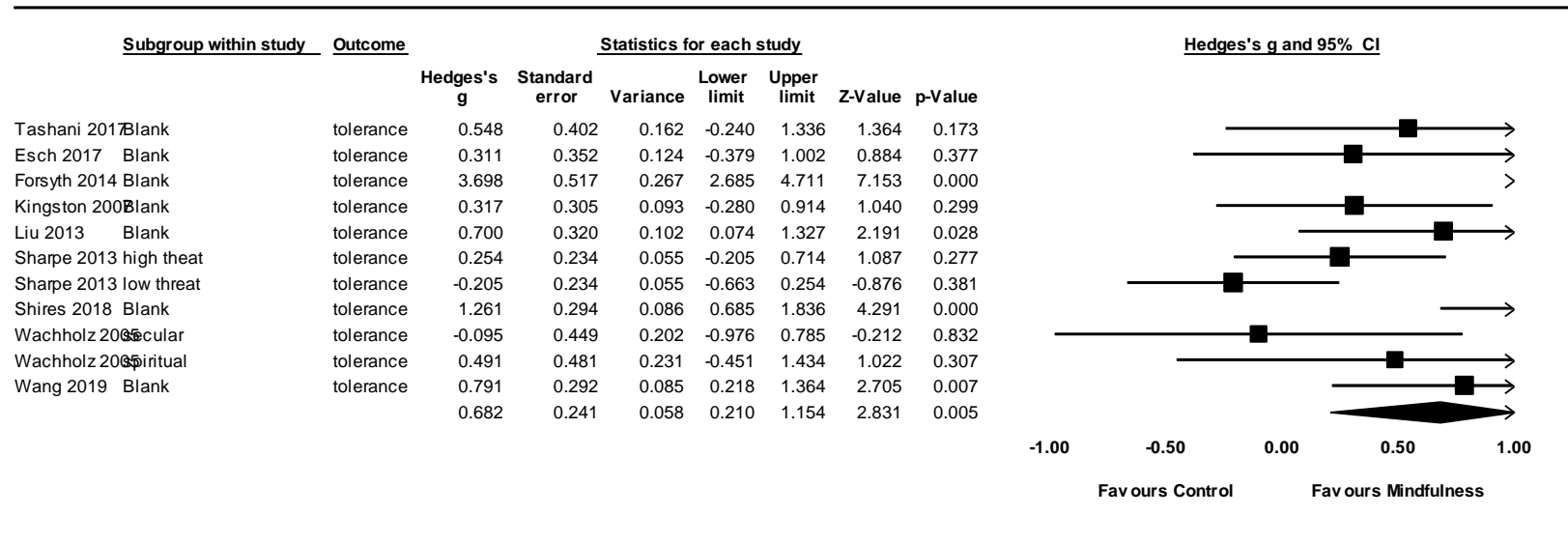


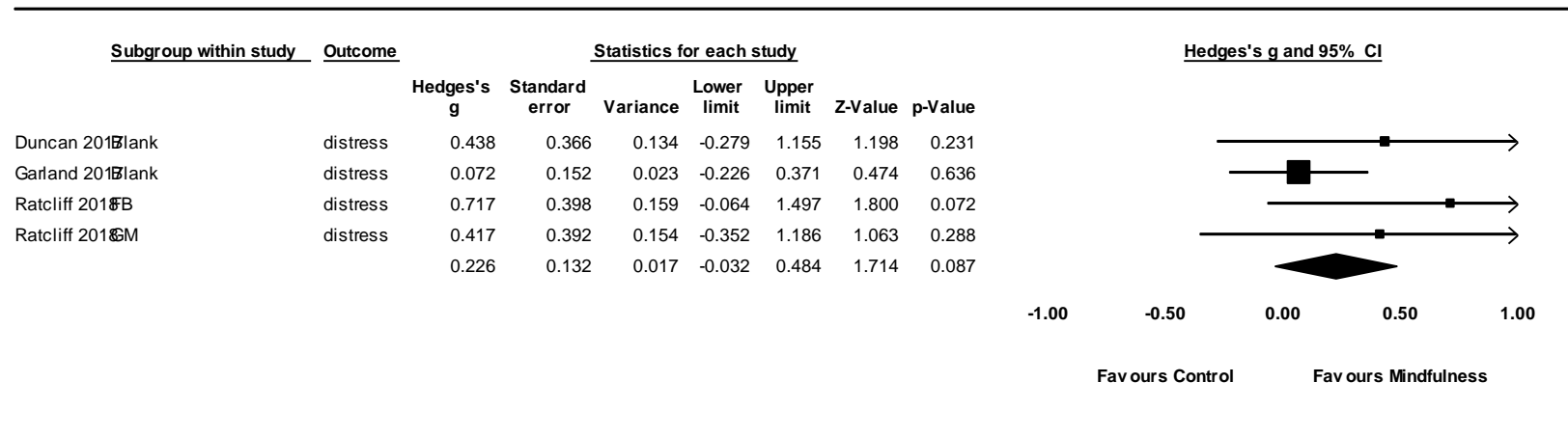
**Pain threshold in experimental samples**

