

Table E1. Lysholm Score

Please grade each symptom that you experience currently during your highest level of activity

Swelling:	<input type="radio"/> None	<input type="radio"/> Mild (on severe exertion)	<input type="radio"/> Moderate (on ordinary exertion)	<input type="radio"/> Severe (constant)
Pain:	<input type="radio"/> None	<input type="radio"/> Inconstant and slight during severe exertion	<input type="radio"/> Marked during severe exertion	<input type="radio"/> Marked on or after walking more than 2 km <input type="radio"/> Marked on or after walking less than 2 km <input type="radio"/> Constant
Crutch Use:	<input type="radio"/> None	<input type="radio"/> 1 Crutch (stick or crutch)	<input type="radio"/> 2 Crutch (stick or crutch)	<input type="radio"/> Weight bearing impossible
Walk with Limp:	<input type="radio"/> No (none)	<input type="radio"/> Somewhat (slight or periodical)	<input type="radio"/> Yes (severe or constant)	
Locking:	<input type="radio"/> No locking and no catching sensations	<input type="radio"/> Catching sensations but no locking	<input type="radio"/> Locking frequently	<input type="radio"/> Locking occasionally
Instability:	<input type="radio"/> Never giving way	<input type="radio"/> Rarely during athletics or other severe exertion	<input type="radio"/> Frequently during athletics or other severe exertion	<input type="radio"/> Occasionally in daily activities <input type="radio"/> Often in daily activities <input type="radio"/> Every step
Stair-Climbing	<input type="radio"/> No problems	<input type="radio"/> Slightly impaired	<input type="radio"/> One step at a time	<input type="radio"/> Impossible
Squatting:	<input type="radio"/> No problems	<input type="radio"/> Slightly impaired	<input type="radio"/> Not beyond 90 degrees	<input type="radio"/> Impossible

Table E2 Tegner Activity Scale

Please choose one of the following which best describes your current activity level

- Level 10 Competitive Sports (Soccer, Football, Rugby (national elite))
- Level 9 Competitive Sports (Soccer, Football, Rugby (lower divisions), Hockey, Wrestling, Gymnastics)
- Level 8 Competitive Sports (Racquetball, Squash, Track and Field, Alpine Skiing)
- Level 7 Competitive Sports (Tennis, Athletics (running), Handball, Basketball, Motorcross, Cross country track)
Recreational Sports (Soccer, Football, Hockey, Squash, Athletics (jumping), Cross country track)
- Level 6 Recreational Sports (Tennis, Handball, Basketball, Alpine Skiing, Jogging 5X/week)
- Level 5 Work (Heavy Labor)
Competitive Sports (Cycling, X-country Skiing) Recreational (Jogging on uneven ground 2x/week)
- Level 4 Work (Moderately Heavy Labor (truck driving, etc))
Recreational Sports (Cycling, Cross Country Skiing, Jogging on even ground 2X/week)
- Level 3 Work (Light Labor)
Comp & Rec Sports (Swimming, Hiking, Backpacking)
- Level 2 Work (Light Labor)
Walking on uneven ground possible but impossible to backpack or hike
- Level 1 Work (Light Labor)
Walking on even ground possible
- Level 0 Sick leave or disability pension because of knee problems

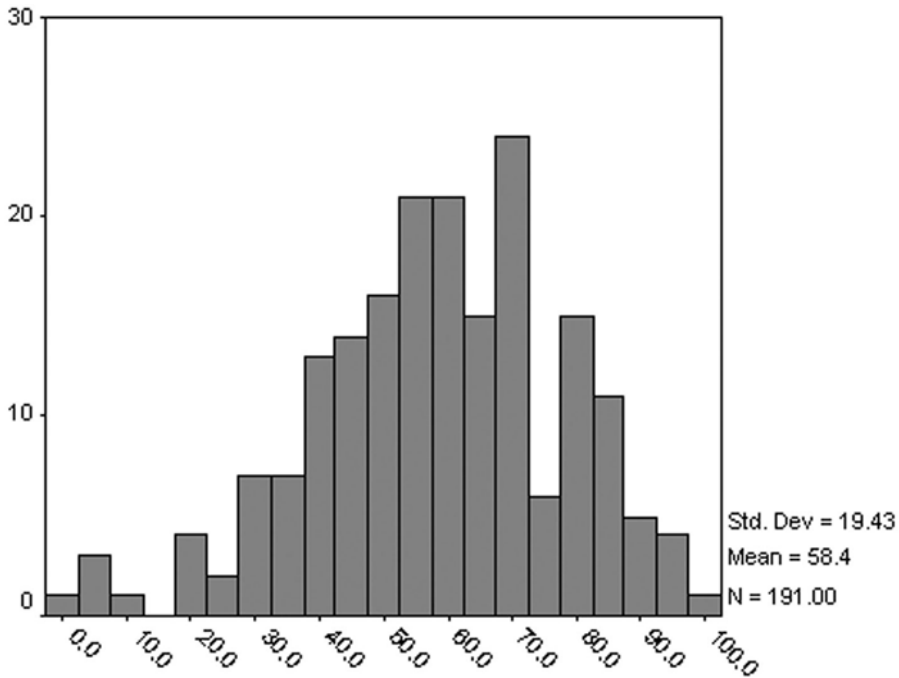


Fig. E-1

Distribution of preoperative Lysholm knee scores in the group with an isolated meniscal lesion (skewness coefficient = 0.419; Kolmogorov-Smirnov test for normality, $p > 0.05$).

