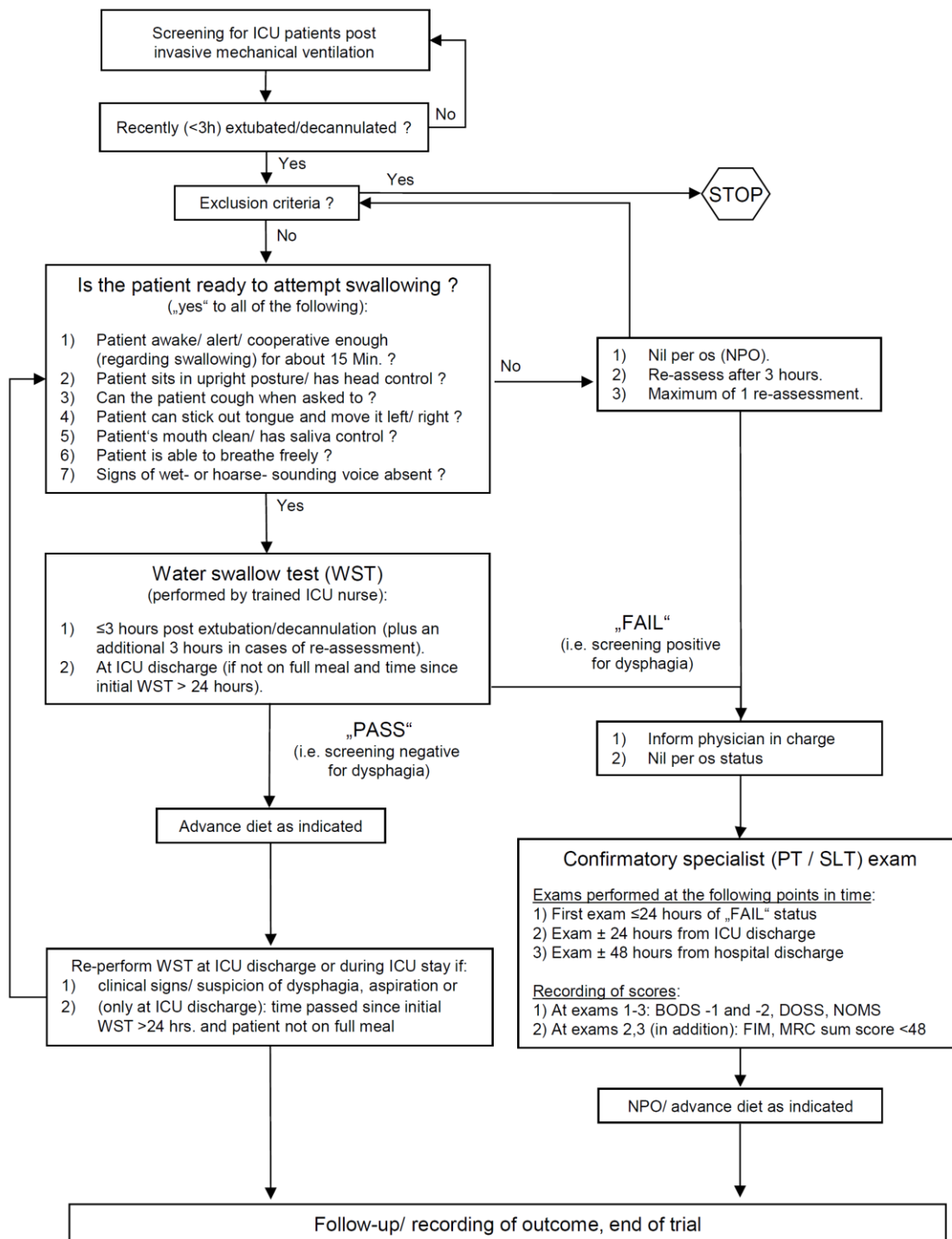


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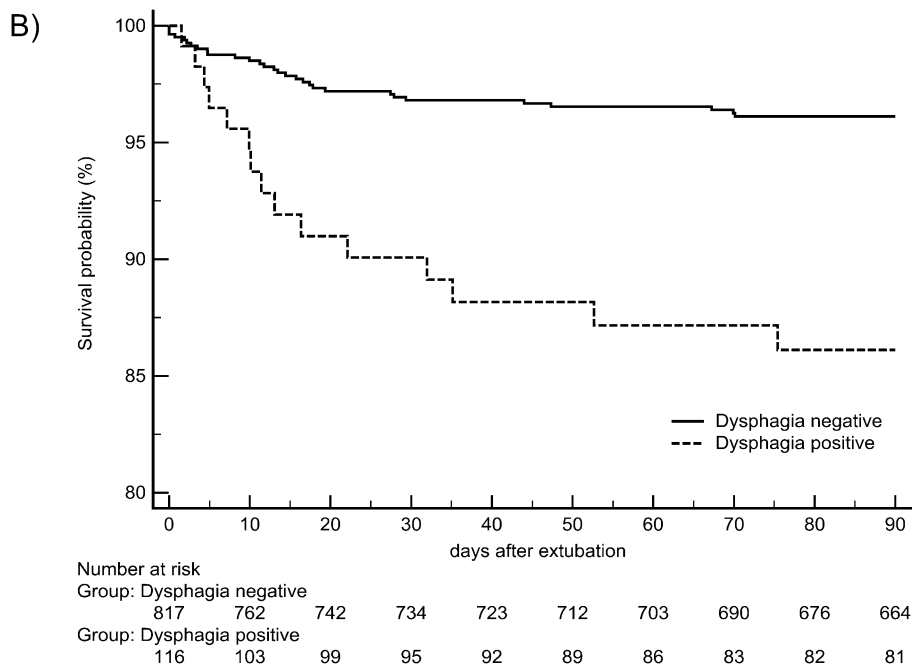
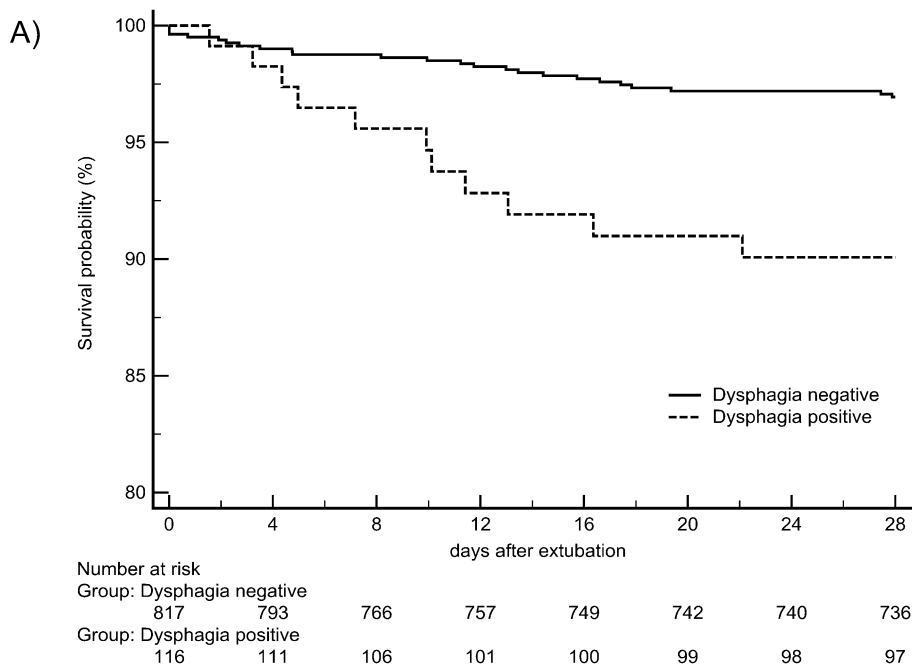
DYsphAgia in Mechanically ventilated Intensive Care unit patientS (DYnAMICS): a prospective observational trial

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Fig. E1: Screening algorithm, confirmatory specialist examination, and follow up

BODS= Bogenhausen Dysphagia Score, DOSS=Dysphagia Outcome Severity Scale, FIM= functional independence measure, MRC= Medical Research Council, NOMS= National Outcomes Measurement System, NPO= nil per os, PT= Physiotherapist, SLT= speech language therapist.

