

**Supplementary Digital Content Table 1:** This table depicts for participants within Group RT-AS and PREV the self-reported AAS cycles that they have used as noted down during the interview process. Each row indicates a cycle. RP=Returning Participant, iu = international unit, eod=every other day, TRT=Testosterone Replacement Therapy.

Participant ID	Group	Sampling Date	AAS Cycle	Time Frame of Usage
RP1	RT-AS	13.4.19	Blend (Testosterone Propionate 50mg, Trenbolone Acetate 75mg, Drostanolone Propionate 75mg - Total of 200mg/ml), 0.75ml for week 1-4 (150mg dosage eod) & then 1ml for week 4-14 (200mg dosage eod)	May 2016 - July 2016
RP1	RT-AS	13.4.19	Blend (Testosterone Propionate 50mg, Trenbolone Acetate 75mg, Drostanolone Propionate 75mg - Total of 200mg/ml), 0.75ml for week 1-4 (150mg dosage eod) & then 1ml for week 4-14 (200mg dosage eod)	May 2017 - July 2017
RP1	RT-AS	13.4.19	Blend (Testosterone Propionate 50mg, Trenbolone Acetate 75mg, Drostanolone Propionate 75mg - Total of 200mg/ml), 0.75ml for week 1-4 (150mg dosage eod) & then 1ml for week 4-14 (200mg dosage eod)	May 2018 - July 2018
RP1	RT-AS	13.4.19	Testosterone Enanthate 600mg a week for 6 weeks	July 2018 - Mid August 2018
RP1	RT-AS	13.4.19	Tamoxifen 10mg eod & Human chorionic gonadotropin 10,000iu eod for 2 weeks	Mid-August 2018 - September 2018
RP2	RT-AS	14.4.19	Oxandrolone 60mg a day for 6 weeks	June 2018 - July 2018
RP2	RT-AS	14.4.19	Testosterone Enanthate 400mg a week for 14 weeks Oxandrolone 60mg a day for 6 weeks (week 8 – 14 of 14)	January 2019 - 3rd April 2019
RP2	RT-AS	27.10.19	Human chorionic gonadotropin 500iu 3x a week for 3 weeks Anastrozole 0.5mg eod for 19 days	14th April 2019 - 3rd May 2019
RP2	RT-AS	27.10.19	Tamoxifen 40mg a day for 2 weeks (week 1-2 of 4) & 20mg a day for 2 weeks (week 2-4 of 4) Clomiphene 50 mg a day for 3 weeks (week 1-3 of 3)	7th May 2019 - 4th June 2019
RP2	RT-AS	27.10.19	Ibutamoren 25mg a day for 12 weeks (used for ~80% of the time stated)	9th May 2019 - 1st August 2019
RP3	RT-AS	15.4.19	Testosterone Enanthate 300mg a week for 12 weeks	July 2018 - October 2018
RP3	RT-AS	15.4.19	Testosterone Enanthate 200mg a week for 8 weeks Trenbolone Enanthate 250mg a week for 8 weeks	Late February 2019 - 8th April 2019
RP3	RT-AS	27.10.19	Tamoxifen 60mg for one day then 40mg for 10 days then 20mg for 10 days Clomiphene 50mg a day for 21 days	22nd April - 13th May 2019
RP4	RT-AS	16.6.19	Oxandrolone 40mg a day for 2 weeks Oxandrolone 50mg a day for 4 weeks	4th May 2019 - 17th May 2019 18th May 2019 - sampling date
RP4	RT-AS	16.6.19	Mesterolone 150mg single dosage Mesterolone 50mg single dosage	14th May 2019 15th May 2019

RP4	RT-AS	27.10.19	Human chorionic gonadotropin 2500iu eod for 2 weeks (6 injections total) Exemestane 25mg a day for 2 weeks Tamoxifen 40mg a day for 2 weeks	20th June 2019 - 4th July 2019
RP4	RT-AS	27.10.19	Tamoxifen 20mg a day for 4 weeks (dropped to 10mg a day for ~ 4 days and then 5mg a day for ~4 days before stopping altogether)	4th July 2019 - 1st August 2019
