

Book of the Year Awards 2019

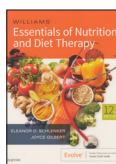


The most valuable texts of 2019, as chosen by AJN's panel of judges.

ADULT PRIMARY CARE

Chosen by Karen Roush, PhD, RN, FNP-BC, adjunct associate professor, Lienhard School of Nursing, Pace University, New York City; founder, The Scholar's Voice.

1. **Williams' Essentials of Nutrition and Diet Therapy**
By Eleanor D. Schlenker and Joyce Gilbert. 12th edition. St. Louis, Elsevier.

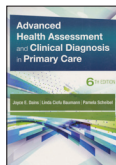


This book is a pleasure to read. It provides readers with comprehensive coverage of the science of nutrition and its application to practice, including physiological and chemical factors and processes, population and community health, and health promotion strategies. The chapters on nutrition in specific diseases pack a lot of useful information into relatively short sections. Effective photos, charts, and figures and excellent medical illustrations enhance readers' understanding of complex material.

- Provides detailed information without being overwhelming or tedious.
- Is engaging.
- Does a great job covering application to practice using a person-centered approach.

2. **Advanced Health Assessment and Clinical Diagnosis in Primary Care**

By Joyce E. Dains, Linda Ciofu Baumann, and Pamela Scheibel. 6th edition. St. Louis, Elsevier.



This book is an excellent resource for students and new advanced practice registered nurses (APRNs) as they develop an effective diagnostic reasoning process. Its organization mirrors the way advanced practice clinicians receive and use information: by symptoms or chief complaints.

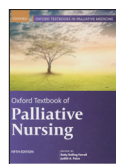
Using questions to guide the clinician's diagnostic decision making, the authors take readers through a critical thinking process to reach a differential diagnosis. These questions are followed by relevant key questions to ask patients. Additional background and supporting information is included in short paragraphs, boxes, illustrations, and tables, providing the clinician with the key information needed to reach a differential diagnosis.

- Is clear, logical, and well organized.
- Engages readers in critical thinking for diagnostic decision making.

ADVANCED PRACTICE NURSING

Chosen by Luc R. Pelletier, MSN, APRN, PMHCNS-BC, FAAN, senior specialist, nursing, Terrence and Barbara Caster Institute for Nursing Excellence, Sharp HealthCare, San Diego.

1. **Oxford Textbook of Palliative Nursing**
Edited by Betty Rolling Ferrell and Judith A. Paice. 5th edition. New York City, Oxford University Press.

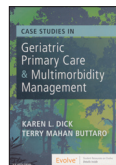


As the population of older adults in the United States increases, precise strategies need to be honed to properly anticipate, prevent, and manage suffering in patients with enduring illness. The newest edition of the *Oxford Textbook of Palliative Nursing* comprehensively defines the ever-growing, ever-important specialty of palliative nursing with the intention of extending palliative care beyond the specialty and integrating it into all nursing settings. It has several new chapters on advance care planning, organ donation, self-care, global palliative care, and the ethos of palliative nursing, all based on national consensus guidelines.

- Includes expansive coverage of special populations and their unique needs for palliative nursing care.
- Underscores interprofessional collaboration in palliative care.
- Includes compelling, relevant case studies.

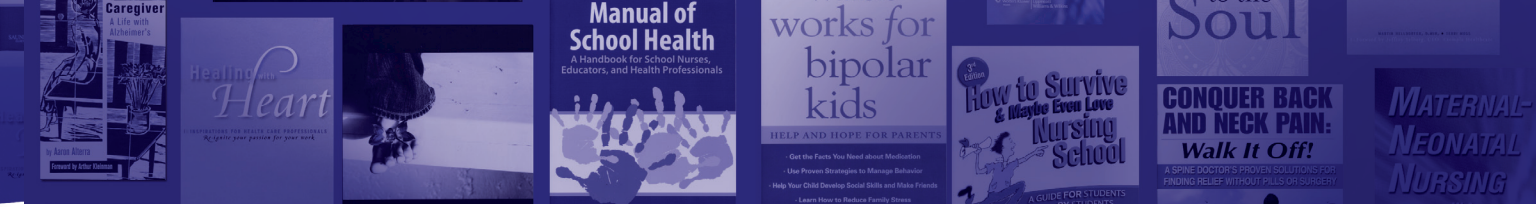
2. **Case Studies in Geriatric Primary Care and Multimorbidity Management**

By Karen L. Dick and Terry Mahan Buttarro. St. Louis, Elsevier.



This book addresses the commonplace reality of managing multiple presenting problems in older adults. Its exemplar cases guide advanced practice nurses and students in thinking like expert clinicians, while its practice cases provide opportunities for readers to further develop their skills. Not only are the cases compelling, they also allow readers to experience the progression of aging and comorbid conditions over time and in various settings.

- Features case studies with patients of varying ages, ethnicities, genders, and social demographics, and across transitions of care.
- Provides a strong foundation in the principles of geriatric care.
- Offers a useful online component for students and instructors.



3. Evidence-Based Practice for Nursing and Healthcare Quality Improvement

By Geri LoBiondo-Wood, Judith Haber, and Marita G. Titler. St. Louis, Elsevier.



Written by experts in quality improvement (QI) and safety, this book introduces evidence-based practice and describes its development, implementation, evaluation, and dissemination. It provides exceptional critical appraisal tools; improvement models; project planning, dissemination, and evaluation strategies for the clinical leader; and appendices with rich exemplars.

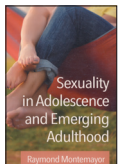
- Highlights interprofessional education and offers tips in each chapter for promoting effective, successful teams.
- Includes useful pedagogical features like learning outcomes, evidence-based practice tips, information technology resources, decision-making algorithms, and more.
- Underscores the importance of evidence-based practice and continuous QI as a significant foundation of nursing practice.

CHILD HEALTH

Chosen by Ruth Lebet, PhD, RN, PCNS-BC, nurse scientist, Children's Hospital of Philadelphia; program director, pediatric and neonatal CNS programs, University of Pennsylvania School of Nursing, Philadelphia.

1. Sexuality in Adolescence and Emerging Adulthood

By Raymond Montemayor. New York City, The Guilford Press.

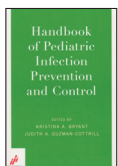


This in-depth examination of sexuality in adolescence and emerging adulthood provides concrete, specific, and useful information that most health care providers are not exposed to in their education, but need to understand for clinical practice. The book's question-and-answer format makes it easy to read, and the "In Their Own Words" vignettes and "A Focus on Research" boxes provide additional context. I recommend this book to any health care provider who works with this age group, especially for guidance on how to talk about sensitive topics.

