

Supplemental Table 6: Characteristics of included studies

Barrett 2011

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| Methods | <p>Study design: parallel, open-label RCT</p> <p>Unit of randomisation: patient</p> <p>Unit of analysis: patient</p> <p>Duration of study: 24 months</p> <p>Funding sources: Canadian Institutes for Health Research; Kidney Foundation of Canada; Heart and Stroke Foundation of Canada; Canadian Diabetes Association; Amgen Canada; Ortho Biotech; Merck Frosst Canada</p> |
| Participants | <p>Country: Canada</p> <p>Setting: Multicentre (5 urban centres)</p> <p>Inclusion criteria: age 40 to 75 years; estimated GFR (eGFR) between 25 and 60 ml/min per 1.73 m².</p> <p>Number: intervention (238); control (236)</p> <p>Mean age ± SD (years): intervention NA; control NA</p> <p>Sex (Male), n (%): intervention 107 (45); control 104 (44)</p> <p>Ethnicity (white), n (%): intervention 223 (94); control 224 (95)</p> <p>Diabetes, n (%): intervention 73 (31); 76 (33)</p> <p>Cardiovascular disease, n (%): intervention 154 (55); control 141 (60)</p> <p>Hypertension, n (%): intervention 182 (78); control 178 (77)</p> <p>CKD stage, n (%): intervention NA; control NA</p> <p>Exclusion criteria: likely to die within 6 months; Recently unstable/advanced cardiovascular disease; current treatment for malignancy; receiving immunotherapy for kidney disease; on dialysis or with an organ transplant either currently or likely within 6 months; already enrolled in a disease management program for kidney or cardiovascular disease or another interventional clinical trial; resident of a location too distant to attend study visits.</p> |
| Interventions | <p>Level of care provided: Regional (GP & nephrology clinics)</p> <p>Location of care provided: Outpatient (primary) care</p> <p>Type of patients: CKD stage 3-4 (estimated GFR (eGFR) between 25 and 60 ml/min per 1.73 m²)</p> <p>Type of providers: GP, nurse, nephrologist, dieticians, social workers, diabetes educators</p> <p>Type of stakeholders: NS</p> <p>Description of intervention: Study nurses and nephrologists worked with the patients' usual care providers to deliver care to patients in the intervention group. The nurse, together with the nephrologist, actively helped patients manage identifiable current or future health threats associated with progression of CKD and development of cardiovascular disease-related morbidity and mortality. The nurse, as indicated by circumstances, initiated referral to dieticians, social workers, diabetes educators, and other professionals. In addition, the study nurse coordinated and communicated with other health care professionals interacting with the patient. The latter included the family doctor, specialist physicians (including the study nephrologist), other nurses (e.g., community nurses and diabetes educators), social workers, and other allied health professionals</p> |

Type of targeted behaviour: Referrals

Type of IC intervention: Case management

Implementation process: NS

Comparison control: Usual care

Description control: Care delivered by a family doctor providing assessments and treatments for their patients as they saw fit. The family doctors could consult specialists or involve allied Health personnel if necessary.

Outcomes

All-cause mortality: Number of death reported at 24 months

Major/ fatal cardiovascular event: NA

Hospitalization: Number of hospital admissions reported at 24 months

Hospital-acquired infection rate: NA

Quality of life*: Mean change in HUI (Health Utility Index 3) score from baseline to 24 months

Adverse events: NA

Cost and resource utilization*: Cumulative total cost (\$) reported at 12 and 24 months

Kidney function:** mean eGFR (ml/min per 1.73 m²) reported at baseline, 12 and 24 months

Blood pressure: Number of controlled BP (\leq 130/80 mmHg) reported at baseline, 12 and 24 months

PTH levels: NA

Serum phosphorus: Number of serum phosphate (< 1.8 mmg/L) reported at baseline, 12 and 24 months

Serum calcium: NA

Serum beta macroglobulin: NA

Haemoglobin: Number of haemoglobin (\geq 105 g/L) reported at baseline, 12 and 24 months

Nutrition status: NA

Waiting list for kidney transplant: NA

Process related outcomes: NA

Notes

*Primary outcome. ** Received eGFR data after contacting lead author, and was normal distributed. Systolic BP was significant lower in the intervention group compared to control at baseline. Data reported is probably not normal distributed, as the authors report Median IQR.

Risk of bias

| Bias | Authors' judgement | Support for judgement |
|--|---------------------------|------------------------------------|
| Incomplete outcome data | Low risk | Loss to follow up 4.2% of patients |
| Blinding of outcome assessors ² | Unclear risk | Not stated |
| All outcomes | | |

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|--|--------------|---|
| Other sources of bias | High risk | Sponsor on authorship. Grants received by Amgen, Ortho Biotech and Merck Frosst |
| Allocation concealment | Unclear risk | Not stated |
| Selective outcome reporting | Low risk | All the prespecified outcomes were reported |
| Blinding of participants and personnel | High risk | Unblinded |
| All outcomes | | |
| Sequence generation | Unclear risk | Not stated |

Blekeman 2014

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|----------------------|---|
| Methods | <p>Study design: parallel RCT</p> <p>Unit of randomisation: patient</p> <p>Unit of analysis: patient</p> <p>Duration of study: 6 months</p> <p>Funding sources: IHR Collaboration for Leadership in Applied Health Research and Care (CLAHRC) Greater & Care for Greater Manchester</p> |
| Participants | <p>Country: United Kingdom</p> <p>Setting: Multicentre (24 GP practices)</p> <p>Inclusion criteria: Patients with a clinical diagnosis of stage 3 CKD (both stages 3a and 3b, with and without proteinuria)</p> <p>Number: intervention (215); control (221)</p> <p>Mean age ± SD (years): intervention 72.4 (9.2); control 71.8 (9.0)</p> <p>Sex (Male), n (%): intervention 90 (41.9); control 91 (41.2)</p> <p>Ethnicity (white), n (%): intervention 202 (98.1); control 213 (99.1)</p> <p>Diabetes, n (%): intervention 49 (22.8); control 52 (23.5)</p> <p>Cardiovascular disease, n (%): intervention 89 (41.4); control 93 (42.1)</p> <p>Hypertension, n (%): intervention NA; control 163 (74.1)</p> <p>CKD stage, n (%): intervention Stage 3 215 (100); control Stage 3 221 (100)</p> <p>Exclusion criteria: unable to communicate in English; had reduced capacity to provide informed consent; were in receipt of palliative care; only one person per household was eligible to take part</p> |
| Interventions | <p>Level of care provided: Regional (GP practices)</p> <p>Location of care provided: Outpatient (primary) care</p> <p>Type of patients: CKD stage 3</p> <p>Type of providers: GP, nurse and lay health worker</p> |

Type of stakeholders: NS

Description of intervention: the intervention entailed provision of a kidney information guidebook; a booklet and interactive website that tailored access to community resources; and telephone-guided help from a lay health worker

Type of targeted behaviour: Professional-patient communication

Type of IC intervention: Self-management support

Implementation process: Monitoring of implementation process reported

Comparison control: Usual care

Description control: Participants in the control arm were sent the kidney information guidebook and the PLANS booklet with links to the website at the end of the trial period. Both arms had usual access to primary care.

