

Supplementary Table 1: Comparison of characteristics among the group of individuals with complete data, versus groups with incomplete data.

Variable	Category	Complete data (I) (n=21,492); col%	Group with partially missing at T1 & T2 (II) (n=6,273)	p (I, II)	No data at T2 but alive (III) (n=1,770)	p (I, III)	No data at T2 due to death (IV) (n=562)	p (I, IV)
Mean baseline (T0) PTA ⁴ (dB HL) (SD)		21.22 (14.17)	23.83 (15.87)	<0.001	25.12 (15.96)	<0.001	32.96 (16.35)	<0.001
Mean change in PTA between T0 & T1 (dB) (SD)		2.8 (5.5)	2.9 (5.9)	0.189	n/a		n/a	
Mean rate of change in PTA (dB/yr) (SD)		0.95 (1.90)	0.97 (2.0)	0.460	n/a		n/a	
PTA category at baseline (T0) (n, col%)	Normal (<=25 dBHL)	14,733 (68.6)	3,507 (60.1)	<0.001	907 (57.5)	<0.001	171 (37.0)	<0.001
	Mild (25.1-40 dBHL)	4,336 (20.2)	1,211 (21.8)		391 (24.8)		138 (29.9)	
	Moderate (40.1-60 dBHL)	2,106 (9.8)	703 (12.7)		237 (15.0)		131 (28.4)	
	Severe or worse (60+ dBHL)	317 (1.5)	138 (2.5)		42 (2.7)		22 (4.8)	
<i>Socio-demographic and economic characteristics</i>								
Age (years)	Mean ± sd	62.26 (9.88)	64.07 (10.75)	<0.001	64.52 (11.05)	<0.001	72.29 (9.54)	<0.001
Sex (col %)	Male	10,740 (49.97)	2892 (46.10)	<0.001	804 (45.42)	<0.001	341 (60.68)	<0.001
	Female	10752 (50.03)	3381 (53.90)		966 (54.58)		221 (39.34)	
Race (col%)	White	20697 (96.30)	5906 (94.15)	<0.001	1620 (91.53)	<0.001	548 (97.51)	0.133
	Other	795 (3.70)	367 (5.85)		150 (8.47)		14 (2.49)	
Education (col%)	Post-secondary degree graduation	17063 (79.39)	4718 (75.73)		1186 (67.20)		360 (64.29)	
	Some post-secondary education	1489 (6.93)	533 (8.56)	<0.001	146 (8.27)	<0.001	70 (7.70)	<0.001
	Secondary school graduate	1935 (9.00)	604 (9.70)		227 (12.86)		73 (13.04)	
	Less than secondary school	1005 (4.68)	375 (6.02)		206 (11.67)		57 (4.82)	
Household Income (col%)	Refused	725 (3.37)	297 (4.73)		87 (4.92)		21 (3.74)	
	Don't know	491 (2.28)	211 (3.36)		81 (4.58)		28 (4.98)	
	>=\$150,000	3720 (17.31)	897 (14.30)		154 (8.70)		28 (4.98)	
	\$100,000-149,999	4210 (19.59)	1008 (16.07)	<0.001	240 (13.56)	<0.001	66 (11.74)	<0.001
	\$50,000-99,999	7302 (33.98)	1984 (31.63)		461 (26.05)		160 (28.47)	
	\$20,000-49,999	4180 (19.45)	1437 (22.91)		541 (30.56)		202 (35.94)	
<\$20,000	864 (4.02)	439 (7.00)		206 (11.64)		57 (10.14)		
<i>Cardiovascular risk factors</i>								
Obesity (col%)	Yes	5731 (26.67)	1948 (32.02)	<0.001	580 (33.53)	<0.001	237 (43.25)	<0.001
	No	15761 (73.33)	4135 (67.98)		1150 (66.47)		311 (56.75)	
Diabetes (col%)	Yes	3750 (17.49)	1232 (19.69)	<0.001	401 (22.71)	<0.001	190 (33.87)	<0.001
	No	17742 (82.55)	5025 (80.31)		364 (77.28)		371 (66.13)	
Dyslipidemia (col%)	Yes	6,469 (30.3)	1,428 (36.1)	<0.001	434 (30.1)	0.571	77 (19.0)	<0.001
	No	14,866 (69.7)	2,523 (63.9)		1,005 (69.9)		329 (81.0)	
Hypertension (col%)	Yes	8882 (41.33)	2827 (42.34)	<0.001	858(48.97)	<0.001	344 (61.87)	<0.001
	No	12610 (58.67)	3336 (54.13)		894 (51.03)		212 (38.13)	
Smoking (col%)	Never	10397 (48.34)	2943 (46.92)	<0.001	724 (40.90)	<0.001	178 (31.67)	<0.001
	Former	9371 (43.60)	2701 (43.06)		775 (43.79)		297 (52.85)	
	Current	1724 (8.02)	628(8.47)		271 (15.31)		87 (15.48)	
No. of risk factors	Mean (SD)	1.64 (1.09)	1.84 (1.13)	<0.001	1.92 (1.14)	<0.001	2.13 (1.26)	<0.001
General CVD risk function	Mean % (SD)	14.7 (0.11)	17.6 (0.13)	<0.001	17.5 (0.12)	<0.001	23.1 (0.13)	<0.001