- Has a helpful format.
- Addresses lesbian, gay, bisexual, transgender, and queer or questioning concerns in a straightforward and understandable way.
- Is comprehensive.

2. Handbook of Pediatric Infection Prevention and Control

Edited by Kristina A. Bryant and Judith A. Guzman-Cottrill. New York City, Oxford University Press.

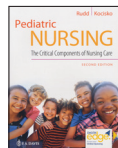


This is a useful resource for any pediatric clinician whose role requires a focus on infection prevention and control. Tailored exclusively to the pediatric community, it addresses infection prevention and control across the care continuum, from inpatient to community settings. The authors organize the information logically and use case scenarios to clarify points.

- Is practical and straightforward.
- Is useful across many settings.
- Addresses setting-specific infection issues.

3. Pediatric Nursing: The Critical Components of Nursing Care

By Kathryn Rudd and Diane M. Kocisko. 2nd edition. Philadelphia, F.A. Davis Company.



This book is a great tool for anyone looking for just-in-time brief information on specific pediatric nursing topics, or for a pediatric nurse studying for a certification exam. The content is presented in a straightforward bullet-point format. Additionally, the authors offer helpful examples and simple case scenarios that aid in understanding.

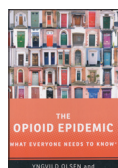
- Provides targeted and focused information.
- Includes useful diagrams and boxes.
- Allows for on-the-go learning through online content available for purchase.

COMMUNITY/PUBLIC HEALTH

Chosen by Maureen Anthony, PhD, RN, professor emerita, University of Detroit Mercy.

1. The Opioid Epidemic: What Everyone Needs to Know

By Yngvild Olsen and Joshua M. Sharfstein. New York City, Oxford University Press.

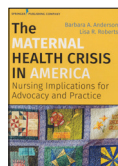


The opioid epidemic has had a profound effect on the many Americans who suffer from addiction, their families, health care professionals, and law enforcement officials. It is rare that one book meets the needs of these diverse groups. *The Opioid Epidemic: What Everyone Needs to Know* thoroughly examines the many aspects of the crisis, including history, policy, treatment, prevention, and recovery. It also provides practical suggestions for addressing the epidemic. Ending the opioid crisis will require many factions to work together, and this book provides a framework for success.

- Is written for a wide audience.
- Is practical, solution oriented, and nonjudgmental.
- Is comprehensive.

2. The Maternal Health Crisis in America: Nursing Implications for Advocacy and Practice

By Barbara A. Anderson and Lisa R. Roberts. New York City, Springer Publishing Company.



As noted by the authors, the United States has the highest maternal death rate among all high-resource nations—despite spending more on maternity care than any other nation—and an estimated two or three U.S. women die each day from pregnancy-related causes. This comprehensive text explores the scope of the problem. It examines the social determinants of the maternal health crisis as they intersect with the U.S. health care delivery system, barriers to maternal care, and issues of equity in maternity care.

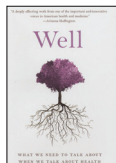
- Addresses a serious public health crisis.
- Discusses community-based innovations and nursing implications for advocacy and practice.
- Focuses on the often overlooked social determinants of health that are amenable to health care and social policy change.



CONSUMER HEALTH

Chosen by Barbara Glickstein, MPH, MS, RN, founder, Barbara Glickstein Strategies, New York City.

1. *Well: What We Need to Talk About When We Talk About Health* By Sandro Galea. New York City, Oxford University Press.



The public will benefit from reading *Well*. In this book, author Sandro Galea directs our attention toward a different take on health in America and challenges the definition of what it means to be healthy. By homing in on the social and political foundations of U.S. health, he brings into focus the root factors that determine who gets to be healthy in our country and encourages readers to stop looking at health as the absence of illness. He addresses economic justice, housing, jobs, food access, racism, and climate change in making his case.

- Offers a radical view of how we define health and recommends that we start talking about it in a new way.
- Not only provides data and citations, but also pop culture references and even a Spotify playlist.
- Boldly posits that we cannot continue to focus on personal choice as a key driver of health, as this focus diverts attention from the real and underlying forces affecting our nation's health.

CREATIVE WORKS

Chosen by Madeleine Mysko, MA, RN, coordinator, *AJN's Reflections* column.

1. *Learning to Heal: Reflections on Nursing School in Poetry and Prose*

Edited by Jeanne Bryner and Courtney Davis. Kent, OH, The Kent State University Press.

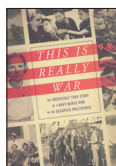


All the pieces in *Learning to Heal: Reflections on Nursing School in Poetry and Prose* are written by nurses, but it would be a mistake to assume this anthology will only appeal to nurses. In showcasing writing that is imaginative, thoughtful, passionate—and sometimes delightfully humorous—editors Jeanne Bryner and Courtney Davis have drawn from diverse points of view, and their care in curating has resulted in a generous collection. These are stories and poems of important teaching relationships: with nurse educators, with classmates, and, most important of all, with the patients these nurses have not forgotten—those they first cared for in nursing school.

- Is inclusive: provides various points of view on how nursing education has had to adapt to change while holding fast to its core ideals as an art and a science.
- Exhibits strength—and charm—throughout.
- Has broad appeal to a general readership.

2. *This Is Really War: The Incredible True Story of a Navy Nurse POW in the Occupied Philippines*

By Emilie Le Beau Lucchesi. Chicago, Chicago Review Press.



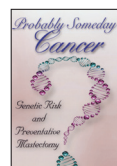
Dorothy Still gave her own account of her experiences as a prisoner of war in an oral history project and in a published memoir; nevertheless, we need endeavors like Emilie Le Beau Lucchesi's *This Is Really War*, a book that provides historical context and shines a light on

the women who served in World War II, nurses in particular. It will be of interest to those contemplating the moral injuries of war. Lucchesi's disciplined research grounds the book, while the narrative—Still's amazing survival—makes for a compelling read. *This Is Really War* honors Still and the nurses serving alongside her.

- Offers an accessible, fact-driven presentation—through one nurse's true story—of the complicated history of the occupied Philippines.
- Is well researched.
- Includes an extensive bibliography.

3. *Probably Someday Cancer: Genetic Risk and Preventative Mastectomy*

By Kim Horner. Denton, TX, University of North Texas Press.