Outcomes

All-cause mortality: NA

Major/ fatal cardiovascular event: NA

Hospitalization: NA

Hospital-acquired infection rate: NA

Quality of life*: Mean health related quality of life (EQ-5D) reported at baseline and 6 months

Adverse events: NA

Cost and resource utilization: NA

Kidney function: NA

Blood pressure*: Percentage controlled BP (<140/90 without proteinuria and < 130/80 with proteinuria mmHg) reported at baseline and 6 months

PTH levels: NA

Serum phosphorus: NA

Serum calcium: NA

Serum beta macroglobulin: NA

Haemoglobin: NA

Nutrition status: NA

Waiting list for kidney transplant: NA

Process related outcomes: NA

Notes

*Primary outcome.

Risk of bias

| Bias | Authors' judgement | Support for judgement |
|-------------------------|---------------------------|--|
| Incomplete outcome data | Low risk | 13.3% lost to follow-up in the active arm. 10.9% lost to follow-up in total. Multiple imputation used for missing data |

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|--|--------------|---|
| Blinding of outcome assessors ¹ | Unclear risk | Not stated |
| All outcomes | | |
| Other sources of bias | Low risk | Funded by the NIHR Collaboration for Leadership in Applied Health Research (CLAHRC) |
| Allocation concealment | Low risk | Allocation through a central independent clinical trial unit, by telephone |
| Selective outcome reporting | Low risk | All the prespecified outcomes were reported |
| Blinding of participants and personnel | High risk | Unblinded |
| All outcomes | | |
| Sequence generation | Low risk | Minimization algorithm |

Chen 2011

| | |
|---------------------|---|
| Methods | <p>Study design: parallel, open-label RCT</p> <p>Unit of randomisation: patient</p> <p>Unit of analysis: patient</p> <p>Duration of study: 12 months</p> <p>Funding sources: Chang Gung Memorial Hospital</p> |
| Participants | <p>Country: Taiwan</p> <p>Setting: Single centre (1 outpatient clinic)</p> <p>Inclusion criteria: incidental CKD (Stages III—V); age of 18–80 years; ability to communicate verbally and orally in Taiwanese and Mandarin</p> <p>Number: intervention (27); control (27)</p> <p>Mean age ± SD (years): intervention NA; control NA</p> <p>Sex (Male), n (%): intervention 15 (55.6); control 15 (55.6)</p> <p>Ethnicity (white), n (%): intervention NA; control NA</p> <p>Diabetes, n (%): intervention NA; control NA</p> <p>Cardiovascular disease, n (%): intervention NA; control NA</p> <p>Hypertension, n (%): intervention 15 (55.6); control 15 (55.6)</p> <p>CKD stage 3, n (%): intervention 11 (40.7); control 8 (29.6)</p> <p>CKD stage 4, n (%): intervention 6 (22.2); control 9 (33.3)</p> <p>CKD stage 5, n (%): intervention 10 (37.0); control 10 (37.0)</p> <p>Exclusion criteria: cardiovascular disease (coronary artery disease, myocardial ischemia, cerebrovascular disease or peripheral artery disease) in the last 3 months; infections requiring admission in the previous 3 months; uncontrolled hypertension; serum albumin level of <2.5 g/dL; unwillingness to participate in the trial</p> |

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| Interventions | <p>Level of care provided: Single centre (1 outpatient clinic)</p> <p>Location of care provided: Outpatient care</p> <p>Type of patients: CKD stage 3-5</p> <p>Type of providers: Nephrologist, nurse, dieticians', peers and volunteers (social workers)</p> <p>Type of stakeholders: NS</p> <p>Description of intervention: the program included the provision of health information, patient education, telephone-based support and the aid of a support group. The health information and education comprised an integrated course involving individualized lectures on renal health, nutrition, lifestyle, nephrotoxic avoidance, dietary principles and pharmacological regimens. The lectures were delivered by the case-management nurse, according to guidelines in a standardized instruction booklet</p> <p>Type of targeted behaviour: Patient education/ advice; professional-patient education</p> <p>Type of IC intervention: Self-management support and education</p> <p>Implementation process: NS</p> <p>Comparison control: Usual care</p> <p>Description control: patients received customary care from the same group of nephrologists</p> |
| Outcomes | <p>All-cause mortality: Number of death reported at 12 months</p> <p>Major/ fatal cardiovascular event: NA</p> <p>Hospitalization*: Number of hospitalization events reported at 12 months</p> <p>Hospital-acquired infection rate: NA</p> <p>Quality of life: NA</p> <p>Adverse events: NA</p> <p>Cost and resource utilization: NA</p> <p>Kidney function*: Mean serum creatinine (mg/ dL) and eGFR (mL/min 1.73m²) reported at baseline, 6 and 12 months; Number of ESRD demanding RRT reported at 12 months.</p> <p>Blood pressure: NA</p> <p>PTH levels: NA</p> <p>Serum phosphorus: NA</p> <p>Serum calcium: NA</p> <p>Serum beta macroglobulin: NA</p> <p>Haemoglobin: NA</p> <p>Nutrition status: NA</p> <p>Waiting list for kidney transplant: NA</p> <p>Process related outcomes: NA</p> |
| Notes | <p>*Primary outcome.</p> |

Risk of bias

| Bias | Authors' judgement | Support for judgement |
|--|---------------------------|-------------------------------|
| Incomplete outcome data | Low risk | All patients were followed up |
| Blinding of outcome assessors ⁷ | Unclear risk | Not stated |
| All outcomes | | |
| Other sources of bias | High risk | Sponsor on authorship |
| Allocation concealment | Unclear risk | Not stated |
| Selective outcome reporting | Unclear risk | Protocol not available |
| Blinding of participants and personnel | High risk | Open label |
| All outcomes | | |
| Sequence generation | Low risk | Random table |

