her personal experience as a caregiver for her late husband and father. She describes—in conversational and sympathetic language—the emotional turmoil and practical challenges family members face as they take on the caregiver role, giving voice to the questions and fears they may have and suggesting ways to address them. As a former family caregiver for my late husband, I recognized myself in many parts of this book.

what

works for bipolar

Boyle writes about reframing negative thoughts into positive ones, common feelings, hope, self-care, and grief, among other topics. The chapter on family and friends is particularly valuable; it discusses the common experience of feeling deserted by friends, the persistence of difficult family relationships, and how to build a network of willing helpers. Each of the chapters contains exercises for self-reflection. Boyle also offers numerous examples of ways to manage practical tasks such as keeping track of medications.

- Is grounded in the author's real-life experiences.
- Includes easy-to-follow exercises to help caregivers address their own needs and issues.
- Doesn't shy away from difficult subjects or offer facile advice.
- 2. What Science Tells Us About Autism Spectrum Disorder: Making the Right Choices for Your Child

By Raphael A. Bernier, Geraldine Dawson, and Joel T. Nigg. New York City, The Guilford Press.



This book demystifies autism spectrum disorder (ASD) and gives parents the information hey need—and may find hard to obtain to help their child learn and grow. The authors discuss the rapidly changing science of ASD in clear, understandable, and measured terms.

They describe what is known, what is not yet known, and what is often presented as true but, at most, needs context and explanation.

Equally important, the authors offer reasons for optimism about treatment and techniques that can help children with ASD thrive. The chapters cover various aspects of ASD, including its causes, brain development, the impact of exercise and sleep, gastrointestinal and feeding problems, technology and its perils and promises, and navigating adolescence and adulthood. Throughout, the emphasis is on practical solutions and seeking help from qualified professionals. Each chapter includes stories from the authors' experiences, lists, and exercises.

- Offers a list of take-home points in each chapter.
- Treats parents as partners in their child's care.
- Doesn't downplay the difficulties of dealing with ASD.

#### **CREATIVE WORKS**

Chosen by Hui-wen Sato, MPH, MSN, RN, CCRN, pediatric ICU nurse, Children's Hospital Los Angeles.

1. Shining the Light On All the Right: Celebrating the Art of Nursing Around the World

By Mark Barnes and Bonnie Barnes. Marble Falls, TX, Scooter Publishing.



This book shines a beautiful spotlight on the essence of what makes nurses and their work so extraordinary. By sharing the bittersweet story of the Barnes family and how the DAISY Award came to be, the authors bring high honor to the



selfless daily work of nurses; demonstrate the impact of meaningful recognition from patients, peers, and hospital leadership; and inspire readers with stories of hope, compassion, and generosity. Reading this book is like opening a treasure trove of nurses' stories—treasures that shine.

- Is hopeful and inspiring.
- Highlights the enduring impact nurses can make on the lives of patients and families.
- Brings the audience straight to the core of why nurses do what they do and what they need from the community to remain wholehearted throughout their careers.
- 2. I Hear Their Voices Singing: Poems New and Selected By Cortney Davis. Simsbury, CT, Antrim House.



With the author as a nurse, daughter, lover, and member of a sometimes kind, sometimes cruel community, this collection of poems takes the reader on an intimate journey of personal and professional growth. While Cortney Davis's poems express the nobility and compassionate privilege entailed in a nurse's work, they

also express with frank honesty the nurse's struggle, at times, to honor her patients during difficult moments. Davis shows in detail how a nurse's professional experiences are intricately connected and intertwined with her personal identity, life, and relationships. She conveys why we, as nurses, see the world and our relationships the ways we do, as we have been so profoundly affected by our patient care experiences.

- Paints a portrait of a nurse's interactions with patients: delicate, harsh, simple, complex, and always human.
- Shows how nurses are inevitably shaped by the lessons learned from interactions with patients.
- Pulls readers deep into the innermost hopes, fears, joys, sorrows, rewards, disappointments, tensions, and freedoms experienced by nurses.

## **CRITICAL CARE-EMERGENCY NURSING**

Chosen by Margaret J. Carman, DNP, ACNP-BC, ENP-BC, FAEN, clinical associate professor, University of North Carolina at Chapel Hill School of Nursing; director of emergency nursing advanced practice, Emergency Nurses Association, Schaumburg, IL.