Life-style characteristics

Alcohol (col%)								
	Never	2681 (12.47)	951 (15.18)	<0.001	362 (20.48)		146 (26.02)	
	Less than once/month	2423 (11.27)	896 (14.31)		305 (17.25)		81 (14.44)	
	1-4 times/month	5913(27.51)	1774 (28.33)		458 (25.90)	<0.001	121 (21.57)	<0.001
	Multiple times/month	6942 (32.30)	1675 (26.74)		403 (22.79)		108 (19.25)	
	daily	3533 (16.44)	967 (15.44)		240 (13.57)		105 (18.72)	
PASE²	mean ± sd	145.02 (73.15)	131.36 (74.73)	<0.001	124.62 (74.87)	<0.001	83.79 (56.62)	<0.001

1. PTA: pure-tone threshold average (1000, 2000, 3000 and 4000 Hz in both ears)
2. PASE: Physical activity scale for the elderly

Supplementary Table 2: Age-standardized mean binaural mid-frequency pure-tone threshold average values at baseline (T0) (dB HL, 95% confidence interval). Age- standardization was performed to adjust for differences in age between comparator groups (e.g., between smokers and non-smokers; diabetics and non-diabetics, etc.) within each age/sex category. P-values are based on 2-tailed t-test between groups with and without each metabolic risk factor in each age/sex category.

