

## Appendix 1. HeraBEAT System Specification and Safety Claims

Characteristic	Measure	Specifications
Safety	Complies with	IEC/EN 60601-1, 60601-1-2, 60601-1-11, 60601-2-37
Classification	Antielectric shock type	Class II electrical device when AC/DC adapter connected. Otherwise, internally powered equipment.
	Antielectric shock degree	Type BF equipment
	Degree of protection against harmful ingress of water	IP22 Protection against falling drops of water when unit is tilted 15°.
Physical characteristics	Device size	88 x 37 mm; 3.5 x 1.5 inches (Diameter x Height, ± 0.08 inches)
	Device weight	Approximately 4.58 ounces
Operating environment	Temperature	From 41°F up to 104°F
	Humidity	From 5% up to 90% RH (noncondensing)
Storage/transport environment	Temperature	From -4°F up to 140°F
	Humidity	From 5% up to 95% (noncondensing)
	Light intensity	No direct sunlight
FHR performance	Pregnancy week	12 to 42
	FHR measuring range; accuracy; resolution	50 to 240 bpm; ± 2 bpm; 1 bpm
	MHR measuring range; accuracy; resolution	45 to 240 BPM; ± 2% or 1 bpm, whichever is greater; 1 bpm
<b>Auto acquisition stop</b>	NA	5 minutes of successful measurement
<b>Recommended ultrasound transmission gel</b>	NA	Aquasonic 100 Ultrasound Transmission Gel (Parker Laboratories, Fairfield, NJ)
<b>Power consumption</b>	NA	<2 W
<b>Rechargeable lithium-ion battery</b>	Nominal capacity	3.7 V DC-1250 mA
	Continuous work time	4 hours (with a new battery)
	Power input	5 V DC->0.3 A
	Charge time	4 hours
<b>Ultrasound (NEMA/FDA)</b>	Nominal frequency	2 MHz ± 10%
	Ultrasonic output power (P)	70 mW

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	Peak rarefactional pressure ( $p_r$ )	0.03 MPa
	Ultrasonic output intensity ( $I_{sata}$ )	$\leq 20$ mW/cm <sup>2</sup>
	Mechanical index (MI)	0.02
	Thermal index (TIS; TIB)	0.26; 0.7
	Measurement mode	Continuous wave ultrasound doppler
	Effective radiating area of transducer	$4.9 \pm 0.5$ cm <sup>2</sup>
<b>BLE specification</b>	Frequency band of transmission	2.4–2.5 GHz Channels (2 MHz spacing) 3 advertising channels @ 2402-2426-2480 Mh 36 data channels
	Frequency characteristics of the modulation	DSSS: GFSK (modulation index=0.5)
	Maximum RF input	-10 dBm
	Typical receive sensitivity	-94 dBm
	Maximum RF Tx output power	+4 dBm

HeraBEAT safety claims:

- HeraBEAT works at low voltage (5 V)-which is supplied from an internal rechargeable battery (tested per IEC 60601-1).
- HeraBEAT device material is isolated and made of electric nonconducting material. In addition-the device does not operate while charging.
- HeraBEAT transmits ultrasonic energy at a maximum intensity of 20 mW/cm<sup>2</sup>, according to IEC 60601-2-37 “Medical electrical equipment – Part 2-37: Particular requirements for the safety of ultrasonic medical diagnostic and monitoring equipment.”
- The device turns off if not connected to the mobile app for several seconds.
- All materials are biocompatible and approved for use on the skin surface.
- HeraBEAT controls the temperature level inside the device to assure that the device temperature remains below the safe temperature limit. In addition, a built-in test (BIT) is implemented to verify the correct functioning of the temperature sensor.
- The device conforms to risk management best practices according to ISO 14971:2007 – Medical Devices – Application of Risk Management to Medical Devices.

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## Appendix 2. Conversion Table for System Usability Scale Raw Scores Into Percentile and Grades

SUS Score	Percentile	Grade
84.1–100	96–100	A+
80.8–84.0	90–95	A
78.9–80.7	85–89	A-
77.2–78.8	80–84	B+
74.1–77.1	70–79	B
72.6–74.0	65–69	B-
71.1–72.5	60–64	C+
65.0–71.0	41–59	C
62.7–64.9	35–40	C-
51.7–62.6	15–34	D
<51.7	0–14	F

