

The most valuable texts of 2022.

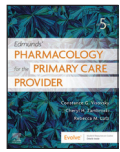
BOOK of the YEAR AWARDS 2022



ADULT PRIMARY CARE

Chosen by Leslie Neal-Boylan, PhD, APRN, NP, CRRN, Mansfield Kaseman Health Clinic, Rockville, MD.

First-place winner: Edmunds' Pharmacology for the Primary Care Provider

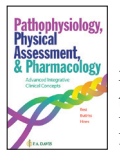


By Constance G. Visovsky, Cheryl H. Zambroski, and Rebecca M. Lutz. 5th edition. St. Louis, Elsevier.

Specifically written for the primary care provider, this book helpfully organizes content by body system and covers prescribing considerations and health promotion. The medication information is updated and current. The "Practice Pearls" boxes are especially enlightening. As a full-time primary care provider, I plan to use this book on a daily basis—it is readily accessible and accommodates the busy clinician.

Second place: Pathophysiology, Physical Assessment, and Pharmacology: Advanced Integrative Clinical Concepts

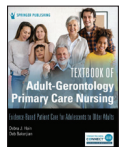
By Janie T. Best, Grace Buttriss, and Annette Hines. Philadelphia, F.A. Davis Company.



For faculty teaching advanced practice courses on the "3 Ps"—pathophysiology, physical assessment, and pharmacology—it makes sense to have a textbook like this one that combines the three topics. Faculty frequently try to collaborate to ensure syllabus content is consistent across these courses, but it

is next to impossible to effectively teach each course independently from the others; in practice, the advanced practice RN considers all three "Ps" before diagnosing and treating the patient. I believe this book will be invaluable to faculty in advanced practice programs.

Third place: Textbook of Adult-Gerontology Primary Care Nursing: Evidence-Based Patient Care for Adolescents to Older Adults



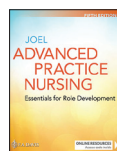
Edited by Debra J. Hain and Deb Bakerjian. New York City, Springer Publishing Company.

This text reflects current knowledge on healthy aging during adolescence, adulthood, and older adulthood, and on caring for people as they age. Its content is timely, with an emphasis on caring for older adults—a growing population in the United States. Today, many older adults are still treated as if their health problems are inevitable and must be accepted as part of aging; this book takes a different approach. It is scientifically based and comprehensive but still highly readable.

ADVANCED PRACTICE NURSING

Chosen by Nadine M. Aktan, PhD, APN-BC, professor and assistant dean, Advanced Nursing Practice Division, Rutgers University School of Nursing, Newark, NJ, and family NP.

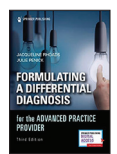
First-place winner: Advanced Practice Nursing: Essentials for Role Development



By Lucille A. Joel. 5th edition. Philadelphia, F.A. Davis Company.

This book is an essential guide to transitioning into the advanced nursing practice role. Its expert contributors outline key nonclinical concepts related to the role, such as prescriptive authority, credentialing, policy, information technology, and practice management. Legal aspects of the role, including principles of malpractice avoidance, are succinctly addressed. The contributors also thoughtfully and thoroughly discuss leadership, conflict resolution, and culture.

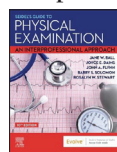
Second place: Formulating a Differential Diagnosis for the Advanced Practice Provider



Edited by Jacqueline Rhoads and Julie Penick. 3rd edition. New York City, Springer Publishing Company.

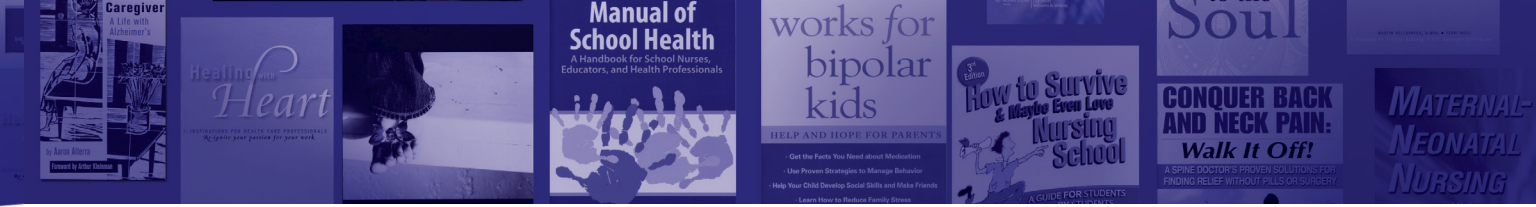
Formulating a differential diagnosis is both an art and a skill that challenges even the strongest students and best-prepared novice providers. The information in this book is thoughtfully presented according to body system, and supplemental chapters provide greater insight and depth on common conditions to identify and manage. Case presentations promote enhanced critical thinking and improved clinical judgment. I particularly liked the sections on diagnostics with reference to normal values—these are key in supporting the novice diagnostician to thrive in the clinical setting.

Third place: Seidel's Guide to Physical Examination: An Interprofessional Approach



By Jane W. Ball, Joyce E. Dains, John A. Flynn, Barry S. Solomon, and Rosalyn W. Stewart. 10th edition. St. Louis, Elsevier.

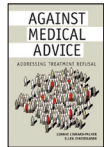
An interprofessional approach to physical examination is essential—advanced practice nurses do not practice in silos. I truly appreciated this book's emphasis on interprofessionalism in effective history taking and physical assessment. I found the content to be comprehensive and well organized, and I valued the addition of guidance on caring for transgender and gender-diverse patients. I also appreciated the "Evidence-Based Practice in Physical Examination," "Think About..." and "Clinical Pearls" boxes, as well as the updates on cancer screening controversies and issues related to sports participation.



CHILD HEALTH

Chosen by Marni B. Kellogg, PhD, RN, CPN, CNE, assistant professor, College of Nursing and Health Sciences, University of Massachusetts Dartmouth.

First-place winner: Against Medical Advice: Addressing Treatment Refusal



By *Luanne Linnard-Palmer and Ellen Christiansen*. 2nd edition. Indianapolis, IN, Sigma Theta Tau International.

For nurses and other health care providers, addressing treatment refusal with families—from vaccinations to life-saving treatment—can be emotionally challenging. Treatment refusal often conflicts with the provider's values, society's standards or morals, and professional ethics.

