

Book of the Year Awards 2021

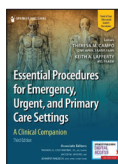


The most valuable texts of 2021, as chosen by A/N's panel of judges.

ADULT PRIMARY CARE

Chosen by Leslie Neal-Boylan, PhD, APRN, NP, CRRN, FAAN, FARN, Mansfield Kaseman Health Clinic, Rockville, MD.

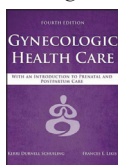
- Essential Procedures for Emergency, Urgent, and Primary Care Settings: A Clinical Companion**
Edited by Theresa M. Campo and Keith A. Lafferty. 3rd edition. New York City, Springer Publishing Company.



Any advanced practice clinician will find this book an invaluable resource. Its content is up to date and reliable and can easily be accessed, understood, and applied in clinical practice. The authors' approach is clear and concise. The images are well done and provide sufficient detail without unnecessary complexity.

- Is easy to read and apply.
- Includes current clinical information.
- Has excellent photos and illustrations.

- Gynecologic Health Care: With an Introduction to Prenatal and Postpartum Care**
By Kerri Durnell Schuiling and Frances E. Likis. 4th edition. Burlington, MA, Jones and Bartlett Learning.



This book presents gynecologic health care from a woman-centered, holistic perspective. It supports gender-inclusive care and incorporates important information and guidance on the social determinants of health, barriers to care, and health disparities. The content is comprehensive and presented in an organized, readable format. Illustrations and tables supplement the content.

- Is woman centered.
- Is gender inclusive.
- Is comprehensive and readable.

- Clinical Practice Guidelines for Midwifery and Women's Health**
By Nell L. Tharpe, Cindy L. Farley, and Robin G. Jordan. 6th edition. Burlington, MA, Jones and Bartlett Learning.



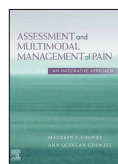
While this book is primarily intended for midwives, it is also an excellent resource for family and adult NPs. Nearly all of its chapters can be used by advanced practice clinicians in caring for women during the prenatal period, postpartum, and across the life span. The format of the book allows for quick reference. In addition to content on physical examination, differential diagnoses, and tests and procedures, the chapters also have sections on integrative therapies, therapeutic measures, and education and support measures.

- Offers a variety of "tidbits" of information that augment standard guidelines.
- Provides helpful appendices—I especially liked "A Nutritional Primer."
- Includes boxes highlighting COVID-19-related changes to care.

ADVANCED PRACTICE NURSING

Chosen by Caroline Dorsen, PhD, FNP-BC, FAAN, associate dean of clinical partnerships and associate professor of nursing and public health, Rutgers University, Newark, NJ.

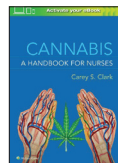
- Assessment and Multimodal Management of Pain: An Integrative Approach**
By Maureen F. Cooney and Ann Quinlan-Colwell. St. Louis, Elsevier.



In the context of a national opioid abuse and addiction emergency, this book presents clear, practical, evidence-based information on multimodal methods for effective and safe pain management. Written for nurses and other clinicians, it covers a wide variety of content related to assessing, preventing, and treating pain. The authors present evidence on a huge range of topics, from analgesic pain management to holistic therapies. Innovative sections on the role of spirituality in managing pain and improving institutional commitment to pain management are included. Each chapter concludes with take-home points and case studies, making the book extremely user-friendly.

- Uniquely and clearly discusses best practices.
- Speaks directly to the real-world context of people's lives.
- Helps nurses provide high-quality, evidence-based, culturally sensitive care.

- Cannabis: A Handbook for Nurses**
By Carey S. Clark. Philadelphia, Wolters Kluwer.



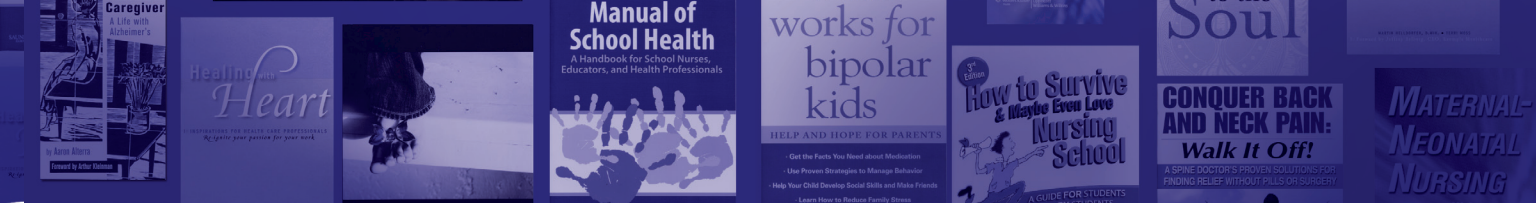
This trailblazing book addresses the quickly evolving and expanding world of medical cannabis—an area that has not historically been included in nursing curricula. Written for nurses at all levels, it addresses the evidence, as well as gaps in the literature, regarding indications for cannabis use and potential benefits and risks. As more states legalize the medicinal and recreational use of cannabis, a thorough, nonjudgmental understanding of this topic is essential. This book meets that need.

- Is comprehensive.
- Clearly discusses a polarizing—and at times stigmatized—emerging area of patient care.
- Suits a wide audience, including new graduates, experienced nurse clinicians, educators, and researchers.

- Advanced Pharmacology for Prescribers**
Edited by Brent Luu, Gerald Kayingo, and Virginia McCoy Hass. New York City, Springer Publishing Company.



This pharmacology book bridges the gap between comprehensive pharmacology textbooks and quick clinical guides, helping nurses choose appropriate medications for patients across the life span. Organized by body system,



it allows clinicians to easily access both foundational and clinically focused knowledge, incorporating cases to further illustrate and integrate essential content. Important topics such as health promotion and medication-assisted treatment for substance use are also included.

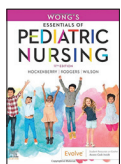
- Was written by an interprofessional team.
- Is appropriate for nurses at all levels, from students to expert clinicians.
- Is up to date.

CHILD HEALTH

Chosen by Jessica Spruit, DNP, CPNP-AC, associate clinical professor and Acute Care Pediatric NP Program coordinator, Wayne State University, Detroit.