Probably Someday Cancer is a frank and companionable memoir of the scary maze of decision making the author faced along with the hereditary risk of breast and ovarian cancer. As such, this memoir will surely prove valuable to anyone facing that maze and to all who wish to be of support to them. Not everyone overwhelmed by a diagnosis has the strength to seek the fullness of the information required to make decisions, and so perhaps the greatest value to the reader of *Probably Someday Cancer* will be the breadth of Horner's research and her openness in sharing all of it.

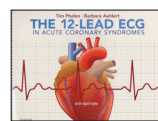
- Has an accessible writing style that makes *BRCA2* mutation understandable to the general reader.
- Takes a clear-eyed approach to the fear of cancer—which will be of comfort to those facing similar decisions.
- Has a robust bibliography.

CRITICAL CARE—EMERGENCY NURSING

Chosen by John J. Whitcomb, PhD, RN, CCRN-K, FCCM, professor and director, undergraduate nursing programs, Clemson University School of Nursing, Clemson, SC.

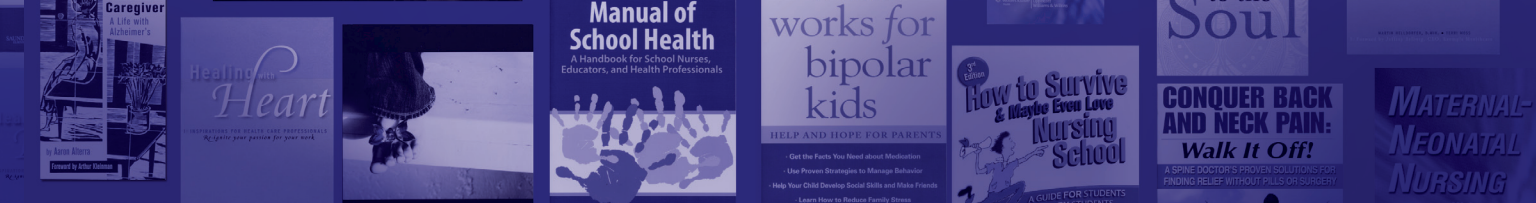
1. *The 12-Lead ECG in Acute Coronary Syndromes*

By Tim Phalen and Barbara Aehlert. 4th edition. St. Louis, Elsevier.



Learning to interpret a 12-lead electrocardiogram (ECG) requires practice, practice, and more practice, plus many types of examples to guide the clinician in recognizing changes, understanding the etiology, and making the connections. This text walks the reader through the process without overwhelming them. It is easy to follow and builds on information from each chapter. I liked the way the text is divided into five main sections: Reviewing the Basics; Leads, Axis, and Acquisition of the 12-Lead ECG; Acute Coronary Syndromes; ST-Elevation Variants; and finally Practice ECGs. I also appreciate the book's layout, which enables the reader to feel like they are looking at real 12-lead ECGs. I see this text as an excellent aid for the transition to practice.

- Is easy to navigate.
- Has a helpful layout that facilitates learning.
- Includes numerous practice 12-lead cases.

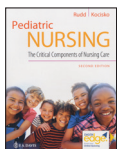


DIGITAL PRODUCTS

Chosen by Diane M. Billings, EdD, RN, FAAN, ANEF, Chancellor's Professor of Nursing, Indiana University School of Nursing, Indianapolis.

1. Davis Edge for Pediatric Nursing: The Critical Components of Nursing Care

By Kathryn Rudd and Diane M. Kocisko. 2nd edition. Philadelphia, PA. Davis Company.



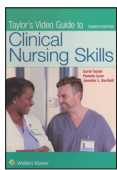
Davis Edge is an online review platform that accompanies the *Pediatric Nursing: The Critical Components of Nursing Care* textbook. The platform includes a student success center of offering an e-book version of the text, quizzes, student resources such as references and summaries of key points, and interactive clinical scenarios.

Each clinical scenario presents a realistic situation to which the student can respond. It starts with an “interview” of the client—presented as a list of questions from which the student must make appropriate selections—followed by a physical assessment in the same manner. The student then proceeds to make clinical judgments to develop, implement, and evaluate a plan of care. This interactive process helps students develop their clinical judgment skills.

- Uses engaging pedagogy.
- Offers a scenario-based teaching and learning strategy.
- Guides students through a clinical judgment model using high-level questions and prompts with feedback.

2. Taylor's Video Guide to Clinical Nursing Skills

By Carol Taylor, Pamela Lynn, and Jennifer L. Bartlett. 4th edition. Philadelphia, Wolters Kluwer.

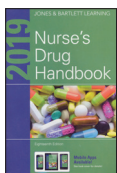


This collection, which can be accessed online from a computer, phone, or tablet, includes more than 170 videos demonstrating essential nursing skills. The videos are one to two minutes long and are organized in modules with distinct subsets so students can view and review specific topic areas as needed. The skills are clearly and realistically demonstrated. Additionally, quizzes at the end of each module allow students to further test their understanding of the content and track their progress.

- Features up-to-date presentation of skills.
- Is well organized.
- Includes a closed caption feature.

3. 2019 Nurse's Drug Handbook App

By Jones and Bartlett Learning. 18th edition. Burlington, MA, Jones and Bartlett Learning.



This handbook, available as an app, is a comprehensive, up-to-date drug reference for nurses and nursing students. Users can search for a drug to see information about it, such as its chemical and therapeutic class, indications and dosages, mechanism of action, incompatibilities and contraindications, interactions, adverse reactions, nursing considerations, and more.

- Provides comprehensive information on hundreds of drugs.
- Is easy to navigate.
- Is accessible on the go.

ENVIRONMENTAL HEALTH

Chosen by Ruth McDermott-Levy, PhD, MPH, RN, FAAN, associate professor and director, Center for Global and Public Health, Villanova University, Villanova, PA.

1. Urban Health

Edited by Sandro Galea, Catherine K. Ettman, and David Vlahov. New York City, Oxford University Press.



In the United States and globally, urban centers are growing as more people seek cities' services and resources to meet their needs. Thus, examining environmental health issues faced by city dwellers is important. *Urban Health* thoroughly addresses these specific concerns—such as pollution, climate change, and limited access to affordable and healthy foods—

and relevant research. Nurses who work with patients from urban environments must be aware of the health risks and health opportunities that an urban environment offers.

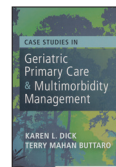
- Thoroughly describes the effects of the built environment on human health using an interdisciplinary approach.
- Includes a chapter on climate change and health specifically focused on the needs of the urban resident.
- Has an entire section dedicated to case studies in promoting healthy urban environments.

