

Appendix 2. Assessment of medication use during the first trimester of pregnancy

Medication	Not safe during 1st trimester (%)	Must weigh risks and benefits for individual patients (%)	Safe to use during 1st trimester (%)	I'm not sure (%)
Prescription drugs				
Alprazolam (Xanax)	25	35	10	30
Amoxicillin	1.7	8.3	86.7	3.3
Budesonide, inhaled	6.7	25	61.7	6.7
Ciprofloxacin	41.7	25	30	3.3
Isotretinoin (Accutane)	86.7	1.7	3.3	8.3
Lamotrigine	6.7	45	28.3	20
Oral contraceptives	53.3	16.7	28.3	1.7
Paroxetine (Paxil)	28.3	31.7	10	30
Phenobarbital	56.7	30	8.3	5
Statins	51.7	20	13.3	15
Tetracycline	88.3	3.3	6.7	1.7
Valproic acid	35	23	2	0
Nonprescription drugs and supplements				
Acetaminophen (Tylenol)	5	18.3	76.7	0
Aspirin, full dose	8.3	36.7	53.3	1.7
Bismuth subsalicylate (Pepto Bismol)	11.7	26.7	13.3	48.3
Caffeine	8.3	31.7	60	0
Dextromethorphan hydrobromide	15	23.3	21.7	40
Guaiifenesin	13.3	13.3	15	58.3
Herbal products: e.g. Blue cohosh	21.7	6.7	10	61.7
Herbal products: e.g. St. John's Wort	26.7	8.3	5	60
Ibuprofen	41.7	16.7	41.7	0
Pseudoephedrine hydrochloride	23.3	26.7	21.7	28.3
Vitamin A supplements	75	6.7	16.7	1.7