Cooney 2015

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|---------------------|--|
| Methods | <p>Study design: parallel RCT</p> <p>Unit of randomisation: patient</p> <p>Unit of analysis: patient</p> <p>Duration of study: 12 months</p> <p>Funding sources: Cleveland VA Medical Research & Education Foundation; Career Development Award from the National Institute of Diabetes and Digestive and Kidney Disease.</p> |
| Participants | <p>Country: USA</p> <p>Setting: Multicentre (13 community outpatient clinics)</p> <p>Inclusion criteria: moderate to severe CKD defined by a most recent estimated glomerular filtration rate (eGFR), calculated using the 4-variable MDRD equation, less than 45 mL/min/1.73 m² a GFR less than 60 mL/min/1.73 m² between 90 days; years prior to the index GFR to ensure the presence of chronic kidney disease; at least one primary care visit in the year prior to study initiation</p> <p>Number: intervention (1070); control (1129)</p> <p>Mean age ± SD (years): intervention NA; control NA</p> <p>Sex (Male), n (%): intervention 1054 (98.5); control 1106 (98.0)</p> <p>Ethnicity (white), n (%): intervention NA; control NA</p> <p>Diabetes, n (%): intervention 545 (50.9); control 539 (47.7)</p> <p>Cardiovascular disease, n (%): intervention 197 (18.4); control 212 (18.8)</p> <p>Hypertension, n (%): intervention 925 (86.4); control 958 (84.9)</p> <p>CKD stage 3, n (%): intervention 807 (75.8); control 880 (78.2)</p> <p>Exclusion criteria: patients who had end-stage renal disease (ESRD); were ever referred for hospice</p> |

care; older than 85 years or younger than 18 years

Interventions

Level of care provided: Regional (11 community outpatient clinics)

Location of care provided: Outpatient (primary) care

Type of patients: CKD 3-5

Type of providers: GP, pharmacist

Type of stakeholders: NS

Description of intervention: The intervention included delivery system redesign which involved engaging pharmacists to interact with patients and collaborate electronically with primary care physicians; self-management support for patients in the form of an informational pamphlet regarding CKD; and a CKD registry

Type of targeted behaviour: Professional education; professional-patient education

Type of IC intervention: Multidisciplinary care team; case management

Implementation process: NS

Comparison control: Usual care

Description control: Participants assigned to the control arm received usual care from their primary care providers.

Outcomes

All-cause mortality: Number of death reported at 12 months

Major/ fatal cardiovascular event: NA

Hospitalization: NA

Hospital-acquired infection rate: NA

Quality of life: Mean kidney disease quality of life (KDQOL; effect and burden); and mean health related quality of life (SF-12; PCS & MCS) reported at baseline and 12 months

Adverse events: NA

Cost and resource utilization: NA

Kidney function: Number of urine albumin/creatinine ratio measurements reported at baseline and 12 months

Blood pressure*: Number uncontrolled BP (systolic BP among participants with >130/80 mmHg at baseline) reported at 12 months

PTH levels: NA

Serum phosphorus: NA

Serum calcium: NA

Serum beta macroglobulin: NA

Haemoglobin: NA

Nutrition status: NA

Waiting list for kidney transplant: NA

Process related outcomes*: Number of PTH measurements; and number of phosphorus measurements at baseline and 12 months (used as guideline adherence measures)

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| Notes | *Primary outcome KDQOL, SF-12 and medication adherence was assessed using a phone survey. |
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Risk of bias

| Bias | Authors' judgement | Support for judgement |
|--|---------------------------|---|
| Incomplete outcome data | Low risk | Intention to treat |
| Blinding of outcome assessors' | Low risk | Blinded |
| All outcomes | | |
| Other sources of bias | Low risk | Funded by Cleveland VA Medical Research and Education Foundation and through a career development award by the National Institute of Diabetes and Digestive and Kidney Diseases |
| Allocation concealment | Unclear risk | Not stated |
| Selective outcome reporting | Low risk | All the pre-specified outcomes were reported |
| Blinding of participants and personnel | Unclear risk | Not stated |
| All outcomes | | |
| Sequence generation | Low risk | Computer random number generator |

Elios Russo 2013

| | |
|---------------------|---|
| Methods | <p>Study design: parallel RCT</p> <p>Unit of randomisation: patient</p> <p>Unit of analysis: patient</p> <p>Duration of study: 24 months</p> <p>Funding sources: NS</p> |
| Participants | <p>Country: Italy</p> <p>Setting: Single-centre (Peritoneal dialysis unit 1 hospital)</p> <p>Inclusion criteria: NS</p> <p>Number: intervention (20); control (20)</p> <p>Mean age ± SD (years): intervention 57 (NR); control 63 (NR)</p> <p>Sex (Male), n (%): intervention 12 (60); control 11 (55)</p> <p>Ethnicity (white), n (%): intervention NA; control NA</p> <p>Diabetes, n (%): intervention NA; control NA</p> |

| | |
|----------------------|---|
| | <p>Cardiovascular disease, n (%): intervention NA; control NA</p> <p>Hypertension, n (%): intervention NA; control NA</p> <p>CKD stage 5, n (%): intervention 20 (100); control 20 (100)</p> <p>Exclusion criteria: NS</p> |
| Interventions | <p>Level of care provided: Single-centre</p> <p>Location of care provided: Inpatient care</p> <p>Type of patients: CKD 5D (PD)</p> <p>Type of providers: cardiologist, gastroenterologist, radiologist, nurse, psychologist, social worker, nephrologist</p> <p>Type of stakeholders: NS</p> <p>Description of intervention: At least three evaluation meetings were performed with each patient in Group B with the psychologist referred by UOS: the first during the enrolment to the study, the second with the delivery of the evaluation test and the third when these were returned. Psychological support was provided at the patients request with variable frequency. Each session had an average duration of 50 minutes. Topics related to the patients' acceptance and understanding of their medical condition, the ability to be autonomous both in regular daily life activities, and practice of dialysis therapy were frequently touched upon during sessions. The social worker intervened in cases of patients who were not self – sufficient or who needed home care in the absence of family support. Consultations from different nephrologists were required according to the patients' clinical needs</p> <p>Type of targeted behaviour: NS</p> <p>Type of IC intervention: Multidisciplinary care team</p> <p>Implementation process: NS</p> <p>Comparison control: Usual care</p> <p>Description control: Routine team</p> |
| Outcomes | <p>All-cause mortality: NA</p> <p>Major/ fatal cardiovascular event: NA</p> <p>Hospitalization: Number of hospitalisation days at 24 months</p> <p>Hospital-acquired infection rate: NA</p> <p>Quality of life*: NA</p> <p>Adverse events: NA</p> <p>Cost and resource utilization: NA</p> <p>Kidney function: NA</p> <p>Blood pressure: NA</p> <p>PTH levels: NA</p> <p>Serum phosphorus: NA</p> <p>Serum calcium: NA</p> <p>Serum beta macroglobulin: NA</p> <p>Haemoglobin: NA</p> |

Nutrition status: NA

Waiting list for kidney transplant: NA

Process related outcomes: NA

Notes

*Primary outcome

No data reported in article. Contacted author and requested for primary data.

