

**Supplementary Table 1.** Assessment of quality of included studies

<b>First author</b>	<b>Clear definition of study population</b>	<b>Clear definition of outcomes and outcome assessment</b>	<b>Independent assessment of outcome parameters</b>	<b>Sufficient duration of follow-up</b>	<b>Sufficient sample size</b>	<b>No selective loss during follow-up</b>	<b>Important confounders and prognostic factors identified</b>
Tchantchaleishvili	Yes	Yes	Yes	Yes	No	Yes	Yes
Saito	Yes	Yes	Yes	Unclear	Yes	Yes	Yes
Frazier	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Goldstein	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Birks	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Lamarche	Yes	Yes	Yes	Yes	No	Yes	Yes
Dandel	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Simon	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Maybaum	Yes	Yes	Yes	No	No	Yes	Yes
Farrar	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Mancini	Yes	Yes	Yes	Yes	No	Yes	Yes