RP5	RT-AS	10.8.19	Oxandrolone 20mg a day for 7.5 weeks (on 4 days during the cycle the dosage was 30mg a day)	8th April 2019 - 30th May 2019
RP5	RT-AS	10.8.19	Testosterone Enanthate 300mg a week for 9 weeks (Last injection was 2nd August at 75mg (0.25ml at 300mg per ml) all prior injections were 150mg (0.5ml) twice a week)	30th May 2019 - 2nd August 2019
RP5	RT-AS	12.01.2020	Tamoxifen 40mg a day for 1 week, 20mg a day for 2 weeks	10th August 2019 - 31st August 2019
RP5	RT-AS	12.01.2020	Clenbuterol 40µg a day for 2 days, 80µg a day for 17 days	23rd December 2019 - 11th January 2020
1	RT-AS	16.3.19	Oxandrolone 50mg a day for 6 weeks	End of September 2018 - Mid November 2018
1	RT-AS	16.3.19	Oxandrolone 50-60mg a day for 8 weeks	7th Jan 2019 - 7th March 2019
2	RT-AS	15.4.19	Sustanon (Testosterone Blend) 250mg every 4 days for 12-16 weeks Nandrolone Decanoate 200mg every 4 days for 12-16 weeks Chlorodehydromethyltestosterone 60mg a day for 12-16 weeks	September 2013 - November/December 2013
2	RT-AS	15.4.19	Testosterone Propionate 100mg eod for 6-8 weeks Trenbolone Enanthate 50mg eod for 6-8 weeks	January 2014 - February 2014
2	RT-AS	15.4.19	Testosterone Cypionate 1000mg every 4 days for 12-16 weeks Boldenone Undecylenate 400mg every 4 days for 12-16 weeks	September 2014 - November/December 2014
2	RT-AS	15.4.19	Testosterone Propionate 50mg eod for 1 year Human chorionic gonadotropin 250iu every 4 days for 1 year	July 2017 - Mid June 2018
2	RT-AS	15.4.19	Testosterone Propionate 100mg eod for 6 weeks Drostanolone Propionate 50mg eod for 6 weeks Human chorionic gonadotropin 250iu every 4 days for 6 weeks	Mid June 2018 - End of July 2018
2	RT-AS	15.4.19	Testosterone Cypionate 200mg every 4 days for 9 months (self-prescribed TRT) Human chorionic gonadotropin 250iu every 4 days for 9 months	End of July 2018 - Sampling Day
3	RT-AS	15.4.19	Testosterone Enanthate 300mg a week for 12 weeks	May 2018 - August 2018
3	RT-AS	15.4.19	Testosterone Enanthate 200mg a week for 8 weeks Trenbolone Enanthate 250mg a week for 8 weeks	Late February 2019 - 8th April 2019

4	RT-AS	15.6.19	Testosterone Enanthate 500mg a week for 12 weeks Methandienone 40mg a day for 4 weeks (weeks 1-4 of 12)	During 2011
4	RT-AS	15.6.19	Testosterone Enanthate 500mg a week (week 1-12 of 24) Methandienone 40mg a day for 4 weeks (weeks 1-4 of 24) Testosterone Enanthate 900mg a week (week 12-16 of 24) Testosterone Enanthate 1.2g a week (week 16-20 of 24) Testosterone Enanthate 1g a week (week 20-24 of 24)	During 2012
4	RT-AS	15.6.19	Testosterone Enanthate 225mg a week for ~12-16 weeks Trenbolone Enanthate 225mg a week for ~12-16 weeks Drostanolone propionate 150mg a week for ~12-16 weeks Oxandrolone 50mg a day for 5 weeks (week 1-5 of 16)	During 2014
4	RT-AS	15.6.19	Testosterone Enanthate 600mg a week for 8-10 months	During 2015
