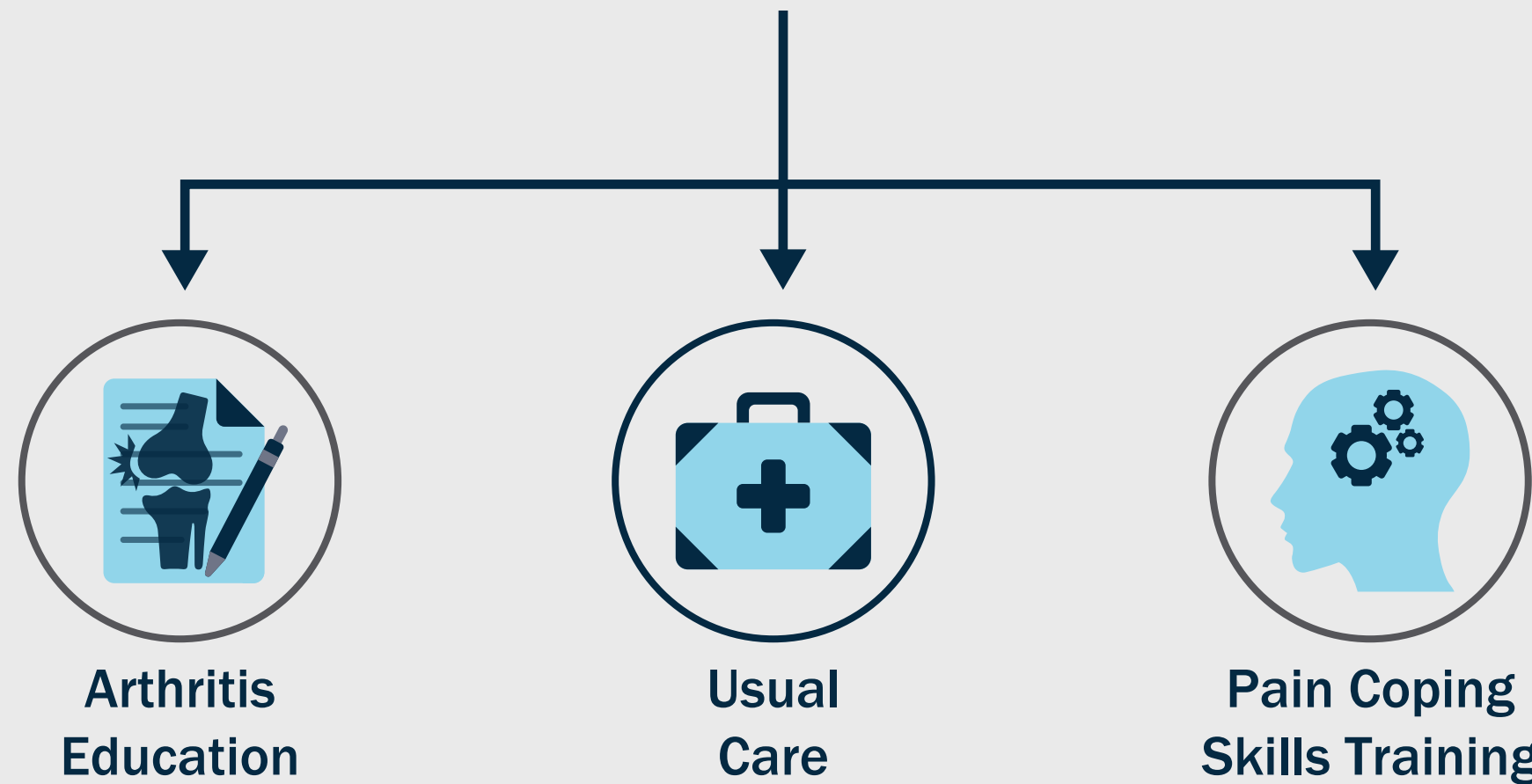


# Can Pain Coping Skills Training Improve Pain and Function Outcome Following Knee Arthroplasty?

Study evaluated if pain coping skills training can improve activity-related pain in persons who catastrophize about their pain prior to knee arthroplasty