GERONTOLOGIC NURSING

Chosen by Mattia J. Gilmartin, PhD, RN, FAAN, executive director, Nurses Improving Care for Healthsystem Elders (NICHE), New York University Rory Meyers College of Nursing, New York City.

1. Case Studies in Geriatric Primary Care and Multimorbidity Management

By Karen L. Dick and Terry Mahan Buttarro. St. Louis, Elsevier.



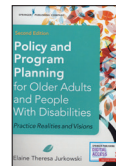
Sophisticated and easy to use, this book presents complex and nuanced cases that mirror the realities of caring for older adults with multiple chronic conditions. I particularly liked how the authors structured the unfolding cases to follow older adults across care settings and illness trajectories.

The cases include supporting clinical information and critical-thinking questions that challenge readers to make sense of complex clinical data and devise appropriate care plans.

- Offers well-written clinical case studies for advanced practice primary care nurses.
- Emphasizes a patient-centered approach that balances quality of care and quality of life. The Palliative Care chapter is a particularly useful resource for developing nurses' skills in discussing and creating appropriate advance care plans.
- Includes both basic and advanced cases so readers can build their clinical reasoning, diagnostic, and intervention skills over time.

2. Policy and Program Planning for Older Adults and People with Disabilities: Practice Realities and Visions

By Elaine Theresa Jurkowski. 2nd edition. New York City, Springer Publishing Company.



This book provides a robust analysis of the current policy environment surrounding the structure and function of services for older adults and people with disabilities. Author Elaine Theresa Jurkowski presents a historical overview and detailed descriptions of the legislation

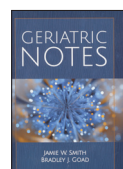


that underpins care for these populations. She also takes a pragmatic approach to advancing strategies to effect change. I especially enjoyed the last section of the book, which lays out the top 10 challenges for the future in the areas of disability and aging care. Jurkowski's analysis and recommendations are both realistic and optimistic.

- Is accessible, engaging, and suitable for nurses at all levels, as well as students.
- Recommends useful videos, websites, podcasts, and other resources.
- Discusses the historical context of major legislation affecting the care of older adults and people with disabilities. In addition to describing the impetus behind these pieces of legislation, Jurkowski also summarizes their components and covers implications for practice.

3. Geriatric Notes

By Jamie W. Smith and Bradley J. Goad. Burlington, MA, Jones and Bartlett Learning.



Geriatric Notes is a concise and easy-to-use pocket guide for clinicians. This compact book presents a large amount of information to guide the diagnosis and treatment of common conditions experienced by older adults. It is sure to be an essential tool for busy clinicians working across the continuum of care.

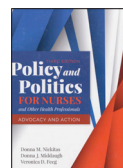
- Has a user-friendly design with a detailed table of contents and many useful tables, reference lists, and clinical decision support tools integrated throughout. Also includes a vaccine schedule, the Beers List of medications to use with caution in older adults, and color photos of common skin lesions.
- Includes "clinical pearls" in each chapter that offer practical information to guide clinical decision making.
- Lists discussion points for engaging older adults and their family caregivers in difficult conversations on topics such as driving, elder abuse, palliative care, and polypharmacy.

HISTORY AND PUBLIC POLICY

Chosen by Patricia D'Antonio, PhD, RN, FAAN, Carol E. Ware Professor in Mental Health Nursing, chair, Department of Family and Community Health, director, Barbara Bates Center for the Study of the History of Nursing, and senior fellow, Leonard Davis Institute of Health Economics, University of Pennsylvania School of Nursing, Philadelphia.

1. Policy and Politics for Nurses and Other Health Professionals: Advocacy and Action

By Donna M. Nickitas, Donna J. Middaugh, and Veronica D. Feeg. 3rd edition. Burlington, MA, Jones and Bartlett Learning.

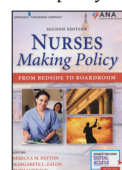


In the newest edition of this text, the authors address critical and cutting-edge policy issues of population health, mental health, and health technologies. They include effective case studies that enable readers to imagine themselves as agents of policy change.

- Is timely.
- Uses an interdisciplinary approach.
- Chapters are concise but thorough.

2. Nurses Making Policy: From Bedside to Boardroom

Edited by Rebecca M. Patton, Margarete L. Zalon, and Ruth Ludwick. 2nd edition. New York City, Springer Publishing Company.



Nurses Making Policy: From Bedside to Boardroom offers up-to-date information from nursing's leaders in health policy. The authors' personal and professional journeys through the world of health policy are informative and inspiring.

- Features real-life examples throughout.
- Has helpful text boxes, figures, and resources.
- Includes learning activities at the end of each chapter.

3. Policy and Program Planning for Older Adults and People with Disabilities: Practice Realities and Visions

By Elaine Theresa Jurkowski. 2nd edition. New York City, Springer Publishing Company.



Although written for a social work audience, this book is filled with facts and case studies that detail the fast-changing policies and practices affecting the often overlapping worlds of elders and people with disabilities.

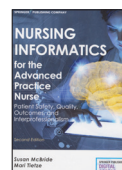
- Highlights relevant websites and podcasts.
- Is comprehensive.
- Discusses contemporary legislation and policies.

INFORMATICS

Chosen by Leslie H. Nicoll, PhD, MBA, RN, FAAN, editor-in-chief, *CIN: Computers, Informatics, Nursing*; owner, Maine Desk, LLC, Portland, ME.

1. Nursing Informatics for the Advanced Practice Nurse: Patient Safety, Quality, Outcomes, and Interprofessionalism

By Susan McBride and Mari Tietze. 2nd edition. New York City, Springer Publishing Company.

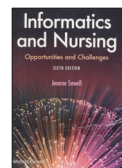


At more than 750 pages, this book is comprehensive and complete. It uses health information technology as a framework to address patient safety, quality of care, and cost savings in clinical settings. Although it is directed toward APRNs, I believe that all nurses will find this book useful, practical, and up to date. Its two main authors are joined by numerous contributors who are experts in the field of nursing informatics. The text is enhanced by case studies, figures, and tables. Resources for faculty are also available, including PowerPoint slides, a test generator, and more.