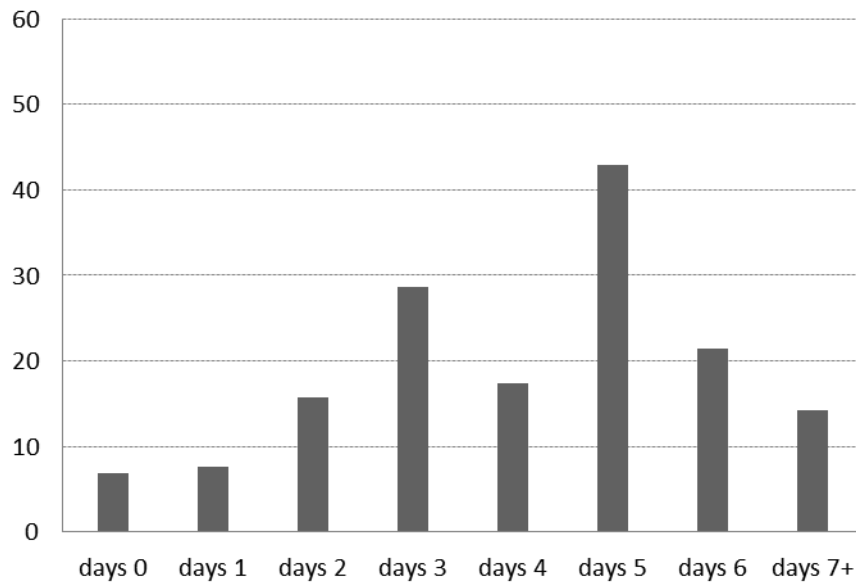
Fig. E2: Survival estimates for (A) all-cause 28-day and (B) all-cause 90-day mortality in dysphagia screening positive/ negative patients (days after extubation)



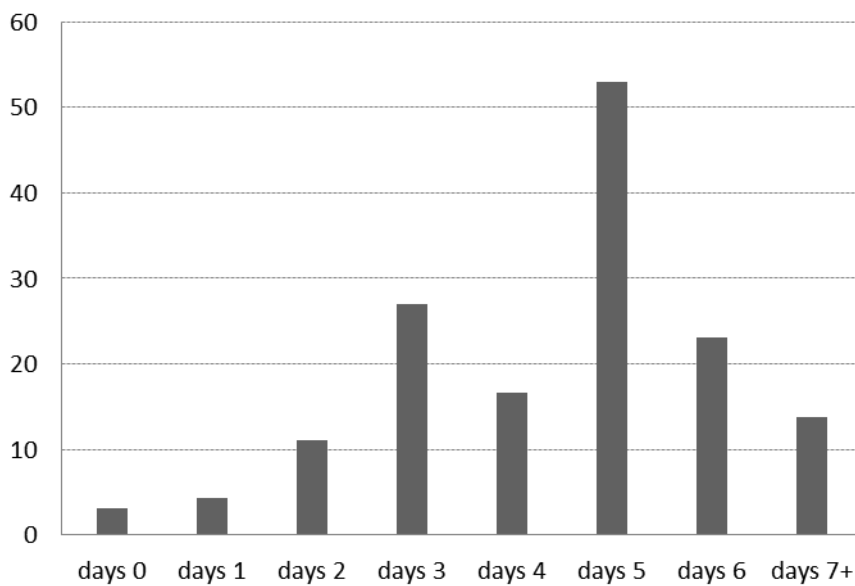
Kaplan Meier survival estimates. (A) 28-day mortality hazard ratio in dysphagia group: 3.34 (95%-CI: 1.21-9.26), $p < 0.001$, $X^2 = 12.4$ and (B) 90-day mortality HR 3.73 (95%-CI: 1.51-9.21), $p < 0.001$, $X^2 = 20.0$

Fig. E3: Incidence of dysphagia and length of mechanical ventilation

A)



B)



Incidence of dysphagia (given in percent) and total days on mechanical ventilation in the overall cohort (Fig. E 3A) and in the cohort of patients admitted for non-neurological reasons (Fig. E3B; defined by APACHE IV admission category).