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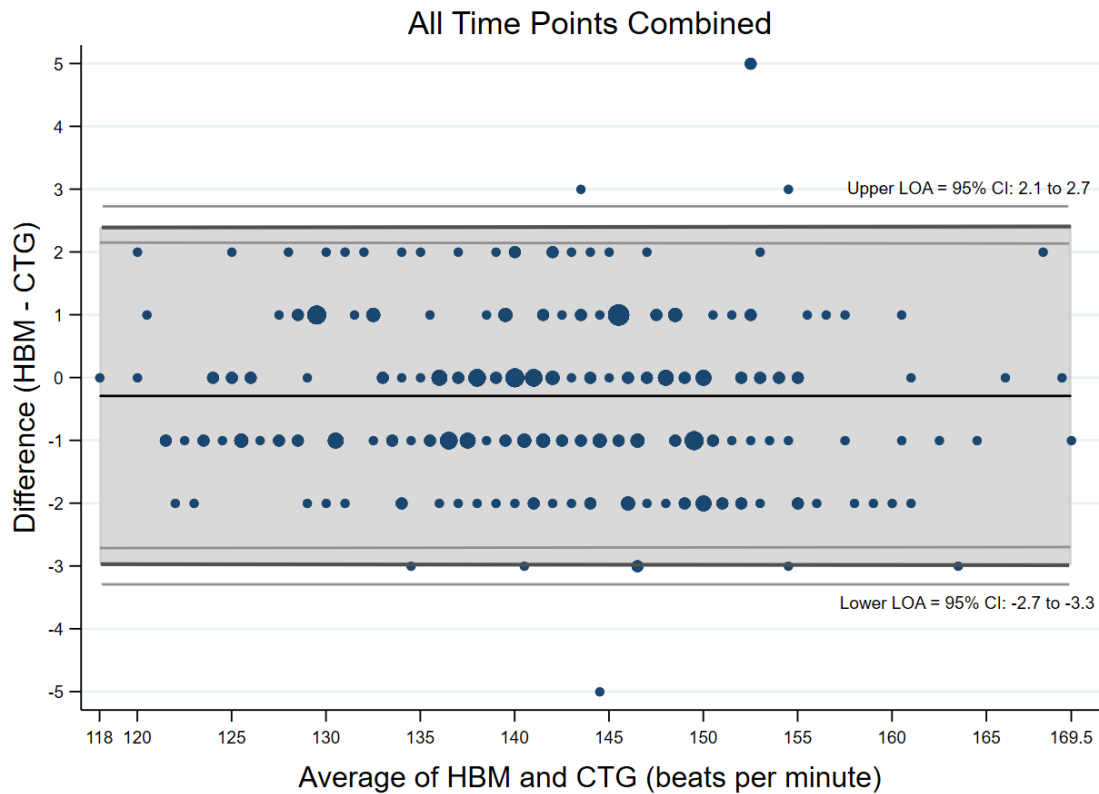
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**Appendix 3. All Positive Version of the System Usability Scale and the Adjectival Enhancement Question Used in the Study**

Please mark the box that reflects your immediate response to each statement. Don't think too long about each statement. Please make sure you respond to every statement. <b>If you don't know how to respond-just mark box' 3.'</b>					
	<i>Strongly disagree</i>				<i>Strongly agree</i>
1. I think I would like to use this system frequently.	1	2	3	4	5
2. I found this system to be simple.	1	2	3	4	5
3. I thought this system was easy to use.	1	2	3	4	5
4. I think I could use this system without the support of a technical person.	1	2	3	4	5
5. I found the various functions of this system were well integrated.	1	2	3	4	5
6. I thought there was a lot of consistency in this system.	1	2	3	4	5
7. I imagine most people would learn to use it very quickly.	1	2	3	4	5
8. I found it very intuitive.	1	2	3	4	5
9. I felt very confident using this system	1	2	3	4	5
10. I could use this system without having to learn anything new.	1	2	3	4	5

<u>Adjectival assessment:</u> Overall-I would rate the user-friendliness of HBM as....	Worst imaginable	Awful	Poor	Okay	Good	Excellent	Best imaginable
	1	2	3	4	5	6	7

**Appendix 4. Bland-Altman plot showing comparable accuracy between heartbeat monitor and cardiocotography, with the difference in fetal heart rate (in beats per minute) between devices plotted across individual all time-paired data points (n=260). LOA, limits of agreement; CI, confidence interval; HBM, heartbeat monitor; CTG, cardiocotography.**



**Appendix 5. Characteristics of the Accuracy Study (HBM vs Philip Avalon CTG) Participants Who Had Results Outside the 95% Limits of Agreement (>2 BPM Difference)**

Subject	BMI* (kg/m <sup>2</sup> )	Placental position	Gestation (weeks)	The difference in FHR <sup>†</sup> (bpm <sup>‡</sup> )				
				Time 1	Time 2	Time 3	Time 4	Time 5
1	27.2	posterior	32	3		3		
2	28.3	anterior	39	3	3			
3	35.9	anterior	37				5	
4	28.5	posterior	41					3
5	42.1	lateral	37			5		
6	25.3	anterior	37		3	3		
7	28.2	posterior	37			5	3	

Each row shows data for one participant. No participants had more than 2 readings with >2 bpm difference. There was no association between gestation, placental position, or BMI and an excess difference in FHR (bpm).