Risk of bias

| Bias | Authors' judgement | Support for judgement |
|--|---------------------------|------------------------------|
| Incomplete outcome data | Unclear risk | Not stated |
| Blinding of outcome assessors ⁷ | Unclear risk | Not stated |
| All outcomes | | |
| Other sources of bias | Unclear risk | Funding not stated |
| Allocation concealment | Unclear risk | Not stated |
| Selective outcome reporting | Unclear risk | Protocol not available |
| Blinding of participants and personnel | Unclear risk | Not stated |
| All outcomes | | |
| Sequence generation | Unclear risk | Not stated |

Harris 1998

Methods

Study design: parallel cluster-RCT

Unit of randomisation: practice

Unit of analysis: patient

Duration of study: 60 months (intervention 24 months)

Funding sources: The Indianapolis Health Foundation; The Indianapolis Foundation; The Picker-Commonwealth Program for Patient-Centered Care; The Agency for Health Care Policy and Research.

Participants

Country: USA

Setting: Multicentre (4 general medicine practices)

Inclusion criteria: primary care in the general medicine practice with at least one physician visit in the past year; two serum creatinine levels at least 6 months apart with estimated creatinine clearances of 50 mL per minute at both times, calculated using the Cockcroft and Gault equation corrected for body surface area; most recent serum creatinine concentration before enrolment 1.4 mg/dL

Number: intervention (206); control (231)

Mean age ± SD (years): intervention 68 (11); control 69 (11)

Sex (Male), n (%): intervention 66 (32); control 83 (36)

Ethnicity (white), n (%): intervention NA; control NA

Diabetes, n (%): intervention NA; control NA

Cardiovascular disease, n (%): intervention NA; control NA

Hypertension, n (%): intervention 202 (98); control 229 (99)

CKD stage, n (%): intervention NA; control NA

Exclusion criteria: NS

Interventions

Level of care provided: Regional (4 general medicine practices)

Location of care provided: Outpatient care

Type of patients: CKD 3-5

Type of providers: Nephrologist; renal nurse; renal dietician; social worker; GP

Type of stakeholders: NS

Description of intervention: Nephrology case management: 1) review of drugs list; 2) Letter to primary care provider; direct intervention by nephrologist; 3) Medication review by nephrologist; compliance assessment and education by study nurse; 4) Letter to primary care provider; direct intervention by nephrologist; 5) Review of drug list; surveillance of patients admitted to the hospital or visiting the emergency room; 6) Letter to primary care provider; 7) Dietary counselling by renal dietician; 8) Social service interview; 9) Direct intervention by social worker; letter to primary-care provider

Type of targeted behaviour: Professional education; patient-professional communication

Type of IC intervention: Case management; Multidisciplinary care team

Implementation process: NS

Comparison control: Usual care

Description control: Primary care from their usual physicians

Outcomes

All-cause mortality: Cumulative mortality reported at 12, 24 and 60 months

Major/ fatal cardiovascular event: NA

Hospitalization: Mean hospitalizations reported at 12, 24 and 36 months

Hospital-acquired infection rate: NA

Quality of life: NA

Adverse events: NA

Cost and resource utilization*: NA

Kidney function*: Mean serum creatinine level (mg/dL) reported at baseline, 12, 24 and 36 months

Blood pressure: Mean systolic and diastolic BP (mm Hg) reported at baseline, 12, 24 and 36 months

PTH levels: NA

Serum phosphorus: NA

Serum calcium: NA

Serum beta macroglobulin: NA

Haemoglobin: NA

Nutrition status: NA

Waiting list for kidney transplant: NA

Process related outcomes: NA

Notes

*Primary outcome. Patients in the intervention had significant higher pulse (beats/ min) compared to control; and patients in the intervention had significant shorter stature (cm) compared to control.

Not adjustment for clustering. In addition, ICC was not provided.

Risk of bias

| Bias | Authors' judgement | Support for judgement |
|--|---------------------------|--|
| Incomplete outcome data | Low risk | All analyses done by intention-to-treat |
| Blinding of outcome assessors ² | Unclear risk | Not stated |
| All outcomes | | |
| Other sources of bias | Unclear risk | Funded in part by grants from The Indianapolis Health Foundation (FCL), The Indianapolis Foundation (LEH, WMT), The Picker-Commonwealth Program for Patient-Centered Care (LEH), and The Agency for Health Care Policy and Research. The other funded part is not stated |
| Allocation concealment | Unclear risk | Not stated |
| Selective outcome reporting | Unclear risk | Protocol not available |
| Blinding of participants and personnel | Unclear risk | Not stated |
| All outcomes | | |
| Sequence generation | Unclear risk | Not stated |

Hotu 2010

Methods

Study design: parallel RCT

Unit of randomisation: patient

Unit of analysis: patient

Duration of study: 12months

Funding sources: Auckland District Health Board; Health Research Council of New Zealand; Eli Lilly.

Participants

Country: New Zealand

Setting: Multicentre (hospital diabetes and renal clinics as well as GP practices. Number of clinics NS)

Inclusion criteria: Māori and Pacific patients; with type 2 diabetes; aged 40–75 years; with diabetic nephropathy (>0.5 g proteinuria/24-h and serum creatinine 130–300 µmol/l) BP >130/80 mmHg.

Number: intervention (33); control (32)

Mean age ± SD (years): intervention 63 (6.6); control 60 (7.1)

Sex (Male), n (%): intervention 18 (54.5); control 17 (53.1)

Ethnicity (white), n (%): intervention NA; control NA

Diabetes, n (%): intervention 33 (100); control 32 (100)

Cardiovascular disease, n (%): intervention NA; control NA

Hypertension, n (%): intervention NA; control NA

CKD stage, n (%): intervention NA; control NA

Exclusion criteria: insulin dependence within 12 months of diagnosis of diabetes; evidence of non-diabetic renal disease; severe chronic illness including malignancy, heart failure, respiratory failure, psychiatric disorder and cognitive impairment.

Interventions

Level of care provided: NS

Location of care provided: Outpatient (community) care

Type of patients: Diabetic nephropatic

Type of providers: Home care assistant; GP; nurse;

Type of stakeholders: NS

Description of intervention: Usual care plus intervention, which consisted of: 1) monthly visits by the healthcare assistant, including BP measurement, compliance with medication, exercise, smoking cessation, dietary modification and educational session in the first visit; 2) transport to local pharmacy if needed to collect medications; 3) transport to lab if needed for blood and urine tests

Type of targeted behaviour: Clinical prevention services

Type of IC intervention: Case management

Implementation process: NS

Comparison control: Usual care

Description control: Routine family doctor and renal/diabetes hospital

Outcomes

All-cause mortality: Number of death reported at 12 months

Major/ fatal cardiovascular event: Number of cardiovascular events reported at 12 months

Hospitalization: NA

Hospital-acquired infection rate: NA

Quality of life: NA

Adverse events: NA

Cost and resource utilization: NA

Kidney function: Mean eGFR (ml/min/1.73m²); and median 24-hour protein (g/day) reported at 12 months

Blood pressure*: Mean systolic and diastolic BP (mmHg) reported at baseline and 12 months

PTH levels: NA

Serum phosphorus: NA

| | |
|--|---|
| | Serum calcium: NA |
| | Serum beta macroglobulin: NA |
| | Haemoglobin: NA |
| | Nutrition status: NA |
| | Waiting list for kidney transplant: NA |
| | Process related outcomes: NA |

Notes *Primary outcome.

