Fig. S1 Flowchart of study selection

Identification

1509 records identified
  1495 through database searching
  14 through other sources

216 duplicates removed

Screening

1293 records screened

1196 excluded
  183 study design
  387 population
  274 intervention
  259 comparator
  68 duplicate
  25 other

Eligibility

97 full-text articles assessed for eligibility

88 excluded
  9 population
  27 intervention
  14 comparator
  32 outcomes
  4 study design
  2 other

Included

4 papers included from previous systematic reviews

13 papers from 12 unique studies included in analysis