Table E1: Evolution of dysphagia disease severity

		Initial exam on ICU (≤24 hrs. of screening)	ICU discharge exam (±24 hrs. of ICU discharge)			Hospital discharge exam (±48 hrs. of hosp. discharge)		
index (score)	range	total cohort n=116	total cohort n=110 (n=6 lost to FU)	Dysphagia positive in ICU discharge BSE (n=96)	Dysphagia negative in ICU discharge BSE (n=14)	total cohort n=90 (n=6 died)	Dysphagia positive in hospital discharge BSE (n=58)	Dysphagia negative in hospital discharge BSE (n=32)
BODS-1 score	1-8	2.0 [1.0-3.0]	1.0 [1.0-3.0]	2.0 [1.0-3.0]	1.0 [1.0-1.0]	1.0 [1.0-2.0]	1.0 [1.0-2.0]	1.0 [1.0-1.0]
BODS-2 score	1-8	8.0 [5.0-8.0]	7.0 [3.0-8.0]	8.0 [5.0-8.0]	1.0 [1.0-2.0]	2.0 [1.0-6.0]	5.0 [2.0-8.0]	1.0 [1.0-1.0]
BODS sum score	2-16	9.0 [7.0-11.0]	9.0 [4.0-10.0]	9.0 [6.5-11.0]	2.0 [2.0-3.0]	3.0 [2.0-8.0]	6.0 [3.0-10.0]	2.0 [2.0-2.0]
DOSS score	1-7	1.0 [1.0-3.3]	2.0 [1.0-5.0]	1.0 [1.0-4.5]	6.5 [6.0-7.0]	5.0 [2.0-7.0]	2.0 [1.0-5.0]	7.0 [7.0-7.0]
NOMS score	1-7	1.0 [1.0-3.0]	2.0 [1.0-5.0]	1.0 [1.0-3.0]	7.0 [6.0-7.0]	5.5 [3.0-7.0]	3.0 [1.0-5.0]	7.0 [7.0-7.0]
FIM score	18-126	not performed	24.0 [19.3-31.8]	23.0 [18.8-29.3]	36.5 [29.0-44.0]	55.0 [29.0-97.5]	36.5 [26.0-66.0]	84.0 [65.5-112.8]
MRC sum score (nr. of cases <48, %)	(yes/no)	61/104 (58.7%) n=12 n.a.	59/102 (57.8%) n=14 n.a.	55/90 (61.1%) n=6 n.a.	4/12 (33.3%) n=2 n.a.	34/87 (39.1%) n=3 data n.a.	27/55 (49.1%) n=3 data n.a.	7/31 (22.6%) n=1 data n.a.

Data are given for initial examination, ICU-, and hospital discharge (median/ interquartile range, or absolute numbers in %). Missing data: initial exam n=10, n=6 lost to follow up at ICU discharge exam, and n=6 died (hospital discharge exam). BODS= Bogenhausen Dysphagia Score, BSE= bedside swallow examination, DOSS= Dysphagia Outcome Severity Scale, FIM= functional independence measure, MRC= Medical Research council, n.a.= not available, NOMS= National Outcomes Measurement System.

Table E2: Univariate and multivariate regression models (90-day mortality)

Variable	Single predictor model for 90-day mortality following ICU admission			Multivariate model for 90-day mortality following ICU admission		
	Hazard Ratio (95 % CI)	p-value	Wald	Hazard Ratio (95 % CI)	p-value	Wald
Age (per 1 year increase)	1.02 (1.0-1.04)	0.10	2.7	1.009 (0.99-1.03)	0.45	0.58
Gender (female)	1.29 (0.69-2.40)	0.42	0.6	1.08 (0.58-2.02)	0.81	0.1
Weight (per 1 kg increase)	0.98 (0.96-0.99)	0.04	4.4	-	-	-
BMI (per 1 step increase)	0.96 (0.90-1.02)	0.21	1.6	-	-	-
APACHE II score (per 1 increase)	1.09 (1.05-1.14)	<0.001	20.9	1.08 (1.03-1.12)	<0.001	11.5
SAPS II score (per 1 increase)	1.03 (1.01-1.14)	0.002	10.1	-	-	-
Cumulative TISS-28 points (per 10 increase)	1.001 (1.0-1.001)	0.006	7.6	-	-	-
Admission category (emergency group)	3.78 (1.76-8.12)	<0.001	11.6	-	-	-
Dysphagia positivity on ICU (dysphagia group)	3.74 (2.01-6.95)	<0.001	17.4	2.95 (1.57-5.53)	<0.001	11.3
Days on invasive MV (per 1 increase)	1.04 (1.01-1.08)	0.01	6.17	1.04 (0.99-1.10)	0.09	3.0
Days on RRT (per 1 increase)	1.05 (0.98-1.13)	0.18	1.8	-	-	-
Days on vasopressors (per 1 increase)	0.95 (0.82-1.11)	0.53	0.4	-	-	-
Days on antimicrobials (per 1 increase)	0.89 (0.78-1.02)	0.09	2.9	-	-	-
Days on antibiotics (per 1 increase)	0.88 (0.77-1.01)	0.08	3.1	-	-	-

