TABLE E-1 VISA-A Score Subscales, Outcome Assessment at 4-Month Follow-Up

Outcome Measure	Group 1: Ecc. Loading, 0 Months*	Group 1: Ecc. Loading, 4 Months*	Group 2: SWT, 0 Months*	Group 2: SWT, 4 Months*	Group 1 vs Group 2, 4 Months*
Subscale 1 [0-10]	5.7 (1.7; 2 - 9)	7.3 (2.0; 3 - 10)	6.4 (1.0; 4-8)	8.4 (1.6; 4-10)	1.1 (0.1 - 2.1), p= 0.037
Subscale 2 [0-10]	6.4 (1.4; 2 - 8)	7.5 (1.9; 4 - 10)	6.4 (1.3; 4-8)	8.5 (1.7; 4-10)	1.0 (0.0 - 2.0), p= 0.056
Subscale 3 [0-10]	7.3 (1.3; 4 - 9)	7.8 (1.7; 4 - 10)	6.9 (1.0; 5-8)	8.8 (1.5; 5-10)	1.0 (0.09 - 1.9), p= 0.032
Subscale 4 [0-10]	7.9 (1.4; 5 - 10)	8.2 (1.6; 5 - 10)	7.1 (1.2; 5-9)	8.6 (1.6; 5-10)	0.4 (-0.5 - 1.3), p= 0.381
Subscale 5 [0-10]	6.3 (0.9; 4 - 8)	7.4 (1.9; 5 - 10)	6.5(1.0; 4-8)	8.5 (1.6; 6-10)	1.1 (0.1 - 2.1), p= 0.031
Subscale 6 [0-10]	5.4 (2.5; 1 - 10)	7.3 (1.6; 1 - 10)	6.0 (1.6; 1-8)	8.7 (2.0; 3-10)	1.4 (0.4 - 2.4), p= 0.008
Subscale 7 [0-10]	3.8 (2.0; 0 - 7)	5.1 (2.6; 0 - 10)	4.1 (1.9; 0-8)	7.7 (2.9; 0-10)	2.6 (1.0 - 4.1), p= 0.002
Subscale 8 [0-30]	10.1 (4.5; 1 – 20)	12.8 (6.8; 5 - 30)	9.8 (3.5; 5-20)	20.2 (9.8; 5-30)	7.4 (2.6 - 12.2), p= 0.003

*The values are given as the mean, with the standard deviation and range given in parentheses. SWT= shock wave treatment.