

Supplement Figure 1. Risk of bias summary

	Random sequence generation (selection bias)	Allocation concealment (selection bias)	Blinding of participants and personnel (performance bias)	Blinding of outcome assessment (detection bias)	Incomplete outcome data (attrition bias)	Selective reporting (reporting bias)	Other bias
Du YJ 2013	+	+	+	?	+	+	+
Li CY 2011	?	?	?	?	+	+	+
Lv H 2019a	+	+	+	+	+	+	+
Lv H 2019b	+	+	+	+	+	+	+
Lv H 2019c	+	+	+	+	+	+	+
Lv H 2020	+	+	+	+	+	+	+
Shi J 2013a	+	+	+	+	+	+	+
Shi J 2013b	+	+	+	+	+	+	+
Shi J 2013c	?	?	-	-	+	+	+
Shi J 2013d	+	+	+	+	+	+	+
Tian LJ 2020	+	+	+	+	+	+	+
Wang GY 2011	+	?	?	?	+	+	+
Wang GY 2012	+	+	+	+	+	+	+
Wang J 2017	+	+	+	+	+	+	+
Yue J 2005	?	?	+	?	+	+	+
Zhang P 2020	+	+	+	+	+	+	+
Zhang Y 2018	+	+	+	+	+	+	+
Zhou Y 2018	+	?	?	?	+	+	+

Supplement Figure 2. Risk of bias graph

