SDC 4. Pearson correlation matrix of the associations among changes in food reward, eating behavior traits and body composition in Exercisers

		ΔLiking	ΔWanting	ΔRestraint	ΔDisinhibition	ΔSuscep. hunger	ΔBinge eating	ΔBMI	ΔBody weight	ΔBody fat percentage	ΔFat mass	ΔFat-free mass
ΔLiking	*r*	1	0.528	-0.129	0.057	0.006	0.166	0.014	0.033	0.015	0.071	-0.076
	p-value		<0.001	0.398	0.709	0.969	0.281	0.926	0.832	0.923	0.642	0.622
ΔWanting	*r*		1	0.040	0.092	0.133	0.147	-0.020	-0.001	-0.103	-0.063	0.121
	p-value			0.795	0.548	0.383	0.340	0.895	0.993	0.499	0.683	0.427
ΔRestraint	*r*			1	0.150	-0.022	-0.191	-0.296	-0.318	-0.255	-0.325	-0.009
	p-value				0.321	0.885	0.208	0.046	0.031	0.087	0.028	0.952
ΔDisinhibition	*r*				1	0.343	0.451	0.223	0.231	0.120	0.229	0.023
	p-value					0.019	0.002	0.136	0.123	0.427	0.125	0.878
ΔSuscep. hunger	*r*					1	0.317	0.365	0.356	0.375	0.384	-0.025
	p-value						0.034	0.013	0.015	0.010	0.008	0.871
ΔBinge eating	*r*						1	0.273	0.287	0.115	0.232	0.151
	p-value							0.070	0.056	0.451	0.125	0.321
ΔBMI	*r*							1	0.993	0.749	0.902	0.290
	p-value								<0.001	<0.001	<0.001	0.051
ΔBody weight	*r*								1	0.743	0.903	0.303
	p-value									<0.001	<0.001	0.041
ΔBody fat percentage	*r*									1	0.938	-0.365
	p-value										<0.001	0.013
ΔFat mass	*r*										1	-0.134
	p-value											0.374
ΔFat-free mass	*r*											1
	p-value											