| Supplemental Table 3. OVERVIEW OF RECOMMENDATIONS REGARDING WOUND MANAGEMENT |
|---|---|
| **Approach** | **Components** |
| SPECIAL | S = Stabilize the wound  
P = Prevent new wounds  
E = Eliminate odor  
C = Control pain  
I = Infection prophylaxis  
A = Advanced absorbent wound dressing  
L = Less dressing changes |
| MEASURE | Tissue debridement  
Bacterial reduction  
Moisture balance |
| Symptom management | Wound pain  
Pain with dressing changes  
Odor  
Exudate  
Bleeding  
Itching  
Appearance |
| Principles of palliative wound management | Prevent wound development and/or deterioration  
Correct/treat underlying cause  
Control wound-related symptoms  
Utilize patient self-assessment  
Provide psychosocial support  
Promote independence  
Improve quality of life |
| The 5 P’s for determining appropriate interventions | Prevention  
Prescription (may heal with appropriate treatment)  
Preservation (maintenance without deterioration)  
Palliation (provide comfort and care)  
Preference (patient desires) |
| SOAPIE | S = Subjective skin and wound assessment  
O = Objective observation of skin and wound  
A = Assess and document etiology  
P = Plan of care  
I = Implement appropriate plan of care  
E = Evaluate and educate all stakeholders |
| Holistic wound care approach in palliative care | Risk reduction with the key objectives to prevent skin breakdown and further deterioration of existing ulcers  
General symptom management  
Psychological well-being  
Local wound care and symptom management |
| PALCARE | P = Prognosis  
A = Advance care planning  
L = Living situation  
C = Comprehensive history  
A = Assessment  
R = Recommendations  
E = Education |