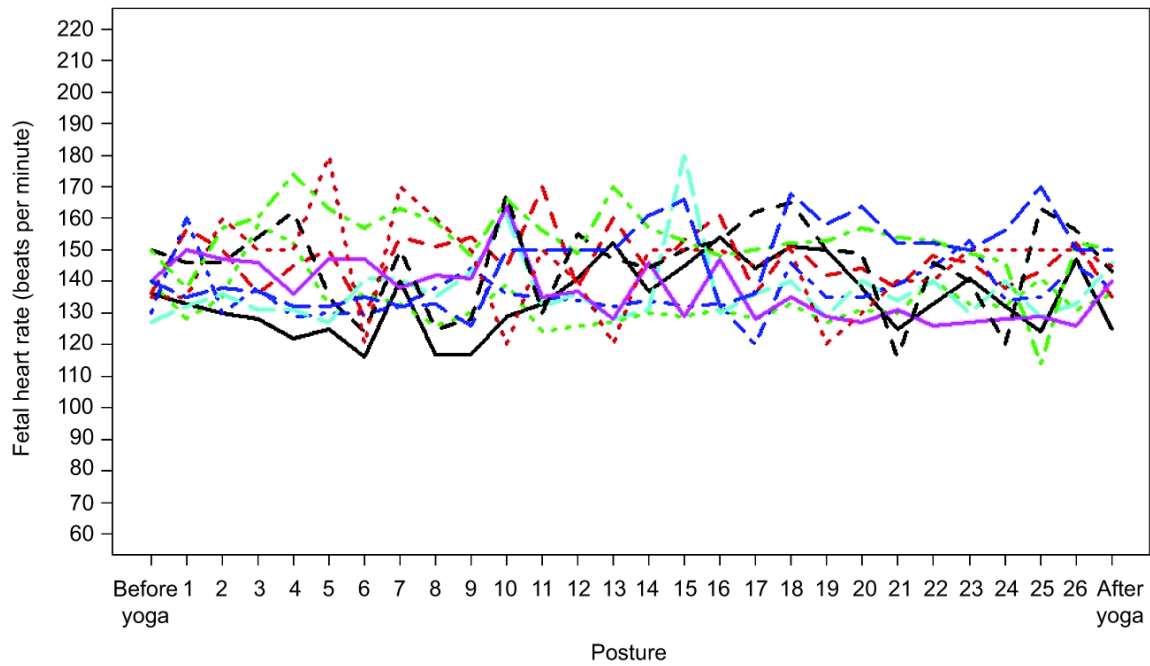
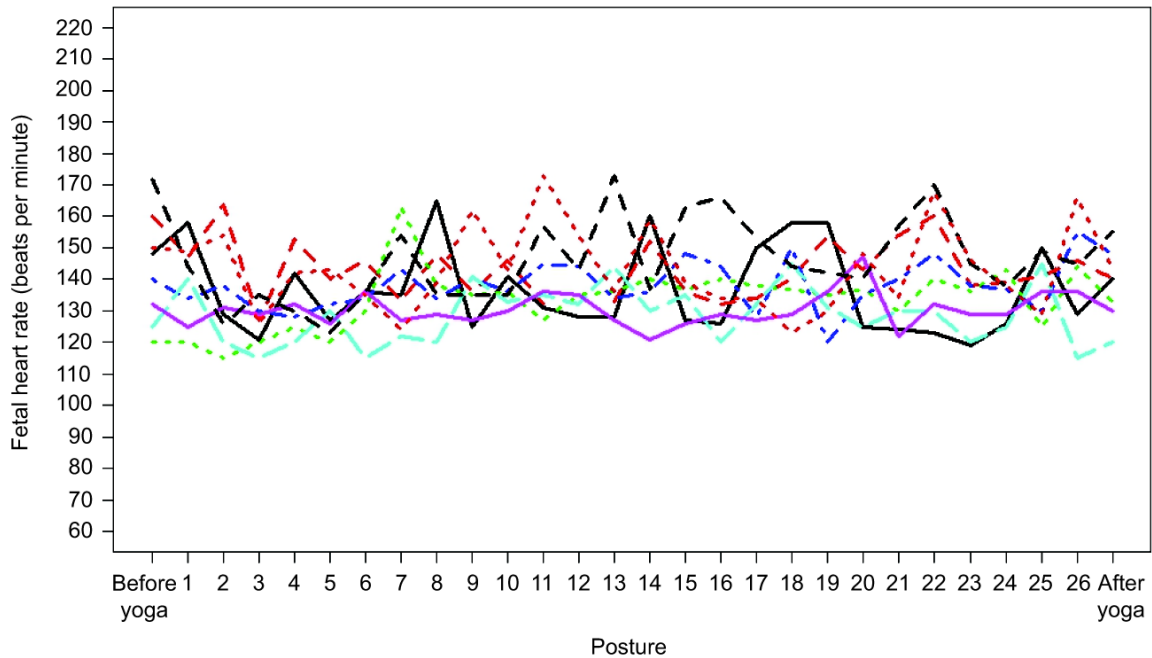