4	RT-AS	15.6.19	Testosterone Enanthate 300mg a week for 1 year	During 2016
4	RT-AS	15.6.19	Testosterone Enanthate 300mg every 10 days for 10 months	During 2018
4	RT-AS	15.6.19	Testosterone Enanthate 125mg every 10 days for ~6 months	January 2019 - 1st June 2019
4	RT-AS	15.6.19	Testosterone Enanthate 300mg every 7-10 days starting the week prior to sampling (two exposures) Oxandrolone 20mg a day starting two days prior to sampling	3rd June 2019 - sampling date
4	RT-AS	15.6.19	Clenbuterol 40mcg/80mcg/120mcg a day starting the week prior to sampling	5th June 2019 - sampling date
4	RT-AS	15.6.19	Triiodothyronine 25mcg a day starting 10 days before the sampling date	5th June 2019 - sampling date
5	RT-AS	10.8.19	RAD140 20mg a day for 6 weeks Ostarine 20mg a day for 6 weeks MK677 was also used during this cycle for 6 weeks but the dosage & frequency of usage can't be recalled	June 2018 - July 2018
5	RT-AS	10.8.19	Testosterone Enanthate 400mg a week for 4 weeks Nandrolone Decanoate 250mg a week for 4 weeks	End of September 2018 - Mid October 2018 (each subsequent cycle then followed itself)
5	RT-AS	10.8.19	Testosterone Enanthate 500mg a week for 6 weeks Methandienone 20mg eod for 6 weeks	Mid October 2018 - end of December 2018
5	RT-AS	10.8.19	Testosterone Enanthate 300mg a week for 6 weeks Oxandrolone 50mg a day for 6 weeks	end of December 2018 - January 2019
5	RT-AS	10.8.19	Sustanon (Testosterone Blend) 250mg a week for 6 weeks Methenolone enanthate 120mg a week for 6 weeks	February 2019 – Mid March 2019

5	RT-AS	10.8.19	Sustanon (Testosterone Blend) 250mg a week for 4 weeks	Mid March 2019 - 7th July 2019
5	RT-AS	10.8.19	Sustanon (Testosterone Blend) 500mg a week for 4 weeks Oxandrolone 50mg a day for 4 weeks	7th July 2019 - Sampling date
6	RT-AS	10.8.19	Testosterone Enanthate 500mg a week for 12 weeks	August 2014 - October 2014
6	RT-AS	10.8.19	Testosterone Enanthate 200mg a week for 2 months	November 2014 - December 2014
6	RT-AS	10.8.19	Testosterone Enanthate 750mg a week for 16 weeks Methandienone 50mg a day for 8 weeks (week 1-8 of 16)	January 2015 - April 2015
6	RT-AS	10.8.19	Testosterone Enanthate 200mg a week for 8 months	May 2015 - December 2015
6	RT-AS	10.8.19	Testosterone Enanthate 300mg a week for 8 weeks Trenbolone Acetate 300mg a week for 8 weeks	January 2016 - February 2016
6	RT-AS	10.8.19	Testosterone Propionate 200mg a week for 4 months	March 2016 - June 2016
6	RT-AS	10.8.19	Testosterone Enanthate 750mg a week for 8 weeks Fluoxymesterone less than 100mg a day (unsure on exact dosage) for 8 weeks (50mg used in calculations)	July 2016 - August 2016
6	RT-AS	10.8.19	Testosterone Enanthate 200mg a week for 4 months	September 2016 - December 2016
6	RT-AS	10.8.19	Testosterone Enanthate 750mg a week for 12 weeks Oxymetholone 100mg a day for 8 weeks (week 1-8 of 12)	January 2017 - April 2017
6	RT-AS	10.8.19	Testosterone Enanthate 200mg a week for 6 months Peptide bpc157 unknown dosage and frequency but used for 6 weeks during this 6-month phase	May 2017 - September 2017