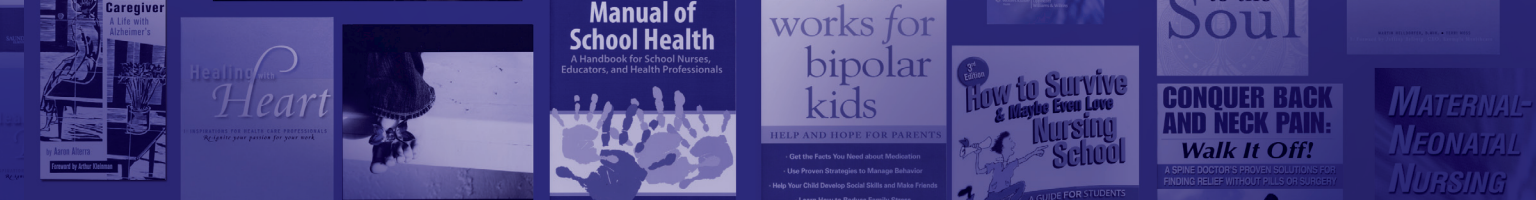
- Is thorough and detailed; covers the full range of health information technology as it exists now.
- Helps the reader think through issues and apply new knowledge in practical, meaningful ways.
- Is written by a range of expert authors.

2. Informatics and Nursing: Opportunities and Challenges

By Jeanne Sewell. 6th edition. Philadelphia, Wolters Kluwer.



This is a well-known and well-respected text in nursing informatics. Author Jeanne Sewell has kept abreast of changes in the field since the book was first published in 1999. Accordingly, this book reflects current trends and issues. It is colorful and inviting and includes many figures,



tables, boxes, case studies, Quality and Safety Education for Nurses (QSEN) scenarios, and other enhancements that make the material engaging.

Sewell takes a broad view of informatics and includes helpful chapters on topics such as authoring scholarly slide presentations and finding knowledge “in the digital library haystack,” in addition to chapters on standard content like health literacy, electronic health records, security, privacy, and interoperability. A great deal of information is concisely presented in this book.

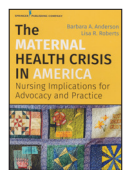
- Is a classic in the field; information is up to date and reliable.
- Is visually appealing.
- Includes resources for instructors, such as PowerPoint presentations, case studies, and an image bank.

MATERNAL-CHILD HEALTH/PRENATAL NURSING/CHILDBIRTH

Chosen by Kathleen Rice Simpson, PhD, RNC, CNS-BC, FAAN, perinatal clinical nurse specialist, St. Louis.

1. The Maternal Health Crisis in America: Nursing Implications for Advocacy and Practice

By Barbara A. Anderson and Lisa R. Roberts. New York City, Springer Publishing Company.

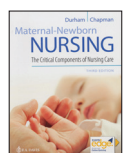


This text provides a comprehensive review of the most important issue facing U.S. clinicians and public policy professionals today. Maternal morbidity and mortality in the United States are higher than in other developed, high-resource countries. Clinicians, public health and policy students, and practitioners will find this text helpful as an overview of the current crisis in maternal health; recent natality, morbidity, and mortality data; existing promising programs; and suggestions for improvement. The authors point out structural racism—rather than race—as a substantial factor in childbirth outcomes for black women and Native American women in the United States, which are significantly worse than for white women. This text will be of great value to all clinicians who care for mothers and babies during childbirth in the inpatient, clinic, and home settings, and for those involved in health policy decision making and funding.

- Is well written and thorough.
- Covers critical issues in detail, including causes and outcomes, chapter by chapter.
- Carefully discusses each topic with supporting evidence.

2. Maternal-Newborn Nursing: The Critical Components of Nursing Care

By Roberta F. Durham and Linda L. Chapman. 3rd edition. Philadelphia, F.A. Davis Company.



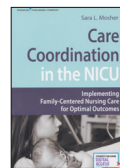
This text is a complete resource for nursing students. It has beautiful graphics, detailed content, and helpful learning aids, and covers all of the essential topics for nurses studying maternity and newborn care. Students will find this text useful in their studies and as a resource once they begin clinical practice. Nursing faculty will appreciate the well-written, appropriately referenced content.

- Is helpful and up to date.

- Includes case studies as well as boxes on important information such as critical components of care, safe and effective nursing care, and evidence to support nursing care.
- Has great visuals.

3. Care Coordination in the NICU: Implementing Family-Centered Nursing Care for Optimal Outcomes

By Sara L. Mosher. New York City, Springer Publishing Company.



This text fills a gap in content on two vulnerable populations: women experiencing high-risk pregnancies and families of babies in the neonatal intensive care unit (NICU). Far too much of what women and their families experience in these situations is not family centered and is instead based on practitioners’ routines and the hospital. In this book, readers will find detailed descriptions of optimal care that are amplified by poignant stories of patients’ experiences with ideal and not-so-ideal care. The author offers many practical suggestions regarding commonly encountered care situations and topics, including diagnosis of high-risk pregnancy and fetal complications, care at high-risk births, the NICU experience from the parents’ perspective, and bereavement and palliative care. There is also a helpful section on therapeutic strategies for nurses and other caregivers.

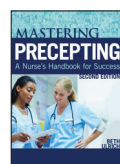
- Provides straightforward, up-to-date information and advice for nurses and other caregivers of women who face high-risk pregnancy and fetal complications, and whose infants require care in the NICU, on how to make all of these experiences better for the childbearing woman and her family.
- Offers an appropriate and detailed focus on what works best for the mother, baby, and family as they experience very stressful circumstances.
- Includes personal stories that highlight how women and their families perceive routine care in the hospital.

MEDICAL-SURGICAL NURSING

Chosen by Christopher A. VanFosson, PhD, MHA, RN, Lieutenant Colonel, U.S. Army, chief, Clinical Research Support Department, U.S. Army Institute of Surgical Research, Joint Base San Antonio, San Antonio, TX. The views of the author are his own and do not reflect the official opinion or endorsement of the U.S. Army or Department of Defense.

1. Mastering Precepting: A Nurse’s Handbook for Success

By Beth Tamplet Ulrich. 2nd edition. Indianapolis, IN, Sigma Theta Tau International.



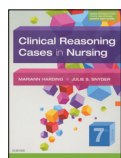
Being a preceptor is not for the faint of heart; exceptional preceptors require support, education, training, and practice. In the second edition of *Mastering Precepting*, author Beth Tamplet Ulrich expertly describes how nursing leaders can establish a preceptor program, support and develop their preceptors, and evaluate them to facilitate future growth. The text also provides comprehensive information for preceptors, including strategies for precepting various transitioning nurse populations, as well as managing burnout and providing self-care—essential aspects of the stressful precepting role! This text is a must-read for those leading or educating nurse preceptors, in addition to those clinical experts who selflessly take on the role of preceptor.



