## Virtual Care Checklist

### Inspection
- **General Appearance:**
  - Patient positioning and posture at rest:
  - Assessment of DME (i.e. wheelchair, cane):

- **Deformities Present**
  - Yes
  - No

- **Skin integrity/changes:**
  - Comments:

### Passive ROM
- **Severe Tone/contracture**
- **Mild/Moderate Tone**
- **No increase in Tone/Hypotonia**

- Concern for contractures:
  - Yes
  - No

- **Approximate Full Passive ROM at slow speed**
  - 0

- **Approximate Angle of Catch or Clonus at fast speed**
  - 0

- Comments:

### Spasticity Measures
- **Spasms in the last 24 hours:**
  - 0 (no spasms)
  - 1 (1 or fewer spasms/day)
  - 2 (1-5 spasms/day)
  - 3 (5-9 spasms/day)
  - 4 (Greater than 10 spasms/day)

- **Limb functionality: able to perform functional task**
  - Yes
  - No

- **Task pertinent to chief complaint:**

- **Disability scale:**
  - 0 (Absent)
  - 1 (Mild)
  - 2 (Mild to moderate)
  - 3 (Moderate spasm)
  - 4 (Severe and disabling spasm)

### Active ROM
- **Able to perform active ROM:**
  - Yes
  - No

- Comments:

### Gait
- **With assistive device:**
  - Normal
  - Hemiplegic
  - Diplegic
  - Neuropathic
  - Ataxic
  - Other:

- **Without assistive device if safe:**
  - Normal
  - Hemiplegic
  - Diplegic
  - Neuropathic
  - Ataxic
  - Other:

### ADLs
- **Eating**
- **Bathing**
- **Toileting**
- **Dressing**
- **Grooming**
- **Transferring**

- Comments:

### Pain in the last 24 hours
- **Yes**
- **No**

- Area or position of discomfort:
- **Amount of pain:**
  - 0 (No pain)
  - 1
  - 2
  - 3
  - 4
  - 5
  - 6
  - 7
  - 8
  - 9
  - 10 (most pain)
<table>
<thead>
<tr>
<th>Level of expected outcome</th>
<th>Rating</th>
<th>Goal 1</th>
<th>Goal 2</th>
<th>Goal 3</th>
</tr>
</thead>
<tbody>
<tr>
<td>Much more than expected</td>
<td>+2</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>More than expected</td>
<td>+1</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>As expected</td>
<td>0</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Less than expected</td>
<td>-1</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Much less than expected</td>
<td>-2</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Goal Attainment Scale (GAS)**

<table>
<thead>
<tr>
<th>Level of expected outcome</th>
<th>Rating</th>
<th>Goal 1</th>
<th>Goal 2</th>
<th>Goal 3</th>
</tr>
</thead>
<tbody>
<tr>
<td>Much more than expected</td>
<td>+2</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>More than expected</td>
<td>+1</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>As expected</td>
<td>0</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Less than expected</td>
<td>-1</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Much less than expected</td>
<td>-2</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Additional comments:**

**Follow-up Plan:**

Legend: MRN = Medical Record Number; PHN = Personal Health Number; DME = durable medical equipment; ROM = range of motion; MAS = Modified Ashworth Scale; ADL = activities of daily living