**Figure S3:** Left ventricular function and systemic vascular resistance (SVR) in pre- and post-menopausal women in response to supine cycling (Ex) before and after exercise training (Trg; Pre-M n = 11, Post-M n = 14). There was no evidence of differences between pre- and post-menopausal women (menopause effects P > 0.05). Values are mean ± standard error of the change from rest.