6	RT-AS	10.8.19	Testosterone Enanthate 750-1000mg a week for 12 weeks	October 2017 - December 2017
6	RT-AS	10.8.19	Testosterone Enanthate 200mg a week for 6-8 months	January 2018 - End of August 2018
7	RT-AS	11.8.19	Oxandrolone 50mg a day for 12 weeks	During Spring 2016
7	RT-AS	11.8.19	Methandienone 50mg a day for ~12-16 weeks	August/September 2016 - December 2016
7	RT-AS	11.8.19	Methandienone 50mg a day for 8 weeks Triiodothyronine used for 8 weeks but dosage & frequency can't be recalled	January 2017 - February 2017
7	RT-AS	11.8.19	Oxandrolone 50mg a day for 8 weeks Clenbuterol 25-75mcg a day for 8 weeks	March 2017 - April 2017
7	RT-AS	11.8.19	Testosterone Enanthate 300mg a week for 3 months	~June 2017 - August 2017

7	RT-AS	11.8.19	Testosterone Enanthate 600mg a week for 12 weeks Trenbolone Enanthate 300mg a week for 12 weeks	~September 2017 - November 2017
7	RT-AS	11.8.19	Testosterone Enanthate 300mg a week for 2 months	~December 2017 - Jan 2018
7	RT-AS	11.8.19	Testosterone Enanthate 600mg a week for 16 weeks Trenbolone Enanthate 300mg a week for 16 weeks	~Jan 2018 - April 2018
7	RT-AS	11.8.19	Testosterone Enanthate 600mg a week for 18 weeks Trenbolone Enanthate 300mg a week for 18 weeks	~late June/early July 2018 - late October 2018
7	RT-AS	11.8.19	Testosterone Enanthate 300mg a week for 1 month	8th July 2019 - sampling date
8	RT-AS	26.10.19	Testosterone Blend 400-1,200mg a week for 10 weeks (dosage progressively ramped up) Nandrolone Decanoate 600mg a week for 10 weeks	During 2009
8	RT-AS	26.10.19	Testosterone Blend 600-800mg a week for 2 months Testosterone Propionate 350mg a week for 2 months Trenbolone Acetate 350mg a week for 2 months Drostanolone propionate 350mg a week for 2 months	Late 2013 - Early 2014
8	RT-AS	26.10.19	Testosterone Blend 700mg a week for 3-4 months Oxandrolone 50mg a day for weeks 2-4 of 4 months Drostanolone propionate 200-400mg a week but used sporadically (for calculations used 3 times)	March 2016 - July 2016
8	RT-AS	26.10.19	Testosterone Blend 400-800mg a week for 12 weeks Nandrolone Decanoate 600mg a week for 12 weeks	September 2017 - November 2017
8	RT-AS	26.10.19	Testosterone Blend 200mg a week for 2-3 months Trenbolone Enanthate 700mg a week for 2-3 months	December 2017 - February/March 2018
8	RT-AS	26.10.19	Testosterone Blend 400mg a week for ~12/14months Growth Hormone 4-6iu 2x a day on training days for 6 weeks	May/June 2018 - July 2019 March 2019 - April 2019
8	RT-AS	26.10.19	Testosterone Propionate 175mg a week for 1.5 months	July 2019 - August 2019
8	RT-AS	26.10.19	Testosterone Blend 200mg a week for ~2 months	September 2019 - sampling date
9	RT-AS	26.10.19	Testosterone Enanthate 500mg a week for 12 weeks Nandrolone Decanoate 400mg a week for 12 weeks Methandienone 40mg a day for 4 weeks (week 1-4 of 12) Oxandrolone 50mg a day for 2 weeks (week 10-12 of 12)	25th July 2016 - 16th October 2016
