

## Recommended COVID-19 Algorithm for Protection of Volunteers

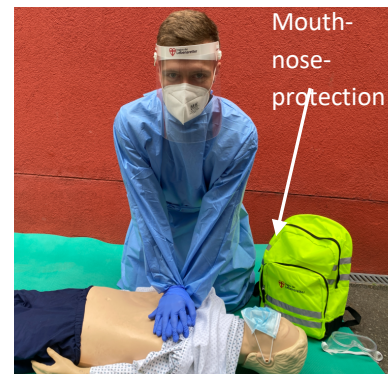
Dispatched by „Region of Life-Savers“

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**Do not accept alarms if you are sick, not feeling healthy at all or having any of the following symptoms potentially indicating a COVID-19 infection:** Cough, high temperature or fever, shortness of breath, loss of the sense of smell /taste, runny nose, sore throat, headache/aching limbs, general weakness.

In the event of an alarm: **Each first responder decides for themselves** whether the mission is possible. Be aware of your personal risk.

1. Before approaching the patient, the first responder **checks** for any evidence of a potential **respiratory infection**.
2. **If a COVID infection is suspected**, only approach the patient while wearing the **FFP mask, visor, protective gown and gloves**.
3. **If there is no suspicion of COVID infection** -> approach with **mouth and nose protection**.
4. **Conscious patient** -> Patient should wear **mouth and nose protection** if possible. **Unconscious patient** -> Cover the patient's face with **mouth and nose protection** during the vital check.
5. **Check breathing** by head tilt/ chin lift technique and observing chest movements only.
6. **Lack of response to speech / touch + no normal breathing movements** -> **cardiopulmonary resuscitation**. **Give chest compressions only until second responder / ambulance arrives.**



7. When second responder / ambulance arrives -> give chest compressions and ventilations with a bag valve mask. **Always use a filter between the mask and the bag!** Mask should seal tightly.
8. **No changes are required using Automated External Defibrillators (AED).**
9. **Ventilation** is particularly important for **children**, who need to be resuscitated. Although resuscitation may result in a risk of infection for the first responder, the benefits of resuscitation in children for the chance of survival are very high.

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*When the ambulance arrives, and the patient is handed over to the paramedics: please ask for exchange of ventilation bag, mask, and filter.*