Risk of bias

| Bias | Authors' judgement | Support for judgement |
|--|---------------------------|--|
| Incomplete outcome data | High risk | Loss to follow up 6.2% of patients. 12.5% of patients' loss to follow up in the control group. None lost in the intervention group |
| Blinding of outcome assessors ⁷ | Unclear risk | Not stated |
| All outcomes | | |
| Other sources of bias | High risk | Funded partly by the private industry |
| Allocation concealment | Low risk | web based central allocation |
| Selective outcome reporting | High risk | Not reported systematically (Cerebral vascular accident, New onset of symptoms of peripheral vascular disease, Amputation, Vascular procedure , Hospitalisation) |
| Blinding of participants and personnel | High risk | Unblinded |
| All outcomes | | |
| Sequence generation | Low risk | Computer random number generator |

Mokrzycki 2006

| | |
|---------------------|---|
| Methods | Study design: parallel cluster-RCT |
| | Unit of randomisation: clinic |
| | Unit of analysis: patient |
| | Duration of study: 24 months |
| | Funding sources: Aetna Foundation |
| Participants | Country: USA |
| | Setting: Multicentre (7 outpatient HD centres) |
| | Inclusion criteria: Haemodialysis patient who presented with bacteremic episodes |
| | Number: intervention (111); control (55) |

Mean age \pm SD (years): intervention 59.4 (15); control 54 (16)

Sex (Male), n (%): intervention 56 (50); control 33 (59)

Ethnicity (white), n (%): intervention 26 (23); control 8 (15)

Diabetes, n (%): intervention 60 (54); control 29.7 (54)

Cardiovascular disease, n (%): intervention NA; control NA

Hypertension, n (%): intervention NA; control NA

CKD stage 5, n (%): intervention 111 (100); control 55 (100)

Exclusion criteria: If non-TCC source identified; If not initial episode

Interventions

Level of care provided: Regional (Haemodialysis units)

Location of care provided: Inpatient care (Haemodialysis unit)

Type of patients: CKD 5D (HD)

Type of providers: infection manager (registered nurse); nephrologists

Type of stakeholders: NS

Description of intervention: in close collaboration with the nephrologist, the infection manager (registered nurse) made recommendations regarding antibiotic adjustment, antibiotic duration and TCC (Tunnelled Cuffed Catheter) management

Type of targeted behaviour: Professional education

Type of IC intervention: Multidisciplinary care team

Implementation process: NS

Comparison control: Usual care

Description control: NS

Outcomes

All-cause mortality: Number of death reported at 3 months

Major/ fatal cardiovascular event: NA

Hospitalization: Percentage of hospitalisation for initial episode of tunnelled catheter at 3 months

Hospital-acquired infection rate: Percentage of Infectious complication in episodes of TCC bacteria at 3 months

Quality of life: NA

Adverse events: NA

Cost and resource utilization: NA

Kidney function: NA

Blood pressure: NA

PTH levels: NA

Serum phosphorus: NA

Serum calcium: NA

Serum beta macroglobulin: NA

Haemoglobin: NA

Nutrition status: NA

Waiting list for kidney transplant: NA

Process related outcomes: NA

Notes

Intervention group had significant lower temperature compared with control group; and transferrin saturation was significant higher in intervention group compared to control group at baseline.

No adjustment for clustering. In addition, no ICC provided.

Risk of bias

| Bias | Authors' judgement | Support for judgement |
|--|---------------------------|------------------------------|
| Incomplete outcome data | Low risk | Intention-to-treat |
| Blinding of outcome assessors' | Unclear risk | Not stated |
| All outcomes | | |
| Other sources of bias | Unclear risk | Funding: not stated |
| Allocation concealment | Unclear risk | Not stated |
| Selective outcome reporting | Unclear risk | Protocol not available |
| Blinding of participants and personnel | Low risk | Blinding of nephrologists |
| All outcomes | | |
| Sequence generation | Unclear risk | Not stated |

Raiesifar 2014

Methods

Study design: parallel RCT

Unit of randomisation: patient

Unit of analysis: patient

Duration of study: 3months

Funding sources:NS (Master Thesis)

Participants

Country: Iran

Setting:Multicentre (4 transplant centres)

Inclusion criteria: 18 years of age and above; no history of any QOL-affecting disease or condition; Persian as the first language; patients who were admitted the first time for transplant in 4 selected transplant centres in Tehran

Number: intervention (45); control (45)

Mean age ± SD (years): intervention NA; control NA

Sex (Male), n (%): intervention NA; control NA

Ethnicity (white), n (%): intervention NA; control NA

Diabetes, n (%): intervention NA; control NA

Cardiovascular disease, n (%): intervention NA; control NA

Hypertension, n (%): intervention NA; control NA

CKD stage 5, n (%): intervention 45 (100); control 45 (100)

Exclusion criteria: patients who had failed transplantation or rehospitalisation; Patients who did not wish to continue the study

Interventions

Level of care provided: Regional (4 transplant centres)

Location of care provided: NS

Type of patients: CKD 5T

Type of providers: nurse; nutritionist; nephrologist

Type of stakeholders: NS

Description of intervention: Continuous care model: 1) Sensitization - Familiarization and sensitization of patients towards the disease 2) Orientation 3) Control 4) Evaluation: repeated phone calls and regular visits to evaluate the process and quality of care

Type of targeted behaviour: Patient education/ advice; Professional-patient communication

Type of IC intervention: Self-management support

Implementation process: NS

Comparison control: Usual care

Description control: Routine care, which also included patient education about medications, nutrition, alarming symptoms, laboratory tests, and time of next nephrology visit

Outcomes

All-cause mortality: NA

Major/ fatal cardiovascular event: NA

Hospitalization: NA

Hospital-acquired infection rate: NA

Quality of life*: Mean kidney disease quality of life (KTQ-25) reported at baseline (1 month), 2 and 3 months

Adverse events: Mean fatigue score (KTQ-25) reported at baseline (1 month), 2 and 3 months

Cost and resource utilization: NA

Kidney function: NA

Blood pressure: NA

PTH levels: NA

Serum phosphorus: NA

Serum calcium: NA

Serum beta macroglobulin: NA

Haemoglobin: NA

Nutrition status: NA

Waiting list for kidney transplant: NA

Process related outcomes: NA

Notes *Primary outcome.