9	RT-AS	26.10.19	Testosterone Enanthate 400mg a week for 10 weeks Chlorodehydromethyltestosterone 80mg a day for 6 weeks (week 4-10 of 10)	13th February 2017 - 23rd April 2017

9	RT-AS	26.10.19	Testosterone Propionate 400mg a week for 9 weeks Trenbolone Acetate 300mg a week for 9 weeks Oxymetholone 100mg a day for 3.5 weeks (week 5.5-9 of 9)	17th July 2017 - 14th September 2017
9	RT-AS	26.10.19	Testosterone Cypionate 400mg a week for 16 weeks Boldenone Undecylenate 600mg a week for 16 weeks	5th February 2018 - 26th May 2018
9	RT-AS	26.10.19	Testosterone Enanthate or Propionate 150mg a week for 16 weeks Drostanolone propionate 600mg a week for 16 weeks Trenbolone Acetate 300mg a week for 10 weeks (week 6-16 of 16) Oxandrolone 50mg a day for 10 weeks (week 6-16 of 16)	18th February 2019 - June 11th 2019
9	RT-AS	26.10.19	Testosterone Enanthate 250mg a week for 16 weeks	11th June 2019 - 6th October 2019
9	RT-AS	26.10.19	Testosterone Enanthate 600mg a week for 3 weeks Fluoxymesterone 20mg a day for 3 weeks	7th October 2019 - sampling day
10	RT-AS	26.10.19	Testosterone Enanthate 500mg a week for 12 weeks	End of 2016
10	RT-AS	26.10.19	Testosterone Propionate 100mg eod 16 weeks Ostarine 30mg a day for 16 weeks YK-11 20mg a day for 16 weeks Stanozolol 50mg a day for 4 weeks (weeks 12-16 of 16) S-23 30mg a day for 3 weeks (weeks 13-16 of 16)	June/July 2017 - September/October 2017
10	RT-AS	26.10.19	Testosterone Enanthate 500mg a week for 16 weeks Nandrolone Decanoate 200mg a week for 16 weeks	December 2017 - March 2018
10	RT-AS	26.10.19	Testosterone Propionate 100mg eod for 12 weeks Trenbolone Acetate 50mg eod for 12 weeks Clenbuterol 40mcg a day for 2 days during the cycle	July 2018 - September 2018
10	RT-AS	26.10.19	Testosterone Enanthate 600mg a week for 20 weeks Nandrolone Decanoate 400mg a week for 20 weeks Anastrozole 2.5mg a week 20 weeks Mesterolone 25mg a day for 14 weeks (weeks 1-14 of 20) Oxymetholone 50mg a day for 8.5 weeks (weeks 1-8.5 of 20)	end of February 2019 - start of July 2019
10	RT-AS	26.10.19	Testosterone Enanthate 300mg a week for 6 weeks	start of July 2019 - Mid August 2019
10	RT-AS	26.10.19	Sustanon (Testosterone Blend) 500mg a week for 10 weeks Nandrolone Decanoate 300mg a week for 10 weeks Mesterolone 50mg a day for 10 weeks	Mid August 2019 - sampling day

			Anastrozole 1mg every 3 <sup>rd</sup> day for 10 weeks Trenbolone Acetate 150mg a week for 4 weeks (week 1-4 of 10)	
11	RT-AS	27.10.19	Testosterone Enanthate 500mg a week for 10 weeks Methandienone 30mg a day for 6 weeks (week 3-8 of 10)	During 2012
11	RT-AS	27.10.19	Testosterone Enanthate 500mg a week for 8 weeks Clenbuterol 40mcg a day for 2 weeks on/off for 8 weeks	During 2014
11	RT-AS	27.10.19	Testosterone Enanthate 500mg a week for 8 weeks Trenbolone Enanthate 225mg a week for 8 weeks	Spring 2016
11	RT-AS	27.10.19	Testosterone Propionate 300mg a week for 6 weeks Trenbolone Hexahydrobenzylcarbonate 150mg a week for 6 weeks Methandienone 20mg a day for 6 weeks	Spring 2017