1. Wong's Essentials of Pediatric Nursing

By Marilyn J. Hockenberry, Cheryl C. Rodgers, and David Wilson. 11th edition. St. Louis, Elsevier.



Now in its 11th edition, this text continues to offer undergraduate nursing students critical information and resources for providing optimal care to children and their families. It covers the health promotion of children from infancy through adolescence and also addresses common pediatric illnesses—useful for nurses practicing in acute care environments. Thoughtful utilization of boxes on cultural considerations and family-centered care promotes best practices in pediatric nursing.

- Includes helpful tables and charts.
- Features “Nursing Alerts” that highlight critical points for nursing assessment and intervention.
- Includes clinical judgment and Next Generation NCLEX-style questions at the end of each chapter.

2. Child and Adolescent Behavioral Health: A Resource for Advanced Practice Psychiatric and Primary Care Practitioners in Nursing

Edited by Edilma L. Yearwood, Geraldine S. Pearson, and Jamesetta A. Newland. 2nd edition. Hoboken, NJ, John Wiley and Sons, Inc.

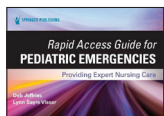


This is an excellent and timely resource for advanced practice professionals who care for children and adolescents. The authors discuss a wide variety of behavioral and mental health issues and review evidence-based evaluation strategies and interventions. Each chapter includes critical thinking questions as well as a list of additional readings and resources.

- Is a useful, easy-to-read reference.
- Approaches each topic systematically.
- Is efficiently presented.

3. Rapid Access Guide for Pediatric Emergencies: Providing Expert Nursing Care

By Deb Jeffries and Lynn Sayre Visser. New York City, Springer Publishing Company.



This convenient spiral-bound pocket guide provides critical information on pediatric emergencies. In addition to assisting the reader in recognizing an emergency, the authors discuss many different elements

of care for a child experiencing an emergency. Tables in each chapter organize the information so it can be accessed efficiently. This guide is an excellent reference for emergency nurses who do not care for children often, as well as for those beginning their practice in pediatric emergency nursing.

- Covers assessment and interventions.
- Guides the reader through the evaluation of pediatric patients.
- Is impressively thorough.

COMMUNITY/PUBLIC HEALTH

Chosen by Katherine Fornili, DNP, MPH, RN, CARN, FIAAN, assistant professor, University of Maryland School of Nursing, Baltimore.

1. Implementing High-Quality Primary Care: Rebuilding the Foundation of Health Care

Edited by Linda McCauley, Robert L. Phillips Jr., Marc Meisner, and Sarah K. Robinson. Washington, DC, National Academies Press.



The authors of this consensus study report from the National Academies of Sciences, Engineering, and Medicine built upon the recommendations of a 1996 Institute of Medicine report, *Primary Care: America's Health in a New Era*, to develop an implementation plan to make quality primary care available to all Americans. The report is worthy of our immediate attention and consolidated efforts, as it provides clear guidance on the actions necessary to improve lives and promote health. Its key message, as noted by the authors, is that “primary care should be a common good, available to all and sufficiently valued and resourced to repair health equity in the United States.”

- Includes five objectives to make primary care available to everyone.
- Offers an implementation framework, an accountability framework, and a public policy framework for each objective.
- Calls for actions at the macrosystem, mesosystem, and microsystem levels.

2. Global Health Care: Issues and Policies

By Carol Holtz. 4th edition. Burlington, MA, Jones and Bartlett Learning.



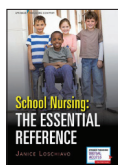
If we have learned nothing else from experiencing the COVID-19 pandemic over the past two years, it is that we need to “think globally and act locally.” Importantly, *Global Health Care: Issues and Policies* helps readers understand that the failure to anticipate and ameliorate global health problems jeopardizes our health, economy, and national security. This text offers a comprehensive overview of global health research and practice, highlighting health problems that have a global, political, and economic impact. It focuses on addressing social determinants of health as root causes of cumulative risks and lifelong vulnerability and adversity. Solutions-oriented, the authors promote social justice and socioeconomic actions needed at the global level to eliminate health disparities and promote health equity.



- Uses real-life case studies to demonstrate the increased interconnectedness and interdependence of people and countries.
- Clearly articulates how global health problems cross national borders and how countries can learn from others' experiences.
- Promotes learning and critical thinking via chapter objectives, study questions, and online practice activities and assessments.

3. School Nursing: The Essential Reference

By Janice Loschiavo. New York City, Springer Publishing Company.



This comprehensive reference aims to ensure that every school nurse has the basic knowledge necessary to address emerging issues in child health and to advance the well-being, academic success, and lifelong health behaviors of students in every community. Each chapter contains timely, relevant, and evidence-based recommendations authored by knowledgeable expert contributors.

- Incorporates the National Association of School Nurses' Framework for 21st Century School Nursing Practice and is aligned with the Centers for Disease Control and Prevention's Whole School, Whole Community, Whole Child model.
- Provides strategies for serving children who have special needs and acute and chronic conditions and for addressing issues related to mental health, substance use, cultural diversity, gender identity, eating disorders, and bullying.
- Includes access to an e-book version and online review questions.

CONSUMER HEALTH

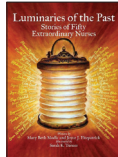
Anne Katz, PhD, RN, FAAN, clinical nurse specialist and sexuality counselor, CancerCare Manitoba, Winnipeg, Manitoba, Canada, the judge for this category, selected no winners this year.

CREATIVE WORKS

Chosen by Madeleine Mysko, MA, RN, coordinator, *AJN's Reflections* column.

1. Luminaries of the Past: Stories of Fifty Extraordinary Nurses

By Mary Beth Modic and Joyce J. Fitzpatrick. San Antonio, TX, Halo Publishing International.



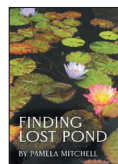
My hope is that adults—parents, teachers, librarians—will place this book into the hands of young readers everywhere. One can open to any of the spreads and be inspired: on one page the life story of an extraordinary nurse, on the other a luminous portrait painted by Sarah K. Turner. The target audience is young readers, but I recommend this book to adults as well. I read all 50 stories, grateful to learn about trailblazers from diverse cultures and from times when the title of “nurse” might not have been theirs, though surely “nursing” was their true calling.