**1. Trauma Nursing: From Resuscitation Through Rehabilitation** *By Karen A. McQuillan and Mary Beth Flynn Makic. 5th edition. St. Louis, Elsevier.* 



Trauma Nursing: From Resuscitation Through Rehabilitation has become a staple for nurses who care for trauma patients. The authors have not disappointed in this fifth edition, which provides current evidence-based information that promotes understanding of the mechanisms of

traumatic injury and implications for nursing care, all within the context of how trauma care is delivered in the United States.

- Reviews the history of trauma care, trauma systems, and the professional issues surrounding trauma nursing.
- Includes dedicated content on pediatric and geriatric considerations in trauma management.
- Covers pathophysiology. Excellent patient care begins with understanding the processes associated with their condition;

as such, the authors provide wonderful explanations of the cellular processes, relating them to hemodynamic changes and alterations in tissue and organ systems impacted by traumatic injury.

2. Sheehy's Emergency Nursing: Principles and Practice Edited by Vicki Sweet and Andi Foley. 7th edition. St. Louis, Elsevier.



This text is a comprehensive resource on the standards of care for trauma nursing. From the history of emergency nursing as a specialty to specific professional issues (including triage) and extensive coverage on special populations, each chapter is packed with a wealth of information.

Content on behavioral health emergencies, abuse and neglect, and substance use disorders helps the reader understand the impact emergency nursing care can have on addressing these crucial problems in society. Tables, figures, and algorithms clarify complex concepts such as electrolyte content in fluid compartments and management of rib fractures.

- Is organized in a way that provides context.
- Includes extensive references in each chapter.
- Offers high-quality visuals that complement the content.

## 3. ASPEN Fluids, Electrolytes, and Acid-Base Disorders Handbook

By Jeff Bruno, Todd Canada, Nicki Canada, Anne M. Tucker, and Joseph V. Ybarra. 2nd edition. Silver Spring, MD, American Society for Parenteral and Enteral Nutrition (ASPEN).



This book offers a concise yet detailed approach to the pathophysiology, diagnosis, and clinical management of fluid and electrolyte imbalances. The algorithms provided assist the nurse in understanding complex metabolic processes as well as potential etiology and clinical manifestations. Fluid and electrolyte imbalance

is often a difficult topic to grasp; this book would be an excellent clinical reference for the hospital unit.

- Explains content clearly, making it easy for the reader to examine and digest.
- Clinical application and patient education information sections support and promote excellent nursing care.
- Includes helpful content on diagnostic approaches.

#### **DIGITAL PRODUCTS**

Chosen by Mary Anne Rizzolo, EdD, RN, FAAN, ANEF, FSSH, consultant, National League for Nursing.

1. Navigate 2 Premier Access with Kognito Simulations for Advanced Health Assessment and Diagnostic Reasoning By Jacqueline Rhoads and Sandra Wiggins Petersen. 4th edition. Burlington, MA, Jones and Bartlett Learning.



This product is so much more than an e-book! While it contains features typically found in e-books, such as chapter outlines, slides, and the ability to search the text and insert comments, it

also includes an interactive lecture that presents key concepts and assessment questions and allows the learner to branch



into subtopics. But the component that makes this e-book stand out from other similar products is its simulations, which use avatars to demonstrate procedures and skills. I particularly liked the personalities of the nurse and patient avatars—their communications reflect typical conversations, and humor is appropriately used.

- Includes a variety of assessment and intervention options through a dynamic menu as the simulation scenario unfolds. Some feedback is provided during the simulation to remind learners of essential steps, and comprehensive feedback is furnished when the learner ends the scenario.
- Allows students the freedom to explore content as they wish and according to their preferred learning style.
- Employs narrative pedagogy to present patient stories and context.

#### **GERONTOLOGIC NURSING**

Chosen by Heather M. Young, PhD, RN, FAAN, professor and founding dean emerita, Betty Irene Moore School of Nursing, University of California, Davis, Sacramento.

1. Global Aging: Comparative Perspectives on Aging and the Life Course

By Frank J. Whittington, Suzanne R. Kunkel, and Kate de Medeiros. 2nd edition. New York City, Springer Publishing Company.