This text provides information to help readers broaden their views and to encourage respect for families making difficult decisions. The authors consider cultural, religious, legal, medical, and social viewpoints related to treatment refusal. Perhaps most importantly, they present professional interventions health care providers can use to educate families on treatment options and to help families explore their own ideas about decision-making. The authors do not pass judgment on choices or beliefs. Instead, they guide clinicians to consider family views and work toward the best outcome for the patient, family, and provider.

Second place: Maternal and Child Health Nursing: Care of the Childbearing and Childrearing Family

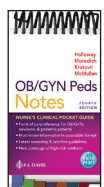


By *JoAnne Silbert-Flagg*. 9th edition. Philadelphia, Wolters Kluwer.

This combined pediatric and maternity text is an excellent resource for students and faculty.

Along with content updates, the revised edition addresses diversity, equity, and inclusion. It offers helpful features like case studies that unfold across chapters, “Interprofessional Care Maps” that demonstrate examples of interdisciplinary care, “Nursing Care Planning” boxes that integrate the Healthy People 2030 goals, and checkpoint questions based on the Quality and Safety Education for Nurses competencies.

Third place: OB/GYN Peds Notes: Nurse's Clinical Pocket Guide



By *Brenda Walters Holloway, Cheryl Moredich, Amanda Kratovil, and Taralyn McMullan*. 4th edition. Philadelphia, F.A. Davis Company.

This small pocket guide is packed with essential information for nursing students and nurses new to obstetric or pediatric settings. Updated to reflect current practice, it presents the fundamental clinical knowledge needed to provide obstetric, gynecologic, neonatal, and pediatric patient care in any scenario. An index offers quick reference. The guide covers pathophysiology, diagnoses, signs and symptoms, medical treatment, nursing implications, prognosis, and more. In addition, it is packed with tables, images, and dos and don'ts.

COMMUNITY/PUBLIC HEALTH

Chosen by Katherine Fornili, DNP, MPH, RN, CARN, FIAAN, visiting academic, Drug and Alcohol Research Centre, Middlesex University, London.

First-place winner: Practical Implementation Science: Moving Evidence into Action



Edited by *Bryan J. Weiner, Cara C. Lewis, and Kenneth Sherr*. New York City, Springer Publishing Company.

This book meets a particularly problematic unmet need for nurses and other students of implementation science: *how to support implementation of evidence-based practice (EBP)*. The authors provide practical solutions for narrowing the research-to-practice gap. Each chapter addresses how to conduct complex tasks involved in EBP planning, execution, and evaluation using implementation science theories, frameworks, models, and tools. Theoretical concepts are clearly defined and key points and common pitfalls are summarized. Importantly, the authors do not overlook how to scale up and sustain effective practices, nor how to “de-implement” ineffective practices.

Second place: Introduction to Health Behavior Theory



By *Joanna Hayden*. 4th edition. Burlington, MA, Jones and Bartlett Learning.

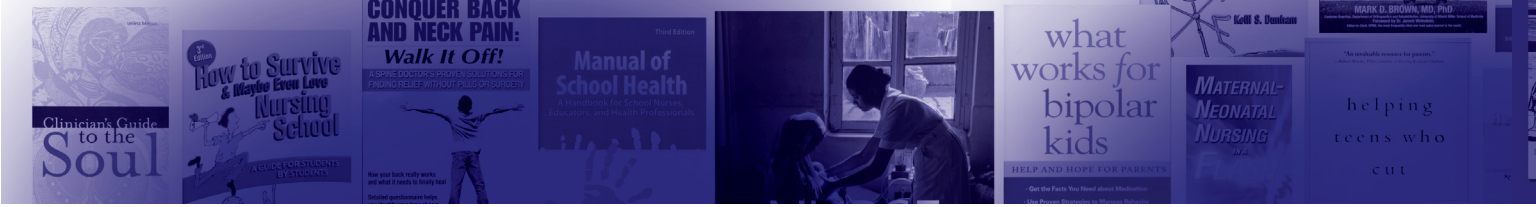
Many introductory theory textbooks exist, but Joanna Hayden does an excellent job breaking down complex theories to facilitate learning for both entry-level and experienced health professionals. *Introduction to Health Behavior Theory* is a comprehensive yet practical book that will spark the reader's interest in further exploring the use of theory in practice. Each chapter starts with learning outcomes, a “theory essence” sentence that summarizes the theory, and brief definitions of the theory constructs and concepts discussed in the chapter. Also included is a “Theory in Action” section containing a full-length, peer-reviewed journal article that demonstrates how the theory was used in a practice setting to guide research, develop an intervention, or conduct an evaluation. Chapters also include other short summaries of how particular theories have been utilized. This text would be very useful for nurses who are developing and implementing quality improvement practice changes and projects.

Third place: Evaluating and Valuing in Social Research



By *Thomas A. Schwandt and Emily F. Gates*. New York City, The Guilford Press.

This book describes how values, valuing, and related evaluative questions can be effectively proposed and legitimately defended. Its primary aim is to help readers become more explicit about values and valuing in terms of professional responsibility, deliberative argumentation, and social action for the common good. The authors acknowledge the importance of conducting objective and impartial research, but also emphasize the importance of developing a judicious and critical understanding of how valuing is reflected in professional behavior, including applied social research.



CONSUMER HEALTH

Chosen by Chasity Burrows Walters, PhD, RN, senior director, patient and community education, Memorial Sloan Kettering Cancer Center, New York City.

First-place winner: *Standing at Water's Edge: A Cancer Nurse, Her Four-Year-Old Son and the Shifting Tides of Leukemia*

By Janice Post-White. Jefferson, NC, Toplight Books.

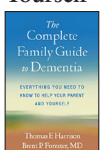


In this memoir, author Janice Post-White shares her story as a cancer nurse, educator, researcher, and mom. She artfully describes how these roles intertwine as she navigates her son's battle with cancer.

She uses clinical terminology in detailing her son's experiences, but in most instances takes care to explain medications and concepts so as not to lose the reader. Her writing is captivating—the reader goes on her journey with her.

Second place: *The Complete Family Guide to Dementia: Everything You Need to Know to Help Your Parent and Yourself*

By Thomas F. Harrison and Brent Forester. New York City, The Guilford Press.



This book offers a road map to caring for a parent with dementia. It provides both medical information and extremely practical guidance, addressing issues that arise with dementia from its early signs through its advanced stages. The authors present helpful strategies for those facing real-life challenges, such as getting a parent to give up driving. By helping readers anticipate, plan for, and address the realities of dementia, the authors arm them with the knowledge needed to care not only for one's parent, but also for oneself.