Risk factor		Females					Males				
		45-54 years old	55-64 years old	65-74 years old	75-86 years old	All ages	45-54 years old	55-64 years old	65-74 years old	75-86 years old	All ages
Smoking	Smoker	12.9 (11.3-14.5)	19.3 (17.5-21.2)	26.5 (24.1-29.0)	35.7 (33.0-47.6)	20.9 (19.9-21.9)	17.0 (15.2-17.7)	21.2 (19.6-22.8)	32.2 (29.1-35.2)	42.3 (37.0-38.3)	24.5 (23.3-25.7)
	Non-smoker	11.1 (10.6-11.7)	16.1 (15.6-16.7)	23.0 (22.2-23.8)	32.7 (31.7-33.7)	18.4 (18.0-18.7)	14.2 (13.3-15.0)	20.6 (19.9-21.3)	29.8 (28.5-31.0)	40.3 (37.0-47.6)	22.9 (22.4-23.4)
	P-value	0.044	0.001	0.006	0.039	<0.001	0.001	0.532	0.153	0.550	0.014
Hypertension	HTN	13.6 (12.2-15.0)	17.4 (16.5-18.3)	22.8 (21.7-23.8)	33.7 (32.5-35.0)	19.5 (18.9-20.2)	14.3 (13.3-15.4)	20.8 (19.9-21.8)	30.9 (29.2-32.5)	39.2 (37.6-40.8)	23.1 (22.4-23.7)
	No HTN	10.9(10.4-11.4)	16.0 (15.3-16.6)	23.6 (22.5-24.6)	32.8 (31.2-34.4)	18.4 (18.0-18.8)	14.6 (13.7-15.6)	20.6 (19.6-21.5)	28.5 (27.1-29.9)	43.1 (41.2-44.9)	23.0 (22.5-23.6)
	P-value	<0.001	0.013	0.289	0.367	0.003	0.681	0.691	0.030	0.002	0.921
Dyslipidemia	Dyslipidemia	11.2 (10.7-11.6)	16.2 (15.7-16.9)	22.5 (21.6-23.4)	32.4 (30.6-34.2)	18.4 (18.1-18.7)	13.9 (13.3-14.5)	21.3 (20.4-22.2)	28.9 (29.0-31.0)	41.6 (39.5-43.7)	23.3 (22.8-23.9)
	No-dyslipidemia	11.2 (10.6-11.9)	16.5 (15.9-17.0)	22.8 (22.0-23.5)	32.6 (32.6-34.5)	18.3 (17.8-18.7)	15.0 (14.2-15.9)	21.3 (20.7-21.9)	30.0 (27.6-30.2)	41.6 (40.6-42.7)	23.2 (22.8-23.6)
	P-value	0.844	0.616	0.671	0.234	0.587	0.043	0.931	0.169	0.965	0.702
Diabetes	Diabetes	14.5 (12.5-16.4)	18.2 (16.8-19.6)	24.6 (23.0-26.2)	34.4 (32.2-36.5)	20.6 (19.6-21.5)	14.4 (13.2-15.6)	21.5 (20.3-22.7)	31.0 (29.5-32.5)	40.2 (38.0-42.4)	23.5 (22.8-24.1)
	No diabetes	11.0 (10.5-11.4)	16.1 (15.5-16.7)	22.8 (22.0-23.7)	32.7 (31.6-33.9)	18.3 (17.9-18.6)	14.5 (13.6-15.4)	20.4 (19.7-21.2)	29.5 (28.0-30.9)	40.9 (39.5-42.3)	22.9 (22.4-23.4)
	P-value	<0.001	0.001	0.061	0.189	<0.001	0.903	0.029	0.175	0.585	0.226
Obesity	Obese	12.8 (11.2-14.5)	18.3 (17.2-19.5)	23.0 (21.7-24.2)	33.8 (31.7-35.9)	19.6 (18.9-20.4)	16.2 (14.9-17.5)	22.4 (21.0-23.8)	31.1 (29.3-33.0)	40.2 (38.2-42.2)	24.4 (23.6-25.2)
	Not obese	11.1 (10.5-11.6)	15.7 (15.1-16.4)	23.2 (22.3-24.1)	32.9 (31.8-34.0)	18.3 (17.9-18.7)	14.0 (13.1-14.9)	19.9 (19.2-20.6)	28.8 (27.6-30.1)	41.8 (40.2-43.5)	22.5 (22.0-23.0)
	P-value	0.043	<0.001	0.750	0.459	0.002	0.001	0.001	0.045	0.209	<0.001

Supplementary Table 3. Age-standardized mean change in binaural mid-frequency pure-tone threshold average between T0 and T1 (dB, 95% confidence interval). Positive values reflect worsening hearing over time. Age standardization was performed to adjust for differences in age between comparator groups (e.g., between smokers and non-smokers; diabetics and non-diabetics, etc.) within each age/sex category. P-values are based on 2-tailed t-test between groups with and without the metabolic risk factor in each age/sex category