This book provides an excellent introduction to major issues in societal and global aging, taking a comparative approach to identify similarities and differences across cultures around the world. It covers a wide variety of topics of interest to gerontologists. The book also includes essays that bring key concepts together and pro-

vide real-world examples of important ideas in action. This is an important text both for students interested in global health and those who want to understand cultural aspects of aging in their own country.

- Examines a comprehensive blend of cultural and societal aspects of aging, weaving these elements together to provide a human perspective on the issue.
- Uses a comparative approach that enables the reader to contemplate the experience of aging across countries and demographic groups—prompting deeper insights into the diverse experiences of older adults.
- Includes provocative discussion questions.

## 2. Pharmacological Considerations in Gerontology: A Patient-Centered Guide for Advanced Practice Registered Nurses and Related Health Professions

By Abimbola Farinde and Megan Hebdon. New York City, Springer Publishing Company.



This excellent guide provides useful information for prescribers, including a comprehensive overview of age-related considerations in prescribing medications and evaluating their effectiveness. The authors establish a strong foundation for understanding physiological considerations, system-specific issues, and guidelines

for appropriate prescribing. The text includes interesting and informative case studies that also address interprofessional care planning issues. The information is readily accessible, and key points are clear, making this guide highly useful in practice. It is an excellent resource for practicing prescribers and educators.

- Is well organized, comprehensive, and presented in an accessible and helpful way to support busy clinicians.
- Case studies are inclusive and multicultural and illustrate the nuances of applying the knowledge.
- Is well balanced—provides the important physiological background necessary to understand the metabolic and kinetic aspects of medications, and also offers practical guidance for common geriatric conditions.
- 3. Evidence-Based Geriatric Nursing Protocols for Best Practice Edited by Marie Boltz, Elizabeth A. Capezuti, DeAnne Zwicker, and Terry Fulmer. 6th edition. New York City, Springer Publishing Company.



Evidence-Based Geriatric Nursing Protocols for Best Practice is a must-have for all practicing clinicians who care for older adults. Written by an outstanding group of authors who are leaders in the field of gerontological nursing, it provides a comprehensive guide to high-quality,

person-centered care. It is accessible and practical while providing substantial evidence for assessment and management of a wide array of conditions and issues. This text is a resource that assists the clinician in unpacking the complexity of caring for older adults with multiple comorbidities by exploring underlying causes and potential strategies to address conditions that affect quality of life and function.

- Discusses the major clinical issues and syndromes that affect older adults.
- Is well organized and presented, providing the evidence in conjunction with protocols for assessment and treatment.
- Offers a roadmap for action in untangling the care of older adults with multiple comorbidities.

#### **HISTORY AND PUBLIC POLICY**

Chosen by Arlene Keeling, PhD, RN, FAAN, Centennial Distinguished Professor of Nursing emerita, University of Virginia, Charlottesville; editor, *Nursing History Review*.

## 1. Talking Therapy: Knowledge and Power in American Psychiatric Nursing

By Kylie Smith. New Brunswick, NJ, Rutgers University Press.



Using historical data from a plethora of primary sources, Kylie Smith has accomplished what no other historian has heretofore done with regard to the history of psychiatric nursing. In *Talking Therapy: Knowledge and Power in American Psychiatric Nursing*, Smith gives credence to the unique and central role that nurses

played in the care of psychiatric patients in the United States during the mid-20th century.

In her narrative, Smith documents the impact of psychiatric nursing leaders and also highlights the efforts of professional organizations and committees in establishing psychiatric nursing as an advanced practice specialty, noting how they used university-based psychiatric nursing courses as a foundation for that work. She not only brings bedside



psychiatric nurses out of the shadows of nursing history, but also simultaneously addresses head-on the tensions between mental hygiene and eugenics—a subject that is often overlooked in discussions of nurses' role in the interpretation and application of psychiatric therapies. The book is a fascinating read; it is comprehensive in scope and detail and unique in its analysis. It should be required reading for nurses in all psychiatric programs today.

- Fills a major gap in the history of the nursing profession.
- Is written by an established historian of nursing and health care.
- Offers a well-written and engrossing narrative that explores the social construction of the therapeutic nursing relationship, emphasizing how this idea, now taught as central to nurses' role, cannot be taken for granted.

## INFORMATICS

Chosen by Susan Alexander, DNP, ANP-BC, ADM-BC, associate professor, University of Alabama in Huntsville College of Nursing.

