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Appendix 1.

Methods and Results for MINORS Criteria Scoring

Methods—Quality Assessment

The Methodological Index for Non-randomized Studies (MINORS) checklist was used to assess the methodologic quality of included studies. The checklist assigns a score of 0-2 for 8 items applicable to non-randomized studies, with a maximum score of 16 indicating the highest possible score for an individual non-randomized study. The items were scored 0 if not reported; 1 when reported but inadequate; and 2 when reported and adequate. A minimum of 12 months was deemed appropriate length of follow-up. After thorough review of MINORS scoring guidelines, 2 authors independently reviewed and scored each included study. Any disagreements in scoring were resolved by consensus discussion with the senior author.

Results—Study Quality

The included studies were composed of 9 case series, 2 retrospective cohort studies, and 1 retrospective case-control series. All clinical studies were non-randomized. The mean MINORS score was 8.7 of 16.