- Is inclusive of extraordinary nurses from diverse cultures, past and present, who will serve as role models to all young readers.

- Features stirring narratives of lives devoted passionately to addressing suffering and to leadership, activism, and social justice.
- Is attractively presented, including beautiful illustrations and a bright, engaging cover.

2. Finding Lost Pond

By Pamela Mitchell. Georgetown, KY, Finishing Line Press.



The poems in this collection appear airy—white space instead of traditional punctuation down the page. And yet from the start, Pamela Mitchell's voice is intimate, paced, careful—the voice of tenderness. “What if we went slowly, thoughtfully about the business of healing,” Mitchell asks. “What if I bowed to you and you to me before we touched aching bodies.” The reader is touched in their own aching, and in their joy, too. This collection is informed by a wisdom earned through nursing experience, wherein tenderness toward the human condition is critical, both in its art and its science.

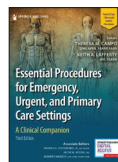
- Is deeply informed by years of experience in nursing.
- Is grounded in hope and in the natural world.
- Is tender in its approach to the human condition.

CRITICAL CARE—EMERGENCY NURSING

Chosen by Margaret J. Carman, DNP, RN, ACNP-BC, ENP-BC, FAEN, lead faculty, Adult-Gerontology Acute Care NP Program, University of North Carolina at Chapel Hill; emergency NP, University of North Carolina Department of Emergency Medicine, Chapel Hill, and Martha's Vineyard Hospital, Oak Bluff, MA.

1. Essential Procedures for Emergency, Urgent, and Primary Care Settings: A Clinical Companion

Edited by Theresa M. Campo and Keith A. Lafferty. 3rd edition. New York City, Springer Publishing Company.

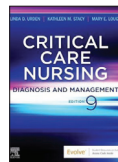


Emergency nurses, especially those in advanced practice, perform a wide variety of skills and invasive procedures. This clinical companion text provides a quick reference for nearly any procedure the emergency clinician may be required to perform—and is an excellent teaching reference as well. The chapters are well organized and presented, clearly explaining terminology and indications, contraindications, and clinical factors that should be considered before initiating a procedure.

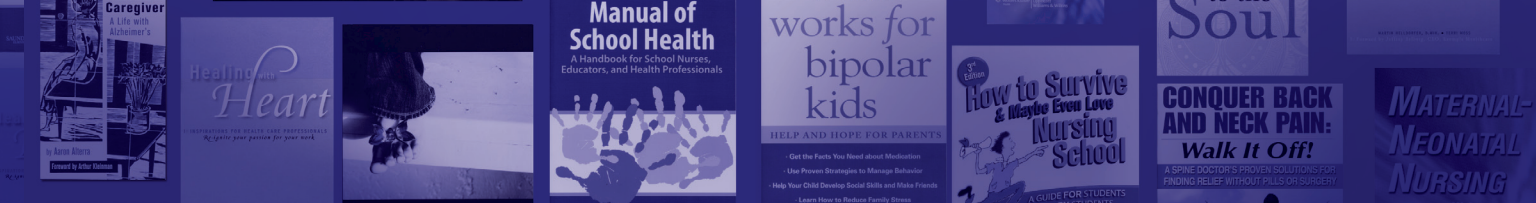
- Presents detailed information in a quick reference format.
- Offers excellent text, visuals, and online resources on incorporating the use of ultrasound into nearly any invasive procedure.
- Covers a range of skills, from simple to complex, representing the true nature of emergency care.

2. Critical Care Nursing: Diagnosis and Management

Edited by Linda D. Urden, Kathleen M. Stacy, and Mary E. Lough. 9th edition. St. Louis, Elsevier.



Many nursing students aspire to become critical care nurses while being prepared as generalists. This text provides an excellent overview of critical care nursing, presented in a way that is understandable and appealing to both the novice nurse and the seasoned critical care nurse.

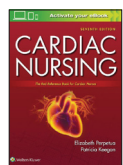


It offers detailed information on current recommendations for patient assessment, monitoring, and treatment. The chapters are organized to first consider the nursing approach to care—something that is easily lost in the ICU setting.

- Specialty-focused chapters such as Chapter 22, “Neurologic Clinical Assessment and Diagnostic Procedures,” feature excellent tables and visual resources that complement the text.
- Maintains a focus on patient-centered critical care throughout, from transitioning to a palliative care approach to introducing pet therapy in the ICU setting.
- Provides excellent information on various monitoring techniques: what they look like, indications for use, and how to incorporate the information obtained into the plan of care.

3. Cardiac Nursing: The Red Reference Book for Cardiac Nurses

By Elizabeth Perpetua and Patricia Keegan. 7th edition. Philadelphia, Wolters Kluwer.



This book is a comprehensive resource on cardiac nursing. It starts with a clear and well-organized review of cardiac anatomy and physiology and progresses into discussions of complex topics like electrical conduction, hemodynamics, and the neurohormonal factors influencing cardiac function. Graphics complement

the writing, which is easy to absorb, helping readers improve their understanding of cardiovascular nursing.

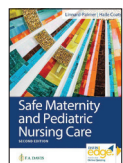
- Nicely integrates pharmacologic information and clinical management.
- Adapts information from the most current and authoritative sources on the assessment and management of cardiovascular disease.
- Includes case-based learning scenarios.

DIGITAL PRODUCTS

Chosen by Melody Bethards, EdD, MSN, RN, CNE, CHSE-A, simulation coordinator, Des Moines Area Community College, Des Moines, IA.

1. Davis Edge for Safe Maternity and Pediatric Nursing Care

By Luanne Linnard-Palmer and Gloria Haile Coats. 2nd edition. Philadelphia, F.A. Davis Company.



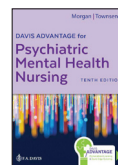
From its bright cover image to its final appendix, *Davis Edge for Safe Maternity and Pediatric Nursing Care* captures the reader's attention. Created for LPN/LVN students, it covers key concepts in caring for maternity and pediatric patients. Its shining star is its wealth of student resources. Interactive case studies

provide realistic patient scenarios while teaching essential assessment and communication skills, and NCLEX-style questions allow readers to check their knowledge. Additional learning resources and test-taking tips support student success.

