

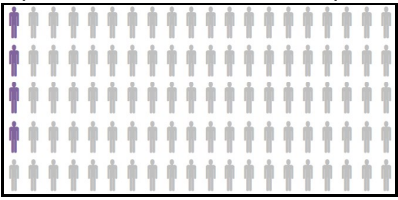
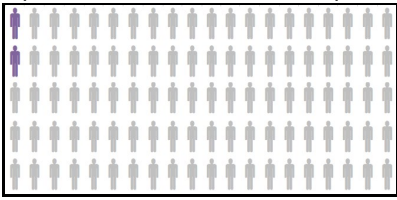


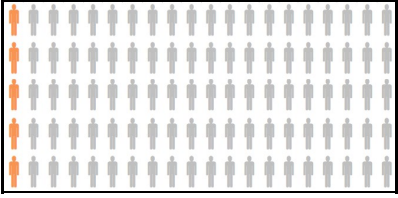
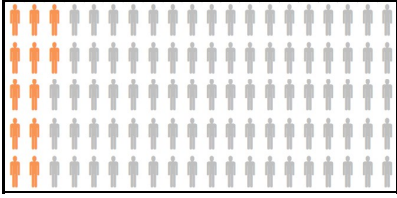
The following content was supplied by the authors as supporting material and has not been copy-edited or verified by JBJS

## Treatment of Knee Osteoarthritis

### Final Treatment Questions

Suppose your doctor suggests it is time for you to consider possible knee replacement options.

If Operation A and Operation B shown below were the only options available, which would you choose?

| Operation A   | Operation B   |           |         |               |         |            |   |        |           |         |               |         |             |
|---|---|-----------|---------|---------------|---------|------------|---|--------|-----------|---------|---------------|---------|-------------|
| <p>4 out of 100 (4%) people will have a serious complication within 3 months of operation</p>    | <p>2 out of 100 (2%) people will have a serious complication within 3 months of operation</p>             |           |         |               |         |            |   |        |           |         |               |         |             |
| <p>You are able to do <b>all daily activities</b> after recovery</p>  <table border="1"> <tr><td>Stand:</td><td>Unlimited</td></tr> <tr><td>Stairs:</td><td>Regular speed</td></tr> <tr><td>Sports:</td><td>Low-impact</td></tr> </table> | Stand:  | Unlimited | Stairs: | Regular speed | Sports: | Low-impact | <p>You are able to lead an <b>active lifestyle</b> after recovery</p>  <table border="1"> <tr><td>Stand:</td><td>Unlimited</td></tr> <tr><td>Stairs:</td><td>Regular speed</td></tr> <tr><td>Sports:</td><td>High-impact</td></tr> </table> | Stand: | Unlimited | Stairs: | Regular speed | Sports: | High-impact |
| Stand:  | Unlimited   |           |         |               |         |            |   |        |           |         |               |         |             |
| Stairs:   | Regular speed   |           |         |               |         |            |   |        |           |         |               |         |             |
| Sports:   | Low-impact  |           |         |               |         |            |   |        |           |         |               |         |             |
| Stand:  | Unlimited   |           |         |               |         |            |   |        |           |         |               |         |             |
| Stairs:   | Regular speed   |           |         |               |         |            |   |        |           |         |               |         |             |
| Sports:   | High-impact   |           |         |               |         |            |   |        |           |         |               |         |             |
| <p>You are <b>seldom aware</b> of your knee implant after recovery</p>  | <p>You are <b>never aware</b> of your knee implant after recovery</p>   |           |         |               |         |            |   |        |           |         |               |         |             |
| <p>5 out of 100 (5%) people will need another operation within 10 years to replace their implant</p>   | <p>12 out of 100 (12%) people will need another operation within 10 years to replace their implant</p>  |           |         |               |         |            |   |        |           |         |               |         |             |
| <p>Select</p>   | <p>Select</p>   |           |         |               |         |            |   |        |           |         |               |         |             |



0%  100%

## Treatment of Knee Osteoarthritis

### Final Treatment Questions

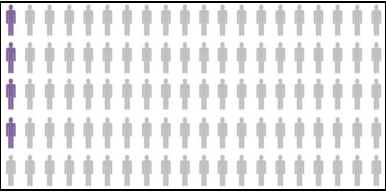
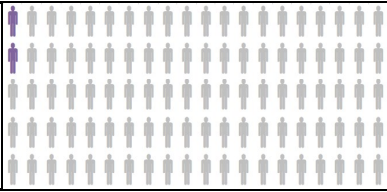
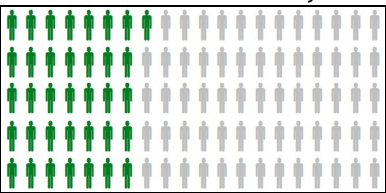
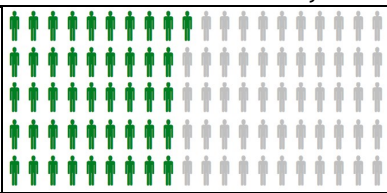


For this treatment question, function and awareness of your knee are shown differently.

With function, you are shown a **chance of being able to do all daily activities**. Remember, your ability to do all daily activities means that you will be able to stand for an unlimited amount of time, climb stairs at a regular speed, and do low-impact sports like walking, swimming, and biking.

**Almost Never Aware:** You think about your knee replacement once a month.

**Seldom Aware:** You think about your knee replacement once a week.

If Operation A and Operation B shown below were the only options available, which would you choose?

| Operation A  | Operation B   |
|--|---|
| <p>4 out of 100 (4%) people will have a serious complication within 3 months of operation</p>          | <p>2 out of 100 (2%) people will have a serious complication within 3 months of operation</p>            |
| <p>36 out of 100 (36%) will be able to do all daily activities after recovery</p>                     | <p>46 out of 100 (46%) will be able to do all daily activities after recovery</p>                       |
| <p>You are <b>seldom aware</b> of your knee implant after recovery</p>   | <p>You are <b>almost never aware</b> of your knee implant after recovery</p>  |
| <p>5 out of 100 (5%) people will need another operation within 10 years to replace their implant</p>  | <p>12 out of 100 (12%) people will need another operation within 10 years to replace their implant</p>  |
| <p>Select</p>  | <p>Select</p>   |