1. Emerging Technologies for Nurses: Implications for Practice By Whende M. Carroll. New York City, Springer Publishing Company.



This book provides information on emerging areas of nursing informatics such as big data, artificial intelligence, precision health, and more. Though not lengthy, its depth of content positions it as an excellent text for nurses who have expertise in informatics topics. The inclusion of important contemporary topics makes

this book stand out.

It is written in a scholarly manner, using advanced language and terms specific to informatics fields. Each chapter ends with questions for further study that could be easily adapted for assignments in graduate and doctoral studies. The case studies describe products and technologies that are in clinical use, detailing their development and application in an engaging manner that emphasizes the concepts in the text. What I like best about this book is the author's effort to present advanced concepts by describing the work of nurses in real-life situations. It's very inspiring for the nurse who wishes to learn more about informatics in health care.

- Includes practical and clinically relevant topics for nurses at all levels.
- Is interesting to read.
- Is packed with figures and tables, plus current references that a master's or doctoral student could use for further study.

**2.** Introduction to Computers for Healthcare Professionals By Irene Joos, Ramona Nelson, and Debra Wolf. 7th edition. Burlington, MA, Jones and Bartlett Learning.



Much of the content in this text is devoted to basic computer skills. Targeting nurses and health care professionals who want to improve their skills in common computer applications, it offers very clear statements on operating commands, plus tables and images. Each chapter in-

cludes exercises to help readers apply chapter concepts to the context of the health care environment. These exercises would

be easy for instructors to use as assignments. I can see this book being used in prelicensure courses as a standalone text and in early graduate courses for students who wish to earn certification in nursing informatics.

- Provides clear information; content is visually interesting and easy to follow.
- Begins with elemental review of informatics concepts common to the clinical environment and ends with chapters on contemporary topics in informatics such as cybersecurity, telehealth, electronic health records, and health information systems.
- Provides access to web-based materials that help reinforce concepts and give the reader more practice with concept application.

## MATERNAL-CHILD HEALTH/PRENATAL NURSING/CHILDBIRTH

Chosen by Rachel Blankstein Breman, PhD, MPH, MSN, RN, assistant professor, University of Maryland School of Nursing, Baltimore.

1. Handbook of Perinatal and Neonatal Palliative Care: A Guide for Nurses, Physicians, and Other Health Professionals Edited by Rana Limbo, Charlotte Wool, and Brian S. Carter. New York City, Springer Publishing Company.



I think this book should be required reading for anyone who works in perinatal and neonatal care. The topics are discussed clearly, and the authors use a family-centered approach to managing care for families experiencing difficult decisions during a time that should be joyous. The case studies offer additional context for each

chapter and topic.

- Is well written.
- Provides clear clinical recommendations.
- Includes additional resources.

## 2. Comprehensive Neonatal Nursing Care

Edited by Carole Kenner, Leslie B. Altimier, and Marina V. Boykova. 6th edition. New York City, Springer Publishing Company.



This book is a great resource for neonatal nurses. The information is easy to read, follow, and understand. I thought the graphics and tables were superior to those found in most other nursing textbooks. I especially appreciated the tables, which offer a helpful way for students to study clinical topics and improve their

knowledge.

- Is accessible.
- Is visually appealing.
- Offers logical tools for learning.
- **3. Breastfeeding and Human Lactation** By Karen Wambach and Becky Spencer. 6th edition. Burlington, MA, Jones and Bartlett Learning.



This text takes a strong, evidence-based, and balanced approach to breastfeeding. The clinical tools are appropriate and can be easily translated to use in clinical situations to assist new mothers with feeding. I appreciated the



authors' holistic approach in including adopted children in the newborn population.

- Is comprehensive.
- Is inclusive.
- Is practical.

#### MEDICAL-SURGICAL NURSING

Chosen by Christopher A. VanFosson, PhD, MHA, RN, nurse scientist and chief of clinical research, U.S. Army Institute of Surgical Research, Joint Base San Antonio, San Antonio, TX. The views of the author are his own and do not reflect the official opinion or endorsement of the United States Army or the Department of Defense.

#### 1. Wound Care Essentials: Practice Principles

Edited by Sharon Baranoski and Elizabeth A. Ayello. 5th edition. Philadelphia, Wolters Kluwer.



