

**TABLE E-1 Inclusion and Exclusion Criteria**

Inclusion Criteria	Exclusion Criteria
<p>Patients understood and signed a research ethics board-approved informed consent.</p> <p>Patients had at least moderate knee pain (&gt;4 points on a VAS from 0 to 10).</p> <p>Patients had a single lesion in the articular cartilage of the medial or lateral femoral condyle.</p> <p>The lesion was up to 10 cm<sup>2</sup> in size.</p> <p>The index lesion was classified as focal, full-thickness grade 3 or 4 according to the International Cartilage Repair Society score or grade III or IV according to the Outerbridge score.</p> <p>The index knee was stable (&lt;5-mm side-to-side difference on Lachman and varus and valgus stress testing and grade 0 or 1 on the pivot-shift test), and the meniscal rim was intact.</p> <p>Patient age was between eighteen and fifty-five years.</p> <p>Patients agreed to follow the recommended physiotherapy regimen, including exercises to be completed at home.</p> <p>Patients agreed to not become pregnant or father a child for four months following surgery.</p> <p>Patients agreed to discontinue the use of all knee pain medication seven days before the pretreatment visit and the posttreatment follow-up visits at three, six, and twelve months.</p>	<p>Patients had multiple lesions or kissing (opposing) lesion(s) of the condyle and tibia.</p> <p>Patients had clinically relevant compartment malalignment (&gt;5°).</p> <p>Patients had bone cyst(s) associated with, or adjacent to, the index lesion.</p> <p>Patients had osteochondritis dissecans with bone or bone-cartilage fragment in place.</p> <p>Patients had ligament treatments in the index knee within the previous two years.</p> <p>Patients had surgical cartilage treatments in the index knee within the previous twelve months.</p> <p>Patients had intra-articular injections in the index knee within the previous two months.</p> <p>Patients had a body mass index (BMI) of &gt;30 kg/m<sup>2</sup>.</p> <p>Patients had an autoimmune disease or a hypersensitivity to shellfish.</p> <p>Patients had concomitant healing bone fractures.</p> <p>Patients had noteworthy pain in the ipsilateral hip or ankle or contralateral hip, knee, or ankle.</p> <p>Patients were pregnant or nursing.</p> <p>Patients had inflammatory arthropathy.</p> <p>Patients had blood clotting disorders, were receiving anticoagulant therapy, or had recurring deep vein thrombosis.</p> <p>Patients had a serious heart condition or liver and/or renal abnormalities diagnosed within the previous two years.</p> <p>Patients had chronic infection of the lower joint extremities.</p> <p>Patients had a history of alcohol or drug abuse within the previous twelve months.</p> <p>Patients had any medical condition that would, in the opinion of the investigator, render the patient unable to complete the study.</p>