CREATIVE WORKS

Chosen by Hui-wen Sato, MPH, MSN, RN, CCRN, pediatric ICU nurse, Children's Hospital Los Angeles.

First-place winner: *An Otherwise Healthy Woman*

By Amy Haddad. Lincoln, NE, the Backwaters Press.



In this book, nurse and poet Amy Haddad shares her vulnerability and her intimate insights on the experiences of various individuals in the health care system: the overwhelmed patient, the grieving family member, and the nurse in all her strengths and imperfections. Her poems take readers to the places of hope, fear, confusion, and clarity we experience when serious illness and death disrupt our everyday reality. They are serious enough to be deeply meaningful without feeling overwhelmingly heavy. While Haddad's poetry is strong in artistic creativity, its language is also clear and accessible. Her work is subtle, relatable, and sometimes surprising.

Second place: *Daughter*

By Cortney Davis. West Hartford, CT, Grayson Books.



This book of poems provides a poignant picture of the vulnerability of nurses who are, at their core, human. Author Cortney Davis takes us into the heart of a nurse who is also a mother, who sees reminders of her own family in the patients she cares for, and who needs others to attend to her in her times of need. Her poems give voice to the tender ache of learning what it is to care for her child from healthy, innocent youth into an adulthood overshadowed by cancer. She walks readers through her attempts to seek desperately needed health care and human connection in the thick of the COVID-19 pandemic. This book is a marker in time—both in Davis's family life and in our nation's life during COVID.

Third place: *Standing at Water's Edge: A Cancer Nurse, Her Four-Year-Old Son and the Shifting Tides of Leukemia*

By Janice Post-White. Jefferson, NC, Toplight Books.



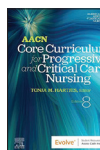
In this book, Janice Post-White offers a deeply personal and vulnerable account of navigating her son's leukemia diagnosis—and what it's like to stand on both sides of pediatric patient care as an oncology nurse and a mother. It's an experience that very few people have and even fewer articulate with such detail and insight. With her professional background serving her well and also challenging her in unique ways as she deals with her son's illness, Post-White poignantly addresses the challenges and pressures a nurse must juggle in the context of a family health crisis.

CRITICAL CARE—EMERGENCY NURSING

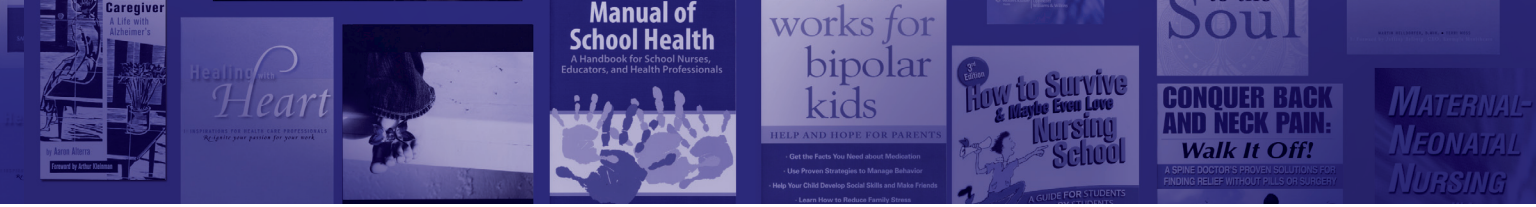
Chosen by Bridgid G. Joseph, DNP, RN, CCNS, director of patient experience, Lawrence and Memorial Hospital, New London, CT.

First-place winner: *AACN Core Curriculum for Progressive and Critical Care Nursing*

Edited by Tonja M. Hartjes. 8th edition. St. Louis, Elsevier.

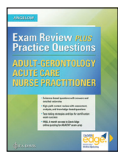


This text from the American Association of Critical Care Nurses offers an excellent review of critical care topics for nurses, including many common—and some less common—cases that critical care nurses experience daily. It is thoughtfully written, based on current evidence, and has beautiful graphics that reinforce the content. The key concepts and expert tips highlighted throughout are not only informative, but truly help readers understand the “why” and “how” behind each topic. The inclusion of information on quality and patient safety provides additional perspectives to bring into practice. This book is a superb reference for nurses in critical care and will support readers in successfully completing CCRN and PCCN certification examinations.



Second place: Adult-Gerontology Acute Care Nurse Practitioner: Exam Review Plus Practice Questions

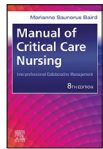
By Anthony M. Angelow. Philadelphia, F.A. Davis Company.



This book provides a very good review of adult-gerontology acute care NP (AGACNP) topics and is a useful preparation resource for the AGACNP certification examination. It is also a helpful reference for practicing NPs. Well written and up to date, it includes strong content and case examples; it also highlights criteria and concepts from various national entities that guide patient care (such as the American Heart Association and the American College of Cardiology) and reinforces what the NP should be looking for regarding various diagnostic criteria during patient assessments.

Third place: Manual of Critical Care Nursing: Interprofessional Collaborative Management

By Marianne Saunorus Baird. 8th edition. St. Louis, Elsevier.



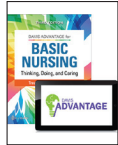
Manual of Critical Care Nursing is an excellent book for any progressive care or critical care nurse. It is a streamlined, quick reference that focuses on commonly seen conditions in critical care. One innovative and helpful aspect of the book is its “Interprofessional Collaborative Management” sections and tables, which support the bedside nurse in being an optimal patient advocate, maintaining a standard of care, and utilizing best practices.

DIGITAL PRODUCTS

Chosen by Melody Bethards, EdD, MSN, RN, CNE, CHSE-A, simulation coordinator and nursing simulation faculty, Des Moines Area Community College, Des Moines, IA.

First-place winner: Davis Advantage for Basic Nursing: Thinking, Doing, and Caring

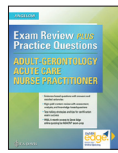
By Leslie S. Treas, Karen L. Barnett, and Mable H. Smith. 3rd edition. Philadelphia, F.A. Davis Company.



