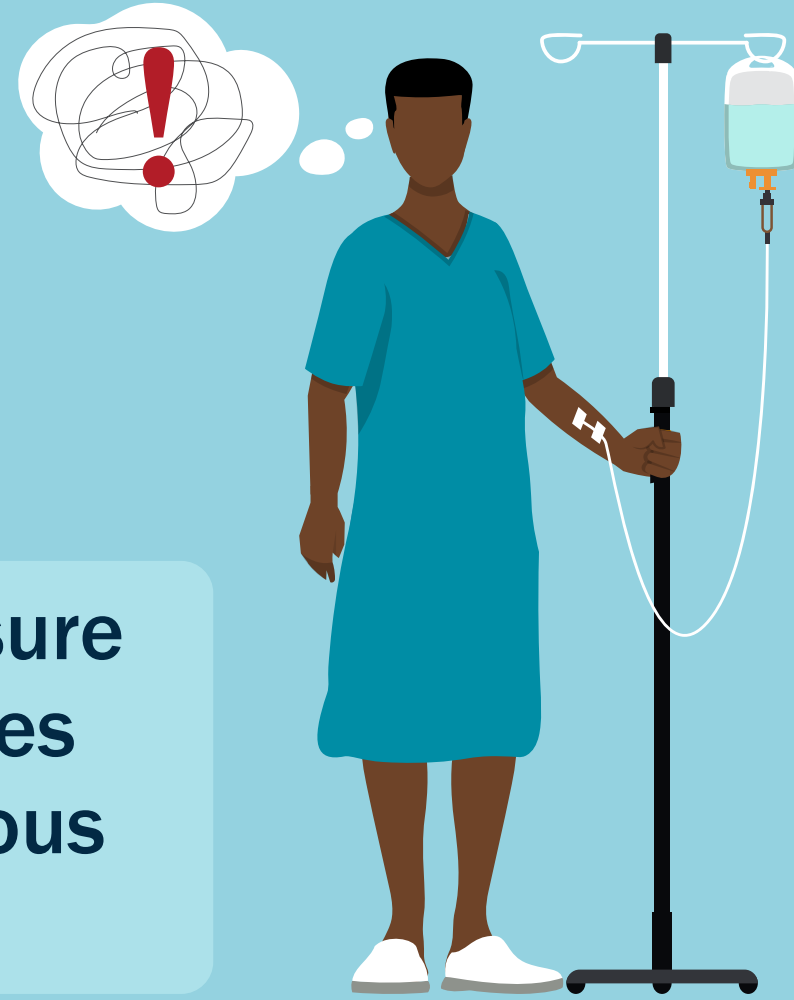


Addressing Body Exposure-Related Anxiety Among Surgical Patients

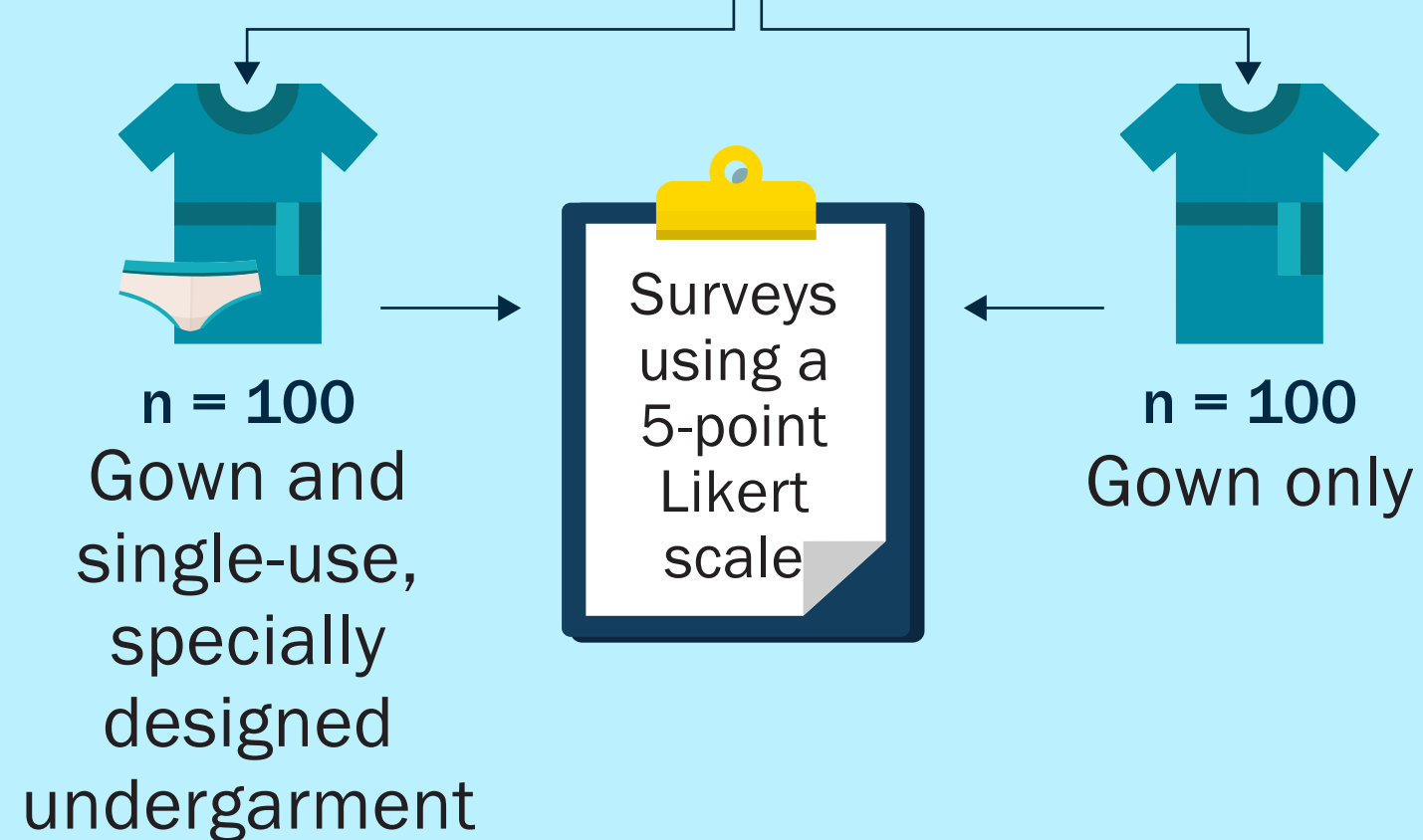
Preoperative patients need to remove all their clothes and don hospital gowns



However, this exposure of their bodies makes some patients anxious and stressed

Preoperative patients

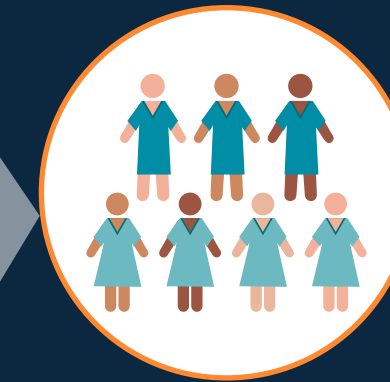
N = 200



Results from the surveys assessing patient opinions

Patients reported body exposure-related discomfort

31%



22%

Patients reported body exposure-related stress and/or anxiety

54%

Patients



Protecting their personal modesty was important

Patients who were provided undergarments were more likely to feel:

✓ Satisfied

✓ Their modesty was protected

✓ Their choice of hospital was influenced by the garments provided

To ease preoperative patients' exposure-related stress and anxiety and increase patient satisfaction, hospitals and healthcare providers should consider providing medical undergarments

Exposure-Related Anxiety and Improving Patient Satisfaction with Medical Undergarments During Surgery: A Randomized Controlled Trial

Jacofsky et al. (2022) | DOI: 10.2106/JBJS.22.00126

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