Risk factor		Female					Male				
		45-54 years old	55-64 years old	65-74 years old	75-86 years old	All ages	45-54 years old	55-64 years old	65-74 years old	75-86 years old	All ages
Smoking	Smoker	2.5 (1.4-3.6)	1.3 (0.3-2.3)	4.5 (3.2-5.7)	4.5 (2.4-6.7)	2.8 (2.2-3.4)	3.2 (2.1-4.3)	3.2 (2.4-4.1)	3.7 (2.5-4.9)	4.6 (3.7-5.5)	3.5 (2.9-4.0)
	Non-smoker	1.6 (1.1-2.1)	2.5 (2.2-2.8)	3.3 (2.8-3.8)	4.7 (4.1-5.3)	2.7 (2.5-2.9)	1.9 (1.6-2.1)	2.9 (2.5-3.3)	3.7 (3.4-4.1)	4.5 (3.9-5.0)	2.9 (2.7-3.1)
	P-value	0.130	0.022	0.095	0.857	0.708	0.022	0.472	0.995	0.814	0.061
Hypertension	HTN	0.5 (0.0-1.1)	2.3 (1.9-2.7)	3.3 (2.6-4.0)	5.1 (4.4-5.9)	2.3 (2.0-2.6)	2.4 (1.7-3.1)	3.1 (2.7-3.5)	3.5 (3.1-4.0)	4.6 (4.0-5.2)	3.2 (2.8-3.5)
	No HTN	1.9 (1.3-2.5)	2.5 (2.1-2.8)	3.3 (2.8-3.9)	4.3 (3.6-5.0)	2.7 (2.5-3.0)	2.0 (1.7-2.4)	2.8 (2.2-3.4)	4.0 (3.5-4.4)	4.3 (3.5-5.1)	3.0 (2.7-3.2)
	P-value	0.001	0.393	0.909	0.109	0.030	0.328	0.389	0.187	0.585	0.401
Dyslipidemia	Dyslipidemia	1.4 (0.9-1.8)	2.1 (1.8-2.4)	3.3 (2.8-3.8)	4.3 (3.7-4.8)	2.6 (2.3-2.8)	1.9 (1.6-2.3)	2.8 (2.5-3.1)	3.3 (2.8-3.7)	4.0 (3.1-4.9)	2.8 (2.5-3.0)
	No-dyslipid.	1.5 (1.2-1.8)	2.5 (2.1-2.8)	2.9 (2.5-3.2)	4.5 (4.0-5.1)	2.4 (2.2-2.6)	1.9 (1.4-2.4)	2.8 (2.4-3.3)	3.6 (3.3-3.9)	4.2 (3.7-4.6)	2.9 (2.7-3.0)
	P-value	0.563	0.135	0.136	0.450	0.327	0.906	0.135	0.237	0.783	0.531
Diabetes	Diabetes	0.3 (-0.5-1.0)	2.3 (1.7-2.8)	3.3 (2.4-4.2)	4.7 (4.0-5.4)	2.2 (1.8-2.5)	1.5 (0.8-2.1)	2.9 (2.3-3.5)	3.4 (2.9-3.8)	4.0 (3.3-4.8)	2.7 (2.3-2.9)
	No diabetes	1.9 (1.4-2.4)	2.4 (2.1-2.7)	3.3 (2.8-3.8)	4.6 (4.0-5.3)	2.8 (2.5-3.0)	2.2 (1.9-2.6)	3.0 (2.5-3.4)	3.9 (3.4-4.3)	4.7 (4.1-5.3)	3.1 (2.9-3.4)
	P-value	<0.001	0.649	0.907	0.871	0.010	0.034	0.840	0.118	0.187	0.015
Obese	Obese	1.5 (0.9-2.1)	2.5 (1.9-3.0)	3.3 (2.6-3.9)	5.5 (4.6-6.5)	2.7 (2.4-3.1)	2.3 (1.6-2.9)	2.5 (1.7-3.4)	3.9 (3.2-4.5)	4.3 (3.7-5.0)	2.9 (2.6-3.4)
	Not obese	1.7 (1.2-2.9)	2.4 (2.0-2.7)	3.3 (2.8-3.9)	4.3 (3.8-4.8)	2.7 (2.4-2.9)	2.1 (1.7-2.4)	3.1 (2.8-3.4)	3.7 (3.3-4.1)	4.3 (3.6-5.0)	3.0 (2.8-3.2)
	P-value	0.506	0.741	0.913	0.027	0.699	0.570	0.217	0.615	0.913	0.759