Hazard ratios for (co-)variables for ICU patients after invasive mechanical ventilation (MV). APACHE II= Acute Physiology And Chronic Health Evaluation-II score, BMI= body mass index, RRT= renal replacement therapy, SAPS-II= Simplified Acute Physiology Score-II, TISS-28= Therapeutic Intervention Scoring System-28. Overall model fitness: $p < 0.001$, $X^2 = 31.3$.

Table E3 Baseline demographics of extubated ICU patients (incl. subgroups)

	Total group				Emergency group			Elective group		
	all n=933	Dysphagia screening positive n=116	Dysphagia screening negative n=817	p- value	Dysphagia screening positive n=96	Dysphagia screening negative n=429	p- value	Dysphagia screening positive n=20	Dysphagia screening negative n=388	p- value
Age (years)	65 [54-73.3]	64.5 [49.5-77.0]	65.0 [55.0-73.0]	0.83	62.0 [49.0-75.5]	62.0 [51.0-71.0]	0.8	71.0 [55.5-78.0]	68.0 [59.0-74.0]	0.31
Gender (male, %)	666 (71)	80 (69)	586 (72)	0.58	68 (71)	292 (68)	0.63	12 (60)	294 (76)	0.12
Weight (kg)	80.0 [70.0-90.0]	76.0 [69.8-86.0]	80.0 [70.0-90.0]	0.07	78.0 [71.8-88.5]	80.0 [70.0-90.0]	0.43	68.5 [59.0-80.0]	80.0 [70.0-90.0]	0.002
BMI*	26.2 [23.7-29.4]	25.7 [23.5-27.8]	26.3 [23.7-29.3]	0.07	25.9 [24.2-28.4]	26.2 [23.5-29.4]	0.6	24.4 [21.4-26.5]	26.6 [24.0-29.4]	0.008
APACHE-II score	17 [13-23]	21 [17-25]	17 [13-22]	<0.001	21 [17-25]	20 [14-24.8]	0.03	21 [16.25-24.5]	15 [12-18]	<0.001
SAPS-II score	36 [28-46]	42.5 [34-55.5]	35 [28-45]	<0.001	41 [34-56]	41 [33-52]	0.35	49.5 [36.5-54.5]	30 [25-38]	<0.001
APACHE-IV admission diagnostic groups (number, %)										
- Cardiovascular	556 (59.6)	34 (29.3)	522 (63.9)	<0.001	20 (20.8)	155 (36.1)	0.004	14 (70.0)	367 (94.6)	<0.001
- Respiratory	52 (5.6)	6 (5.2)	46 (5.6)	1.0	5 (5.2)	45 (10.5)	0.13	1 (5.0)	1 (0.3)	0.1
- Gastrointestinal	56 (6.0)	5 (4.3)	51 (6.2)	0.53	5 (5.2)	43 (10.0)	0.17	-	8 (2.1)	-
- Neurologic	147 (15.8)	47 (40.5)	100 (12.2)	<0.001	44 (45.8)	91 (21.2)	<0.001	3 (15.0)	9 (2.3)	0.02
- Trauma	71 (7.6)	17 (14.7)	54 (6.6)	0.005	17 (17.7)	53 (12.4)	0.18	-	1 (0.2)	-
- Metabolic	2 (0.2)	-	2 (0.3)	-	-	2 (0.5)	-	-	-	-
- Hematological	4 (0.4)	2 (1.7)	2 (0.3)	0.08	2 (2.1)	2 (0.5)	0.15	-	-	-
- Urological	5 (0.5)	1 (0.9)	4 (0.5)	0.49	-	3 (0.7)	-	1 (5.0)	1 (0.2)	0.1
- Diverse	31 (3.3)	2 (1.7)	29 (3.5)	0.41	1 (1.0)	29 (6.7)	0.03	1 (5.0)	-	-
- Intoxication	9 (1.0)	2 (1.7)	7 (0.9)	0.31	2 (2.1)	6 (1.4)	0.64	-	1 (0.2)	-
Post-operative (%)	569 (61)	44 (38)	525 (64)	<0.001	28 (29)	161 (38)	0.1	16 (80)	364 (94)	0.04

