

**Table, Supplemental Digital Content 1. Plasma Fatty Acids Measured**

<b>Fatty Acid</b>	<b>Name</b>	<b>Class</b>
C12:0	Lauric acid	MCFA
C14:0	Myristic acid	LCFA
C14:1	Myristoleic	MUFA
C15:0	Pentadecanoic acid	OCFA
C16:1	Palmitoleic acid	MUFA
C16:0	Palmitic acid	LCFA
iso-C16:0	iso-palmitic acid	BCFA
C17:0	Heptadecanoic acid	OCFA
C17:1	Heptadecenoate	MUFA
Iso-C17:0	iso-heptadecanoic acid	BCFA
Anteiso- C17:0	anteiso-heptadecanoic acid	BCFA
Iso-C18:0	iso-octadecanoate	BCFA
C18:2	Linoleic acid	PUFA
C18:3, n-3	$\alpha$ -linolenic acid	PUFA
C18:3, n-6	$\gamma$ -linolenic acid	PUFA
C18:1	Oleic acid	MUFA
C18:0	Stearic acid	LCFA
C20:2	11,14-eicosadienoic acid	PUFA
C20:3, n-3	11,14,17-eicosatrienoic acid	PUFA
C20:3, n-6	Dihomo- $\gamma$ -linoleic acid	PUFA
C20:5, n-3	Eicosapentaenoic acid	PUFA
C20:4, n-6	Arachidonic acid	PUFA
C20:0	Arachidic acid	VLCFA
C20:1n9	11-eicosenoic	MUFA
C22:6, n-3	Docosahexaenoic acid	PUFA
C22:1n9	Erucic	PUFA
C22:2	13,16-docosadienoic acid	PUFA
C22:0	Behenic acid	VLCFA
C24:1n9	Nervonic acid	MUFA

MCFA = medium chain fatty acid

LCFA = long chain fatty acid

MUFA = monounsaturated fatty acid

OCFA = odd chain fatty acid

BCFA = branched chain fatty acid

PUFA = polyunsaturated fatty acid

VLCFA = very long chain fatty acid