eTable 1: Risk of Bias Assessment for Included Studies using the QUIPS tool

	Risk of Bias						
Study	Study Participation	Attrition	Prognostic factor measurement	Outcome measurement	Adjustment for other prognostic factors	Statistical Analysis and Reporting	**Overall**
Goodin et al, 2019	Low	High	Low	Low	Low	Low	**High**
Perez-Miralles et al, 2018	Low	Low	Low	Low	Low	Low	**Low**
Srpova et al, 2020	Low	Medium	Low	Low	Low	Low	**Medium**
Cohen et al, 2016	Low	High	Low	Low	Low	Low	**High**
Kappos et al, 2015	Low	Low	Low	Low	Low	Low	**Low**