Although it might be underappreciated in the medical–surgical environment, skin and wound care is an essential aspect of patient care for any nurse. This comprehensive text is a onestop shop for information on the pathophysiology of and care methods for nearly every wound a nurse might see in practice. The authors cover the

many aspects of acute and chronic wound care, including quality of life concerns, ethical and legal considerations, and specific (and sometimes rare) conditions that might result in dermal injury. The photo gallery of wounds is a great tool for identifying the various types of wounds one might encounter in practice.

- Has an e-book version that can be easily viewed on a mobile device, which may be handy during bedside care or consultations.
- Devotes a chapter to the numerous aspects of pressure redistribution, essential for the prevention of pressure-related dermal injury in immobile patients.
- Includes high-quality color pictures.

**2.** Mastering Simulation: A Handbook for Success By Janice Palaganas, Beth Ulrich, and Beth Mancini. 2nd edition. Indianapolis, IN, Sigma Theta Tau International.



Simulation has become an essential aspect of health care education, training, and verification, so it is essential that nurses and nurse leaders "master" it in order to maximize clinical competency in any health care environment. Written by a diverse panel of

contributors, this text expertly guides the reader to success in simulation. The authors present the conceptual foundations and technological advances required of thoughtfully developed, objective-achieving simulated environments. Forward-thinking, the authors also discuss emerging careers in simulation, the development of simulation centers, and the use of emerging technologies to improve simulation outcomes in the future.

- Begins with the conceptual foundations of simulation use; such a foundation is essential for successful implementation of simulation in clinical and research settings.
- Includes a chapter describing the use of simulation as an important component of health care education and performance improvement in continuous learning health care systems.

• The section on technological advances in simulation and gaming points to an exciting future for nurse administrators, educators, and researchers who might use these novel approaches to improve processes, clinical skills, and research outcomes.

## 3. Cancer Survivorship: Interprofessional, Patient-Centered Approaches to the Seasons of Survival

Edited by Pamela J. Haylock and Carol P. Curtiss. Pittsburgh, PA, Oncology Nursing Society.



In the midst of a global pandemic, I found this text about survivorship timely and its applicability wide-ranging. The authors rightly emphasize that care does not end when a disease goes away. Rather, through their longitudinal "seasons" approach to survivorship care, they describe physiologic and psychosocial consid-

erations for care after cancer, as well as social media, legal, health maintenance, and special population considerations. Although the authors expertly approach survivorship through the lens of cancer, their patient-centered approach could be a basis of survivorship care across many patient populations, such as SARS-CoV-2 or burn survivors. This text is relevant for any nurse providing care to survivors of life-altering illness in any setting.

- The "seasons" approach to survivorship is intuitive to grasp and pertinent to every reader.
- Arranged according these "seasons," each chapter is uniquely constructed to effectively and thoroughly discuss each topic.
- The final chapter focuses on specific cancer survivorship issues based on social determinants of health, race and ethnicity, and LGBTQI concerns, and for those living in rural and global communities.

## NURSING EDUCATION/CONTINUING EDUCATION/ PROFESSIONAL DEVELOPMENT

Chosen by Gloria Donnelly, PhD, RN, FAAN, FCPP, editor-in-chief, *Holistic Nursing Practice*.

1. The Successful Nurse Faculty Member: Tools of the Trade Edited by Denise M. Korniewicz. Lancaster, PA, DEStech Publications, Inc.



Reading this book reminded me of Ralph Waldo Emerson's quote, "The secret of education lies in respecting the pupil," which may also be applied to respecting oneself as an educator and one's faculty colleagues. The book not only emphasizes the "tools of the trade," including curricula, syllabi, testing and evaluation strat-

egies, and meaningful clinical assignments, but also puts civility of the learning environment at center stage: if teachers do not respect themselves, colleagues, and students, the education students receive will be marginal at best. It is heartening that this book addresses the development of new faculty members, including discussion of the nuances of mentoring and improving learning culture. The chapters on civility in learning environments, the transition from clinician to educator, and workload management pinpoint key issues in pro-



moting the development of new faculty and retooling veteran faculty members' approaches to authentic teaching.

- Tables provide quick access to clear and compelling information.
- Includes a chapter on online instruction, which is especially timely given the dramatic shift toward online formats in recent years.
- In concert with the theme of "respect," the final chapter addresses interprofessionalism and the positive influence of collegiality on teaching research and service.