- Is concise and easy to read on any device.
- Includes real-life case studies.
- Offers a variety of student resources.

2. Davis Advantage for Psychiatric Mental Health Nursing

By Karyn I. Morgan and Mary C. Townsend. 10th edition. Philadelphia, F.A. Davis Company.

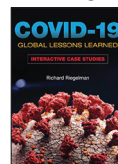


Davis Advantage for Psychiatric Mental Health Nursing contains essential information for nursing students regarding the care of patients with a variety of behavioral health conditions. It also features several bonus chapters not available in the print version of the text.

- Focuses on critical concepts.
- Includes NCLEX-style questions for each chapter.
- Offers extra online learning content.

3. COVID-19 Global Lessons Learned: Interactive Case Studies

By Richard Riegelman. Burlington, MA, Jones and Bartlett Learning.



This e-book features six intriguing case studies and a wealth of information related to COVID-19. Timely and informative, each case includes interactive components such as links to videos and websites.

- Is up to date.
- Includes discussion questions for reflection.
- Is written at a high level.

ENVIRONMENTAL HEALTH

Chosen by Barbara J. Polivka, PhD, RN, FAAN, professor and associate dean of research, University of Kansas School of Nursing, Kansas City.

1. Maxwell's Understanding Environmental Health: How We Live in the World

By Deborah Alma Falta. 3rd edition. Burlington, MA, Jones and Bartlett Learning.



This book provides a thorough overview of key aspects of environmental health and challenges readers to address the issues at both a personal and a societal level. Its eight chapters cover content like exposure assessment; risk communication; and the environmental health impacts of climate change, food production, manufacturing, and energy production. Illustrations throughout the text clarify concepts. Case examples discuss both contemporary and historical topics, such as the COVID-19 pandemic, recent hurricanes, fracking, and the Love Canal disaster. The text also includes access to an e-book that features note-taking ability and quizzes.

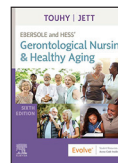
- Is both comprehensive and readable.
- Provides guidance for addressing complicated environmental health concerns with patients and the public.
- Includes helpful illustrations and pertinent case examples.

GERONTOLOGIC NURSING

Chosen by Sharon Stahl Wexler, PhD, RN, FNGNA, professor and chairperson, PhD in Nursing, College of Health Professions Lienhard School of Nursing, Pace University, Pleasantville, NY.

1. Ebersole and Hess' Gerontological Nursing and Healthy Aging

By Theris A. Touhy and Kathleen Jett. 6th edition. St. Louis, Elsevier.



This textbook is comprehensive in its coverage. I particularly liked its focus on healthy aging—a positive approach to the care of older adults. Its discussion of illness is thorough and well done, and caregiver needs are sensitively addressed.

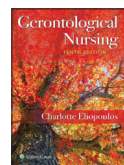


The chapters in the “Fundamentals of Caring” section are grounded in the principles of clinical judgment, which is an innovative approach. For example, Chapter 8, “Recognizing and Analyzing Cues in Gerontological Nursing,” really gets at the heart of what makes one a gerontological nurse as opposed to a nurse who just cares for older adults. Additionally, I was impressed by the in-depth coverage of mental health disorders in Chapter 24, “Clinical Judgment to Promote Mental Health.” This chapter addresses disorders that are commonly seen in older adults, such as anxiety and posttraumatic stress disorder, but are often omitted from gerontological nursing texts.

- Features captivating “lived experiences” perspectives from older adults, students, and gerontological nurses.
- Includes engaging and informative boxes.
- Provides Next Generation NCLEX-style questions in every chapter.

2. Gerontological Nursing

By Charlotte Eliopoulos. 10th edition. Philadelphia, Wolters Kluwer.



The range of topics addressed in *Gerontological Nursing* is impressive. Though comprehensive, this text provides “must-know” rather than “nice to know” information, and is easy to read and understand at an undergraduate level. Its coverage of theories of aging is thorough and well organized. The authors also discuss nursing theories of aging and how to apply them.

Chapter 6, “The Specialty of Gerontological Nursing,” offers a comprehensive historical perspective on the subject. Chapter 29, “Living in Harmony with Chronic Conditions,” is excellent and examines a topic not often covered in similar texts. Also of note is the text’s in-depth coverage of topics like sexuality, spirituality, and end-of-life care.

- Uses brief “key concept” boxes to reinforce content.
- Weaves case studies and critical-thinking questions into the text.
- Includes a chapter outline, key terms, and references in each chapter.

3. Lippincott Certification Review: Adult-Gerontology Acute Care Nurse Practitioner

Edited by Elizabeth Wirth-Tomaszewski. Philadelphia, Wolters Kluwer.



This well-done adult-gerontology acute care NNP certification review book features over 750 multiple-choice practice questions with answers and rationales. The “clinical pearls” offered throughout the book are on target, and there is a great chapter on test-taking strategies.

This book is a valuable tool for anyone preparing for the certification examination.

- Includes excellent answer rationales.
- Addresses test-taking skills.
- Offers reference lists in each chapter.

HISTORY AND PUBLIC POLICY

Chosen by Patricia D’Antonio, PhD, RN, FAAN, Carol E. Ware Professor in Mental Health Nursing, director, Barbara Bates Center for the Study of the History of Nursing, University of Pennsylvania School of Nursing, Philadelphia.

1. Delivering Quality Healthcare for People with Disability

By Suzanne C. Smeltzer. Indianapolis, IN, Sigma Theta Tau International.



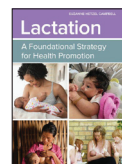
This is one of the first books to systematically address how to care for individuals with disability in ways that respect and, indeed, honor their abilities. Chapter content ranges from theoretical models to specific, evidence-based interventions. Suzanne C.

Smeltzer has long been an articulate advocate for innovative strategies to improve nursing and health care for people with disability; in this book, decades of wisdom, research, and practice are distilled into easily accessible and readable chapters.

- Frames disability as an inequity in health care.
- Situates disability within the social determinants of health.
- Reframes psychiatric/mental health and neurocognitive disability.

2. Lactation: A Foundational Strategy for Health Promotion

By Suzanne Hetzel Campbell. Burlington, MA, Jones and Bartlett Learning.