This user-friendly online program is a great resource to help students apply information from the accompanying text, *Basic Nursing: Thinking, Doing, and Caring*. The practice questions are at an appropriate level for beginner nursing students. The dashboard offers a comprehensive overview of the student’s learning assignments and performance, including confidence-boosting “thumbs up” indicators, as well as feedback on areas to further study and review. The best feature of this resource is the “Clinical Judgment” component, which provides students with concrete case examples and helps them hone their clinical judgment skills.

Second place: Davis Edge for Adult-Gerontology Acute Care Nurse Practitioner: Exam Review Plus Practice Questions

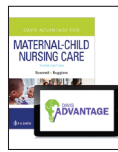
By Anthony M. Angelow. Philadelphia, F.A. Davis Company.



Davis Edge, an online quizzing platform that accompanies this text, is a useful asset to help AGACNP students prepare for their boards. Its 1,000 questions include rationales for each incorrect and correct answer, and the Student Success Center provides a quick overview of the student’s score history. Additionally, feedback reports include essential information related to understanding of physiologic and psychosocial disorders, care of geriatric patients, and the professional role of the AGACNP.

Third place: Davis Advantage for Maternal-Child Nursing Care

By Meredith J. Scannell and Kristine Ruggiero. 3rd edition. Philadelphia, F.A. Davis Company.



Davis Advantage for Maternal-Child Nursing Care is a helpful companion to the text. The practice questions are comprehensive and offer a great review of chapter content, while clinical judgment resources help students hone this essential skill. A student dashboard details the student’s learning progress.

ENVIRONMENTAL HEALTH

Chosen by Barbara J. Polivka, PhD, RN, FAAN, professor and associate dean of research, University of Kansas School of Nursing, Kansas City.

First-place winner: Family Health Care Nursing: Theory, Practice, and Research

By Melissa Robinson, Deborah Padgett Coehlo, and Paul S. Smith. 7th edition. Philadelphia, F.A. Davis Company.



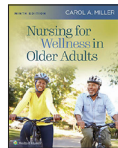
The revised edition of *Family Health Care Nursing* includes a new chapter, “Environmental Health and Families,” that serves as an introduction to environmental health. This chapter comprehensively addresses key concepts like environmental health risks, disasters, environmental justice, and the built environment. Diverse case studies illustrate the impact of environmental exposures on family health.

GERONTOLOGIC NURSING

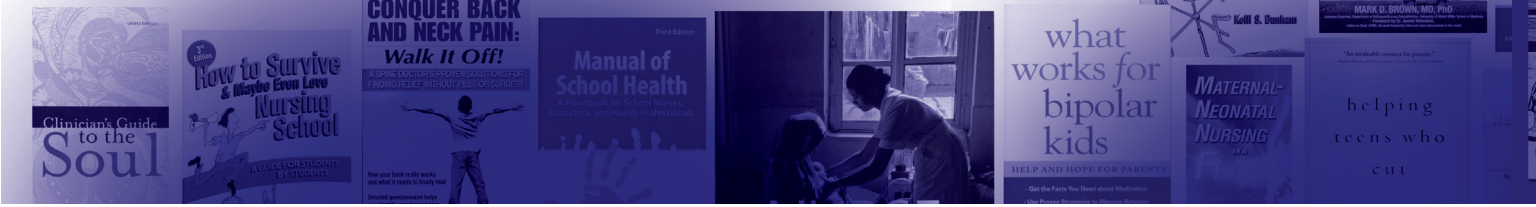
Chosen by Sharon Stahl Wexler, PhD, RN, FNGNA, Amelia A. Gould Endowed Professor and chairperson, Department of PhD in Nursing, Lienhard School of Nursing at the College of Health Professions, Pace University, Pleasantville, NY.

First-place winner: Nursing for Wellness in Older Adults

By Carol A. Miller. 9th edition. Philadelphia, Wolters Kluwer.



Nursing for Wellness in Older Adults provides comprehensive coverage of gerontologic nursing. It addresses key considerations in the care of older adults, from age-related changes to theoretical perspectives to health inequities. It is written from a wellness perspective; there is an upbeat tone to the entire book. I also like that it includes older adults across the continuum of care, not just in the hospital or long-term care settings.



The case studies in this text are well written, thorough, and interesting. The content is contemporary (for example, technology to promote wellness is discussed) and integrates current literature. The layout of the book is logical, moving from the general to specific systems. As a long-time faculty member who teaches gerontology, that is the way I have always taught, as it makes the content easier for students to understand and learn.

HISTORY AND PUBLIC POLICY

Chosen by Katheren Koehn, MA, RN, FAAN, executive director, Minnesota Organization of Registered Nurses, St. Paul.

First-place winner: *Against Medical Advice: Addressing Treatment Refusal*

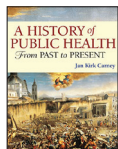


By Luanne Linnard-Palmer and Ellen Christiansen. 2nd edition. Indianapolis, IN, Sigma Theta Tau International.

This book is a practical guide to addressing some of the most challenging situations health care workers face. The authors discuss several contexts: vaccine refusal or delay, the possible causation of a patient “going AMA,” parents refusing medical advice for their children, and adults refusing or delaying medical advice. These contexts are especially important as we address social determinants of health and racism in health care. The practicing nurse will appreciate this book’s clear information, guidance for thoughtful conversations, and suggested interventions.

I wish I had read this book before the COVID-19 vaccines were rolled out. I would have been more informed about the personal, legal, political, and ethical factors affecting debates over vaccination and the individual’s right to choose, and I would have been more prepared for discussions on this topic. This is a book for our times.

Second place: *A History of Public Health: From Past to Present*

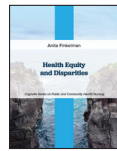


By Jan Kirk Carney. Burlington, MA, Jones and Bartlett Learning.

This is a fabulous book! The author explores past pandemics and infectious diseases through the lens of public health. Each chapter details the public health challenges of a specific historical period, then concludes with discussion questions and a section called “From Past to Present: Public Health Perspectives”—a kind of riff on the idea that “What’s past is prologue.”

Readers learn about the origins of the first boards of health, the work of Florence Nightingale, campaigns to prevent the spread of influenza in 1918, the legacy and unwitting contributions of Henrietta Lacks, early efforts to stem the HIV/AIDS epidemic, and more. The final chapter, “Public Health: The 21st Century and Beyond,” addresses contemporary and future public health considerations like bioterrorism, climate change, the social determinants of health, and racism as a public health crisis. The author concludes with an invitation to critique current strategies and identify essential public health elements needed for our desired future.

