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Appendix 1

Educational pamphlet distributed to patients in interventional groups 2 and 3. **The pamphlet was distributed to patients in the preoperative education class and twice more via mail one week prior to the 3 week and 6 week postoperative visits.**

# The opioid epidemic, and how YOU can help by promptly disposing of your unused pills

There were **42,249 accidental overdose deaths** from opioids in the United States in 2016.

Many patients have extra pills after surgery, but **only 1% - 4%** get rid of them properly.

Excess medication in the house can be **dangerous or even deadly** for those with access, like friends or family.



If you are no longer taking your opioid pain medication (Oxycodone) and have leftover pills, **please safely dispose of them** in accordance with FDA regulations by...



- Dropping it off right here at **Rush University Medical Center!**
- Dropping it off at a local **pharmacy** or **police station**
- If neither option above is convenient, you may also flush it down the **toilet**