### 2. An Educator's Guide to Humanizing Nursing Education: Grounded in Caring Science

By Chantal Cara, Marcia Hills, and Jean Watson. New York City, Springer Publishing Company.



It is fitting and timely that a well-established nursing theory emphasizing caring be applied to improving the climate and practices of nursing education. In this book, Jean Watson's theory of caring and her 10 Caritas Processes are applied to teaching and learning in nursing. *Caritas* refers to compassionate service, loving consciousness, and

a deep ethical foundation. The book exemplifies these characteristics as the underpinning of the nurse educator's work and reminds us that the individuality of the student is as important as the individuality of the patient.

- The explication and application of Watson's Caritas Processes to teaching and learning offers a compelling contrast to the damaging experience of dehumanization often experienced by students.
- Reflection exercises help the reader internalize key concepts.
- The chapter focusing on policies, politics, and power arms the reader with strategies to promote human caring in educational and clinical settings.

#### 3. Evaluation and Testing in Nursing Education By Marilyn H. Oermann and Kathleen B. Gaberson. 6th

edition. New York City, Springer Publishing Company.



This text explores the many aspects of testing and evaluation in nursing education, including curriculum and testing policy; types and levels of testing; and the evaluation of clinical reasoning patterns and clinical judgment on paper, in clinical sessions, and in simulation. New to this edition is content on analyzing test

performance—specifically how to examine and interpret item analyses data and item effectiveness and when to adjust test scores. The chapter on clinical evaluation methods includes a discussion of the reliability and validity of teacher observation methods such as notes, rating scales, and checklists. Having this book on every faculty member's desk might increase the success rate in nursing education programs.

- Explores the relationship between assessment and educational processes, defining terms commonly used in evaluation, testing, and outcomes assessment but often misunderstood.
- Provides instructions, charts, and tools for building tests, grading rubrics, and evaluating teaching effectiveness.
- Includes five appendices that offer useful resources for both new and veteran nursing faculty.

## NURSING MANAGEMENT AND LEADERSHIP

Chosen by Rose O. Sherman, EdD, RN, NEA-BC, FAAN, editor-in-chief, *Nurse Leader*.

1. Evidence-Based Leadership, Innovation, and Entrepreneurship in Nursing and Healthcare: A Practical Guide for Success By Bernadette Mazurek Melnyk and Tim Raderstorf. New York City, Springer Publishing Company.



What I loved about this book is that the authors made complex leadership and business topics accessible and interesting by sharing leaders' personal stories. Bernadette Mazurek Melnyk herself wrote one of the most authentic personal stories I have ever read by a contemporary nursing leader. She does not sugarcoat the

challenges of being a leader and an entrepreneur.

This book provides actionable and practical strategies students can use to further their own development. It is contemporary in its approach and makes extensive use of subheadings and callout boxes with key information. Readable and clear, it is sure to be a favorite among students. • Is relatable.

- Offers highly pertinent information about entrepreneurism and business.
- Includes calls to action, key takeaways, and personal development activities in each chapter.

### 2. Leadership Roles and Management Functions in Nursing: Theory and Application

By Bessie L. Marquis and Carol J. Huston. 10th edition. Philadelphia, Wolters Kluwer.



This book has long been a go-to in both undergraduate and graduate leadership courses, and it is easy to understand why. Unlike many leadership texts, this one is geared toward the needs of the contemporary nursing student. The authors' writing is easy to read, and colorful figures and tables illustrate the content. Every

chapter concludes with a helpful bulleted list of key concepts. The learning exercises are highly relevant to clinical practice today and would make excellent leadership course assignments.

- Is well suited for the student-learner.
- Includes "crosswalk" tables that map chapter content to BSN, MSN, American Organization for Nursing Leadership, American Nurses Association, and Quality and Safety Education for Nurses competencies.
- Provides numerous relevant learning exercises.
- **3.** Building a Culture of Ownership in Healthcare: The Invisible Architecture of Core Values, Attitude, and Self-Empowerment By Joe Tye and Bob Dent. 2nd edition. Indianapolis, IN, Sigma Theta Tau International.



