

# Pervasiveness of Driving Distractions Among Individuals Involved in Motor Vehicle Crashes (MVCs)

Distracted driving contributes to MVCs globally, but research on the related trauma burden is lacking



Patients reported distracted driving

### Distraction-prone patients



Younger individuals



Individuals with household incomes of \$80,000 to ≥\$100,000

1 in 3 patients disclosed being distracted in an MVC during their lifetime

### Prevalent distractions



98.7% talking to passengers



97.6% listening to the radio



95.5% distractions outside the vehicle



93.8% adjusting the radio



61.2% daydreaming

### Mobile phone distractions



65.7% accepted phone calls

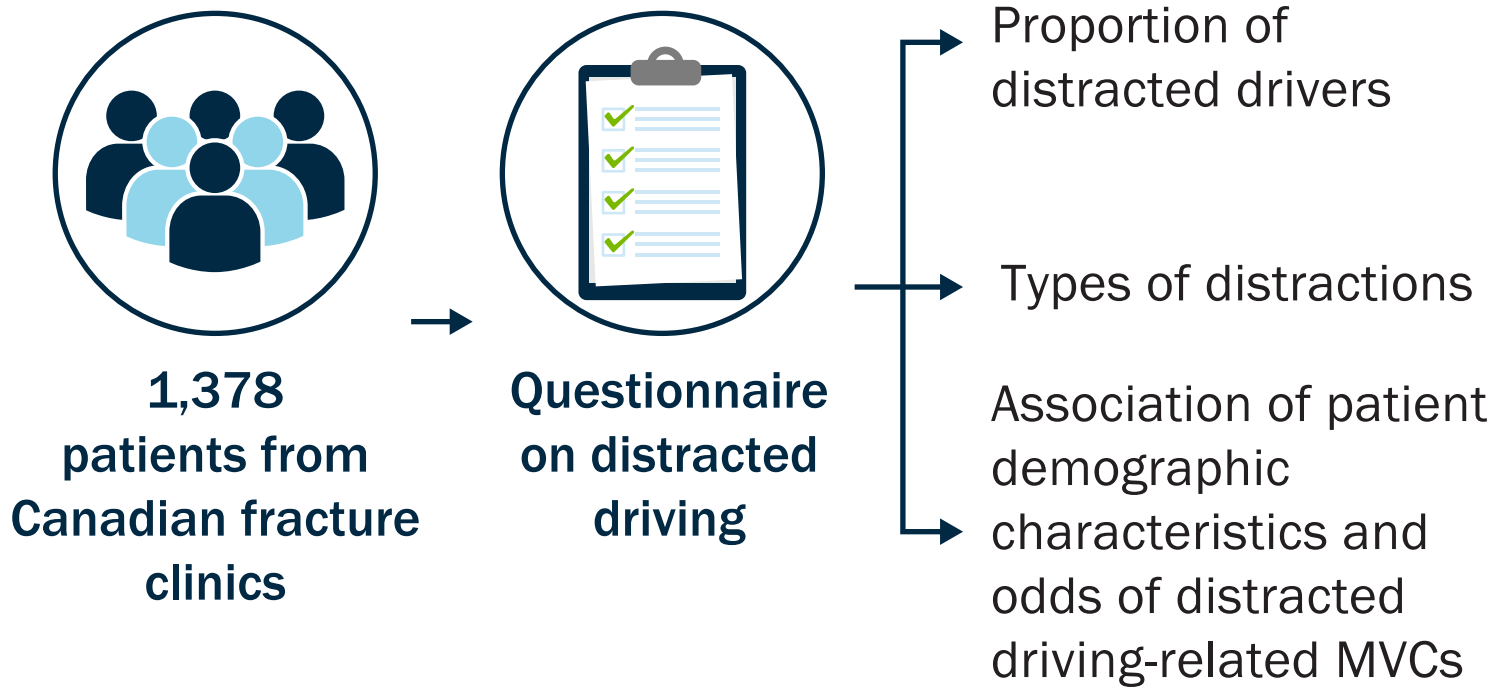


49.8% read messages



35.1% composed messages

### The Distractions on the Road: Injury eValuation in Surgery And FracturE clinics (DRIVSAFE) study



**This study highlights the important role of driving distractions in MVCs, which can be used to bring about changes in education, research, and policy**

Distracted Driving Among Patients with Trauma Attending Fracture Clinics in Canada: The Canadian Multicenter DRIVSAFE Study

The DRIVSAFE Team (2022) | DOI: 10.2106/JBJS.21.01184

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