



FIGURE S3: Left ventricular function and systemic vascular resistance (SVR) in pre- and post-menopausal women in response to supine cycling (Ex) before and after exercise training (Trg; Pre-M $n = 11$, Post-M $n = 14$). There was no evidence of differences between pre- and post-menopausal women (menopause effects $P > 0.05$). Values are mean \pm standard error of the change from rest.