Supplementary Table 4: Full output of male and female ordinary least squares multivariable linear regression models for predictors of hearing at T0 (cross-sectional model, complete case analysis). The beta coefficient represents the marginal difference in binaural mid-frequency pure-tone average (dB HL) at T0 versus the reference group without the risk factor.

Binaural mid-frequency pure-tone average	Female β (95% CI, p value)	Male β (95% CI, p value)
<i>Socio-demographic characteristics</i>		
Age	0.69 (0.65-0.73, <0.001)	0.81 (0.77-0.85, <0.001)
Race		
Other (ref)		
White	-1.48 (-2.97-0.02, 0.053)	-0.18 (-1.84-1.49, 0.836)
Education		
Post-secondary graduate (ref)		
Some post-secondary graduate	0.13 (-0.77-1.03, 0.777)	-0.24 (-1.29-0.82, 0.660)
Secondary School graduate	0.47 (-0.25-1.20, 0.201)	1.31 (0.32-2.31, 0.010)
Less secondary	1.37 (0.158-2.58, 0.027)	2.18 (0.60-3.76, 0.007)
Income		
Refused	-0.43 (-1.74-0.89, 0.522)	1.42 (-0.7-3.50, 0.180)
Don't know	0.85 (-1.11-2.81, 0.394)	4.47 (1.73-7.23, 0.001)
>=\$150,000 (ref)		
\$100,000-149,999	-0.13 (-0.9-0.64, 0.737)	0.64 (-0.12-1.4, 0.097)
\$50,000-99,999	0.23 (-0.50-0.96, 0.540)	1.38 (0.53-2.22, 0.001)
\$20,000-49,999	0.61 (-0.29-1.50, 0.184)	1.86 (0.68-3.03, 0.002)
<\$20,000	2.68 (1.14-4.22, 0.001)	3.16 (0.89-5.43, 0.006)
Menopause		
No (ref)		
Yes	-1.61 (-2.36--0.9, <0.001)	
Hysterectomy	-1.27 (-2.21--0.33, 0.008)	
<i>Risk factors</i>		
Obesity		
No (ref)		
Yes	0.20 (-0.49-0.89, 0.574)	0.97 (0.18-1.78, 0.016)
Diabetes		
No (ref)		
Yes	0.89 (0.08-1.70, 0.031)	0.95 (0.10-1.81, 0.029)
Dyslipidemia		
No (ref)		
Yes	-0.24 (-0.78-0.31, 0.384)	0.46 (-0.21-1.14, 0.175)
Hypertension		
No (ref)		
Yes	0.16 (-0.43-0.76, 0.587)	-0.37 (-1.03-0.30, 0.278)
Smoking		
Never (ref)		
Former	-0.003 (-0.52-0.51, 0.990)	0.56 (-0.11-1.23, 0.103)
Current	1.45 (0.29-2.60, 0.014)	1.71 (0.58-2.85, 0.003)
<i>Lifestyle characteristics</i>		
Alcohol Consumption		
Never	1.43 (0.35-2.51, 0.010)	1.12 (-0.20-2.45, 0.104)
Less than once per month	0.65 (-0.35-1.64, 0.203)	0.41 (-1.05-1.86, 0.584)
1-4 times per month	1.00 (0.16-1.85, 0.019)	0.07 (-0.95-1.09, 0.893)