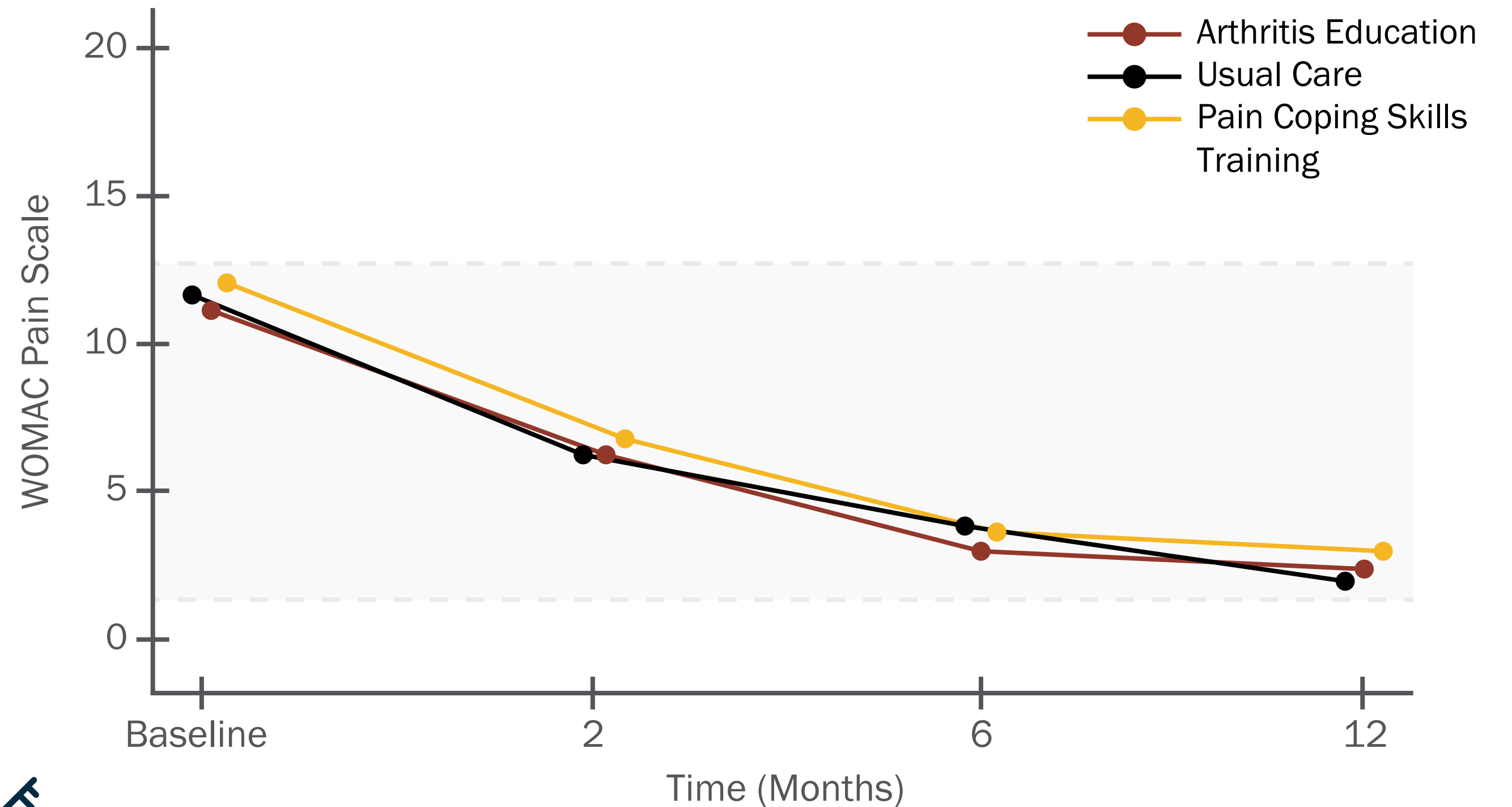


402 patients with moderate to high pain catastrophizing undergoing knee arthroplasty were randomized...



...and outcomes were evaluated at 2, 6, 12 months

No significant differences were noted between groups on any outcome



**Key:** Pain coping skills training was ineffective in improving pain beyond usual care for patients catastrophizing about pain after a knee arthroplasty

Pain Coping Skills Training for Patients Who Catastrophize About Pain Prior to Knee Arthroplasty: A Multisite Randomized Clinical Trial

Riddle et al. (2019)

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