Risk of bias

| Bias | Authors' judgement | Support for judgement |
|--|---------------------------|-------------------------------------|
| Incomplete outcome data | High risk | Loss to follow up 13.3% of patients |
| Blinding of outcome assessors' | Unclear risk | Not stated |
| All outcomes | | |
| Other sources of bias | Unclear risk | Funding: not stated |
| Allocation concealment | Unclear risk | Not stated |
| Selective outcome reporting | Unclear risk | Protocol not available |
| Blinding of participants and personnel | Unclear risk | Not stated |
| All outcomes | | |
| Sequence generation | Unclear risk | Not stated |

Santchi 2011

| | |
|---------------------|--|
| Methods | Study design: parallel cluster-RCT Unit of randomisation: practice Unit of analysis: patient Duration of study: 6months Funding sources: Pfizer Canada and Bourse du Cercle du Doyen (Faculty of Pharmacy, Université de Montréal); Merck Frosst Canada & Co; AmgenCanada; Bristol-Myers Squibb/Sanofi-Synthelabo; Pro DocLtée; LEO Pharma; Sabex; Hoffmann-LaRoche Limitée; Shire BioChem; Pharmaceutical Partners of Canada |
| Participants | Country: Canada Setting: Multicentre (22 community pharmacies) Inclusion criteria: community pharmacies were eligible to take part if they were willing; to attend a workshop if assigned to the ProFiL group; to give researchers copies of the written recommendations they sent to physicians and of the pharmacy's records Adult CKD outpatients were identified at Laval predialysis clinic and invited to participate if they met the following criteria: (1) they had an estimated |

CrCl 60 ml/min, (2) they were followed at a community pharmacy participating in the ProFiL study and agreed to use the same pharmacy's services for the duration of the study, (3) they were covered by the Quebec government drug plan for 6 months prior to the study and throughout the duration of the study(4) they spoke and wrote French.

Number: intervention (48); control (41)

Mean age ± SD (years): intervention 71.9 (10.4); control 73.3 (7.7)

Sex (Male), n (%): intervention 30 (62.5); control 25 (60.9)

Ethnicity (white), n (%): intervention NA; control NA

Diabetes (type I and II), n (%): intervention 27 (56); control 24 (59)

Cardiovascular disease, n (%): intervention 20 (42); control 22 (54)

Hypertension, n (%): intervention 48 (100); control 41 (100)

CKD stage 3, n (%): intervention 15 (31); control 17 (41)

CKD stage 4-5, n (%): intervention 33 (69); control 24 (59)

Exclusion criteria:NS

Interventions

Level of care provided:Regional (22 community pharmacies)

Location of care provided:Community based care

Type of patients: CKD 3-5

Type of providers:nurses; dieticians; community pharmacists; nephrologist; hospital pharmacist;

Type of stakeholders: NS

Description of intervention: 3h training workshop for community pharmacists; communication network to facilitate the transfer of clinical information; a pharmaceutical consultation service by hospital pharmacists

Type of targeted behaviour: Professional education

Type of IC intervention: Multidisciplinary care team (multidisciplinary guidelines and protocols/ Patient registry)

Implementation process: NS

Comparison control: Usual care

Description control: 20 community pharmacies consisting of: nephrologists, hospital pharmacists, nurses and dieticians'

Outcomes

All-cause mortality: Number of death reported at 6 months

Major/ fatal cardiovascular event: NA

Hospitalization: NA

Hospital-acquired infection rate: NA

Quality of life: NA

Adverse events: NA

Cost and resource utilization: NA

Kidney function: NA

Blood pressure*: Mean systolic and diastolic BP (mmHg); number of controlled PB (< 130/80 mmHg) reported at baseline and 6 months

PTH levels: NA

Serum phosphorus: NA

Serum calcium: NA

Serum beta macroglobulin: NA

Haemoglobin: NA

Nutrition status: NA

Waiting list for kidney transplant: NA

Process related outcomes: NA

Notes

*Primary outcome.

Not all outcome variables are adjusted for clustering. In addition, ICC is not provided.

Risk of bias

| Bias | Authors' judgement | Support for judgement |
|--|---------------------------|---|
| Incomplete outcome data | Low risk | Intention-to-treat |
| Blinding of outcome assessors [†] | Unclear risk | Not stated |
| All outcomes | | |
| Other sources of bias | High risk | Sponsor on authorship (Sanofi / Pfizer) |
| Allocation concealment | Low risk | Sealed envelopes |
| Selective outcome reporting | Unclear risk | Protocol not available |
| Blinding of participants and personnel | High risk | Unblinded |
| All outcomes | | |
| Sequence generation | Low risk | Computer generated random number |

Scherpbier de Haan 2013

Methods

Study design: parallel cluster-RCT

Unit of randomisation: practice

Unit of analysis: patient

Duration of study: 12 months

Funding sources: The Dutch Kidney Foundation

| | |
|----------------------|---|
| Participants | <p>Country: The Netherlands</p> <p>Setting: Multicentre (9 GP practices)</p> <p>Inclusion criteria: adult patients (aged >18 years); treated for hypertension or type 2 diabetes mellitus by their GP; with an estimated glomerular filtration rate (eGFR) measurement of <60ml/min/1.73m²</p> <p>Number: intervention (90); control (74)</p> <p>Mean age ± SD (years): intervention 73.9 (8.0); control 72.4 (8.2)</p> <p>Sex (Male), n (%): intervention 34 (37.8); control 39 (52.7)</p> <p>Ethnicity (white), n (%): intervention NA; control NA</p> <p>Diabetes, n (%): intervention 31 (34); control 19 (26)</p> <p>Cardiovascular disease, n (%): intervention NA; control NA</p> <p>Hypertension, n (%): intervention 73 (81); control 51 (69)</p> <p>CKD stage, n (%): intervention NA; control NA</p> <p>Exclusion criteria: serious medical or psychiatric conditions; drug or alcohol abuse; specialist CKD care in the last year; inability to understand Dutch (including cognitive disorders); and participation in another intervention trial.</p> |
| Interventions | <p>Level of care provided: Regional (5 GP practices)</p> <p>Location of care provided: Outpatient (primary) care</p> <p>Type of patients: CKD 3-5</p> <p>Type of providers: GP; nurse practitioner; nephrology team</p> <p>Type of stakeholders: NS</p> <p>Description of intervention: shared care model: 1) training of professionals, 2) structured care by nurse practitioners', 3) opportunity to ask advice from a nephrology team.</p> <p>Type of targeted behaviour: Professional education; professional-patient education</p> <p>Type of IC intervention: Multidisciplinary care team</p> <p>Implementation process: NS</p> <p>Comparison control: Usual care</p> <p>Description control: Four GP practices consisting of a GP and nurse</p> |
| Outcomes | <p>All-cause mortality: Number of death reported at 12 months</p> <p>Major/ fatal cardiovascular event: NA</p> <p>Hospitalization: NA</p> <p>Hospital-acquired infection rate: NA</p> <p>Quality of life: Mean functional health status (WONCA: overall health) reported at baseline and 12 months</p> <p>Adverse events: NA</p> <p>Cost and resource utilization: NA</p> |