Third place: *Health Equity and Disparities*



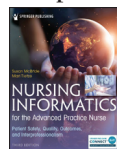
By Anita Finkelman. San Diego, Cognella Academic Publishing.

Clear and concise information about the various aspects of health equity and disparities is often hard to find. This book succinctly addresses these timely and urgent topics, weaving in content on social determinants of health; social justice and economics; health literacy; and diversity, equity, and inclusion within the nursing profession. From the introduction to the final words, it is evident that the author is a great teacher. Her writing is clear and conversational, and she offers probing discussion questions that lend themselves to both large and small group discussions as well as individual reflections. This is a book that is bound to become a trusted resource.

INFORMATICS

Chosen by Judy Murphy, RN, FACMI, LFHMSS, FAAN, nursing executive and health information technology leader, Minneapolis.

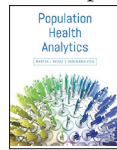
First-place winner: *Nursing Informatics for the Advanced Practice Nurse: Patient Safety, Quality, Outcomes, and Interprofessionalism*



By Susan McBride and Mari Tietze. 3rd edition. New York City, Springer Publishing Company.

This comprehensive book addresses key topics in nursing informatics, including point of care technology, data management, patient safety and quality, population health, and emerging technologies. Well organized and well written, it features chapters by leading nursing informatics experts in academia, research, and practice. As such, it is a great reference book for nurses and other professionals practicing in the health informatics field today.

Second place: *Population Health Analytics*



By Martha L. Sylvia and Ines Maria Vigil. Burlington, MA, Jones and Bartlett Learning.

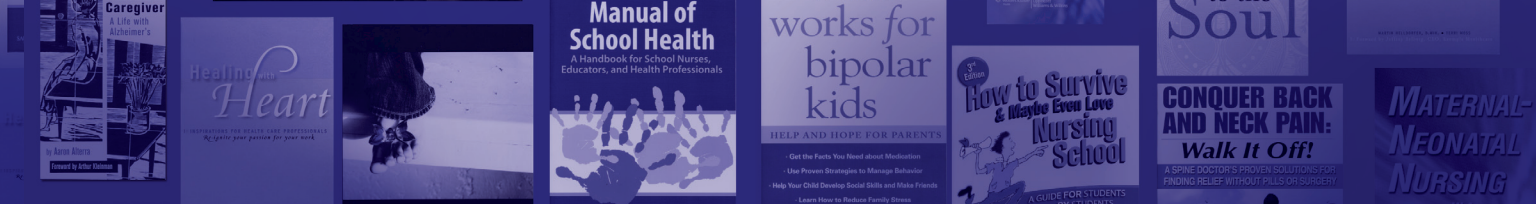
This book does a great job distilling and explaining the many important concepts of analytics and data science that serve as the infrastructure for effective population health management. It also elaborates on the practical aspects of how health care organizations and the workforce need to pivot from the illness-focused health care model to the proactive, preventive health care model inherent to population health management.

Third place: *Digital Health Care: Perspectives, Applications, and Cases*



By Phillip Olla and Joseph Tan. Burlington, MA, Jones and Bartlett Learning.

Digital Health Care offers a brief look at health information technology highlights from the past as well as emerging technologies. It is well suited for the reader who wants to learn about key aspects of the field. Though it does not dive deep into any one topic, this book serves as a good overview and clearly explains each area. Nineteen valuable supplemental case studies are included at the end.



MATERNAL-CHILD HEALTH/PRENATAL NURSING/CHILDBIRTH

Chosen by Kathleen Rice Simpson, PhD, RNC, CNS-BC, FAAN, editor-in-chief, *MCN: the American Journal of Maternal/Child Nursing*; perinatal clinical nurse specialist, St. Louis.

First-place winner: Maternal Child Nursing Care



By Shannon E. Perry, Marilyn J. Hockenberry, Mary Catherine Cashion, Kathryn Rhodes Alden, Ellen Olshansky, and Deitra Leonard Lowdermilk. 7th edition. St. Louis, Elsevier.

The revised edition of this text is updated to reflect current evidence, standards, and guidelines. It provides comprehensive coverage of essential aspects of maternity and pediatric nursing—including physiology, supportive evidence, and clinical practice—and extensive references. Color illustrations, photos, and tables complement the text, while special features such as nursing alerts, safety alerts, medication guides, and case studies enhance the content's clinical applicability. Beyond the basic clinical principles, there is a focus on family and community nursing. Nursing students and faculty will find this text easy to use and helpful in integrating knowledge of maternity and pediatric nursing care into practice.

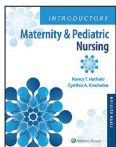
Second place: Breastfeeding Management for the Clinician: Using the Evidence



By Marsha Walker. 5th edition. Burlington, MA, Jones and Bartlett Learning.

Despite the perception that breastfeeding is a natural part of new motherhood, there are many challenges breastfeeding parents face in meeting their breastfeeding goals. In order to adequately support the breastfeeding family, clinicians must be up to date on breastfeeding knowledge. *Breastfeeding Management for the Clinician* provides extensive coverage of health care policy and institutional practices affecting lactation, the physiology of lactation and human milk, maternal and infant anatomy, common challenges in breastfeeding, and maternal and infant conditions that may impede breastfeeding. Tables, figures, and references enhance the content. This text would be helpful to the entire interdisciplinary team that cares for breastfeeding families, including nurses, lactation specialists, physicians, and postpartum doulas.

Third place: Introductory Maternity and Pediatric Nursing



By Nancy T. Hatfield and Cynthia A. Kincheloe. 5th edition. Philadelphia, Wolters Kluwer.

Newly updated with the most recent evidence and clinical practices, this introductory textbook is concise yet comprehensive in presenting what LPN/LVN nursing students need to know about maternity and pediatric nursing. Especially useful are the case studies, concept mastery alerts, clinical secrets, and workbook exercises with sample items for students to test their knowledge. Key points are presented in boxes, reinforcing important concepts to remember when caring for maternity and pediatric patients. Students will also find the NCLEX-PN style review questions and video clips beneficial in preparing for the examination. Nursing faculty can feel confident that important content in maternity and pediatric nursing is covered in this textbook.

MEDICAL-SURGICAL NURSING

Chosen by Giang Martinez, DNP, MPA, APRN, AGCNS, APRN, clinical nurse specialist.