In this book, Joe Tye and Bob Dent target a key issue in health care today: the establishment of healthy and vibrant organizational cultures. Their identification of culture as a health care organization's "invisible architecture" is a metaphor that resonates with nurse leaders.

This book makes excellent use of stories to illustrate leadership lessons. The authors provide actionable



guidance for how to develop strong core organizational values in a way that few other leadership books do. Tye and Dent make the compelling case that you can't leave the development of culture to chance—it must be intentional work.

- Is easy to read and lends itself to use as a book club choice for leadership teams. Each chapter stands alone.
- Uses relatable stories to emphasize key points.
- Includes important reflective questions for leaders to consider about their own practice settings.

## **NURSING RESEARCH**

Chosen by Rodney W. Hicks, PhD, RN, FNP-BC, FAANP, FAAN, professor and assistant dean for research, Western University of Health Sciences, Pomona, CA.

1. Translation of Evidence into Nursing and Healthcare Edited by Kathleen M. White, Sharon Dudley-Brown, and Mary F. Terhaar. 3rd edition. New York City, Springer Publishing Company.



programs.

The authors of this text capture why we need to translate evidence into practice, and they present an unbiased collection of translation roadmaps for any nurse to use. Just reading the table of contents alone demonstrates the breadth of knowledge that academicians need to teach tomorrow's nurse leaders about translation.

The book's chapters are carefully laid out in a logical manner. Of particular value is its coverage of the details of project management, ethical responsibilities, legal frameworks, and dissemination strategies. The use of exemplars reinforces the reader's appreciation of the scope of translation.

- Reviews history and theory.
- Discusses translation for practice, policy, and leadership.
- Would be useful as core reading for DNP and PhD

## PALLIATIVE CARE AND HOSPICE

Chosen by Betty Ferrell, PhD, RN, FAAN, FHPN, CHPN, professor and director, division of nursing research and education, City of Hope National Medical Center, Duarte, CA.

1. Handbook of Perinatal and Neonatal Palliative Care: A Guide for Nurses, Physicians, and Other Health Professionals Edited by Rana Limbo, Charlotte Wool, and Brian S. Carter. New York City, Springer Publishing Company.



Handbook of Perinatal and Neonatal Palliative Care is an outstanding book that addresses a very important and underserved population. It is comprehensive and clinically sound, and covers physical as well as psychosocial issues.

- Discusses a broad range of topics.
- Has an excellent clinical focus.
- Covers the entire spectrum of care.

2. Certified Hospice and Palliative Nurse (CHPN) Exam Review: A Study Guide with Review Questions By Patricia Moyle Wright. New York City, Springer Publishing Company.



This excellent test preparation guide provides a thorough review of content for the Certified Hospice and Palliative Nurse examination. In addition to serving as a study tool, it would make a great general resource for all palliative care clinicians.

- Is clearly written.
- Is evidence-based.
- Is comprehensive and current.

# 3. The Helper's Journey: Empathy, Compassion, and the Challenge of Caring

*By Dale G. Larson. 2nd edition. Champaign, IL, Research Press Publishers.* 



This book on the power of empathy, compassion, and caring is a wonderful resource for nurses across all settings. It is especially relevant and important at this difficult time for society and health care, and will be of great support to new nurses as well as the most experienced staff.

- Offers thoughtful and deep reflection on caring and self-care.
- Is timely.
- Applies to all areas of practice.

## **PROFESSIONAL ISSUES**

Chosen by Katheren Koehn, MA, RN, FAAN, executive director, Minnesota Organization of Registered Nurses, St. Paul.

**1.** Professional Nursing: Concepts and Challenges By Beth Perry Black. 9th edition. St. Louis, Elsevier.



Though this book is in its ninth edition, it feels fresh and contemporary. It addresses nursing in a way that makes the reader feel proud to be a practicing or aspiring nurse. Engaging and extremely readable, it's written just as I would want my students to learn about and

think about nursing, and it includes case studies, stories, and resources. This is a book I will keep close at hand as a reference. It's not a stretch to say that it made me feel joyful about nursing, which is something we need these days.

- Uses stories to illustrate concepts, offering helpful examples throughout the book.
- Includes great photos that demonstrate the diversity of American nurses.
- Is very practical.