11	RT-AS	27.10.19	Testosterone Propionate 300mg a week for 6 weeks Trenbolone Hexahydrobenzylcarbonate 150mg a week for 6 weeks Methandienone 20mg a day for 6 weeks	Spring 2018
11	RT-AS	27.10.19	Testosterone Propionate 300mg a week for 12 weeks Chlorodehydromethyltestosterone 30mg a day for 8 weeks (week 1-8 of 12) Trenbolone Acetate 120mg a week for 7 weeks (week 5-12 of 12)	Mid May 2019 - Mid August 2019
12	RT-AS	27.10.19	Sustanon (Testosterone Blend) 125mg every 5 days for 21 months	January 2018 - Sampling Date
12	RT-AS	27.10.19	Mesterolone 25mg a day for 13 months	January 2018 - February 2019
12	RT-AS	27.10.19	Mesterolone 25mg a day for a few days before the sampling date (add 100mg to calculations above)	A few days before sampling day
12	RT-AS	27.10.19	Ostarine 25mg a day for 8 weeks	March 2018 - Mid April 2018
12	RT-AS	27.10.19	Ligandrol 20mg a day for 8 weeks	July 2018 - Mid September 2018
12	RT-AS	27.10.19	Sustanon (Testosterone Blend) 500mg a week for 6 weeks Methylstenbolone 20mg a week for 4 weeks (week 2-6)	End of May 2019 - July 2019
13	RT-AS	27.10.19	Testosterone Undecanoate 1000mg as single injections on 17th October 2018, 12th January 2019, 3rd June 2019	8 months
13	RT-AS	27.10.19	Testosterone Enanthate 150mg a week for 3.5 weeks	30th June 2019 - 24th July 2019
13	RT-AS	27.10.19	Testosterone Enanthate 200mg a week for 13 weeks	25th July 2019 - Sampling Date
14	RT-AS	27.10.19	Methasterone 10-30mg a day for 3-4 weeks	May 2013 - June 2013
14	RT-AS	27.10.19	Methylepitiostanol ~30-40mg a day for 6 weeks Trendione used daily for 6 weeks but dosage can't be recalled (omitted in further calculations)	September 2013 - October 2013
14	RT-AS	27.10.19	Testosterone Propionate 300mg a week for 4 weeks	January 2014 - February 2014

			Methasterone 10-30mg a day for 4 weeks	
14	RT-AS	27.10.19	Testosterone Propionate 300mg a week for 4 weeks Stanozolol 30-40mg a day for 4 weeks Mesterolone 25mg a day for 4 weeks	June 2014 - July 2014
14	RT-AS	27.10.19	Testosterone Propionate 300mg a week for 4 weeks Oxandrolone 30-40mg a day for 4 weeks Mesterolone 25mg a day for 4 weeks	September 2014 - October 2014
14	RT-AS	27.10.19	Testosterone Propionate 300mg a week for 4 weeks Chlorodehydromethyltestosterone 30-40mg a day for 4 weeks Mesterolone 25mg a day for 4 weeks	May 2015 - June 2015
14	RT-AS	27.10.19	Methylepitiostanol ~20-30mg a day for 4 weeks	January 2019 - February 2019
15	PREV	12.12.18	Oxandrolone 50mg a day for 3 weeks	During 2016
16	PREV	13.4.19	Testosterone Enanthate 600mg a week for 6 months	August 2008 - March 2009
16	PREV	13.4.19	Testosterone Enanthate 600mg a week for 6 months Nandrolone Decanoate 600mg a week for 6 months Trenbolone Enanthate 250mg a week for 6 months Methyl 1 Testosterone 50mg a week for 6 months	March 2009 - September 2009