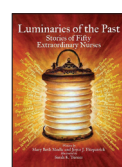


The authors of this text situate lactation within its complicated social, historical, and global context. Their person-centered framework also acknowledges cultural, relational, and institutional structures that support or impede a new mother’s choices. The use of case studies and reflective questions strengthens the text’s application in the classroom setting.

- Offers detailed analyses of the complex factors that affect a mother’s decision to, or not to, breastfeed.
- Includes evidence-based interventions.
- Has a global perspective.

3. Luminaries of the Past: Stories of Fifty Extraordinary Nurses

By Mary Beth Modic and Joyce J. Fitzpatrick. San Antonio, TX, Halo Publishing International.



This beautifully written and illustrated book, which features biographies of 50 nurse leaders, intends to highlight the possibilities of a nursing career to adolescent readers. Its inspirational yet accessible vignettes chart the importance of nurses and nursing and the discipline’s influence in allowing individuals to craft meaningful and influential lives.

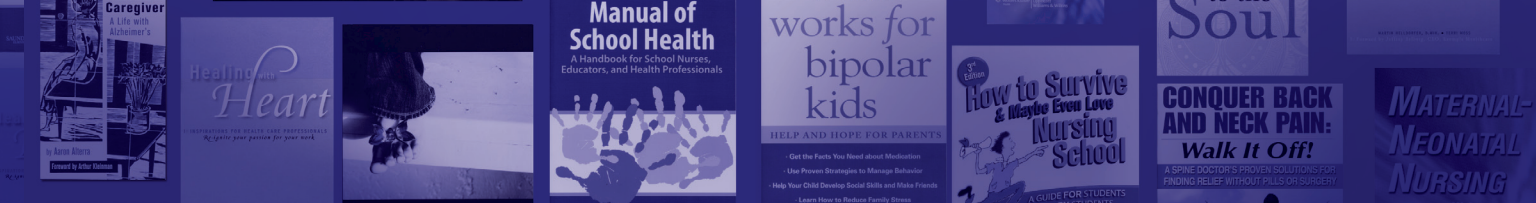
- Uses age-accessible language.
- Features a diverse group of leaders.
- Is a perfect gift!

INFORMATICS

Chosen by Judy Murphy, RN, FACMI, LFHIMSS, FAAN, nursing executive and health information technology consultant.

1. Using Predictive Analytics to Improve Healthcare Outcomes

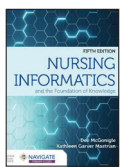
Edited by John W. Nelson, Jayne Felgen, and Mary Ann Hozak. Hoboken, NJ, John Wiley and Sons, Inc.



It is refreshing to read a book that successfully marries the technical and caring components of health care! The authors discuss moving from using reactive, retrospective analytics to using predictive analytics to measure the most elusive aspects of caring—and thereby improve the health care outcomes that matter most. They describe in detail how to use data in meaningful, relevant ways to identify the smartest quality improvements for patients, caregivers, and operations of care.

- Goes beyond just describing predictive analytics methods; the authors also address the theoretical frameworks that guide the collection of data to which the analytics are applied.
- Highlights key points throughout each chapter.
- Includes helpful appendices with tools and examples.

2. Nursing Informatics and the Foundation of Knowledge By Dee McGonigle and Kathleen Garver Mastrian. 5th edition. Burlington, MA, Jones and Bartlett Learning.



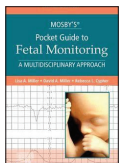
This thoughtful, comprehensive textbook encompasses the body of knowledge required of nursing informatics specialists. Its content is underpinned by the Foundation of Knowledge model, highlighting the relationship of knowledge to informatics and embracing the caring functions of nursing. Each chapter provides a comprehensive review of the topic area, with many relevant diagrams, tables, and photographs, as well as an extensive reference list. I cannot imagine a more complete go-to resource for nursing informatics students!

- Is very well organized; can be read cover to cover or used to look up specific topics.
- Offers helpful resources, such as an extensive list of abbreviations and an inclusive glossary.
- Includes access to practical online learning activities and study tools.

MATERNAL-CHILD HEALTH/PRENATAL NURSING/CHILDBIRTH

Chosen by Kathleen Rice Simpson, PhD, RNC, CNS-BC, FAAN, editor-in-chief, *MCN: the American Journal of Maternal/Child Nursing*; perinatal clinical nurse specialist, St. Louis.

1. Mosby's Pocket Guide to Fetal Monitoring: A Multidisciplinary Approach By Lisa A. Miller, David A. Miller, and Rebecca L. Cypher. 9th edition. St. Louis, Elsevier.



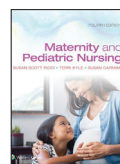
This text is a classic and essential resource on electronic fetal monitoring. Despite its “Pocket Guide” title, it is quite comprehensive. It includes a detailed chapter on the physiologic basis of fetal monitoring and well-developed chapters on monitoring technology, instrumentation, fetal heart rate tracing interpretation, appropriate interventions, uterine activity assessment, and monitoring the preterm fetus. The fetal heart rate tracing graphics are realistic and helpful. There is a much-needed focus on patient safety throughout the book and also in a specific chapter on patient safety and risk management. For an international perspective, the authors have even included a

chapter on practices in other countries. The reader will be able to tell that this text has been written by clinical experts who have an in-depth understanding of all aspects of electronic fetal heart rate monitoring.

- Provides extensive coverage with supportive evidence.
- Is easy to understand and navigate.
- Includes beautiful graphics of fetal heart rate tracings.

2. Maternity and Pediatric Nursing

By Susan Scott Ricci, Terri Kyle, and Susan Carman. 4th edition. Philadelphia, Wolters Kluwer.

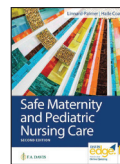


Updated to incorporate the most recent evidence-based practices, this book works well as a combined maternity and pediatric nursing textbook for nursing students—and will remain a valuable resource after graduation. Nursing faculty will appreciate its thorough coverage. There are numerous case presentations that exemplify and enhance the content, along with study guides and sample questions students can use to review their knowledge. Each chapter also has an extensive reference list.

- Provides comprehensive coverage of maternity and pediatric nursing in one textbook.
- Is current.
- Includes helpful graphics and photos.

3. Safe Maternity and Pediatric Nursing Care

By Luanne Linnard-Palmer and Gloria Haile Coats. 2nd edition. Philadelphia, F.A. Davis Company.



