

**Table 1** Search strategy.

PubMed		
ID	Search	Results
#1	All Fields descriptor: ((((((Ginseng) OR (Ginsengs)) OR (P. quinquefolius)) OR (Panax)) OR (ginsenosides)) OR (ginsenoside)) OR (Kangai injection)) OR (Shenqi fuzheng injection)) OR (Shenfu injection)) OR (Shenmai injection) Filters:from 1000/1/1-2021/5/24	13,268
#2	All Fields descriptor: ((((((fatigue) OR (lethargy)) OR (exhaustion)) OR (tiredness)) OR (weariness)) OR (physical performances)) OR (exercise performances) Filters:from 1000/1/1-2021/5/24	364,769
#3	Search #1 and #2 Filters:from 1000/1/1-2021/5/24	395
Cochrane		
#1	MeSH descriptor: [Fatigue] explode all trees Filters: to 2021/6	3,972
#2	MeSH descriptor: [Panax] explode all trees Filters: to 2021/6	254
#3	#1 and #2	18
Note	MeSH descriptor: [Kangai injection] / [Shenqi fuzheng injection] / [Shenfu injection] / [Shenmai injection] explode all trees Filters: to 2021/6	0
CNKI		
	Subject search: SU=('参'+人参'+高丽参'+西洋参'+红参'+白参'+水参'+野山参'+康艾注射液'+参芪扶正注射液'+参附注射液'+参麦注射液') AND SU=('疲劳'+疲乏'+疲倦'+疲惫'+倦怠'+乏力') Filters: to 2021/5/24	1,351