\*BMI, body mass index; <sup>†</sup>FHR, fetal heart rate; <sup>‡</sup>bpm, beats per minute.

**Appendix 6. Factors Related to Clinical Outcomes (Continuous)**

User	Clinician administered		Participant administered			
Site of recording	Clinic setting		Clinic setting		Home setting	
	Median (IQR)	<i>P</i>	Median (IQR)	<i>P</i>	Median (IQR)	<i>P</i>
Time to 1st detection of FHR* (s)						
Pregnancy BMI† (kg/m <sup>2</sup> )						
<23.5	0.2 (0.2-0.2)	.90	0.5 (0.4-1)	.97	0.6 (0.5-0.8)	.36
23.5 to <30	0.5 (0.1-1.2)		0.5 (0.2-0.8)		0.5 (0.2-1.2)	
30 to <35	0.5 (0.2-0.9)		0.5 (0.2-1.8)		0.4 (0.1-0.8)	
35 to <45	0.6 (0.2-1.2)		0.5 (0.5-1.0)		2.4 (1.2-3.1)	
45+	-		-		-	
BMI ≤35 (kg/m <sup>2</sup> )						
<35	0.5 (0.2-1.2)	.66	0.5 (0.3-0.8)	.78	0.5 (0.2-1.0)	.14
≥35	0.6 (0.2-1.2)		0.5 (0.5-1.0)		2.4 (1.2-3.1)	
Anterior placenta location						
Yes	0.4 (0.1-0.5)	.08	0.9 (0.5-1.3)	.14	2.0 (1.0-3.0)	.20
No	0.6 (0.2-1.2)		0.5 (0.3-0.8)		0.5 (0.2-1.6)	
Gestation						
1st trimester (week 0–13)	-	.35	0.5 (0.5-0.5)	.10	-	.74
2nd trimester (week 14–26)	1.2 (1.2-1.2)		1.0 (0.5–1.5)		0.8 (0.5-1.0)	
3rd trimester (week 27+)	0.5 (0.2-1.2)		0.5 (0.3-0.5)		0.5 (0.2-2.1)	
Continuous FHR trace duration (min)						
Pregnancy BMI			NA <sup>‡</sup>	NA <sup>‡</sup>		
<23.5	3.3 (3.3-3.3)	.98			2.2 (1.8-2.7)	0.25

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23.5 to <30	2.6 (1.6-4.7)				3.8 (2.3-4.5)	
30 to <35	2.1 (1.6-4.0)				2.9 (2.0-4.1)	
35 to <45	3.0 (1.3-4.1)				2.3 (1.2-3.2)	
45+	-				-	
BMI ≤35 (kg/m <sup>2</sup> )			NA <sup>§</sup>	NA <sup>§</sup>		
<35	2.2 (1.6-4.4)	.93			3.2 (2.3-4.3)	.17
≥35	3.0 (1.3-4.1)				2.3 (1.2-3.2)	
Anterior placenta location			NA <sup>§</sup>	NA <sup>§</sup>		
Yes	2.6 (1.4-4.3)	.88			2.4 (1.3-3.6)	.49
No	2.8 (1.6-4.3)				2.9 (2.2-4.2)	
Gestation (week)			NA <sup>§</sup>	NA <sup>§</sup>		
1st trimester (0–13)	-				-	
2nd trimester (14–26)	3.0 (3.0-3.0)	.93			2.9 (2.3-3.6)	.81
3rd trimester (27+)	2.6 (1.5-4.3)				2.9 (2.0-4.2)	

Data are median (IQR) or n (%).

\*FHR, fetal heart rate; <sup>†</sup>bpm, beats per minute; <sup>‡</sup>BMI, body mass index; <sup>§</sup>NA, Not assessed. When participants used the heartbeat monitor in the clinic, recordings were truncated at 1 minute and total trace times, variability and FHR accelerations were not reported.