As indicated by its title, there is a focus on patient safety in all aspects of this textbook. Each critical concept discussed includes implications for patient safety. Both maternity nursing and pediatric nursing are covered in this text, creating one combined resource for students to use. Boxes in each chapter highlight key information such as drug facts and patient teaching guidelines, while review questions and critical thinking exercises enhance the content.

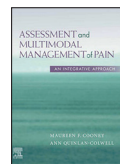
- Focuses on patient safety.
- Is formatted for ease of student learning.
- Includes useful visuals.

MEDICAL-SURGICAL NURSING

Chosen by Christopher A. VanFosson, PhD, MHA, RN, NEA-BC, nurse scientist and chief, Center for Nursing Science and Clinical Inquiry, Brooke Army Medical Center, Joint Base San Antonio, San Antonio, TX. The views of the author are his own and do not reflect the official opinion or endorsement of the United States Army or the Department of Defense.

1. Assessment and Multimodal Management of Pain: An Integrative Approach

By Maureen F. Cooney and Ann Quinlan-Colwell. St. Louis, Elsevier.



Today, amidst an opioid epidemic, nurses are challenged to care for patients experiencing pain without using narcotics. Nurses are well positioned to advocate for multimodal pain management to stem the rise of opioid dependence. To support this effort, Maureen F.

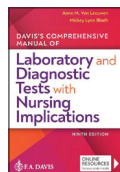


Cooney and Ann Quinlan-Colwell provide nurses a novel, integrative framework for pain management that thoroughly addresses the basics of pain and pain physiology before discussing pain assessment, barriers to pain management, and various strategies for managing the pain experience. Additionally, the authors expertly discuss the psychosocial aspects of pain and their influence on activities of daily living. This text is a must-have reference for any nurse who expects to care for patients who experience pain.

- Includes an entire chapter dedicated to factors that affect or are affected by pain. The simple acknowledgment that pain is complex and must be understood within a patient's personal context is of paramount importance when managing pain.
- Chapter 6 provides the Numeric Rating Scale and Wong-Baker FACES Pain Rating Scale translated into 19 and eight different languages, respectively.
- Integrative modalities are drawn from physical, cognitive behavioral, manual, distraction/relaxation, and naturopathic therapies, as well as energy healing and spirituality.

2. Davis's Comprehensive Manual of Laboratory and Diagnostic Tests with Nursing Implications

By Anne M. Van Leeuwen and Mickey Lynn Bladh. 9th edition. Philadelphia, F.A. Davis Company.

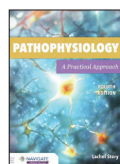


Diagnostic and laboratory tests can present challenges for new and experienced nurses. A user-friendly guide is a must on any medical-surgical unit! Anne M. Van Leeuwen and Mickey Lynn Bladh present a classic text with an innovative approach that focuses the reader on the considerations consistent with the nursing process. This useful arrangement is sure to assist students and nurses in planning and executing care around the given diagnostic or laboratory test. Additionally, the authors keep up with advances in technology and science as they include new tests and numerous test updates.

- Includes content to ensure a robust understanding of diagnostic and laboratory tests, such as coverage of nutritional assessments for nitrogen balance and kidney stone prevention, a step-by-step analysis of blood gas results, steps to prevent adverse drug reactions, and more.
- Has an entire appendix dedicated to preparing for and executing diagnostic and laboratory tests—a helpful reference tool, particularly for infrequently used tests.
- Offers access to online content from a phone or tablet—no need to lug around a heavy book.

3. Pathophysiology: A Practical Approach

By Lachel Story. 4th edition. Burlington, MA, Jones and Bartlett Learning.



Understanding the pathophysiologic underpinnings of disease and injury is key to successfully providing nursing care to patients in need. In this text, Lachel Story has expertly developed a unique, practice-focused approach to pathophysiology that benefits students and practitioners alike. Each chapter introduces normal structure and function of the given body system before introducing various anomalies often found in each. Colorful, in-

formative graphics and callout boxes ground the reader in the clinical application of newly gained knowledge. Novice and experienced nurses alike will find the text's practical focus refreshingly useful.

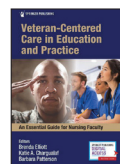
- Discusses emerging research, reminding the reader that new information may alter our future understandings of how the body responds to pathology.
- Includes “myth busters” throughout the text to challenge common misconceptions about health conditions and diseases.
- Offers access to online learning resources, such as animations, interactive lectures, case studies, and study aids.

NURSING EDUCATION/CONTINUING EDUCATION/PROFESSIONAL DEVELOPMENT

Chosen by Kathryn B. Keller, PhD, RN, CNE, professor and graduate coordinator, nurse educator concentration, Christine E. Lynn College of Nursing, Florida Atlantic University, Boca Raton.

1. Veteran-Centered Care in Education and Practice: An Essential Guide for Nursing Faculty

Edited by Brenda Elliott, Katie A. Chargualaf, and Barbara Patterson. New York City, Springer Publishing Company.

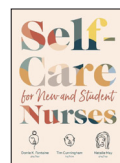


Veteran-Centered Care in Education and Practice is a strong, intriguing contribution to nursing education in both academic and professional development settings. The health of veterans is an ongoing public health concern, yet little is taught to nurses about this population's unique health care needs. This book provides useful information for curriculum development and offers critical insight on caring for veterans in acute care, mental health, and community health settings. It also discusses how to assist student veterans who are pursuing higher education. I could not put this book down—I came away from it humbled and much more knowledgeable about the needs of those who have sacrificed so much for our country.

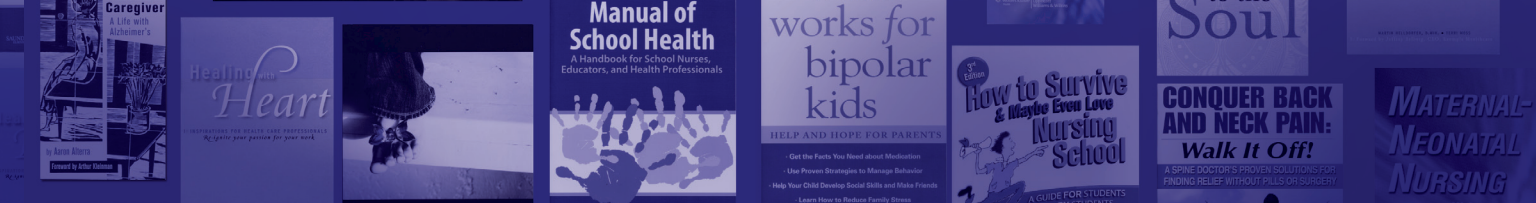
- Is detailed, comprehensive, and informative.
- Is useful for both curriculum design and professional development.
- Provides culturally specific best practices for veteran-centered care.