First-place winner: Davis Advantage for Basic Nursing: Thinking, Doing, and Caring

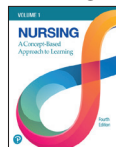


By Leslie S. Treas, Karen L. Barnett, and Mable H. Smith. 3rd edition. Philadelphia, F.A. Davis Company.

I highly recommend this text for being comprehensive, culturally competent, evidence based, and inclusive, and for promoting critical thinking.

Most impressive is its inclusivity in defining sexual health and filling in essential knowledge gaps in related health barriers and health concerns, such as gender transitions. The primary value of this text is its use of concept maps for complex and abstract knowledge and decision-making. It stands out for preparing nursing students in alignment with evidence-based practices, as well as for its potential to help advance the nursing profession.

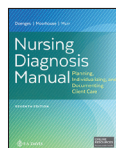
Second place: Nursing: A Concept-Based Approach to Learning, Volumes I, II, and III



By Pearson Education. 4th edition. Hoboken, NJ, Pearson Education, Inc.

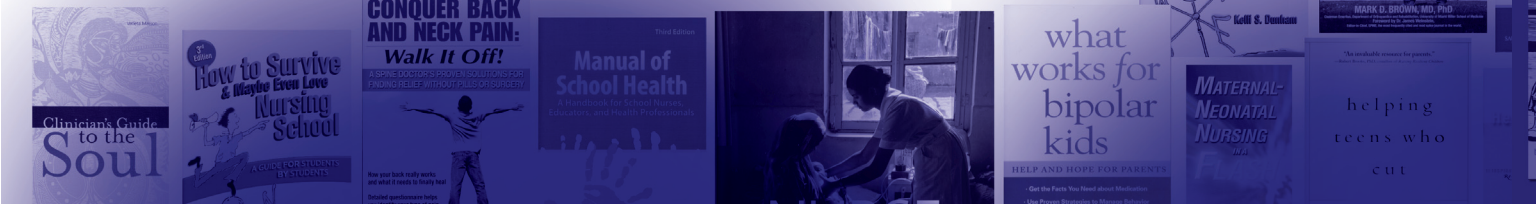
This text is comprehensive, culturally competent, and has a distinct concept-based approach to developing critical thinking. Most notable is its consideration of LGBTQ individuals as a unique group that has specific health concerns and faces significant health barriers. This book was the only contest entry that not only mentioned but highlighted assessment of LGBTQ patients and went above and beyond to guide assessment of transgender patients. What sets this text apart is the value of its inclusivity.

Third place: Nursing Diagnosis Manual: Planning, Individualizing, and Documenting Client Care



By Marilyn E. Doenges, Mary Frances Moorhouse, and Alice C. Murr. 7th edition. Philadelphia, F.A. Davis Company.

I recommend this text for developing critical thinking and focusing on documentation as related to the nursing process. The nursing process is a core competency and provides the decision-making framework for quality care; it is the basis for the nurse's action. Future nurses must be able to apply, analyze, and evaluate the nursing process and effectively communicate it in their documentation. This text offers a clear and concise stepwise method for doing so.



NURSING EDUCATION/CONTINUING EDUCATION/PROFESSIONAL DEVELOPMENT

Chosen by Natasha Nurse-Clarke, PhD, RN, associate professor of nursing, Lehman College, City University of New York, Bronx, NY.

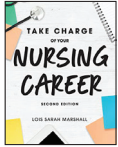
First-place winner: *A Nurse's Step-by-Step Guide to Transitioning to an Academic Role: Strategies to Jumpstart Your Career in Education and Research*



By *Mercy Ngosa Mumba*. Indianapolis, IN, *Sigma Theta Tau International*.

This book is enlightening and easy to read, an invaluable tool for nurses who are making or considering the transition to academia. Author Mercy Ngosa Mumba provides clear and concise information on a range of topics, including creating a curriculum, managing a research project, writing manuscripts, giving presentations, and working with colleagues. She shares a variety of templates, tips, examples, and resources to help readers along the way, making this book an all-in-one guide. Additionally, she focuses on helping nurses develop both personally and professionally by discussing issues like stress management, networking, and time management.

Second place: *Take Charge of Your Nursing Career: Open the Door to Your Dreams*



By *Lois Sarah Marshall*. 2nd edition. Indianapolis, IN, *Sigma Theta Tau International*.

Take Charge of Your Nursing Career is an excellent guide and a must-read. It offers nurses valuable strategies on how to make the most of their careers, covering a variety of topics like career planning, networking, and self-care. It is full of relatable examples that illustrate the concepts discussed.

This is an important book for nurses in the wake of the COVID-19 pandemic. Many nurses are in need of enrichment, revival, and new ideas to reconnect with their nursing identity, and I believe this book provides that. It elicits positive emotions and validation, aiming to make nurses feel good about their profession and give them the confidence to pursue their goals.

Third place: *Fast Facts About Diversity, Equity, and Inclusion in Nursing: Building Competencies for an Antiracism Practice*



By *Sandra Davis and Anne-Marie O'Brien*. New York City, *Springer Publishing Company*.

This book is an essential resource for nurses, regardless of experience level or expertise, who want to create change in the workplace. The authors provide a much-needed introduction to the roots of racism in America and how it manifests in society—offering context for understanding the country's current social climate. They also discuss the importance of diversity and inclusion in the nursing profession, present concrete strategies for creating inclusive work environments, and demonstrate why nursing is the ideal profession to lead in the social justice arena.

One of this book's highlights is its Multimedia Antiracism Toolkit, which includes videos, articles, songs, personal

reflections, poems, and further references for readers who want to take a deeper dive into the topics covered. Designed to help nurses educate themselves and others, this toolkit is a valuable addition.

NURSING MANAGEMENT AND LEADERSHIP

Chosen by Karen H. Morin, PhD, RN, ANEF, FAAN, professor emerita, University of Wisconsin–Milwaukee.

First-place winner: *Visionary Leadership in Healthcare: Excellence in Practice, Policy, and Ethics*



By *Holly Wei and Sara Horton-Deutsch*. Indianapolis, IN, *Sigma Theta Tau International*.

This book challenges nurse leaders to look to the future to create an environment reflective of excellence—and also provides strategies for addressing the challenge. Importantly, the authors approach leadership from a global perspective. In fact, the focus of the second chapter concerns global perspectives on how nursing leadership has evolved.

