

Appendix

Case Vignette Descriptions of Age, Sex, and Sports Activity/Frequency

Patient #1: A 22-year-old male presents after the first dislocation of his shoulder. He swims regularly, often 5 times per week.

Patient #2: A 26-year-old male presents after dislocating his shoulder for the first time. He plays soccer (international: football) recreationally, usually 3 times per week.

Patient #3: An 18-year-old male presents after dislocating his shoulder for the first time. He does not regularly participate in sports.

Patient #4: A 29-year-old female presents after dislocating her shoulder for the first time. She plays ice hockey actively, usually 3 times per week or more.

Patient #5: A right-hand-dominant 18-year-old female presents after dislocating her right shoulder for the first time. She plays badminton competitively, and trains and practices 4 or more times per week.

Patient #6: A 27-year-old male presents after dislocating his shoulder for the first time. He plays water polo recreationally, about 3 times per week.

Patient #7: An 18-year-old female presents after dislocating her shoulder for the first time. She exercises at the gym occasionally and does not participate in other sports.

Patient #8: A 26-year-old female presents after the first dislocation of her shoulder. She plays soccer (international: football) in a recreational league 3 times per week.

Patient #9: A 21-year-old female presents after the first dislocation of her shoulder. She plays rugby competitively at least 3 times per week.

Patient #10: A 19-year-old female presents after the first dislocation of her shoulder. She plays golf regularly, about 4 times per week.

Patient #11: A 29-year-old male presents after the first dislocation of his shoulder. He runs regularly for fitness and occasionally runs marathons.

Patient #12: A 19-year-old male presents after the first dislocation of his shoulder. He attends a cycling class at the gym 4 or 5 mornings per week for exercise.

Patient #13: A 22-year-old male presents after the first dislocation of his shoulder. He wrestles competitively, and practices and trains 3 times per week.

Patient #14: A 26-year-old female presents after the first dislocation of her shoulder. She plays water polo regularly, about 3 times per week.

Patient #15: A 30-year-old female presents after the first dislocation of her shoulder. She does yoga and Pilates for fitness, usually every day of the week.

Patient #16: A 28-year-old male presents after the first dislocation of his shoulder. He plays ice hockey actively, about 3 times per week.