

Appendix A

CPT® Documentation, Coding and Billing Guidelines

1. Obtain objective findings for somatic dysfunction.
2. Use the M99.xx codes in the assessment for the diagnosis of somatic dysfunction.

M99.00 Segmental and somatic dysfunction of head region

M99.01 Segmental and somatic dysfunction of cervical region

M99.02 Segmental and somatic dysfunction of thoracic region

M99.03 Segmental and somatic dysfunction of lumbar region

M99.04 Segmental and somatic dysfunction of sacral region

M99.05 Segmental and somatic dysfunction of pelvic region

M99.06 Segmental and somatic dysfunction of lower extremity

M99.07 Segmental and somatic dysfunction of upper extremity

M99.08 Segmental and somatic dysfunction of rib cage

M99.09 Segmental and somatic dysfunctions of abdomen and other regions

3. Use appropriate 2021 Evaluation and Management code.
4. The -25-modifier procedure code is used when additional procedures are performed by the same physician on the same day.
5. Select the procedure code appropriate for the number of body regions treated (not complexity of techniques or patient problems).

98925 for treatment of 1-2 areas

98926 for 3-4 body areas

98927 for 5-6 body areas

98928 for 7-8 body areas

98929 for 9-10 body areas

6. Record objective results such as increased range of motion, reduction in tissue hypertonicity, and subjective reduction in pain and improvement in mood and affect.

Example: Established patient Level 4, 99214-25 98927 (treatment of 5-6 body regions)

(From CPT®, a registered trademark of the American Medical Association)

Continued education:

1. **American Academy of Osteopathy:** “The American Academy of Osteopathy strives to be a pre-eminent, worldwide source of education on osteopathic medicine, specifically the basic osteopathic principles, palpatory diagnosis and osteopathic manipulative treatment (OMT) that comprise traditional osteopathy. Each March, the AAO’s hosts its annual Convocation, a full four

days of lectures and hands-on workshops to refresh osteopathic principles and skills. In addition, we partner with other specialty colleges each fall at the American Osteopathic Association's annual OMED, and we host various one- to four-day hands-on workshops throughout the year. The AAO's Education Committee works hard to provide opportunities for physicians in all stages of their careers, and more opportunities are added regularly throughout the year." The provided link offers a consistently updated list of CME opportunities offered through the AAO.

<https://www.academyofosteopathy.org/aao-cme-opportunities>

2. **AOA CME Search:** The American Osteopathic Association provides a CME search engine with a list of live and on-demand CME opportunities. These events are continually updated with new listings from AOA-accredited CME sponsors and can be accessed with the provided link.

<https://osteopathic.org/cme/search-calendar/?type=live>

3. **Heritage College of Osteopathic Medicine – Osteopathic Medicine for All CME:** "This CME/GME course is designed to provide graduating medical students and new D.O. and M.D. residents entering into osteopathic-recognized programs -- and their D.O. and M.D. medical education faculty and preceptors -- with the knowledge to better integrate OMM/OPP into their training and improve skills in precepting and evaluating students in applying osteopathic skills." This course has been postponed until further notice due to COVID-19.

<https://www.ohio.edu/medicine/about/offices/core/oi-cme>

4. **A.T. Still University - Introduction to OMM for MDs and DOs:** "This 32-hour course is taught by expert OMM faculty from the founding college of osteopathic medicine, A.T. Still University's Kirksville College of Osteopathic Medicine, [and includes] intensive, hands-on emphasis centered on building osteopathic manipulative medicine and osteopathic principles and practice skills. [The course is] ideal for MD residents entering ACGME osteopathic-recognized programs... and practicing MD physicians seeking to increase confidence with supervising residents in osteopathic recognition programs"

<https://www.atsu.edu/ncoppe/introduction-to-omm-for-mds-and-dos/>

5. **Pacific Northwest University of Health Sciences - OMM Fundamentals Workshop:** "This hands-on workshop introduces basic concepts and techniques associated with Osteopathic Manipulative Medicine. It is a full day, osteopathic CME educational activity that incorporates kinesthetic learning, lecture, and small group work at OMT tables. The workshop is aimed at MD/DO residency faculty and osteopathic preceptors so that they may develop or refresh individual skills in OPP modalities and improve competencies as educators who supervise learners that practice OPP in patient care settings." This workshop is currently on hold due to COVID-19 but will become available as current mandates allow.

<https://www.pnwu.edu/inside-pnwu/college-osteopathic-medicine/graduate-medical-education/pnwufmrn-collaboration/omm-fundamentals-workshop>