Table 2 Resource use, length of stay, and clinical outcomes (incl. subgroups)

	Total group				Emergency group			Elective group		
	all n=933	Dysphagia screening positive n=116	Dysphagia screening negative n=817	p- value	Dysphagia screening positive n=96	Dysphagia screening negative n=429	p- value	Dysphagia screening positive n=20	Dysphagia screening negative n=388	p- value
Days on invasive MV*	0.7 [0.5-1.3]	1.2 [0.6-3.3]	0.7 [0.5-1.1]	<0.001	1.2 [0.6-3.2]	0.7 [0.4-1.7]	0.002	1.7 [0.8-4.0]	0.6 [0.5-0.8]	<0.001
Days on feeding tube	0.6 [0.4-2.3]	4.5 [1.7-6.8]	0.6 [0.3-1.5]	<0.001	4.5 [1.9-6.7]	1.0 [0.4-3.1]	<0.001	4.3 [1.6-7.5]	0.5 [0.3-0.7]	<0.001
Days on nasogastric tube	0.6 [0.4-2.0]	4.2 [1.6-6.4]	0.6 [0.3-1.4]	<0.001	4.1 [1.5-6.3]	0.9 [0.4-3.0]	<0.001	4.7 [1.6-7.8]	0.5 [0.3-0.7]	<0.001
Days on antibiotics	1.0 [0.0-2.0]	1.0 [1.0-4.5]	1.0 [0.0-2.0]	0.04	1.0 [1.0-6.0]	1.0 [0.0-2.0]	0.004	1.0 [0.0-1.0]	1.0 [0.0-2.0]	0.29
Days on antimicrobials	1.0 [0.0-2.0]	1.0 [1.0-4.5]	1.0 [0.0-2.0]	0.04	1.0 [1.0-6.0]	1.0 [0.0-2.0]	0.003	1.0 [0.0-1.0]	1.0 [0.0-2.0]	0.23
Days on vasopressors	0 [0-0.5]	0.005 [0-0.8]	0 [0-0.5]	0.35	0.02 [0-0.9]	0 [0-0.48]	0.16	0 [0-0.4]	0 [0-0.49]	0.41
Days on adrenaline	0 [0-0]	0 [0-0.1]	0 [0-0]	0.008	0 [0-0.1]	0 [0-0]	0.003	0 [0-0]	0 [0-0]	0.93
Days on noradrenaline	0 [0-0.3]	0 [0-0.5]	0 [0-0.3]	0.47	0 [0-0.7]	0 [0.30]	0.24	0 [0-0.6]	0 [0-0.22]	0.27
Pts. on vasopressors (%)	494 (52.9%)	64 (55.2%)	431 (52.8%)	0.7	55 (57.3%)	222 (51.8%)	0.37	9 (45%)	208 (53.6%)	0.5
Pts. on RRT [†] (%)	47 (5.0%)	12 (10.3%)	35 (4.3%)	0.01	8 (8.3%)	29 (6.8%)	0.66	4 (20%)	6 (1.5%)	0.001
Cumulative TISS-28 points	124 [98-260]	344 [183-758]	119 [94-223]	<0.001	310 [139-631]	164 [92-335]	<0.001	581 [262-968]	114 [99-134]	<0.001
ICU LOS [‡] total days	1.0 [0.8-2.2]	2.9 [1.6-6.0]	0.9 [0.8-1.8]	<0.001	2.7 [1.5-5.3]	1.3 [0.7-2.9]	<0.001	4.3 [2.0-7.9]	0.9 [0.8-1.0]	<0.001
ICU LOS [‡] until extubation	0.5 [0.3-1.2]	1.2 [0.4-3.3]	0.5 [0.3-0.9]	<0.001	1.2 [0.4-3.2]	0.6 [0.3-1.6]	0.002	1.4 [0.5-3.6]	0.4 [0.3-0.6]	<0.001
ICU LOS [‡] after extubation	0.5 [0.3-0.9]	1.1 [0.7-2.5]	0.5 [0.3-0.8]	<0.001	1.0 [0.6-2.3]	0.6 [0.3-1.0]	<0.001	1.7 [1.0-3.0]	0.5 [0.3-0.6]	<0.001
Hospital LOS [‡] (days)	11.0 [8.0-17.6]	17.9 [7.8-24.9]	10.2 [8.0-15.8]	<0.001	15.5 [6.5-23.7]	10.4 [5.6-18.9]	0.008	22.4 [18.8-25.9]	10.2 [8.4-14.0]	<0.001
All-cause ICU mortality	8 (0.9%)	2 (1.7%)	6 (0.7%)	0.3	1 (1.0%)	5 (1.2%)	1.0	1 (5.0%)	1 (0.3%)	0.1
All-cause hospital mortality	22 (2.4%)	9 (7.8%)	13 (1.6%)	0.001	7 (7.3%)	10 (2.3%)	0.02	2 (10.0%)	3 (0.8%)	0.02
All-cause 28-day mortality	35 (3.8%)	11 (9.5%)	24 (2.9%)	0.002	9 (9.4%)	20 (4.7%)	0.08	2 (10.0%)	4 (1.0%)	0.03
All-cause 90-day mortality	45 (4.8%)	15 (12.9%)	30 (3.7%)	<0.001	13 (13.5%)	24 (5.6%)	0.01	2 (10.0%)	6 (1.6%)	0.05