- Addresses the unique considerations related to preparing transitioning advanced practice nurses for their new role—an often overlooked need. Ulrich provides valuable insight into this important task.
- Includes a specific guide to providing continual preceptor development training. This invaluable tool takes the guesswork out of training development and saves time for leaders and educators.
- Serves as a one-stop shop for preceptor stakeholders. From defining the preceptor role, discussing how adults learn and communicate, and detailing coaching principles, to addressing specific learner populations and leader roles in supporting preceptors, this text has it all.

2. Clinical Reasoning Cases in Nursing

By Mariann Harding and Julie S. Snyder. 7th edition. St. Louis, Elsevier.

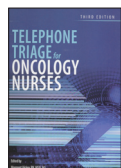


Clinical reasoning cannot be developed through education alone: nurses must be challenged to think about various aspects of the clinical situation to develop a complete understanding of the clinical problem. *Clinical Reasoning Cases in Nursing* is a unique attempt to guide novice nurses through the five steps of clinical reasoning. The authors present case studies associated with various health and illness concepts and walk readers through the steps. By the end of each section, readers will be ready to tackle any related challenging clinical situation. Although targeted at nursing students and new graduate nurses, any nurse could benefit from this text. I encourage all nurses to consider reading it to further develop the clinical expertise their patients deserve.

- Contains numerous clinical scenarios.
- Identifies aspects of clinical reasoning that target inherently risky patient care practices, such as medication administration. By spending extra time on these aspects of care, nurses will be prepared to deliver high-quality and safe patient care.
- Case studies progress through several phases of the clinical scenario, challenging the reader at each step.

3. Telephone Triage for Oncology Nurses

Edited by Margaret Hickey and Susan Newton. 3rd edition. Pittsburgh, PA, Oncology Nursing Society.



Triage is an essential step in facilitating the right care for the right patient at the right time. For nurses who may provide care to patients undergoing cancer treatment in the outpatient setting, *Telephone Triage for Oncology Nurses* can help! This one-of-a-kind text covers the basics of telephone triage for nurses at all

experience levels and is expertly written to offer valuable insight into the challenges facing a fragile patient population. After readers are introduced to the intricacies of telephone triage, including models of telephone triage, setting up a call center, and legal considerations, they are provided with a symptom-based tool to assess almost every patient consideration and get them the care they need. This important text is a valuable tool for any nurse charged with making sure that patients with cancer receive the right care at the right time.

- Presents each symptom category in a manner that facilitates over-the-phone assessment, diagnosis, and intervention. The

systematic approach is intuitive for even the most novice telenursing or oncology nurse.

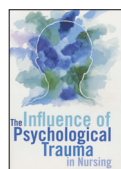
- Is updated with the most recent policies and evidence to support triage assessments and interventions.
- Includes a new chapter that highlights the use of oral cancer treatments. Important considerations for this new category of therapeutics are clearly described.

NURSING EDUCATION/CONTINUING EDUCATION/PROFESSIONAL DEVELOPMENT

Chosen by Gloria Donnelly, PhD, RN, FAAN, FCPP, professor and dean emerita, Drexel University, Philadelphia.

1. The Influence of Psychological Trauma in Nursing

By Karen J. Foli and John R. Thompson. Indianapolis, IN, Sigma Theta Tau International.



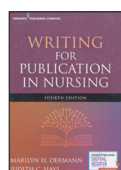
Psychological trauma is endemic in the world and is highly correlated with major chronic illnesses such as diabetes, heart disease, depression, and other stress-related disorders. However, the links between presenting symptoms and previous trauma are subtle and often undetected. Authors Karen J. Foli, a nurse, and John R.

Thompson, a physician, present an evidence-based treatment of psychological trauma, focusing on the human toll and manifestations of trauma related to abuse, neglect, conflict, and the stressors of the nursing role. The authors explore the theory and practice of trauma-informed care leading to healing and resilience that can be applied geopolitically, organizationally, and individually.

- Explores the concept of psychological trauma with theoretical and practical depth.
- Includes a “Trauma-Informed Reflection” feature interspersed throughout the book that connects readers to their own experiences, perceptions, and practices.
- Comprehensively explores the elements of trauma-informed care, including philosophy, processes, and resources necessary for implementation in clinical, educational, and workplace settings.

2. Writing for Publication in Nursing

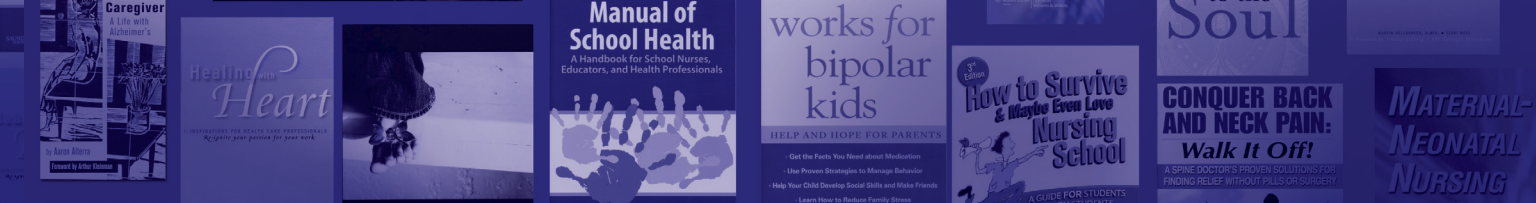
By Marilyn H. Oermann and Judith C. Hays. 4th edition. New York City, Springer Publishing Company.



In this age of “clicking around” to document care, authors Marilyn H. Oermann and Judith C. Hays point to writing as a necessary craft in the nurse’s skill set, with an emphasis on writing for publication. While nurses are doers who thrive on meaningful clinical interactions with patients and families, they have the responsibility

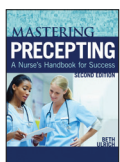
and opportunity to publish their work. This book provides a direct route to publication success, discussing preparation tips, the variety of writing formats, the writing process, and the publication process, including mining feedback for improvement.

- Includes boxed exhibits in each chapter that allow for quick referencing of nearly every issue addressed.
- Reviews the elements of writing, including purpose, audience, outlines, drafts, and revisions, as well as grammar and style.



- Provides information on open access publishing and predatory journals, which serves as a guide to authors on selecting legitimate outlets for published work.

3. Mastering Precepting: A Nurse's Handbook for Success By Beth Tamplet Ulrich. 2nd edition. Indianapolis, IN, Sigma Theta Tau International.