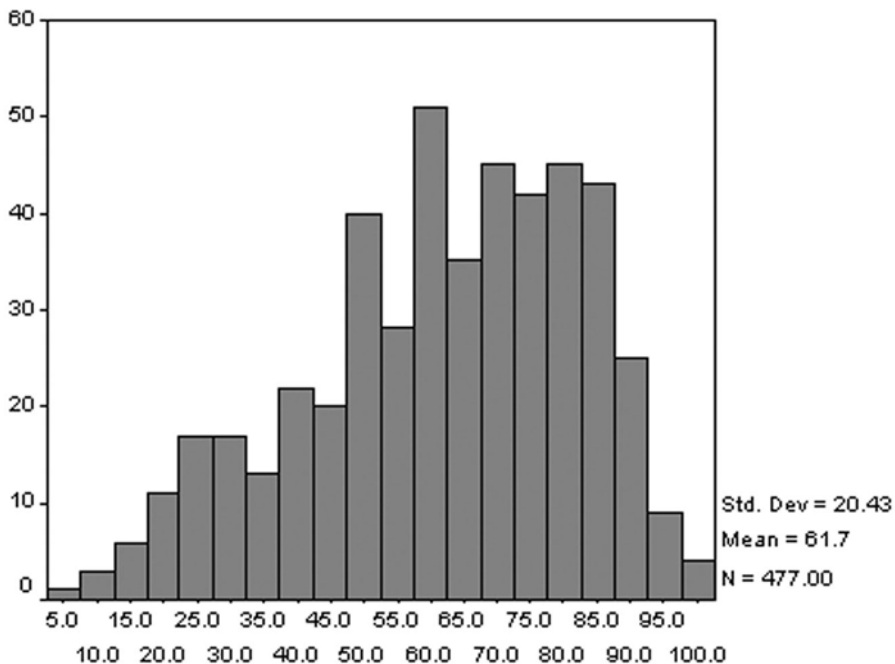


Fig. E-2

Distribution of preoperative Lysholm knee scores in the group with combined lesions.

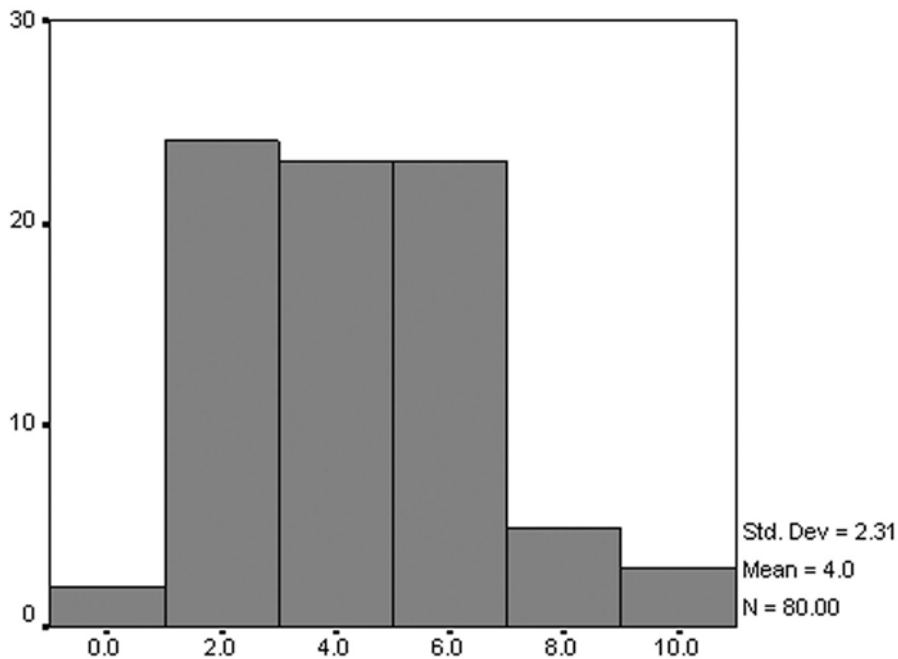


Fig. E-3

Distribution of preoperative Tegner activity levels in the group with an isolated meniscal lesion (skewness coefficient = 0.343; Kolmogorov-Smirnov test for normality, $p > 0.05$).

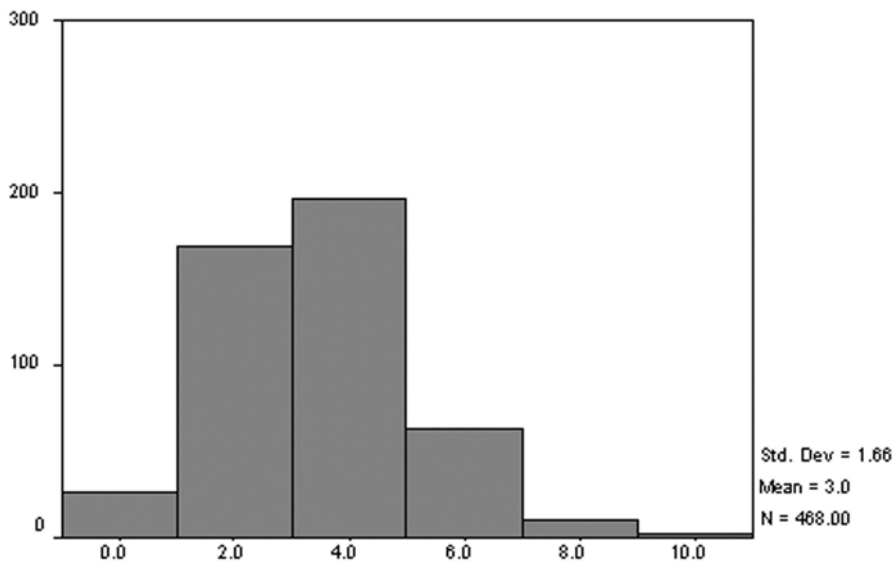


Fig. E-4

Distribution of preoperative Tegner activity levels in the group with combined lesions.