Appendix 3. Longitudinal change in fetal heart rate across 26 yoga. Each colored line represents data from a single yoga participant across all 26 yoga postures. Yoga experience group (A), yoga familiarity group (B), and no yoga experience group (C).



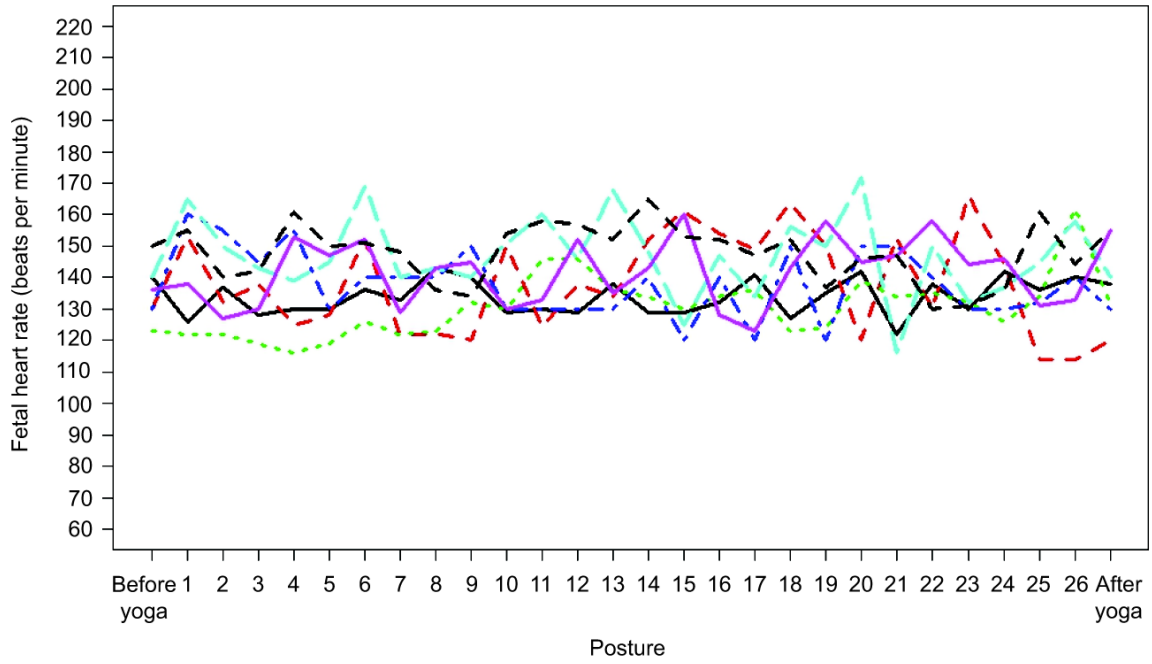
A



B

Polis RL, Gussman D, and Kuo YH. Yoga in pregnancy: An examination of maternal and fetal responses to 26 yoga postures. *Obstet Gynecol* 2015;126.

The authors provided this information as a supplement to their article.



C

Polis RL, Gussman D, and Kuo YH. Yoga in pregnancy: An examination of maternal and fetal responses to 26 yoga postures. *Obstet Gynecol* 2015;126.

The authors provided this information as a supplement to their article.