

## Plasma and muscle connective tissue protein analyses

### *Production of intrinsically labeled protein*

Intrinsically L-[1-<sup>13</sup>C]-phenylalanine and L-[1-<sup>13</sup>C]-leucine-labeled casein protein was obtained during the constant infusion of L-[1-<sup>13</sup>C]-phenylalanine (455  $\mu\text{mol}\cdot\text{kg}^{-1}\cdot\text{min}^{-1}$ ) and L-[1-<sup>13</sup>C]-leucine (200  $\mu\text{mol}\cdot\text{kg}^{-1}\cdot\text{min}^{-1}$ ) maintained for 96 h in a lactating dairy cow. The milk was collected, processed, and fractionated into the casein protein concentrate as previously described. The L-[1-<sup>13</sup>C]-phenylalanine and L-[1-<sup>13</sup>C]-leucine enrichments in casein protein were measured by gas chromatography-combustion-isotope ratio mass spectrometry (GC-IRMS; MAT 252, Finnigan, Bremen, Germany) and averaged 38.7 molar percent excess (MPE) and 9.3 MPE, respectively. The protein met all chemical and bacteriological specifications for human consumption.

### *Tracer preparation and infusion*

The stable isotope tracers L-[*ring*-<sup>2</sup>H<sub>5</sub>]-phenylalanine, L-[1-<sup>13</sup>C]-leucine, and L-[*ring*-<sup>2</sup>H<sub>2</sub>]-tyrosine were purchased from Cambridge Isotopes (Andover, MA) and dissolved in 0.9% saline before infusion (Basic Pharma, Geleen, The Netherlands). Continuous intravenous infusions were performed using a calibrated IVAC 598 pump (San Diego, CA).

### *Plasma analysis*

Plasma glucose and insulin concentrations were analyzed using commercially available kits (GLUC3, Roche, Ref: 05168791 190, and Immunologic, Roche, Ref: 12017547 122, respectively). Quantification of plasma amino acid concentrations was performed using ultra-performance liquid chromatograph mass spectrometry (UPLC-MS; ACQUITY UPLC H-Class with QDa; Waters, Saint-Quentin, France). 50  $\mu\text{l}$  of blood plasma was deproteinized using 100  $\mu\text{L}$  of 10 % SSA with 50  $\mu\text{M}$  of MSK-A2 internal standard (Cambridge Isotope Laboratories,

Massachusetts, USA). Subsequently, 50  $\mu\text{L}$  of ultra-pure demineralized water was added and samples were centrifuged (15 min at 14000 RPM). After centrifugation, 10  $\mu\text{L}$  of supernatant was added to 70  $\mu\text{L}$  of Borate reaction buffer (Waters, Saint-Quentin, France). In addition, 20  $\mu\text{L}$  of AccQ-Tag derivatizing reagent solution (Waters, Saint-Quentin, France) was added after which the solution was heated to 55  $^{\circ}\text{C}$  for 10 min. An aliquot of 1  $\mu\text{L}$  was injected and measured using UPLC-MS. Plasma amino acid enrichments were determined by gas chromatography-mass spectrometry analysis (GC-MS; Agilent 7890A GC/5975C; MSD, Wilmington, Delaware, USA). The plasma phenylalanine and leucine  $^{13}\text{C}$  and  $^2\text{H}$  enrichments were determined using selective ion monitoring at  $m/z$  302 and 303 for unlabeled and labeled ( $1\text{-}^{13}\text{C}$ ) leucine, respectively;  $m/z$  336, 337, and 341 for unlabeled and labeled ( $1\text{-}^{13}\text{C}$  and *ring*- $^2\text{H}_5$ ) phenylalanine, respectively. Standard regression curves were applied from a series of known standard enrichment values against the measured values to assess the linearity of the mass spectrometer and to account for any isotope fractionation.

#### *Muscle protein-bound amino acid enrichment analysis*

Following hydrolyzation, the free amino acids were then dissolved in 25 % acetic acid solution, passed over cation exchange AG 50W-X8 resin columns (mesh size: 100-200, ionic form: hydrogen; Bio-Rad Laboratories, Hercules, CA), washed 5 times with water and finally eluted with 2 M  $\text{NH}_4\text{OH}$ . To determine connective protein L-*[ring- $^2\text{H}_5$ ]*-phenylalanine, L- $[1\text{-}^{13}\text{C}]$ -phenylalanine and L- $[1\text{-}^{13}\text{C}]$ -leucine enrichments by GC-IRMS analysis, the purified amino acids were converted into N-ethoxycarbonyl ethyl ester derivatives with ethyl chloroformate (ECF). The L-*[ring- $^2\text{H}_5$ ]*-phenylalanine derivatives were measured using a gas chromatography-isotope ratio mass spectrometer (MAT 253; Thermo Fisher Scientific, Bremen, Germany) equipped with a pyrolysis oven (GC-P-IRMS) and a 60 m DB-17MS column and 5 m precolumn (No. 122-4762; Agilent) and GC-Isolink. Ion masses 1 and 2 were

monitored to determine the  $^2\text{H}/^1\text{H}$  ratios of muscle protein bound phenylalanine. The derivatized L-[1- $^{13}\text{C}$ ]phenylalanine and L-[1- $^{13}\text{C}$ ]leucine samples were measured using a gas chromatography-isotope ratio mass spectrometer (Finnigan MAT 252; Thermo Fisher Scientific, Bremen, Germany) equipped with a Ultra I GC-column (no. 19091A-112; Hewlett-Packard, Palo Alto, CA) and combustion interface II (GC-C-IRMS). Ion masses 44, 45, and 46 were monitored for  $^{13}\text{C}/^{12}\text{C}$  phenylalanine and leucine, respectively. By establishing the relationship between the enrichment of a series of L-[1- $^{13}\text{C}$ ]phenylalanine, L-[1- $^{13}\text{C}$ ]leucine, and L-[*ring*- $^2\text{H}_5$ ]-phenylalanine standards of variable enrichment and the enrichment of the *N*(*O,S*)-ethoxycarbonyl ethyl esters of these standards, the muscle-protein-bound enrichment of phenylalanine and leucine was determined.