

The Journey to Better Health: How to Ensure a Smooth Transitional Care Process?

Transitional care comprises a diverse range of services and environments to facilitate the safe and timely transition of patients between levels of health care and across care settings

How can these diverse and complex interventions be implemented and evaluated to address transitional care disparities?



A review of nine of the transitional care studies funded by Patient-Centered Outcomes Research Institute (PCORI)



Lessons drawn from transitional care studies



Delineating *function* (core purposes) versus *form* (strategies required to execute a function) of the intervention inform real-world form adaptations and flexibility, keeping core functions intact



Evaluating both the processes supporting intervention implementation and the impact of adaptations to extrapolate manualized intervention and gain insights from unanticipated form changes



Customizing and fostering early engagement of stakeholders for the design and delivery of intervention and dissemination of study results



The insights gained can help steer future pragmatic studies, potentially improving the transitional care process for patients