Kidney function: Mean eGFR (ml/min/1.73m²); creatinine (µmol/l) and albumin (g/L) reported at baseline and 12 months

Blood pressure*: Mean systolic and diastolic BP (mmHg) reported at baseline and 12 months

PTH levels: Mean parathyroid hormone (pmol/l) reported at baseline and 12 months

Serum phosphorus: Mean phosphate (mmol/l) reported at baseline and 12 months

Serum calcium: Mean calcium (mmol/l) reported at baseline and 12 months

Serum beta macroglobulin: NA

Haemoglobin: Mean haemoglobin (mmol/l) reported at baseline and 12 months

Nutrition status: Mean serum albumin (g/l) reported at baseline and 12 months

Waiting list for kidney transplant: NA

Process related outcomes: NA

Notes

*Primary outcome.

Only blood pressure is adjusted for clustering. In addition, ICC for other outcomes is not provided

Risk of bias

| Bias | Authors' judgement | Support for judgement |
|--|---------------------------|--|
| Incomplete outcome data | Low risk | Loss to follow up 6.3% of patients. 9% on intervention arm |
| Blinding of outcome assessors ⁷ | Unclear risk | Not stated |
| All outcomes | | |
| Other sources of bias | Low risk | Funded by the Dutch Kidney Foundation |
| Allocation concealment | Unclear risk | Not stated |
| Selective outcome reporting | Unclear risk | Protocol not available |
| Blinding of participants and personnel | Unclear risk | Not stated |
| All outcomes | | |
| Sequence generation | Unclear risk | Not stated |

Weber 2012

Methods

Study design: parallel RCT

Unit of randomisation: patient

Unit of analysis: patient

Duration of study: 12months

| | |
|----------------------|---|
| | Funding sources: Merck pharmaceutical company |
| Participants | <p>Country: Canada</p> <p>Setting:Multicentre (4 clinics)</p> <p>Inclusion criteria:Attending Kidney Care Clinic and either a heart failure or Diabetic clinic.</p> <p>Number: intervention (70); control (69)</p> <p>Mean age ± SD (years): intervention 63 (13); control 70 (9)</p> <p>Sex (Male), n (%): intervention 52 (74); control 53 (77)</p> <p>Ethnicity (white), n (%): intervention 43 (62); control 41 (59)</p> <p>Diabetes, n (%): intervention 63 (90); control 59 (86)</p> <p>Cardiovascular disease, n (%): intervention 44 (63); control 41 (60)</p> <p>Hypertension, n (%): intervention NA; control NA</p> <p>CKD stage, n (%): intervention NA; control NA</p> <p>Exclusion criteria:Nor reported</p> |
| Interventions | <p>Level of care provided:Regional (combined clinic)</p> <p>Location of care provided: Outpatient care</p> <p>Type of patients: CKD-CVD-DM</p> <p>Type of providers:diabetes, cardiac or renal nurse, dietician, pharmacists, nephrologist, cardiologist, a/o endocrinologist</p> <p>Type of stakeholders: NS</p> <p>Description of intervention: individuals attended one integrated multidisciplinary clinic - seen by diabetes, cardiac or renal nurse, dietician, pharmacists, nephrologist, cardiologist, a/o endocrinologist at each clinic visit.</p> <p>Type of targeted behaviour: Financial-resource use;</p> <p>Type of IC intervention: Disease management (combined clinics); Multidisciplinary care team</p> <p>Implementation process: NS</p> <p>Comparison control: Usual care</p> <p>Description control: in the multiple clinic (MC) arm, study subjects continued to attend each separate multidisciplinary clinic (including the KCC) and received bloodwork, investigations and follow-up as per usual clinical practice of these areas</p> |
| Outcomes | <p>All-cause mortality: Number of death reported at 12 months</p> <p>Major/ fatal cardiovascular event: NA</p> <p>Hospitalization*: Percentage hospital admissions reported at 12 months</p> <p>Hospital-acquired infection rate: NA</p> <p>Quality of life: NA</p> |

Adverse events: NA

Cost and resource utilization: Cumulative total cost (\$) reported at 12 months

Kidney function: Number of RRT reported at 12 months

Blood pressure: NA

PTH levels: NA

Serum phosphorus: NA

Serum calcium: NA

Serum beta macroglobulin: NA

Haemoglobin: NA

Nutrition status: NA

Waiting list for kidney transplant: NA

Process related outcomes: NA

Notes *Primary outcome. Mean age was significant higher in the intervention group compared to control at baseline.

Risk of bias

| Bias | Authors' judgement | Support for judgement |
|--|---------------------------|--|
| Incomplete outcome data | Low risk | Intention-to-treat analysis was used |
| Blinding of outcome assessors ⁷ | Low risk | Outcomes assessors blinded |
| All outcomes | | |
| Other sources of bias | High risk | Funding by Merck pharmaceutical company (unrestricted educational grant) |
| Allocation concealment | Low risk | Sequentially numbered sealed envelopes |
| Selective outcome reporting | Unclear risk | Protocol not available |
| Blinding of participants and personnel | High risk | Blinding not possible |
| All outcomes | | |
| Sequence generation | Low risk | Random number table |