16	PREV	13.4.19	Boldenone Undecylenate 1000mg a week for 5 months Oxymetholone 150mg a day for 5 months Growth Hormone 8iu a day for 5 months	September 2009 - February 2010
16	PREV	13.4.19	Trenbolone Enanthate 1000mg a week for 11 months Stanozolol 100mg a day for 11 months Oxandrolone 100mg a day for 11 months	February 2010 - January 2011
16	PREV	13.4.19	Boldenone Undecylenate 1000mg a week for 5 months Testosterone Enanthate 600mg a week for 5 months	January 2011 - June 2011
16	PREV	13.4.19	Sustanon (Testosterone Blend) 500mg a week for 3 months	June 2011 - September 2011
16	PREV	13.4.19	Boldenone Undecylenate 1000mg a week for 3 months	June 2012 - September 2012
16	PREV	13.4.19	Trenbolone Enanthate 750mg a week for 4 months	September 2012 - December 2012
16	PREV	13.4.19	Trenbolone Enanthate 500mg every 2 weeks for 5 months	January 2013 - May 2013
16	PREV	13.4.19	AndroGel® (Testosterone Gel 1.62% ) used daily for 4 years (prescribed TRT)	July 2013 - January 2017
16	PREV	13.4.19	Testosterone Undecanoate 1000mg every 10 weeks for 2 years (prescribed TRT)	January 2017 - Sampling Day



17	PREV	14.4.19	Testosterone Enanthate 375mg for 6 weeks (week 1-6 of 20) Testosterone Enanthate 500mg week for 14 weeks (week 6-20 of 20) Chlorodehydromethyltestosterone 60-80mg a day for 4 weeks (week 16-20)	March 2016 - July 2016
18	PREV	15.4.19	Testosterone Cypionate 200mg every 5 days for 6 weeks Oxandrolone 30mg a day on training days only for 6 weeks (4x a week average)	Spring 2016
18	PREV	15.4.19	Testosterone Cypionate 300mg a week for 12 weeks Drostanolone Propionate 300mg a week for 6 weeks (weeks 1-6 of 12) Drostanolone Propionate 450mg a week for 6 weeks (weeks 7-12 of 12)	October 2016 - January 2017
18	PREV	15.4.19	Testosterone Enanthate 250mg a week for 12 weeks Nandrolone Phenylpropionate 300mg a week for 6 weeks (weeks 1-6 of 12) Nandrolone Phenylpropionate 450mg a week for 6 weeks (weeks 7-12 of 12)	September 2017 - December 2017
19	PREV	26.10.19	Testosterone Enanthate 250mg every 3 <sup>rd</sup> day for 12-15 weeks	During Autumn 2016
19	PREV	26.10.19	Testosterone Enanthate 250mg every 3 <sup>rd</sup> day for 16 weeks Nandrolone Decanoate 200mg every 3 <sup>rd</sup> day for 16 weeks Oxymetholone 25-30mg a day for a few days at the beginning of the cycle (1x25 & 1x30 used in calculations for AAS exposure)	During Autumn 2017
19	PREV	26.10.19	Testosterone Enanthate 100mg a week for 10 months	End of Autumn 2017 - Summer 2018
19	PREV	26.10.19	Testosterone Gel (AndroGel <sup>®</sup> ) 50-60ml sachet daily for 4 months	April 2019 - End of July/beginning of August 2019
20	PREV	26.10.19	Methandienone 30mg a day for 4 weeks	During summer 2008
20	PREV	26.10.19	Sustanon (Testosterone Blend) 500mg a week for 12 weeks	During early 2009
20	PREV	26.10.19	Testosterone Enanthate 500mg a week for 12 weeks	During summer 2010
21	PREV	28.10.19	Testosterone Enanthate/Cypionate 250mg every 8-10 days for 10 weeks	January 2013 - March 2013

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