List of Supplemental Digital Content

The Menopause-specific Quality of Life (MENQOL) Questionnaire. Reprinted from Hilditch et al 3 © 1996, with permission from Elsevier.

Menopause Symptoms Treatment Satisfaction Questionnaire (MS-TSQ) Questionnaire. Reprinted with permission from Hill et al 22 © 2007.

The Menopause-specific Quality of Life (MENQOL) Questionnaire. Reprinted from Hilditch et al 3 © 1996, with permission from Elsevier. The Menopause-Specific Quality of Life Questionnaire

For each of the following items, indicate whether you have experienced the problem in the **PAST MONTH**. If you have, rate how much you have been *bothered* by the problem.

				ot at all othered	0	1	2	3 4	- 5	6]	Extremely bothered
1.	HOT FLUSHES OR FLASHES	no No	Yes	→	0	1	2	3	4	5	6	
2.	NIGHT SWEATS	No	Yes	→	0	1	2	3	4	5	6	
3.	SWEATING	□ No	Yes	→	0	1	2	3	4	5	6	
4.	BEING DISSATISFIED WITH MY PERSONAL LIFE	No	Yes	→	0	1	2	3	4	5	6	
5.	FEELING ANXIOUS OR NERVOUS	□ No	☐ Yes	→	0	1	2	3	4	5	6	
6.	EXPERIENCING POOR MEMORY	☐ No	☐ Yes	→	0	1	2	3	4	5	6	
7.	ACCOMPLISHING LESS THAN I USED TO	□ No	☐ Yes	→	0	1	2	3	4	5	6	
8.	FEELING DEPRESSED, DOWN OR BLUE	□ No	Yes	→	0	1	2	3	4	5	6	
9.	BEING IMPATIENT WITH OTHER PEOPLE	□ No	☐ Yes	→	0	1	2	3	4	5	6	
10.	FEELINGS OF WANTING TO BE ALONE	☐ No	☐ Yes	→	0	1	2	3	4	5	6	
11.	FLATULENCE (WIND) OR GAS PAINS	□ No	☐ Yes	→	0	1	2	3	4	5	6	
12.	ACHING IN MUSCLES AND JOINTS	□ No	Yes	→	0	1	2	3	4	5	6	
13.	FEELING TIRED OR WORN OUT	□ No	Yes	→	0	1	2	3	4	5	6	
14.	DIFFICULTY SLEEPING	No	Yes	→	0	1	2	3	4	5	6	
15.	ACHES IN BACK OF NECK OR HEAD	□ No	Yes	→	0	1	2	3	4	5	6	
16.	DECREASE IN PHYSICAL STRENGTH	□ No	Yes	→	0	1	2	3	4	5	6	
17.	DECREASE IN STAMINA	□ No	Yes	→	0	1	2	3	4	5	6	
18.	FEELING A LACK OF ENERGY	No	Yes	→	0	1	2	3	4	5	6	
19.	DRYING SKIN	☐ No	Yes	→	0	1	2	3	4	5	6	
20.	WEIGHT GAIN	□ No	Yes	→	0	1	2	3	4	5	6	
21.	INCREASED FACIAL HAIR	□ No	Yes	→	0	1	2	3	4	5	6	
22.	CHANGES IN APPEARANCE, TEXTURE, OR TONE OF YOUR SKIN	No	Yes	→	0	1	2	3	4	5	6	
23.	FEELING BLOATED	No	Yes	→	0	1	2	3	4	5	6	
24.	LOW BACKACHE	No	Yes	→	0	1	2	3	4	5	6	
25.	FREQUENT URINATION	□ No	Yes	→	0	1	2	3	4	5	6	
26.	INVOLUNTARY URINATION WHEN LAUGHING OR COUGHING	No	Yes	→	0	1	2	3	4	5	6	
27.	CHANGE IN YOUR SEXUAL DESIRE	No	Yes	→	0	1	2	3	4	5	6	
28.	VAGINAL DRYNESS DURING INTERCOURSE	□ No	Yes	→	0	1	2	3	4	5	6	
29.	AVOIDING INTIMACY	□ No	Yes	→	0	1	2	3	4	5	6	

Menopause Symptoms Treatment Satisfaction Questionnaire (MS-TSQ) Questionnaire. Reprinted with permission from Hill et al $^{22} \odot 2007$.

37.4 ATTACHMENT 4: SATISFACTION SURVEY

We are interested in learning what you think about the pill you've been taking as a part of this study. Please rate how satisfied you've been with each of the following <u>during the past 4 weeks</u> by checking one box for each question.

	ne past 4 weeks, he		•	e ability of the study
			<u>u,</u> .	
Extremely	Satisfied	Neutral	Dissatisfied	Extremely
Satisfied	Sausticu	incuttat	Dissatisfied	Dissatisfied
	ne past 4 weeks, he		•	e ability of the study
Extremely Satisfied	Satisfied	Neutral	Dissatisfied	Extremely Dissatisfied
	ne past 4 weeks, he on the quality of y		you been with the	e effect of the study
		_		
Extremely Satisfied	Satisfied	Neutral	Dissatisfied	Extremely Dissatisfied
	ne past 4 weeks, he on your mood or e		you been with the	e effect of the study
Extremely Satisfied	Satisfied	Neutral	Dissatisfied	Extremely Dissatisfied
	<u>ie past 4 weeks,</u> ho on your interest in		you been with the	e effect of the study
		•		
Extremely Satisfied	Satisfied	Neutral	Dissatisfied	Extremely Dissatisfied
	ne past 4 weeks, he on your ability to o		you been with the	e effect of the study
Extremely Satisfied	Satisfied	Neutral	Dissatisfied	Extremely Dissatisfied
have you bee	ing some medicaten with the toleral	bility (lack of bot		side effects. How satisfiects) of the study
				٥
Extremely Satisfied	Satisfied	Neutral	Dissatisfied	Extremely Dissatisfied
8. <u>During th</u> medication?	e past 4 weeks, ov	verall, how satisfi	ed have you been	with the study
		٥		٥
Extremely Satisfied	Satisfied	Neutral	Dissatisfied	Extremely Dissatisfied