LISTEN for equipment alarms.
You must be able to
- Hear equipment alarms anywhere in your home.
- Reach your child within 10 seconds of hearing an alarm.

LOOK at your child.
Before you turn off an alarm or determine its cause, ALWAYS make sure
- Your child is breathing comfortably.
- Your child’s face is not blue, red, or purple.
- Your child is not in any pain or discomfort.
- Your child has no other immediate needs.

SEE the problem.
Determine and fix the cause of the equipment alarm.

If you are unable to determine the cause of the equipment alarm,
- Remove your child from the piece of equipment sounding the alarm.
- Place child on back up equipment, if needed.
- Call PHS for help.
I reviewed this education and will always take care of the child first.

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