

Mentee is able to:

- Achieve personal and professional goals
- Take risks
- Demonstrate initiative and high motivation
- Balance responsibilities
- Accept constructive feedback

Mentee and Mentor Share:

- Mutual encouragement
- Shared knowledge
- Mutual trust and respect
- Productivity
- Job satisfaction
- Personal and professional growth
- Self-actualization

Benefits of Mentoring:

- Professional accountability
- Engagement
- Positive "Reality" culture
- Increased recognition in the community
- Expanded networks
- Health promotion
- Increased dissemination of knowledge

Mentor is able to:

- Swiftly establish trust and rapport
- Inspire, encourage, and motivate
- Work toward mutual goals
- Provide networking for collaboration
- Navigate through the promotion and tenure process

Caring
Professionalism
Respect
Integrity
Diversity
Excellence