

APPENDIX 3

The Beck Anxiety Scale (BAS): The scale developed by Beck et al. in 1988 was adapted to Turkish by Ulusoy et al. in 1993. The scale is used to determine the frequency of anxiety symptoms experienced by individuals. In this 4-point Likert scale, each item is scored in the range of 0-3. A high score obtained from the scale indicates severity of anxiety experienced by an individual. Ulusoy et al. reported a Cronbach's Alpha value of .93 for the scale. In our study, Cronbach's Alpha value was .92.