The authors discuss current leadership issues such as fostering a resilient workforce and mitigating organizational trauma. Unique to this book is acknowledgment of leadership beyond a physical entity: the authors address both environmental and planetary health leadership. They highlight the value of leadership in times of disaster, the significance of wisdom as a product of the leader's developmental journey, and the importance of effective leadership. While grounded in nursing, this book is relevant to all leaders in health care.

Second place: *Nurses Making Policy: From Bedside to Boardroom*



Edited by *Rebecca M. Patton, Margarete L. Zalon, and Ruth Ludwick*. 3rd edition. New York City, *Springer Publishing Company*.

If ever there was a time to focus on educating nurses and leaders on policy and how to influence its development, it is now. The revised edition of this text includes new lead authors who provide a fresh perspective on the topic. Also new is the introduction of the Patton-Zalon-Ludwick Policy Assessment Framework, which makes explicit the interrelationships between policy engagement, policy scope, and policy partners.

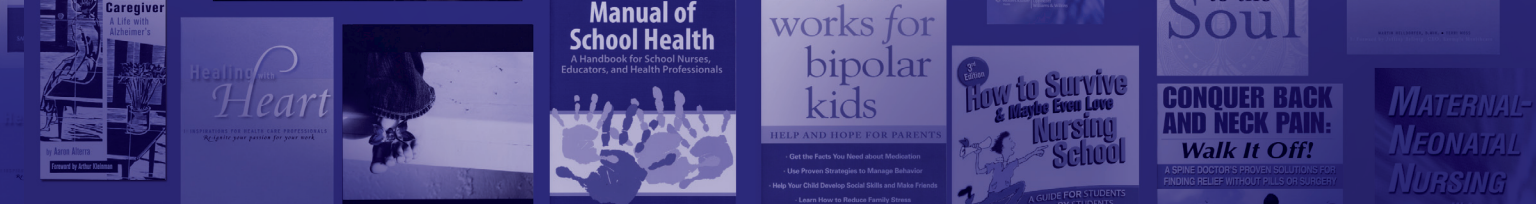
Each chapter introduces key concepts in policymaking. The “Policy Challenge,” “Policy Solution,” and “Policy on the Scene” features offer engaging real-world examples that make the content relevant to students, clinicians, educators, scientists, and policymakers. Additionally, the authors undertake a concerted effort to relate policy to current professional issues like diversity, equity, and inclusion.

Third place: *Financial Management for Nurse Managers: Merging the Heart with the Dollar*



By *J. Michael Leger*. 5th edition. Burlington, MA, *Jones and Bartlett Learning*.

Nurses often shy away from discussing financial issues and needs in the workplace because the language can be foreign to them, making communication more challenging. This text aims to help nurses understand financial concepts so they can communicate



effectively when interacting with financial personnel. (As author J. Michael Leger states in the introduction, “Nurses need to express themselves more effectively using financial principles and data.”)

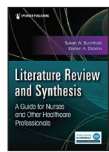
Leger provides the reader with a basic understanding of health care finances, including the critical role quality plays in informing financial matters; budgeting; and the importance of financial strategy in planning for the future. All of this is presented in a clear, readable format using language with which nurse leaders are familiar. Budget development and evaluation is brought alive by the many case studies included in the chapter.

NURSING RESEARCH

Chosen by Alexa Colgrove Curtis, PhD, MPH, FNP, PMHNP-BC, FAANP, associate dean, University of San Francisco School of Nursing and Health Professions.

First-place winner: Literature Review and Synthesis: A Guide for Nurses and Other Healthcare Professionals

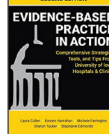
Edited by Susan Weber Buchholz and Kirsten Dickins. New York City, Springer Publishing Company.



This text is a new and important resource on guiding nursing scholarly inquiry. The authors clearly and succinctly demystify the literature review and synthesis process. They include ample exemplars and activities to navigate the nursing scholar through the process, from conceptualization to dissemination. This text will be a valuable resource for experienced clinical scholars and learners across the health professions who are interested in research and QI practices.

Second place: Evidence-Based Practice in Action: Comprehensive Strategies, Tools, and Tips from University of Iowa Hospitals and Clinics

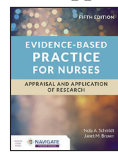
By Laura Cullen, Kirsten Hanrahan, Michele Farrington, Sharon Tucker, and Stephanie Edmonds. 2nd edition. Indianapolis, IN, Sigma Theta Tau International.



With the continued evolution of and heavy reliance on evidence-based practice (EBP) in health care, and the proliferation of nursing programs instructing learners on the EBP process, this text occupies a unique and important space in the nursing research literature. In it, the highly respected and frequently utilized Iowa Model Revised: Evidence-Based Practice to Promote Excellence in Health Care is clearly and thoroughly described from conceptualization through implementation and dissemination. The authors’ exemplars effectively contextualize the information, while images throughout the text clearly illustrate the concepts. Additionally, the embedded EBP tools offer both learners and experienced clinicians an excellent foundation for the process.

Third place: Evidence-Based Practice for Nurses: Appraisal and Application of Research

By Nola A. Schmidt and Janet M. Brown. 5th edition. Burlington, MA, Jones and Bartlett Learning.



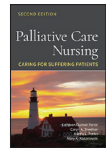
Drawing the novice nurse into scholarly inquiry requires a unique approach. This text accomplishes that task by effectively articulating the importance of EBP in nursing and discussing how evidence is generated and evaluated. The authors’ emphasis on transitioning evidence into practice and developing the emerging nurse professional as an innovator and disseminator of knowledge is essential to mentoring the next generation of nurse leaders. This text provides a compelling entry into the field of scholarly inquiry that will inspire further study.

PALLIATIVE CARE AND HOSPICE

Chosen by Kaveri M. Roy, DNP, RN, CNE, Distinguished Teaching Assistant Professor of Nursing, MGH Institute of Health Professions, Boston.

First-place winner: Palliative Care Nursing: Caring for Suffering Patients

By Kathleen Ouimet Perrin, Caryn A. Sheehan, Mertie L. Potter, and Mary K. Kazanowski. 2nd edition. Burlington, MA, Jones and Bartlett Learning.



This text is a great resource for nurses, nursing students, and nurse educators. It thoroughly discusses suffering, advance directives, hospice, grief, and special populations, and includes case studies and reflection questions. It is a very handy book to have on hand and a useful tool to teach the topic of palliative care.

Second place: Love and Loss

By Jocelyn Brown and Ramune Luminaire. Self-published.



