

Table Supplemental Digital Content 2. Age-adjusted regression models for walking speed and distance.

	Maximal walking speed (ms ⁻¹)			Six-minute walking distance, m		
	<i>B</i>	<i>CI</i>	<i>p</i>	<i>B</i>	<i>CI</i>	<i>p</i>
(Intercept)	2.51	2.40 – 2.62	<.001	649.48	635.35 – 663.61	<.001
Menopausal status ^a						
Perimenopausal	-0.02	-0.09 – 0.05	.573	-0.89	-9.86 – 8.09	.846
Postmenopausal	-0.03	-0.11 – 0.05	.491	3.39	-6.57 – 13.36	.504
Physical activity ^b						
Moderate	0.05	-0.03 – 0.12	.227	11.91	2.12 – 21.70	.017
High	0.05	-0.04 – 0.15	.271	22.84	10.82 – 34.86	<.001
Body height	1.07	0.57 – 1.57	<.001	226.83	164.78 – 288.89	<.001
Fat mass	-0.01	-0.02 – -0.01	<.001	-3.37	-3.83 – -2.92	<.001
Education	0.10	0.07 – 0.13	<.001	8.99	4.96 – 13.02	<.001
Age	-0.02	-0.03 – -0.00	.049	-2.15	-4.09 – -0.21	.029
R ² / adj. R ²	.123 / .115			.304 / .297		

B - represents differences between reference and respective categories

^a reference category is premenopausal group.

^b reference category is low physical activity level.