**SDC 6. Circulating myostatin.** Myostatin was measured in serum, from blood samples collected on day -10, day -3 and -1 hour before one bout of heavy resistance exercise and +4.5 hours, day +1, day +4 and day +7 after exercise from elderly men receiving treatment with losartan or placebo. Losartan, N=12, placebo, N=13. * main effect of time, P < 0.05 from baseline.