Multiple times per week	0.08 (-0.72-0.89, 0.839)	-0.45 (-1.35-0.44, 0.318)
Daily (ref)		
PASE score	-0.002 (-0.007-0.002, 0.311)	0.002 (-0.002-0.007, 0.248)
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DCS		
AB_Calgary (ref)		
BC_SFU_UBC	0.87 (-0.49-2.14, 0.179)	-1.22 (-2.69-0.25, 0.104)
BC_Victoria	-0.95 (-2.04-0.14, 0.090)	0.43 (-1.08-1.94, 0.578)
MB_Manitoba DCS	1.76 (0.62-2.90, 0.003)	2.31 (0.87-3.76, 0.002)
NL_Memorial	1.27 (0.010-2.55, 0.052)	1.53 (-0.32-3.10, 0.055)
NS_Dalhousie	0.23 (-0.91-1.36, 0.696)	0.94 (-0.45-2.33, 0.186)
ON_Hamilton	1.73 (0.49-2.97, 0.006)	0.79 (-0.67-2.26, 0.289)
ON_Ottawa	0.55 (-0.62-1.71, 0.355)	-0.22 (-1.65-1.23, 0.769)
QC_McGill	1.42 (0.23-2.61, 0.020)	2.65 (0.88-4.43, 0.003)
QC_Sherbrooke	0.79 (-0.34-1.91, 0.171)	2.28 (0.82-3.75, 0.002)
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Supplementary Table 5: Independent cross-sectional and longitudinal associations between lifetime number of cigarettes smoked and pure tone average. Cross-sectional results are based on ordinary least squares multivariable linear regression, while longitudinal results are based on repeated measures linear mixed regression models. For cross-sectional results, the beta coefficient represents the marginal difference in pure-tone threshold average (dB HL) per 10,000 cigarettes smoked. For longitudinal results, the beta coefficient represents the marginal difference in change in pure-tone threshold average (dB HL/year) per 10,000 cigarettes smoked.

	Females		Males	
	Cross-sectional β (dB) (95% CI, p)	Longitudinal β (dB/yr) (95% CI, p)	Cross-sectional β (dB) (95% CI, p)	Longitudinal β (dB/yr) (95% CI, p)
Lifetime no. cigarettes (per 10,000)	0.045 (-.002-0.093, 0.064)	0.005 (.0002-0.011, 0.043)	0.069 (0.031-0.106, <.001)	0.009 (0.003-0.015, <.001)

1. Cross-sectional models for each sex were adjusted for age, education, white race/ethnicity, income, obesity, diabetes, dyslipidemia, hypertension, smoking, alcohol consumption, PASE score, and CLSA data collection site. Female models also adjusted for menopause status. Cross-sectional results are obtained from a single model for all individual risk factors (for each sex). Separate longitudinal models were performed one risk factor at a time. Time (as a continuous variable) between data collection site visits was interacted with each individual risk factor. The time#risk factor measures of association are reported. Longitudinal models also adjusted for each of the other individual risk factors, age, education, income, alcohol consumption, PASE score, and CLSA data collection site. Female models also adjusted for menopause status.

Supplementary table 6. Comparison of significant ($p < 0.05$) predictors of worse hearing (based on multivariable cross-sectional regression models) and hearing loss (based on multi-variable longitudinal regression models) across complete case and multiple imputation approaches. “X” signifies significant associations.

Variable	Complete case analysis				Multiple imputation			
	Cross-sectional		Longitudinal		Cross-sectional		Longitudinal	
	Female	Male	Female	Male	Female	Male	Female	Male
<i>Single Risk factors</i>								
Obesity		X	X		X	X	X	
Diabetes	X	X			X	X		
Dyslipidemia								X
Hypertension			X	X			X	X
Current smoker	X	X		X	X	X		
Former smoker				X				X
<i>Composite score</i>								
Number of CV RF present	X	X	X		X	X	X	

*Note: The general cardiovascular risk function was not analyzed using multiple imputation. Some variables used to construct the risk function (e.g., body mass index) were not included in the imputation equations (and thus their missing values were not imputed) because they were not part of the main analysis. Thus, it was not possible to construct a risk function variable using imputed values of its constituent items.