Weisbord 2013

Methods **Study design:** parallel cluster-RCT

Unit of randomisation: clinic

Unit of analysis: patient

Duration of study: 12months

| | |
|----------------------|---|
| | <p>Funding sources:Department of Veterans Affairs Health Services Research and Development Merit Review award</p> |
| Participants | <p>Country: USA</p> <p>Setting:Multicentre (9 outpatient dialysis units)</p> <p>Inclusion criteria:Receiving thrice-weekly (outpatient) haemodialysis; Age > 18 years; Presence of ESRD</p> <p>Number: intervention (100); control (120)</p> <p>Mean age ± SD (years): intervention 62.6 (14.3); control 63.9 (12.0)</p> <p>Sex (Male), n (%): intervention 56 (56); control 65 (54.2)</p> <p>Ethnicity (white), n (%): intervention NA; control NA</p> <p>Diabetes, n (%): intervention 51 (51); control 61 (52.1)</p> <p>Cardiovascular disease, n (%): intervention NA; control NA</p> <p>Hypertension, n (%): intervention NA; control NA</p> <p>CKD stage 5, n (%): intervention 100 (100); control 120 (100)</p> <p>Exclusion criteria:patients with cognitive impairment based on Mini-Cog scores <3; non-English speakers; prisoners; patients participating in other clinical trials⁵individuals considering transfer to peritoneal dialysis and/or undergoing evaluation for living-donor kidney transplantation</p> |
| Interventions | <p>Level of care provided:Regional (9 outpatient dialysis units)</p> <p>Location of care provided: Outpatient care</p> <p>Type of patients: CKD 5D (HD)</p> <p>Type of providers:Two non-dialysis nurses</p> <p>Type of stakeholders: NS</p> <p>Description of intervention: two non-dialysis nurses reviewed patient’s monthly symptom questionnaires, examined patients, formulated pharmacologic or non pharmacologic treatment recommendations based on clinical algorithms, and discussed recommendations with the patients (and renal providers, where applicable)</p> <p>Type of targeted behaviour:General management of problem (pharmacological vs. non pharmacological treatment)</p> <p>Type of IC intervention: case management</p> <p>Implementation process: Monitoring of the implementation process</p> <p>Comparison control:Feedback from research team to renal provider</p> <p>Description control: Mail of a standardized letter to the renal provider describing the presence and severity of their patient’s symptoms, along with evidence-based treatment algorithms for each relevant symptom of interest.</p> |
| Outcomes | <p>All-cause mortality: Number of death reported at 12 months</p> <p>Major/ fatal cardiovascular event: NA</p> <p>Hospitalization: NA</p> |

Hospital-acquired infection rate: NA

Quality of life: NA

Adverse events*: mean change from baseline for pain (SF-MPQ)

Cost and resource utilization: NA

Kidney function: Number of RRT reported at 6 months

Blood pressure: NA

PTH levels: NA

Serum phosphorus: NA

Serum calcium: NA

Serum beta macroglobulin: NA

Haemoglobin: NA

Nutrition status: NA

Waiting list for kidney transplant: NA

Process related outcomes: Change in number of implemented nurse treatment advices from baseline

Notes *Primary outcome. The study uses an observation phase that lasted 2-12 months which was followed by a 12-month intervention phase.

Not all outcome variables are adjusted for clustering. In addition, ICC is not provided.

Risk of bias

| Bias | Authors' judgement | Support for judgement |
|--|---------------------------|---|
| Incomplete outcome data | High risk | Loss to follow up 15.5% of patients |
| Blinding of outcome assessors ⁷ | Unclear risk | Not stated |
| All outcomes | | |
| Other sources of bias | High risk | Partly privately funded (DaVita, Dialysis Clinic Inc.; Liberty dialysis, LLC) |
| Allocation concealment | Unclear risk | Not stated |
| Selective outcome reporting | Low risk | All the prespecified outcomes were reported |
| Blinding of participants and personnel | High risk | Unblinded |
| All outcomes | | |
| Sequence generation | High risk | Based on dialysis schedule (Mo, Wed, Fri vs Tue, Thu, Sat) |

Wong 2010

| | |
|----------------------|--|
| Methods | <p>Study design: parallel RCT</p> <p>Unit of randomisation: patient</p> <p>Unit of analysis: patient</p> <p>Duration of study: 13weeks</p> <p>Funding sources:Research GrantsCouncil of Hong Kong</p> |
| Participants | <p>Country: China</p> <p>Setting:Multicentre (2 renal centres)</p> <p>Inclusion criteria:communicable; alert and oriented; could be contacted by telephone at home; lived in the hospital service area</p> <p>Number: intervention (60); control (60)</p> <p>Mean age ± SD (years): intervention NA; control NA</p> <p>Sex (Male), n (%): intervention NA; control NA</p> <p>Ethnicity (white), n (%): intervention NA; control NA</p> <p>Diabetes, n (%): intervention NA; control NA</p> <p>Cardiovascular disease, n (%): intervention NA; control NA</p> <p>Hypertension, n (%): intervention NA; control NA</p> <p>CKD stage 5, n (%): intervention 60 (100); control 60 (100)</p> <p>Exclusion criteria:On intermittent peritoneal dialysis or haemodialysis; old-age home residents</p> |
| Interventions | <p>Level of care provided:Regional (2 renal units)</p> <p>Location of care provided:Mixed (in- outpatient care)</p> <p>Type of patients: CKD 5D (PD)</p> <p>Type of providers:Renal nurse; General nurse; renal physician; renal nurse manager</p> <p>Type of stakeholders: NS</p> <p>Description of intervention: A renal nurse acting as a case manager to initiate and closet the case - Initial assessment, identify problem and set mutual goals. They were also available for consultation at any time for the general nurse. General nurses doing subsequent Health advice and reinforcement of Health behaviours</p> <p>Type of targeted behaviour:Professional-patient education</p> <p>Type of IC intervention: Case management</p> <p>Implementation process: NS</p> <p>Comparison control:Usual care</p> <p>Description control: Instructions on medication and basic health advice</p> |
| Outcomes | <p>All-cause mortality: Number of death reported at 13 weeks</p> <p>Major/ fatal cardiovascular event: NA</p> |

Hospitalization*: Percentage hospital admissions reported at 7 and 13 weeks

Hospital-acquired infection rate: NA

Quality of life*: Mean kidney disease quality of life (KDQOL; burden, effect and overall health) reported at baseline, 7 and 13 weeks

Adverse events: mean fatigue and pain (KDQOL) reported at baseline, 7 and 13 weeks

Cost and resource utilization: NA

Kidney function: NA

Blood pressure: NA

PTH levels: NA

Serum phosphorus: NA

Serum calcium: NA

Serum beta macroglobulin: NA

Haemoglobin: NA

Nutrition status: NA

Waiting list for kidney transplant: NA

Process related outcomes*: mean non-adherence (DDFQ; diet, fluid and capd); and mean patient satisfaction (KDQOL) reported at baseline, 7 and 13 weeks

Notes *Primary outcome.

Risk of bias

| Bias | Authors' judgement | Support for judgement |
|--|---------------------------|------------------------------------|
| Incomplete outcome data | High risk | Loss to follow 18.3% of patients |
| Blinding of outcome assessors ⁷ | Low risk | Outcome assessor was blinded |
| All outcomes | | |
| Other sources of bias | Low risk | Funded by the Council of Hong King |
| Allocation concealment | Unclear risk | Not stated |
| Selective outcome reporting | Unclear risk | Protocol not available |
| Blinding of participants and personnel | Unclear risk | Not stated |
| All outcomes | | |
| Sequence generation | Low risk | Computer random number generator |

NA: not available; NS: not stated