## 2. Policy and Politics in Nursing and Health Care

*Edited by Diana J. Mason, Elizabeth Lynne Dickson, G. Adriana Perez, and Monica R. McLemore. 8th edition. St. Louis, Elsevier.* 



This text addresses contemporary issues in health care and nursing, offering stories from nurses across the country who have been successful advocates for change in areas such as health equity, addressing the health impacts of climate change, and patient and nurse safety. There are so many issues and so many nurses

whose stories we need to know and whose practices we can emulate. In this book, readers will find a wealth of great examples of nurses' work in action—examples that will prompt them to think, "I could do this too!"

- Is written by a dynamic and inspiring group of contributors.
- Is comprehensive in scope, references, and resources. If there is an issue nursing is engaged in, it's covered in this book.
- Is a one-book library on political action and advocacy.

## 3. The Rebel Nurse Handbook: Inspirational Stories by Shift Disruptors

By Rebecca Love, Nancy Hanrahan, Mary Lou Ackerman, Faith Ann Lawlor, Amy Rose Taylor, and Elizabeth Toner. New York City, Springer Publishing Company.



As a nurse, I believe in the power of stories to change practice. *The Rebel Nurse Handbook* offers just that—positive stories from nurses who saw things that needed to be changed and took action to create those changes. We all need to be inspired right now. This is the perfect book to read as we consider the changes the COVID-19

pandemic has brought, both temporary and permanent.

- Includes inspirational epigraphs.
- Provides supplemental resources.
- Shifts the image of "nurse as superhero" to "nurse as rebel." A superhero achieves much despite the odds, whereas a rebel changes the odds by changing the system.

#### **PSYCHIATRIC AND MENTAL HEALTH NURSING**

Chosen by Donna Sabella, PhD, MEd, MSN, PMHNP-BC, professor, Pennsylvania College of Health Sciences, Lancaster.

## 1. Fast Facts for the Nurse Psychotherapist: The Process of Becoming

By Jeffrey S. Jones and Kathleen R. Tusaie. New York City, Springer Publishing Company.



As Jeffrey S. Jones and Kathleen R. Tusaie correctly note, nurse psychotherapists are indeed a rare breed, as is literature about the speciality. In a concise, easy-to-read, and resource- and example-rich text, Jones and Tusaie, both experienced nurse psychotherapists, present information for both novice and experienced psychiatric advanced practice nurses who wish to provide psychotherapy. Their work offers numerous practical and theoretical strategies to consider, and allows readers to "sit in" on case examples of therapy sessions.

- Outlines a variety of strategies and techniques that can be used in therapy.
- Includes thought-provoking reflection questions and recommended readings in each chapter.
- Offers examples of psychotherapy sessions.
- 2. Psychotherapy for Psychosis: Integrating Cognitive-Behavioral and Psychodynamic Treatment
  - By Michael Garrett. New York City, The Guilford Press.



One of the long-held myths related to treating psychosis and schizophrenia is that psychotherapy is of little value and could even be harmful. The first approach is typically to prescribe antipsychotics, even though we know that some people get better without medication, and in some cases, medication may make things worse.

In this book, Michael Garrett makes a compelling argument for why medication isn't the only answer—and discusses what can be done to successfully treat patients suffering from psychosis by using cognitive behavioral therapy and psychodynamic therapy. Garrett's writing style is warm, personable, and engaging. Examples of his interactions with patients throughout the text nicely illustrate examples of the benefits of therapy.

- Covers a topic that is usually given little attention.
- Is divided into three sections on theory, psychotherapy technique, and psychotherapy for psychosis in the public sector, offering ample content and background information for readers at all levels.
- Is clear, organized, coherent, and engaging.
- **3.** Psychiatric–Mental Health Nursing: From Suffering to Hope By Mertie L. Potter and Mary D. Moller. 2nd edition. Hoboken, NJ, Pearson Education, Inc.



**P**sychiatric-Mental Health Nursing: From Suffering to Hope is a well-organized and highly informative work. With chapters authored by nurses of various backgrounds in mental health nursing—thus providing a healthy cross-section of content—the text humanizes

what it means to experience mental illness. Each chapter contains highlight reviews and NCLEX-RN questions, and, where appropriate, discusses how to help patients move from suffering to hope.

- The chapters on disorders address pathophysiology and etiology, including the biological, psychological, sociological, cultural, and spiritual domains of wellness.
- Includes case studies.
- Offers a list of relevant websites in each chapter. ▼