Supplement Table 1. Quality assessment of included cohort studies using Newcastle-Ottawa Scale

Study	Newcastle-Ottawa Scale								
	Selection				Comparability	Outcome			Total
	Representativeness of Cohort	Selection of Non-exposed Cohort	Ascertainment of Exposure	Demonstration That Outcome of Interest Was Not Present at Start of Study	Comparability of Cohorts on Basis of Design or Analysis Time to Follow-Up	Assessment of Outcome	Follow-Up Long Enough for Outcomes to Occur	Adequacy of Follow-Up Cohorts	
Wang ES 2020[33]	1	1	1	1	2	1	1	1	9
Liu Y 2021[34]	1	1	1	1	1	1	0	1	7
Zhang Y 2019[35]	1	1	1	1	2	1	1	1	9
Zhang Y 2018a[36]	1	1	1	1	1	1	1	1	8
Zhang Y 2018b[37]	1	1	1	1	1	1	1	1	8