**Confirmatory cohort: Demographics, resource use, and clinical outcomes in
ICU patients with/ without confirmed dysphagia**

Data from 220 ICU patients post MV treated at an independent academic center (please refer to methods section) were analyzed for confirmatory purposes regarding incidence by speech language therapists. Baseline demographical data (median/ IQR): age 65 [56-73] years, 69% male, 36.4% emergencies, BMI 27.7 [24.7-31.2], APACHE II score 16.0 [13.0-19.75], SAPS II score 28.0 [23.0-36.0], days on mechanical ventilation 0.53 [0.40-0.92], days on vasopressors 0.3 [0-0.9], ICU-/ hospital- length of stay 1.0 [0.9-2.85]/ 7.3 [5.3-10.8] days, ICU-/ hospital- mortality rate 1.8%/4.1%. Number of patients per respective APACHE IV admission category (patients with both non-operative and operative category are given): cardiovascular n=16/146, respiratory n=5/0, gastrointestinal n=2/7, neurological n=13/8, trauma n=4/7, intoxication n=6/3, urological n=0/2, others n=1/0 (83% of cases in cardiovascular or neurological category). In the confirmatory cohort, confirmed dysphagia positive patients had more days on enteral nutrition (0.7 [0-4.1] days (dysphagia group) vs. 0 [0-0] without dysphagia group, $p<0.001$), and days on antibiotics (4.28 [2.08-7.39] vs. 0.69 [0.66-1.52] days, $p<0.001$, respectively). When compared to patients without dysphagia, ICU- and hospital length of stay was longer in the dysphagia group: ICU length of stay 4.8 [3.1-7.85] vs. 1.0 [0.9-1.95] days, $p<0.001$), and hospital length of stay 8.9 [6.8-17.95] vs. 7.0 [5.3-10.1] days, $p=0.02$, respectively. When comparing the two (i.e. main and confirmatory) patient cohorts, it appeared that they did not differ in regard to patient age, gender, and disease severity. In the confirmatory cohort, we observed a higher rate of elective admission, more frequent admission for cardiovascular disease, and a shorter overall hospital length of stay.