2. Self-Care for New and Student Nurses

By Dorrie K. Fontaine, Tim Cunningham, and Natalie May. Indianapolis, IN, Sigma Theta Tau International.



Self-Care for New and Student Nurses is a timely addition to nursing literature. Self-care and resiliency have always taken a back seat in nursing education—it is time to place them front and center. This book and its accompanying workbook can be used throughout the undergraduate nursing student's academic experience and during the transition to practice, helping to build resiliency and offering invaluable insight and support during this stressful time. It would also make a thoughtful addition to a nurse residency program. Additionally, professional development specialists could incorporate its content into healthy work environment and self-care initiatives, which are so critically needed for nurses.

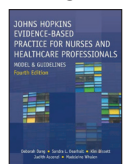


The authors of this book are attentive to students and nurses who may face additional stressors to their well-being, such as those within LGBTQ+, underrepresented, and international communities. A helpful instructor's guide is also included.

- Is well written and engaging.
- Can be used at multiple touchpoints during nursing school and in the practice setting.
- Offers relevant content for continuing education and professional development.

3. Johns Hopkins Evidence-Based Practice for Nurses and Healthcare Professionals: Model and Guidelines

By Deborah Dang, Sandra L. Dearholt, Kim Bissett, Judith Ascenzi, and Madeleine Whalen. 4th edition. Indianapolis, IN, Sigma Theta Tau International.



This book offers a clear approach to developing a culture of evidence-based practice (EBP). Practical tools, methods, and exemplars are provided. It is also applicable to the academic setting, offering excellent information to future DNP's and students in master's degree programs. EBP shapes collaborative care and impacts actions at the point of care; this book focuses on how frontline nurses and their interprofessional colleagues can use best practices in their clinical environment.

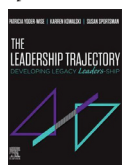
- Offers an interprofessional approach to navigating the complex world of health care.
- Is a practical real-world guide to EBP.
- Is useful for both practice and academic settings.

NURSING MANAGEMENT AND LEADERSHIP

Chosen by Karen H. Morin, PhD, RN, ANEF, FAAN, professor emerita, University of Wisconsin–Milwaukee.

1. The Leadership Trajectory: Developing Legacy Leaders-Ship

By Patricia Yoder-Wise, Karren Kowalski, and Susan Sportsman. St. Louis, Elsevier.



I loved this book! Written in the first person, it's engaging and easy to read, with short, pithy chapters and personal examples. The authors place leadership within the context of building a legacy, thus requiring the reader to acknowledge the impact and contributions one can make over time. Moreover, they offer a model, the Legacy

Leaders-Ship Trajectory, to help individuals create a legacy by developing outstanding work environments that are sustainable. The authors discuss critical components of the model based on both evidence and personal experience. This is a great book to use in any setting.

- Emphasizes reflection.
- Includes alert boxes and key takeaways in each chapter.
- Has a strong emphasis on personal attributes, reinforcing the personal development that occurs during the creation of a leadership legacy.

2. The Health Services Executive (HSE): Tools for Leading Long-Term Care and Senior Living Organizations

By Keith R. Knapp and Douglas M. Olson. New York City, Springer Publishing Company.



If ever there was a time for a book like this one, it is now, given that the number of older adults in the United States is projected to increase in the coming decades. Founded on the core competencies of long-term care administration, this book acknowledges the importance of preparing leaders with a broader and more comprehensive approach to overseeing long-term care and senior living organizations. It offers current and practical advice to enhance residents' environments and the care they receive. All nurses should have a copy of this book, irrespective of their workplace.

• Discusses high-impact practices.

- Ties in the National Association of Long Term Care Administrator Boards professional practice domains.
- Emphasizes the importance of strategic and critical thinking in leadership and management and highlights the need for personal development as part of the leadership journey.

3. Appreciative Leadership: Building Sustainable Partnerships for Health

By Kathy Malloch and Tim Porter-O'Grady. Burlington, MA, Jones and Bartlett Learning.



I commend the authors of this text for moving the topic of leadership to a more personal and applicable level. Appreciative leadership is a new and exciting approach to connecting, as they state, "new leadership principles to the relationships and actions between leaders and professionals at work." I liked that the text

acknowledges that this type of leadership, while still evolving, is based on a set of general appreciative principles, thus providing a theoretical basis for the concept. The authors challenge leaders to adopt the principles as they embrace appreciative leadership.

- Discusses the language of appreciative leadership, including how to communicate core strategies of inquiry, illumination, inclusion, inspiration, and integrity.
- Includes a chapter on leadership in the time of COVID-19, providing personal examples of vulnerability that reinforce the content being discussed.
- Emphasizes complexity throughout the text, reinforcing the need for new leadership in an era of uncertainty.

NURSING RESEARCH

Chosen by Bernadette Capili, PhD, NP-C, director, Heilbrunn Family Center for Research Nursing, Rockefeller University, New York City.

1. Burns and Grove's The Practice of Nursing Research: Appraisal, Synthesis, and Generation of Evidence

By Jennifer R. Gray and Susan K. Grove. 9th edition. St. Louis, Elsevier.



This book is an outstanding resource for undergraduate, graduate, and practicing nurses. It offers a thorough overview of evidence-based practice, providing readers with content and guidelines to critically appraise the literature. The book also contains a comprehensive review of research methodologies commonly used in nursing research: qualitative and quantitative,

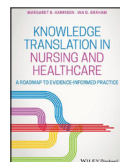


outcomes research, and mixed methods. Additionally, the book discusses data collection, statistical analysis, and interpretation of research outcomes.

- Is wide ranging.
- Is an excellent reference to have on one's bookshelf.

