Alberta Outdoor Workers Project Questionnaire

This questionnaire has 4 sections. In Section 1, we will gather information on your sun habits, both when you are at work and on your leisure time. Section 2 asks questions about personal characteristics that may be associated with skin cancer risk, such as skin and hair colour. Section 3 will gather information on your job, and Section 4 asks some demographic questions. All information provided to us is confidential and will not be released to another party without permission. If there are any questions that you are not comfortable answering, you do not have to answer them.

For each question listed, please select the one answer that is the best response to the question. Fill in each circle or mark with a tick. Return completed surveys to Brandon Leong (403.476.2490), or email them to me at Brandon.leong@ahs.ca. You can also speak to Brandon on site if you need clarification on any of the questions.

Section 1: Sun Habits

1. In the summer, on average, how many hours are you outside per day between 10 AM and 4 PM., on days when you are AT WORK?
   - 1 hour or less
   - 2 hours
   - 3 hours
   - 4 hours
   - 5 hours
   - 6 hours

2. In the summer, on average, how many hours are you outside per day between 10 AM and 4 PM., on days when you are NOT AT WORK?
   - 1 hour or less
   - 2 hours
   - 3 hours
   - 4 hours
   - 5 hours
   - 6 hours

3. How often do you spend time in the sun in order to get a tan?
   - NEVER
   - RARELY
   - SOMETIMES
   - OFTEN
   - ALWAYS
4. How many times LAST SUMMER did you have a red OR painful sunburn that lasted a day or more?  
(Circle one response)

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For the following questions, think about what you do when you are outside AT WORK during the summer on a warm sunny day.

5. How often do you wear SUNSCREEN?  
   NEVER | RARELY | SOMETIMES | OFTEN | ALWAYS
   0  | 0  | 0  | 0  | 0

6. How often do you wear a SHIRT WITH SLEEVES that cover your shoulders?  
   NEVER | RARELY | SOMETIMES | OFTEN | ALWAYS
   0  | 0  | 0  | 0  | 0

7. How often do you wear a HAT?  
   NEVER | RARELY | SOMETIMES | OFTEN | ALWAYS
   0  | 0  | 0  | 0  | 0

8. How often do you stay in the SHADE or UNDER AN UMBRELLA?  
   NEVER | RARELY | SOMETIMES | OFTEN | ALWAYS
   0  | 0  | 0  | 0  | 0

9. How often do you wear SUNGLASSES?  
   NEVER | RARELY | SOMETIMES | OFTEN | ALWAYS
   0  | 0  | 0  | 0  | 0

For the following questions, think about what you do when you are outside and NOT AT WORK during the summer on a warm sunny day.

10. How often do you wear SUNSCREEN?  
    NEVER | RARELY | SOMETIMES | OFTEN | ALWAYS
    0  | 0  | 0  | 0  | 0

11. How often do you wear a SHIRT WITH SLEEVES that cover your shoulders?  
    NEVER | RARELY | SOMETIMES | OFTEN | ALWAYS
    0  | 0  | 0  | 0  | 0

12. How often do you wear a HAT?  
    NEVER | RARELY | SOMETIMES | OFTEN | ALWAYS
    0  | 0  | 0  | 0  | 0

13. How often do you stay in the SHADE or UNDER AN UMBRELLA?  
    NEVER | RARELY | SOMETIMES | OFTEN | ALWAYS
    0  | 0  | 0  | 0  | 0

14. How often do you wear SUNGLASSES?  
    NEVER | RARELY | SOMETIMES | OFTEN | ALWAYS
    0  | 0  | 0  | 0  | 0

Section 2: Personal characteristics

15. What is your natural hair colour? If grey, what colour was it before it turned grey?  
    Red or light blonde | Blonde | Dark blonde or light brown | Dark brown | Black
    0  | O  | O  | O  | O

16. What are the colour of your eyes?  
    Light blue, light grey, or light green | Blue, grey, or green | Hazel or light brown | Dark brown | Brownish black
    0  | O  | O  | O  | O

17. Which of the following skin colours best characterize you?:  
    Skin colour is light, pale white (Always burns, never tans) ............................................. O
    Skin colour is fair (Usually burns, tans with difficulty) ......................................................... O
    Skin colour is white to olive (Sometimes develops a mild burn, gradually tan) ...................... O
    Skin colour is olive to moderate brown (Rarely burns, tans with ease) .................................. O
    Skin colour is brown to dark brown (Very rarely burns, tans very easily) .............................. O
    Skin colour is very dark brown to black (Never burns, tans very easily) .............................. O
18. As a child, did you have more than one severe sunburn? (i.e. painful and/or blistering)

   - [ ] No
   - [ ] Yes

19. Have you ever been told by your doctor that you have skin cancer?

   - [ ] No
   - [ ] Yes
   - [ ] Don’t know

   If YES, what type? (e.g. melanoma, squamous cell, basal cell carcinoma. Leave blank if unknown.)

20. Has anyone in your IMMEDIATE family (mother, father, sister, brother, child) been told by a doctor that they have skin cancer?

   - [ ] No
   - [ ] Yes
   - [ ] Don’t know

   If YES, what type? (e.g. melanoma, squamous cell, basal cell carcinoma. Leave blank if unknown.)

21. Do you have a skin condition that worsens with sunlight exposure?

   - [ ] No
   - [ ] Yes
   - [ ] Don’t know

   If YES, what type (e.g. photosensitivity, ‘allergy’)?

22. Have you ever worked with creosote before?

   - [ ] No
   - [ ] Yes
   - [ ] Don’t know

   If YES, for approximately how many years?

Section 3: Job information

23. What is your CURRENT job title or trade?

_____________________________________________________________________________________________

24. What are your main job tasks? (for example “welding” or “operating an excavator”)

_____________________________________________________________________________________________

___________________________________________________________________________________________

___________________________________________________________________________________________

___________________________________________________________________________________________

25. How long have you been working in your CURRENT job or trade?

__________________________________________ years

26. Would you describe your typical CURRENT job/trade schedule as:

   - [ ] <30 hours/week
   - [ ] 30-40 hours/week
   - [ ] 40-50 hours/week
   - [ ] >50 hours/week
27. Is your current job the job or trade you have held the longest?
   O No  O Yes  (If YES, then skip to question 29 in SECTION 4)

28. If you answered NO to question #27, what has been your USUAL occupation or job -- the one you have worked at the longest?
   Job title __________________________________________________________
   Number of years employed in this LONGEST (or usual) occupation ___________
   Main job tasks at your LONGEST job (i.e. waiting tables, installing cabinets, pouring concrete)
   ______________________________________________________________________
   ______________________________________________________________________
   ______________________________________________________________________
   # of hours in SUMMER spent outside between 10am and 4pm at your LONGEST job: ________

Section 4: Background Information

29. Your sex:
   O Male  O Female

30. Date of birth: ______ / ______ / ______

31. Racial/ethnic background: (Fill in one best choice)
   O Caucasian/White  O Asian
   O Black  O Other ______________________________
   O Hispanic

32. What is the highest certificate, diploma or degree that you have completed?
   O Less than high school diploma or its equivalent (i.e. GED)
   O High school diploma or its equivalent
   O Some college, trade school, or university
   O Completed college, trade school or university degree

33. Your name: ________________________________________________

34. Your email (optional, if you would like a copy of your results): ____________________________

You have reached the end of the questionnaire.
Please be sure to return your complete questionnaire to Brandon (403.650.8881) or email him at Brandon.Leong@ahs.ca

Thank you very much for participating!