Mastering Precepting addresses the core of nursing education: how preceptors teach and promote the art and science of nursing in the clinic, at the bedside, and in communities. Nurses precepting students or colleagues at any level will find this book to be an invaluable resource. It reviews classic and recent studies and theories regarding

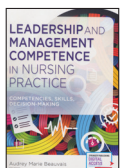
clinical learning and teaching approaches, including chapters on new instructional technologies and preceptee behavior. The book delves deeply into notions of competence and the development of the preceptor role for nurse educators and managers.

- Continuously reinforces the need to respect student individuality and dignity.
- Instructs readers on applying what they learned in prior chapters to the development of new preceptors and the re-education of veteran teachers.
- Addresses the importance of self-care for those who teach, including an exploration of the pathways to self-care and the prevention of compassion fatigue.

NURSING MANAGEMENT AND LEADERSHIP

Chosen by Beverly Hancock, DNP, RN-BC, senior director, leadership development, American Organization for Nursing Leadership, Chicago.

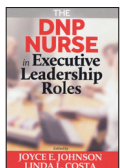
1. Leadership and Management Competence in Nursing Practice: Competencies, Skills, Decision-Making Edited by Audrey Marie Beauvais. New York City, Springer Publishing Company.



This book offers practical, relevant, and meaningful information on how clinically experienced RN-to-BSN students can develop their leadership skills as nurses. It covers a wide range of topics that are important for BSN-prepared nurses to have the knowledge and skills to address, including engaging as a professional nurse, leading teams, managing incivility, incorporating evidence-based practice, and contributing to the profession. Additionally, it provides evidence and theory along with realistic case studies, questions to consider, and helpful resources.

- Is uniquely written for the RN-to-BSN audience.
- Is practical and easy to read. The text is sprinkled with cases, tools, assessments, and more.
- Is succinct yet thorough; provides a good overview of leadership competencies.

2. The DNP Nurse in Executive Leadership Roles Edited by Joyce E. Johnson and Linda L. Costa. Lancaster, PA, DEStech Publications, Inc.

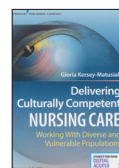


While many books address nursing leadership and management, the standout feature of this book is its focus on executive practice and the role of the DNP. The editors and contributors provide an overview of what

executive leadership looks like, explain relevant competencies related to executive leadership roles, and discuss how the DNP-prepared nurse can provide organizational leadership.

- Envisions greater DNP influence, advocacy, and leadership at the executive level.
- Includes chapters on a variety of topics, including writing skills, big data, and the role of executive leadership in transforming health care.
- Is engaging.

3. Delivering Culturally Competent Nursing Care: Working with Diverse and Vulnerable Populations By Gloria Kersey-Matusiak. 2nd edition. New York City, Springer Publishing Company.



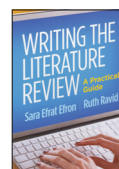
This well-written and timely book takes a unique angle on cultural competency, using a population health approach to identify vulnerable groups not typically included in conversations on cultural competence, such as patients who are morbidly obese and patients who are terminally ill. The author's Staircase Self-Assessment Model is a helpful tool for assessing one's knowledge and openness to diverse and vulnerable populations. The book is realistic in presenting cases. It is also thought provoking: it names real feelings that providers may have in caring for these populations and offers tools and guiding questions for reflection.

- Allows the reader to gain greater insight into their own biases, limited knowledge, and need for reflection.
- Is practical and offers great case studies and tools.
- Is widely relevant to all health care professionals.

NURSING RESEARCH

Chosen by Rodney W. Hicks, PhD, RN, FNP-BC, FAANP, FAAN, professor and assistant dean for research, Western University of Health Sciences, Pomona, CA.

1. Writing the Literature Review: A Practical Guide By Sara Efrat Efron and Ruth Ravid. New York City, The Guilford Press.



Effective writing can be one of the most time-intensive activities in research. In particular, writing a concise and meaningful literature review is quite challenging. *Writing the Literature Review: A Practical Guide* lays out a detailed foundation for approaching this important task. The authors take readers through each step of the process, offering vivid examples and practical tips along the way. Additionally, several chapters have great applicability beyond research. This is a multipurpose book that belongs in the libraries of authors and scholars.

- Is well organized.
- Includes "how-to" examples.
- Is thorough; provides ample explanation.



2. Intervention Research and Evidence-Based Quality Improvement: Designing, Conducting, Analyzing, and Funding

Edited by Bernadette Mazurek Melnyk and Dianne Morrison-Beedy. 2nd edition. New York City, Springer Publishing Company.



Today's nurse must recognize the inherent responsibilities of participating in improvement science activities that drive quality of care metrics. The authors of this text are well-known for their contributions to evidence-based practice. Across nearly 30 chapters, they capture the "Who?" "Why?" and "So what?" factors of the evidence-based practice and QI landscape.

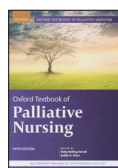
- Illustrates complex concepts using real-world examples.
- Demonstrates that nurses have the power to change practice, regardless of setting.
- Explains the funding cycle and process.

PALLIATIVE CARE AND HOSPICE

Chosen by Amanda Schultz, MSN, APRN, C-NP, ACHPN, director of clinical operations and quality, Longevity Health Plan, Oklahoma City, OK.

1. Oxford Textbook of Palliative Nursing

Edited by Betty Rolling Ferrell and Judith A. Paice. 5th edition. New York City, Oxford University Press.

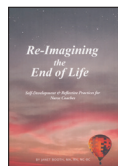


The *Oxford Textbook of Palliative Nursing* is an exemplary and long-established nursing resource that encompasses the ever-evolving transformation and challenges in palliative medicine. This text engages the audience in the establishment and advancement of knowledge regarding palliative care philosophy and principles.

- Is up to date and precise.
- Prompts readers to consider the advancement of palliative medicine by engaging in further nursing education, research, practice, and implementation.
- Includes excellent content such as visual aids and quick reference tools.

2. Re-Imagining the End of Life: Self-Development and Reflective Practices for Nurse Coaches

By Janet Booth. Independently published.



Nurses have a critical obligation to advocate for those with advanced illness, the aging, and the dying. In this book, author Janet Booth performs the commendable task of assisting readers in normalizing end-of-life care by preparing for and facilitating difficult conversations.

She encourages nurses to take a more active leadership role, which is necessary to engage in a paradigm shift. This shift must focus on the alleviation of multimodal suffering and view the end of life as a purposeful stage of human development.

