

## SUPPLEMENTAL DIGITAL CONTENT 2.

Hot flash-Related Daily Interference Scale (HFRDIS)<sup>22</sup>

	Do not interfere					Completely interfere					
	0	1	2	3	4	5	6	7	8	9	10
1. Work (work outside the home and housework)	0	1	2	3	4	5	6	7	8	9	10
2. Social activities (time spent with family, friends, etc.)	0	1	2	3	4	5	6	7	8	9	10
3. Leisure activities (time relaxing, doing hobbies, etc.)	0	1	2	3	4	5	6	7	8	9	10
4. Sleep	0	1	2	3	4	5	6	7	8	9	10
5. Mood	0	1	2	3	4	5	6	7	8	9	10
6. Concentration	0	1	2	3	4	5	6	7	8	9	10
7. Relations with others	0	1	2	3	4	5	6	7	8	9	10
8. Sexuality	0	1	2	3	4	5	6	7	8	9	10
9. Enjoyment of life	0	1	2	3	4	5	6	7	8	9	10
10. Overall quality of life	0	1	2	3	4	5	6	7	8	9	10

Reprinted from *Journal of Pain and Symptom Management*, 22(6), Carpenter J.S. et al, The Hot Flash Related Daily Interference Scale: A tool for Assessing the Impact of Hot Flashes on quality of Life Following Breast Cancer, 979-989. Copyright 2001. US Cancer Pain Relief Committee.