2. Knowledge Translation in Nursing and Healthcare: A Roadmap to Evidence-Informed Practice

By Margaret B. Harrison and Ian D. Graham. Hoboken, NJ, John Wiley and Sons, Inc.



Geared toward graduate students and practicing nurses, this book is a practical and thorough guide to understanding evidence-based practice. As described in the text, the authors developed a “roadmap” for implementing best practice composed of three phases: 1) issue identification and clarification; 2) build solutions and field test; and 3) implement, evaluate, and sustain. Throughout the book, they provide tips and tools for navigating each phase of the roadmap.

- Offers a fresh approach to collating and synthesizing evidence.
- Is comprehensive.

3. Nursing and Health Interventions: Design, Evaluation, and Implementation

By Souraya Sidani and Carrie Jo Braden. 2nd edition. Hoboken, NJ, John Wiley and Sons, Inc.



This book is an excellent resource for graduate nursing students and nurse scientists interested in developing clinical research studies. It uses a step-by-step approach to guide early-career scientists in developing a research protocol or proposal to submit for research funding. Additionally, the authors discuss methods for intervention delivery and procedures to maintain treatment fidelity.

- Is a valuable text for those interested in learning about intervention research.
- Provides detailed information.

PROFESSIONAL ISSUES

Chosen by Jackie Owens, PhD, RN, CNE, professor of nursing, Ashland University, Ashland, OH; editor-in-chief, *OJIN: the Online Journal of Issues in Nursing*.

1. The Nation of Nurses: A Manual for Revolutionizing Healthcare

By Jalil A. Johnson. New York City, Springer Publishing Company.



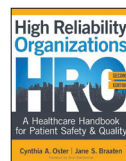
Reading this book felt like having an important conversation with another nurse. Jalil A. Johnson addresses many relevant issues of concern to nursing, such as the underrepresentation of nurses in politics, systemic issues in nursing education, and flaws in U.S. health care. By using a neutral tone and avoiding incendiary language, he emphasizes critical thinking and models much-needed civility in difficult and complex conversations.

Embedded in the book are actionable steps for advocacy. Any nurse at any level and in any setting can read the content, engage in dialogue, and take action to make positive changes. Johnson meets readers where they are and offers them opportunities to grow as nurses and advocates in health care.

- Is a quick read for busy nurses that packs a lot of punch.
- Includes questions for reflection and discussion.
- Facilitates both thought and action.

2. High Reliability Organizations: A Healthcare Handbook for Patient Safety and Quality

By Cynthia A. Oster and Jane S. Braaten. 2nd edition. Indianapolis, IN, Sigma Theta Tau International.

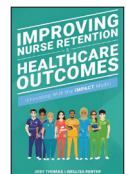


It is easy to see this book as a valuable go-to resource for organizations in many areas of health care—I can envision the application of its content and resources across settings. Its scope is wide and deep. Readers will gain understanding of what drives safety and quality as well as the critical factors affecting organizational culture and ongoing commitment to high reliability. Contemporary in perspective, the authors address current issues such as the COVID-19 pandemic and telehealth. A plus is the remarkable number of resources included to facilitate organizational assessment, planning, and action.

- Provides a wealth of useful information for health care leaders seeking to improve organizational reliability.
- Offers relevant real-life examples.
- Includes access to an instructor's guide and student workbook.

3. Improving Nurse Retention and Healthcare Outcomes: Innovating with the IMPACT Model

By Judy Thomas and Mellisa Renter. Indianapolis, IN, Sigma Theta Tau International.



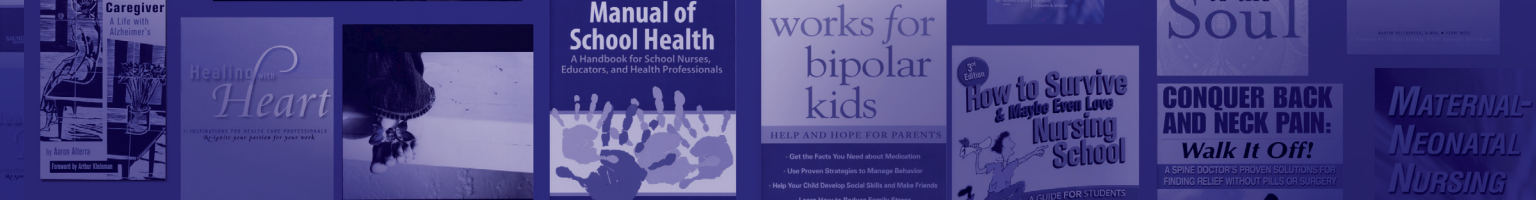
This book chronicles the efforts of one organization to address nurse retention by empowering bedside nurses and engaging them in structured professional growth. The authors describe the development, implementation, and evaluation of their IMPACT model and program in a straightforward, helpful manner. This model to support bedside nurses is innovative and long overdue! Readers will find all the details necessary to implement the model in their organization, including examples of forms and policies.

- Is targeted toward bedside nurses. Given concerns surrounding nurse retention and shortages, the model offers nurses a way to stay and grow in an area with critical need.
- Is widely applicable. Any health care discipline struggling with retention of professional caregivers could apply the framework described.
- Is accessible and readable.

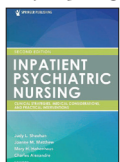
PSYCHIATRIC AND MENTAL HEALTH NURSING

Chosen by Lorraine Byrnes, PhD, PMHNP-BC, FNP-BC, FAANP, associate professor, Husson University, Bangor, ME.

1. Inpatient Psychiatric Nursing: Clinical Strategies, Medical Considerations, and Practical Interventions



Edited by Judy L. Sheehan, Joanne M. Matthew, Mary H. Hohenhaus, and Charles Alexandre. 2nd edition. New York City, Springer Publishing Company.



Nurses who practice in the inpatient psychiatric setting must be able to address, treat, and deescalate maladaptive behaviors, often with minimal support. This text provides a variety of management strategies and focused interventions that can be mastered and utilized according to the situation—for example, in car-

ing for patients presenting with challenging issues such as anger, anxiety, pain, or violent behavior. The strategies provided can help nurses improve outcomes by developing and implementing changes to patient care.

- Is well written.
- Addresses developing self-awareness of bias—this is a topic not often addressed and is critically important to professional growth.
- Includes up-to-date references for further exploration. ▼