- Reimagines end-of-life care as a process that focuses on what matters most to the individual, as opposed to one that is crisis driven, confusing, and disheartening.

- Discusses resilience and self-care as necessary for nurses in order to be therapeutically present with patients. Mindfulness coaching is imperative to preventing compassion fatigue and burnout, as nurses bear witness to suffering, moral and ethical dilemmas, and other personal conflicts, and may often feel helpless or overwhelmed.
- Is timely, up to date, and reflective of the palliative care landscape, and provides innovative examples of how nurse coaches can actively engage in the ever-changing culture of end-of-life care.

PROFESSIONAL ISSUES

Chosen by Katheren Koehn, MA, RN, FAAN, executive director, Minnesota Organization of Registered Nurses, St. Paul.

1. Moral Resilience: Transforming Moral Suffering in Healthcare

Edited by Cynda Hylton Rushton. New York City, Oxford University Press.



I have had the privilege of listening to this book's editor, Cynda Hylton Rushton, speak at a few conferences. She is deeply grounded in nursing ethics and shares her wisdom in a manner that is both profound and accessible.

The issue of moral distress is common in today's nursing literature and in everyday conversations between nurses and other clinicians. In this text, Rushton writes with deep understanding about identifying the issues and uncovering solutions for individuals, patient care units, hospitals, and health care systems. Her hope is that "clinicians and healthcare leaders will be bold in their commitment to address systemic patterns that undermine clinician integrity," and she gives us the tools to use to make that happen. While we wait for health care reform at a government level, Rushton reminds us that true health care reform begins with all of us as we strive for a culture of ethical practice.

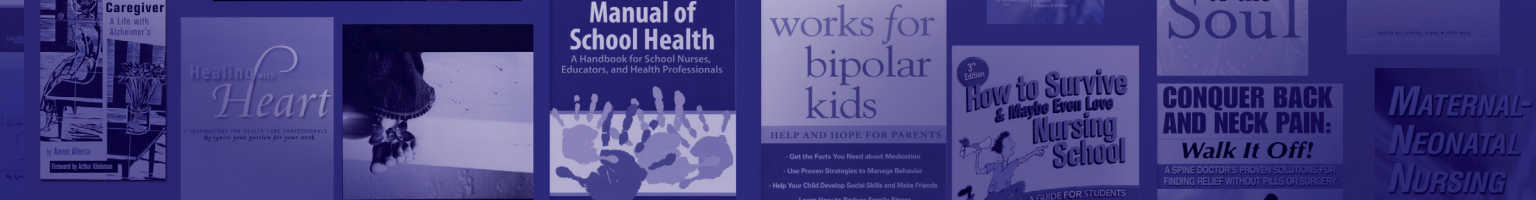
- Combines ethical theory with clear examples. While this isn't a simple recipe book for achieving a culture of ethical practice, it is easy to follow and understand the ethical theory, examples in practice, and constructs of how to effect change.
- Provides tools for health care providers to maintain their own sense of self-integrity and well-being.
- Is hopeful. Rushton reminds us that while the need for transformational change is urgent, it is important to take the long view in designing solutions.

2. Infiltrating Healthcare: How Marketing Works Underground to Influence Nurses

By Quinn Grundy. Baltimore, MD, Johns Hopkins University Press.



In this book, author Quinn Grundy shares her research on how sales representatives work behind the scenes to influence nurses to influence the purchasers of equipment, supplies, and pharmaceuticals. While nurses may feel they are invisible, they are clearly in view of those who sell products in the health care setting.

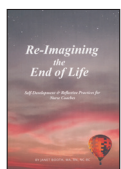


Grundy describes the problem in direct language, discussing methods of commercial influence in health care, including influence on direct care nurses, in the operating room, and in nursing organizations that use company sponsorships to help pay for conferences, with resulting implicit endorsement of products and services. This book contains information that all nurses should know.

- Clearly discusses the topic in a manner that is recognizable to anyone who has worked in a clinical setting or attended a professional nursing conference that had sponsorships to defray costs.
- Demonstrates that nurses are a rich target for industry influence owing to their ability to influence purchasing decisions.
- Proposes practical and significant policy changes to address the problem.

3. Re-Imagining the End of Life: Self-Development and Reflective Practices for Nurse Coaches

By Janet Booth. *Independently published.*



Author Janet Booth, an integrative nurse coach, has written an important guide to becoming better prepared to lead patient and family discussions on end-of-life care. This 60-page book is filled with resources to help any nurse be more fully present when leading these important discussions. Booth guides readers through four short chapters that include tools and reflective practice exercises.

While this book is geared toward the nurse coach, all nursing work involves aspects of nurse coaching. Inherent to the role of the nurse coach are self-reflection and self-care—desirable practices for all nurses. Booth posits that the more we explore our own beliefs and experiences, the better we will be able to advocate for quality end-of-life care for our patients.

- Uses an engaging writing style to coach the reader through the landscape of end-of-life care and its related issues.
- Suggests interesting and creative reflective practices.
- Includes three appendices with additional information and resources.

PSYCHIATRIC AND MENTAL HEALTH NURSING

Chosen by Martha Mathews Libster, PhD, MSN, APRN-CNS, historian; director, clinical nurse education, Rogers Behavioral Health System—Corporate, West Allis, WI.

1. The Influence of Psychological Trauma in Nursing

By Karen J. Foli and John R. Thompson. Indianapolis, IN, Sigma Theta Tau International.



This groundbreaking book honors the sacredness of the therapeutic nurse–patient relationship. The authors of this exciting work clearly and carefully detail the application of nursing science in the design of trauma-informed care. They radiate compassion and understanding in every page, achieving their stated aims: to expand our understanding of psychological trauma, to increase our personal insight, and to help us develop the resilience necessary to be healed so that we, too, can help others heal from their trauma.

- Is a powerful change agent.
- Is easy to read.
- Is effective in application.

2. Treating Impulsive, Addictive, and Self-Destructive Behaviors: Mindfulness and Modification Therapy

By Peggilee Wupperman. New York City, The Guilford Press.



This is an outstanding text for all practicing APRNs and for students in advanced practice psychiatric nursing programs. Its detailed mindfulness and modification therapy strategies are congruent with nursing practice and scientific theories. Wupperman's clear, client-centered, and nonjudgmental approach to dysregulated behaviors fits brilliantly within the scope of advanced practice nursing. The scripts, tracking sheets, and mindfulness exercises, such as the easy-to-use “focus on the object,” are excellent resources.

- Is useful for skill building.
- Is suitable for both novices and experts.
- Is practical. ▼