Figure S1: Pain threshold in laboratory studies



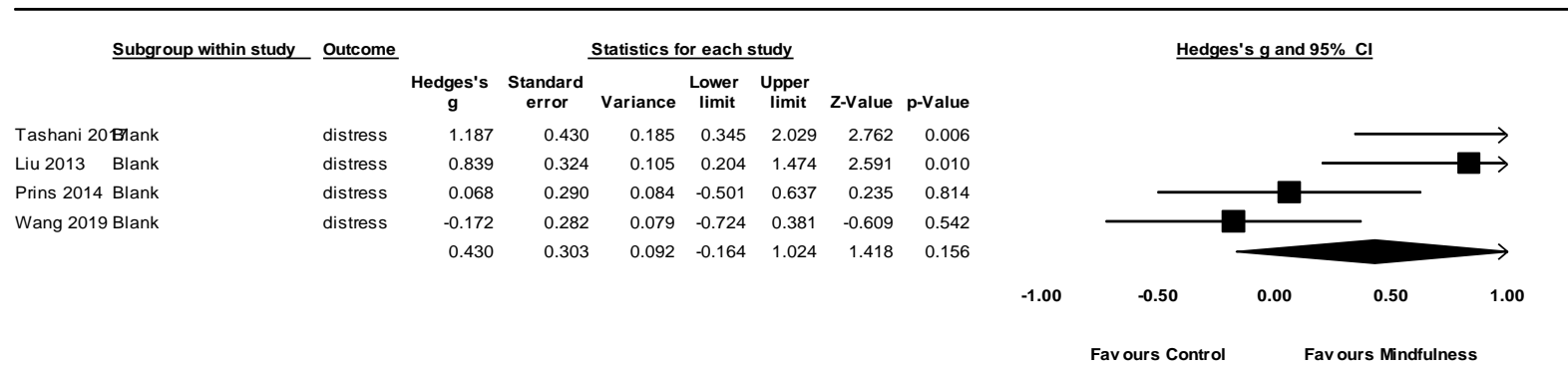
**Pain tolerance in experimental samples**

Figure S2: Forest plot for pain tolerance in laboratory studies



**Pain-related Distress in clinical samples**

Figure S3a: Forest plot for pain-related distress in clinical samples



**Pain-related Distress in experimental samples**

Figure S3b: Forest plot for pain-related distress in experimental samples

**Supplementary Table 1. Search terms**

<b>Key word</b>	<b>Search terms</b>
<b>Pain</b>	Pain
<b>Acute</b>	Acute or experiment* OR induced OR procedural OR dental OR examination OR venipuncture OR biopsy AND "Mindfulness" [MeSH]
<b>Mindfulness</b>	"Mindfulness" [MeSH] or "Meditation" [MeSH] or mindfulness* or mindfulness-based or MBSR or MBCT or M-BCT or meditation or meditat* or Vipassana or satipaṭṭhāna or anapanasati or Zen or Pranayama or Sudarshan or Kriya or zazen or shambhala or buddhis*."