In this beautiful book, author Jocelyn Brown reflects on her work as a palliative care nurse and illustrator Ramune Luminaire provides accompanying artwork. For a small book, it packs in a lot of feeling. I loved reading about Brown’s patient experiences; as a hospice and palliative care nurse, I could relate to her thoughts.

PROFESSIONAL ISSUES

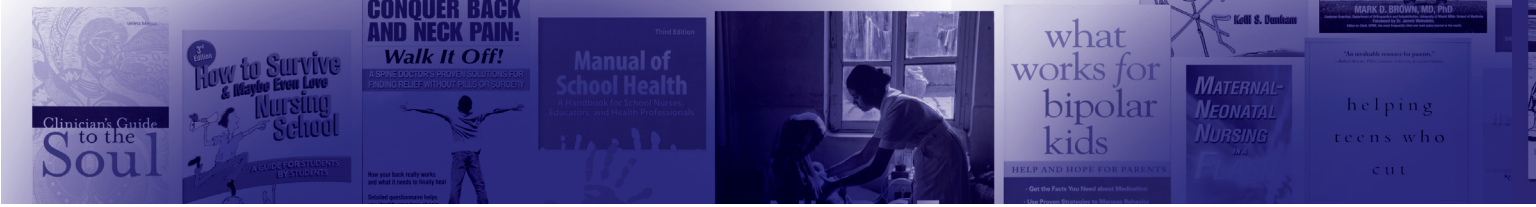
Chosen by Heather Fitzgerald, DBe, MS, RN, HEC-C, clinical ethicist, senior resilience and wellness consultant, Stanford Medicine Children’s Health, Palo Alto, CA.

First-place winner: Leadership Laboratory for Nurse Leaders

By Barbara Mackoff. San Diego, Cognella Academic Publishing.



Leadership Laboratory for Nurse Leaders provides invigorating scaffolding to ensure a transformational process in the leadership journey. This workbook’s approach of helping readers learn through application and reflection is designed not only to cultivate skilled, artful nurse leaders, but to develop leaders who truly champion humanity—their own as well as that of those they serve.



Author Barbara Mackoff activates the truth that we are all in a constant state of becoming. The book’s laboratory approach, centered on evidence-based literature and leaders’ lived experiences, is rooted in a growth mindset. The adage that “We don’t learn from experience, we learn from reflecting on experience” rings true on every page. The workbook deepens leaders’ connection to meaning and purpose, self-stewardship, and the core values of the nursing profession, and supports nurse leaders in sustaining themselves and others in the vital work of health care. There is no more pressing need in the profession than for magnetic, authentic nursing leaders. This work is a multiplier in service to that end.

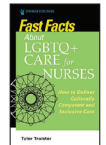
Second place: An Otherwise Healthy Woman



By Amy Haddad. Lincoln, NE, the Backwaters Press.

This collection of poems is a prescription to heal health care and those who work within it. Through the lenses of nurse, patient, and family caregiver, Amy Haddad brings her unflinching, stalwart gaze to what is broken in health care systems—while simultaneously whispering that compassionate encounters are still possible. Her poetry is mindfulness in motion, a meditation on humanity in health care, profoundly informed by her capacity to hold beauty, frailty, pain, and lament in her grasp. Haddad models courage, empathy, patience, and candor as she examines despair and mortality in equal measure to her fervent embrace of one of life’s truths: that we all have countless opportunities to show up, be present, bear witness, and care.

Third place: Fast Facts about LGBTQ+ Care for Nurses: How to Deliver Culturally Competent and Inclusive Care



By Tyler Traister. New York City, Springer Publishing Company.

“Fast Facts” might suggest a surface take on a subject, but Tyler Traister’s orientation to respectful, culturally competent care of LGBTQ+ patients is anything but abbreviated. Inclusive of

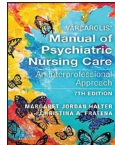
foundational aspects of care, the context of health and health disparities in the LGBTQ+ population, and implications for nursing care, this is a thoughtful, comprehensive primer on care excellence. Resources for professionals and health care organizations are also included.

Traister promotes self-learning, challenging assumptions, and confronting biases as central tenets of cultural humility and respectful care. The strategies he outlines for creating inclusive environments are reminders of the ethical practice of meeting all patients with sensitivity, openness, and respect. This book is a treatise on how to ensure inclusive environments in health care.

PSYCHIATRIC AND MENTAL HEALTH NURSING

Chosen by Donna Sabella, PhD, MEd, MSN, CRNP, PMHNP-BC, practice professor, University of Pennsylvania School of Nursing, Philadelphia.

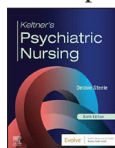
First-place winner: Varcolis’ Manual of Psychiatric Nursing Care: An Interprofessional Approach



By Margaret Jordan Halter and Christina A. Fratena. 7th edition. St. Louis, Elsevier.

Varcolis’ *Manual of Psychiatric Nursing Care* is compact, engaging, and loaded with important and straightforward information to help students and practitioners work with patients. While much smaller in size than many other nursing textbooks, this little gem packs just as much of a punch as its bigger counterparts—and can be easily kept on hand. The content is current, comprehensive, succinct, and evidence based. This manual is one I will keep on my desk for future reference.

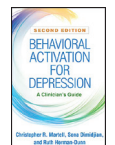
Second place: Keltner’s Psychiatric Nursing



By Debbie Steele. 9th edition. St. Louis, Elsevier.

This text covers the essentials of psychiatric nursing in an inviting and personable way. Readers are encouraged to consider themselves one of the tools they can use when working with patients. The information is nicely arranged with a variety of tables, critical thinking questions, figures, clinical examples, case studies, and charming author notes interspersed throughout. In addition, the chapters on disorders offer “Patient and Family Education” boxes that help students learn what information nurses should provide to patients and their families about the disorder.

Third place: Behavioral Activation for Depression: A Clinician’s Guide



By Christopher R. Martell, Sona Dimidjian, and Ruth Herman-Dunn. 2nd edition. New York City, The Guilford Press.

While health care providers have access to much information on treating depression, I found this text to be a welcome addition to my library because it discusses a therapy not often included in graduate-level nursing courses on behavior therapy: behavioral activation. As an advanced practice psychiatric NP, it was exciting to read such a text—one that is well written, easily understood and digested, and nicely balances theory and application. The authors offer a step-by-step guide to working with clients using behavioral activation, including a clear explanation of what it is, its development and its history, and its core principles. ▼