

Link Between Oral Immunotherapy and Eosinophilic Esophagitis

Oral immunotherapy (OIT), a promising therapy for food allergies which involves exposing children to increasing doses of the allergy-inducing food, may trigger development of eosinophilic esophagitis (EoE) later in life



Analysis of OIT data from 607 cases seen over 15 years in a pediatric allergy unit

3 main categories



Cow milk (CM) OIT Peanut OIT Egg OIT



Most commonly reported EoE signs and symptoms



Children should be screened for symptoms suggestive of EoE before, during, and after OIT; working in multidisciplinary units with pediatric gastroenterologists and allergists will improve early diagnosis and treatment in these children